



## Under 23 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:07:35	20	1	4	1585	466	Yelistratova	Yuliya	F	52	U23 FemaleF			00:20:41	00:00:30	01:07:11	00:00:36	00:04:44	00:09:28	00:09:42	00:09:53	00:04:50
02:13:53	27	2	9	3217	457	Schwulst	Cindy	F	52	U23 FemaleF		Amathole	00:22:37	00:00:29	01:08:07	00:00:33	00:05:03	00:10:13	00:10:41	00:10:56	00:05:14
02:21:22	31	3	12	30732	465	Prinsloo	Charne	F	52	U23 FemaleF		Gauteng North (Pretoria)	00:22:06	00:00:31	01:08:45	00:00:42	00:06:01	00:11:40	00:12:37	00:13:21	00:05:39

## Under 23 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
01:53:14	2	1	2	30631	402	Sullwald	Wian	M	52	U23 MaleM		Gauteng North (Pretoria)	00:19:05	-	00:59:04	00:00:31	00:04:12	00:08:17	00:08:39	00:08:54	00:04:32
01:55:11	4	2	4	30609	413	Van Heerden	Eddie	M	52	U23 MaleM		Gauteng North (Pretoria)	00:19:17	-	00:58:57	00:00:30	00:04:37	00:08:52	00:09:12	00:09:17	00:04:29
01:57:35	9	3	9	3514	407	Naude	Rudolf	M	52	U23 MaleM		Central Gauteng (Johannesburg)	00:19:19	-	00:58:56	00:00:32	00:04:41	00:09:28	00:10:00	00:09:50	00:04:49
02:03:49	13	4	13	1756	419	Nugent	Aiden	M	52	U23 MaleM		KwaZulu Natal	00:20:53	00:00:28	01:01:53	00:00:35	00:04:58	00:09:29	00:10:18	00:10:32	00:04:43
02:06:56	18	5	15	30907	416	Van Der Merwe	Hein	M	52	U23 MaleM		Gauteng North (Pretoria)	00:23:35	00:00:31	01:04:01	00:00:34	00:04:51	00:09:22	00:09:25	00:09:57	00:04:40
02:07:26	19	6	16	2590	417	Pivo	Dylan	M	52	U23 MaleM			00:20:57	00:00:29	01:01:46	00:00:37	00:05:00	00:10:36	00:13:22	00:09:52	00:04:47
02:09:12	21	7	17	2573	421	Herbst	Cornel	M	52	U23 MaleM		Western Province	00:22:36	00:00:28	01:05:01	00:00:30	00:04:57	00:09:54	00:10:16	00:10:28	00:05:02

20 - 24 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:31:41	70	1	3	2595	655	Van Breda	Keelyn	F	51	20 - 24F	24	Western Province	00:23:29	00:02:20	01:18:46	00:02:22	00:05:59	00:10:46	00:10:59	00:11:19	00:05:41
02:32:36	74	2	4	7	651	Summerscales	Samantha	F	51	20 - 24F	23	Central Gauteng (Johannesburg)	00:27:03	00:02:44	01:16:02	00:02:25	00:06:12	00:10:52	00:10:54	00:11:02	00:05:22
02:35:32	89	3	5	2120	652	Ross	Natalie Ann	F	51	20 - 24F	24	Eastern Province	00:28:09	00:02:35	01:18:09	00:02:15	00:05:55	00:10:34	00:10:53	00:11:16	00:05:46
02:49:13	128	4	23	3650	650	Dignon	JESSICA	F	51	20 - 24F	22	Central Gauteng (Johannesburg)	00:23:55	00:02:35	01:24:39	00:02:46	00:07:39	00:12:51	00:13:41	00:14:08	00:06:59
02:49:56	131	5	25	3317	653	Smit	Marlette	F	51	20 - 24F	20	Gauteng North (Pretoria)	00:23:32	00:02:18	01:25:25	00:02:01	00:07:07	00:12:57	00:14:01	00:15:16	00:07:19

20 - 24 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:13:53	8	1	8	30048	603	Browne	Jaryd	M	51	20 - 24M	20	Central Gauteng (Johannesburg)	00:22:51	00:02:01	01:06:42	00:01:50	00:05:23	00:10:06	00:10:22	00:10:14	00:04:24
02:18:08	17	2	17	2109	612	Purtell Darryn	Travors	M	51	20 - 24M	23	KwaZulu Natal	00:22:00	00:02:41	01:09:53	00:02:12	00:05:15	00:10:19	00:10:49	00:10:13	00:04:46
02:18:44	18	3	18	3860	607	Lawrie	Richard	M	51	20 - 24M	24	Eastern Province	00:23:00	00:02:17	01:09:25	00:01:52	00:05:50	00:10:40	00:10:33	00:10:10	00:04:57
02:20:33	28	4	28	2912	615	van Niekerk	Wesley	M	51	20 - 24M	24	Western Province	00:22:36	00:02:10	01:06:25	00:02:00	00:06:13	00:11:26	00:12:01	00:11:41	00:06:01
02:21:47	34	5	34	3669	610	Norris	Sammy	M	51	20 - 24M	21	Gauteng North (Pretoria)	00:23:03	00:02:28	01:08:00	00:02:03	00:06:05	00:11:10	00:11:34	00:11:28	00:05:56
02:22:50	38	6	38	2689	609	Coulson	Kyle Philip	M	51	20 - 24M	24	Gauteng North (Pretoria)	00:20:50	00:02:37	01:10:49	00:02:13	00:05:39	00:11:09	00:23:34	-	00:05:59
02:24:19	43	7	43	1941	602	Kolo	Nkosibongile	M	51	20 - 24M	23	Amathole	00:26:10	00:02:28	01:09:56	00:01:55	00:05:26	00:10:55	00:10:48	00:10:45	00:05:56
02:25:46	48	8	48	1324	654	Gwala	Mhlengi	M	51	20 - 24M	23	KwaZulu Natal	00:22:46	00:02:29	01:20:13	00:02:01	00:05:06	00:09:30	00:08:51	00:09:50	00:05:00
02:33:54	81	9	77	2966	606	Butler	Justin	M	51	20 - 24M	23	Eastern Province	00:26:11	00:03:45	01:18:12	00:02:09	00:05:52	00:11:08	00:10:15	00:10:51	00:05:31
02:34:32	82	10	78	3266	600	Bartosch	Mark	M	51	20 - 24M	24	Amathole	00:22:38	00:02:05	01:10:57	00:02:03	00:06:57	00:12:41	00:14:17	00:14:57	00:07:57
02:35:00	85	11	81	3929	605	Schaerer	Paul	M	51	20 - 24M	24	Central Gauteng (Johannesburg)	00:22:43	00:02:26	01:13:37	00:02:04	00:06:45	00:13:11	00:27:43	-	00:06:31
02:36:39	92	12	87	2860	608	McGrath	Travis	M	51	20 - 24M	20	Eastern Province	00:20:53	00:02:27	01:14:17	00:02:37	00:06:41	00:13:11	00:14:21	00:14:45	00:07:27
02:36:41	93	13	88	2907	604	Rossouw	Brett	M	51	20 - 24M	20	Central Gauteng (Johannesburg)	00:22:29	00:02:15	01:16:26	00:02:05	00:06:43	00:13:00	00:13:29	00:13:23	00:06:51
02:45:40	110	14	97	2565	611	Hadebe	Hlelani	M	51	20 - 24M	21	KwaZulu Natal	00:31:41	00:02:49	01:22:22	00:01:58	00:05:57	00:12:04	00:11:37	00:11:42	00:05:30
DNS				2946	601	Kemp	Shane	M	51	20 - 24M	21	Amathole	-	-	-	-	-	-	-	-	-
DNS				2299	616	Wagenvoorde	Frederick	M	51	20 - 24M	24	Western Province	-	-	-	-	-	-	-	-	-

25 - 29 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:39:46	99	1	8	1595	753	Robertson	Keren	F	51	25 - 29F	26	KwaZulu Natal	00:23:30	00:02:52	01:22:46	00:02:16	00:06:34	00:23:22	00:12:16	-	00:06:10
02:41:05	102	2	9	2742	752	Leicester	Johandri	F	51	25 - 29F	27	Gauteng North (Pretoria)	00:24:58	00:02:51	01:19:51	00:02:22	00:06:35	00:11:54	00:12:35	00:13:36	00:06:23
02:41:06	103	3	10	2970	755	Cloete	Jessica	F	51	25 - 29F	27	western province	00:27:44	00:02:39	01:19:50	00:02:13	00:06:30	00:11:39	00:12:21	00:12:37	00:05:33
03:01:51	150	4	32	3945	750	Taylor	Jessica	F	51	25 - 29F	25	Central Gauteng (Johannesburg)	00:27:00	00:02:58	01:33:54	00:02:36	00:06:35	00:13:42	00:14:09	00:14:17	00:06:40
03:39:19	166	5	39	2630	751	strydom	monica perto	F	51	25 - 29F	28	Eastern Province	00:46:15	00:03:19	-	-	01:55:23	00:15:45	00:15:27	00:15:06	00:08:04
DNS				1790	754	Williams	Robyn	F	51	25 - 29F	25	Western Province	-	-	-	-	-	-	-	-	-

25 - 29 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:09:51	2	1	2	3417	703	Gravett	Clinton Gordon	M	51	25 - 29M	26	Amathole	00:19:38	00:01:57	01:04:14	00:01:50	00:05:42	00:10:28	00:10:41	00:10:36	00:04:45
02:10:42	3	2	3	718	700	Alers	Craig	M	51	25 - 29M	27	Amathole	00:22:15	00:02:04	01:05:22	00:01:51	00:05:15	00:09:34	00:09:48	00:10:06	00:04:27
02:12:26	4	3	4	226	711	Naude	Ruan	M	51	25 - 29M	27	Central Gauteng (Johannesburg)	00:22:48	00:02:15	01:03:19	00:02:00	00:05:51	00:10:30	00:10:30	00:10:32	00:04:41
02:12:30	6	4	6	1436	721	De Freitas	Jonathan Abrie	M	51	25 - 29M	25	Gauteng North (Pretoria)	00:21:34	00:02:18	01:08:31	00:01:58	00:05:01	00:09:14	00:09:41	00:09:49	00:04:24
02:12:50	7	5	7	2217	710	moodie	casper	M	51	25 - 29M	26	Central Gauteng (Johannesburg)	00:22:57	00:02:08	01:03:45	00:01:52	00:05:29	00:09:59	00:10:37	00:10:59	00:05:04
02:16:24	12	6	12	30825	724	Ingle	Tyron	M	51	25 - 29M	26	Western Province	00:20:38	00:02:12	01:04:49	00:02:30	00:05:34	00:10:29	00:11:14	00:13:05	00:05:53
02:16:47	14	7	14	3521	716	Campbell	Bruce	M	51	25 - 29M	27	Eastern Province	00:19:19	00:02:03	01:10:10	00:01:54	00:05:48	00:10:46	00:10:55	00:10:37	00:05:15
02:16:58	15	8	15	2309	712	Wilesmith	Grant	M	51	25 - 29M	26	Central Gauteng (Johannesburg)	00:22:26	00:02:14	01:09:16	00:01:48	00:05:29	00:10:04	00:10:22	00:10:22	00:04:57
02:19:46	22	9	22	1942	719	toovey	tim	M	51	25 - 29M	26	Eastern Province	00:23:41	00:02:16	01:06:34	00:01:53	00:05:59	00:11:06	00:11:23	00:11:13	00:05:41
02:22:59	39	10	39	909	705	Makeleni	Vukile	M	51	25 - 29M	28	Amathole	00:24:15	00:02:15	01:12:02	00:00:30	00:06:52	00:10:34	00:10:50	00:10:31	00:05:10
02:23:14	41	11	41	253	722	Forsyth	Nicholas	M	51	25 - 29M	28	KwaZulu Natal	00:22:20	00:03:20	01:10:26	00:02:36	00:06:06	00:10:56	00:11:10	00:10:54	00:05:26
02:28:09	57	12	57	931	718	McGrath	Joshua	M	51	25 - 29M	25	Eastern Province	00:21:46	00:02:24	01:10:52	00:02:24	00:06:41	00:12:39	00:12:33	00:12:25	00:06:25
02:28:34	60	13	60	3672	714	Arendse Jeffrey	Yusuf	M	51	25 - 29M	29	Eastern Province	00:23:37	00:02:43	01:14:14	00:02:29	00:05:40	00:11:06	00:10:57	00:11:39	00:06:09
02:28:55	61	14	61	3746	708	Franzsen	Matthew	M	51	25 - 29M	26	Central Gauteng (Johannesburg)	00:25:32	00:02:16	01:11:48	00:02:08	00:05:58	00:11:44	00:11:53	00:12:02	00:05:34

02:29:08	62	15	62	3136	709	hennessey	bryce	M	51	25 - 29M	28	Central Gauteng (Johannesburg)	00:25:26	00:02:08	01:09:06	00:02:28	00:06:29	00:12:03	00:12:25	00:13:04	00:05:59
02:30:02	64	16	63	730	701	Dewing	Kasey	M	51	25 - 29M	27	Amathole	00:25:11	00:02:45	01:11:56	00:02:32	00:06:00	00:11:27	00:11:43	00:12:07	00:06:21
02:35:16	88	17	84	2462	717	HAYWARD BRENDAN	DEAN	M	51	25 - 29M	27	Eastern Province	00:25:28	00:02:40	01:13:43	00:02:12	00:06:14	00:12:39	00:12:39	00:13:00	00:06:41
02:42:38	106	18	94	645	713	Agherdien	Tauriq	M	51	25 - 29M	29	Eastern Province	00:26:52	00:03:41	01:15:39	00:02:30	00:06:53	00:14:05	00:12:36	00:13:25	00:06:57
02:44:07	108	19	95	2400	706	Menjenjalo	Sandile	M	51	25 - 29M	26	Amathole	00:28:13	00:01:58	01:18:08	00:02:01	00:06:09	00:10:50	00:11:26	00:15:46	00:09:36
02:45:45	111	20	98	2172	704	Introna	Jarryd	M	51	25 - 29M	25	Amathole	00:27:54	00:03:25	01:16:47	00:02:55	00:07:10	00:13:12	00:13:32	00:14:09	00:06:41
03:00:28	149	21	118	196	702	Dyanty	Siseko	M	51	25 - 29M	25	Amathole	00:28:14	00:02:58	01:23:25	00:02:14	00:07:56	00:14:27	00:17:39	00:17:01	00:06:34
03:02:08	152	22	119	2205	715	Benyon	Dylan	M	51	25 - 29M	27	Eastern Province	00:28:02	00:03:43	01:25:54	00:03:07	00:07:20	00:13:43	00:16:16	00:16:21	00:07:42
DNS				1658	720	VISSER	JC	M	51	25 - 29M	29	Eastern Province	-	-	-	-	-	-	-	-	-
DNS				2054	723	Hopf	Dean	M	51	25 - 29M	28	Western Province	-	-	-	-	-	-	-	-	-
DNS				314	707	booi	jason	M	51	25 - 29M	27	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	-

30 - 34 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:38:03	95	1	6	3180	850	Fowles	Natalie	F	51	30 - 34F	34	Amathole	00:27:46	00:02:52	01:17:26	00:02:06	00:06:24	00:11:30	00:11:32	00:12:10	00:06:17
02:42:48	107	2	13	2283	851	Almirall	Tracey	F	51	30 - 34F	34	Eastern Province	00:28:49	00:02:42	01:19:13	00:02:18	00:06:41	00:11:45	00:12:18	00:12:40	00:06:22
02:46:00	112	3	14	30354	852	Glass	Kristy	F	51	30 - 34F	33	KwaZulu Natal	00:27:54	00:02:23	01:22:41	00:02:01	00:06:44	00:11:57	00:12:45	00:13:13	00:06:22
DNS				278	853	Delport	Keri	F	51	30 - 34F	30	Western Province	-	-	-	-	-	-	-	-	-
DNF				1122	854	Ketterer	Eileen	F	51	30 - 34F	32	Western Province	00:28:18	00:02:12	01:22:15	00:02:41	00:07:39	-	-	-	-

30 - 34 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:07:21	1	1	1	3780	810	Venter	Bradley	M	51	30 - 34M	34	KwaZulu Natal	00:20:31	00:02:14	01:02:41	00:02:01	00:15:11	00:09:59	00:10:01	-	00:04:43
02:12:28	5	2	5	3952	803	Kruger	Cobus Jacobus	M	51	30 - 34M	32	Central Gauteng (Johannesburg)	00:20:07	00:02:08	01:06:12	00:01:56	00:05:19	00:10:27	00:10:36	00:11:00	00:04:43
02:15:50	10	3	10	375	804	Louw	Christopher	M	51	30 - 34M	30	Central Gauteng (Johannesburg)	00:23:35	00:02:16	01:06:49	00:02:02	00:05:50	00:10:21	00:10:22	00:09:48	00:04:47
02:16:11	11	4	11	3541	811	Low	Jonathan	M	51	30 - 34M	31	Western Province	00:21:44	00:02:04	01:09:12	-	00:07:31	00:10:01	00:10:28	00:10:08	00:05:03
02:21:30	32	5	32	1310	806	Rudolph	Josiah	M	51	30 - 34M	31	Central Gauteng (Johannesburg)	00:21:56	00:02:16	01:11:19	00:01:57	00:05:40	00:10:41	00:10:56	00:11:01	00:05:44
02:28:20	59	6	59	2500	805	Murphy	Kegan	M	51	30 - 34M	32	Central Gauteng (Johannesburg)	00:22:17	00:02:18	01:14:58	00:02:16	00:06:26	00:11:43	00:11:22	00:11:31	00:05:29
02:46:50	118	7	102	2096	807	Gilbert	Richard	M	51	30 - 34M	34	Eastern Province	00:23:56	00:02:31	01:21:57	00:02:10	00:06:32	00:14:27	00:14:07	00:14:04	00:07:06
02:50:43	134	8	108	148	802	Snyman	Scott	M	51	30 - 34M	30	Amathole	00:25:14	00:02:59	01:24:00	00:02:20	00:07:25	00:12:38	00:14:09	00:14:36	00:07:22
02:55:44	144	9	115	1266	801	Ross	Craig	M	51	30 - 34M	30	Amathole	00:29:56	00:03:17	01:24:08	00:03:09	00:06:52	00:12:37	00:14:02	00:14:33	00:07:10
03:00:23	148	10	117	2866	808	Njokweni	Zuko	M	51	30 - 34M	33	Eastern Province	00:34:13	00:03:19	01:27:52	00:03:14	00:06:14	00:12:25	00:13:15	00:13:21	00:06:30
DNS				3012	809	Geldenhuis	Donovan	M	51	30 - 34M	33	KwaZulu Natal	-	-	-	-	-	-	-	-	-
DNS				3705	800	Birkholtz	Bradley	M	51	30 - 34M	33	Amathole	-	-	-	-	-	-	-	-	-

35 - 39 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:46:49	117	1	16	30191	950	Shannon	Charmaine	F	51	35 - 39F	0		00:29:18	00:02:38	01:22:36	00:02:13	00:06:33	00:12:07	00:12:23	00:12:51	00:06:10
02:46:56	119	2	17	58	952	van Blerk	Natalie	F	51	35 - 39F	38	Central Gauteng (Johannesburg)	00:29:36	00:03:43	01:23:10	00:03:34	00:05:56	00:11:19	00:11:51	00:11:56	00:05:51
02:47:30	120	3	18	30808	955	Penney	Terri-Lynn	F	51	35 - 39F	37	Eastern Province	00:30:29	00:02:35	01:22:48	00:02:11	00:06:29	00:12:04	00:12:26	00:12:18	00:06:10
02:49:47	129	4	24	3955	951	McIntosh	Terry-Lynn	F	51	35 - 39F	36	Central Gauteng (Johannesburg)	00:29:20	00:02:59	01:20:12	00:02:20	00:07:05	00:12:47	00:13:33	00:14:36	00:06:55
02:50:30	133	5	26	30121	956	Van Niekerk	Helena	F	51	35 - 39F	35	Freestate	00:27:29	00:02:50	01:23:59	00:02:27	00:06:41	00:12:32	00:13:29	00:14:14	00:06:49
03:02:37	154	6	34	793	953	Venter	Wendy	F	51	35 - 39F	38	Central Gauteng (Johannesburg)	00:33:35	00:02:57	01:27:13	00:03:09	00:06:41	00:13:40	00:14:24	00:14:12	00:06:46
03:15:46	163	7	37	1633	954	Kernohan	Helen Margaret	F	51	35 - 39F	39	Eastern Province	00:34:11	00:02:59	01:26:16	00:02:25	00:07:36	00:16:16	00:19:31	-	00:26:32

35 - 39 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:14:57	9	1	9	30988	905	Rossouw	Tiaan	M	51	35 - 39M	36	Central Gauteng (Johannesburg)	00:23:36	00:02:04	01:05:18	00:01:50	00:05:24	00:10:23	00:10:41	00:10:40	00:05:01
02:17:36	16	2	16	1438	912	Forer	Daniel	M	51	35 - 39M	35	KwaZulu Natal	00:25:33	00:02:03	01:07:48	00:01:57	00:05:40	00:09:57	00:10:06	00:09:48	00:04:44
02:18:47	19	3	19	1038	916	Kemp	Morne	M	51	35 - 39M	39	Western Province	00:26:03	00:02:13	01:06:50	00:02:03	00:05:27	00:10:02	00:10:15	00:10:32	00:05:22
02:19:31	21	4	21	1769	907	Wilson	William Peter	M	51	35 - 39M	38	Eastern Province	00:26:01	00:02:34	01:08:43	00:02:01	00:05:35	00:09:44	00:10:18	-	00:14:35
02:20:36	29	5	29	688	915	Janse van Rensburg	Dawid	M	51	35 - 39M	38	North West	00:29:51	00:02:35	01:08:10	00:02:08	00:05:16	00:09:31	00:09:22	00:08:58	00:04:45

02:23:35	42	6	42	2264	901	Summers	Clinton	M	51	35 - 39M	39	Amathole	00:24:21	00:02:19	01:08:43	00:02:00	00:06:01	00:11:11	00:11:42	00:11:28	00:05:50
02:24:52	44	7	44	1151	902	Weldon	Sean	M	51	35 - 39M	35	Amathole	00:24:14	00:02:15	01:09:40	00:02:08	00:06:09	00:11:25	00:11:46	00:11:16	00:05:59
02:26:50	52	8	52	3070	903	Botha	Clarence	M	51	35 - 39M	37	Central Gauteng (Johannesburg)	00:28:02	00:02:42	01:12:55	00:02:06	00:05:26	00:09:45	00:09:36	00:10:37	00:05:41
02:27:47	55	9	55	31000	900	Louw	Dap	M	51	35 - 39M	38	Amathole	00:25:07	00:02:46	01:11:34	00:01:56	00:06:06	00:11:13	00:11:24	00:11:35	00:06:06
02:30:54	66	10	65	797	911	Duncan	Scott	M	51	35 - 39M	37	KwaZulu Natal	00:26:50	00:02:51	01:12:30	00:02:50	00:06:27	00:11:24	00:11:14	00:11:19	00:05:29
02:31:23	67	11	66	1784	904	Mare	Danie	M	51	35 - 39M	38	Central Gauteng (Johannesburg)	00:27:59	00:02:25	01:10:30	00:02:16	00:05:58	00:11:42	00:12:13	00:12:13	00:06:07
02:35:08	87	12	83	2377	910	Versfeld	Marco	M	51	35 - 39M	36	Gauteng North (Pretoria)	00:26:30	00:02:14	01:15:24	00:02:09	00:06:17	00:11:56	00:11:48	00:12:45	00:06:05
02:44:10	109	13	96	2759	906	Abrahams	Shuaib	M	51	35 - 39M	38	Eastern Province	00:28:53	00:03:06	01:18:24	00:02:31	00:06:44	00:12:16	00:12:43	00:13:04	00:06:29
02:46:43	116	14	101	30033	909	van Pletzen	Niel Johannes	M	51	35 - 39M	38	Freestate	00:29:30	00:03:21	01:22:15	00:02:45	00:06:39	00:11:23	00:12:07	00:12:34	00:06:09
02:53:36	139	15	111	3991	908	du Bruyn	Theuns	M	51	35 - 39M	37	Freestate	00:26:36	00:02:32	01:21:39	00:02:32	00:07:10	00:13:42	00:14:36	00:16:58	00:07:51
DNS				30427	913	Groenewald	Green	M	51	35 - 39M	35	KwaZulu Natal	-	-	-	-	-	-	-	-	-
DNF				30785	914	Mason	Michael	M	51	35 - 39M	39	KwaZulu Natal	00:29:18	00:02:42	-	-	-	-	-	-	-

40 - 44 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:38:28	97	1	7	3707	1051	Engelbrecht	Marinda	F	51	40 - 44F	41	Central Gauteng (Johannesburg)	00:33:18	00:02:55	01:13:31	00:02:21	00:06:22	00:22:28	00:11:55	-	00:05:38
02:46:26	114	2	15	30868	1055	Theron	Debra	F	51	40 - 44F	43	Freestate	00:28:31	00:02:46	01:22:01	00:02:11	00:06:34	00:11:21	00:12:41	00:13:32	00:06:49
02:47:34	121	3	19	30142	1054	Morey	Clair	F	51	40 - 44F	41	Central Gauteng (Johannesburg)	00:26:43	00:03:13	01:27:22	00:02:41	00:06:06	00:11:30	00:12:02	00:12:05	00:05:52
02:49:06	127	4	22	73	1052	hobson	megan	F	51	40 - 44F	40	Central Gauteng (Johannesburg)	00:27:35	00:02:13	01:22:28	00:02:11	00:07:16	00:12:57	00:13:37	00:14:07	00:06:42
02:52:29	137	5	28	1468	1053	Joubert	Lelani	F	51	40 - 44F	41	Central Gauteng (Johannesburg)	00:30:43	00:03:51	01:22:48	00:02:38	00:06:32	00:12:13	00:13:08	00:13:42	00:06:54
03:01:57	151	6	33	2815	1050	Boonzaier	Candice	F	51	40 - 44F	40	Amathole	00:29:49	00:02:32	01:38:15	00:02:15	00:06:28	00:12:18	00:12:07	00:12:04	00:06:09
03:03:41	156	7	35	30323	1056	Groenewald	Hanlie	F	51	40 - 44F	43	Western Province	00:31:29	00:03:21	01:29:15	00:02:36	00:07:09	00:13:40	00:14:17	00:14:44	00:07:10

40 - 44 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:18:49	20	1	20	2681	1015	de la Porte	Shaun	M	51	40 - 44M	44	KwaZulu Natal	00:22:51	00:02:44	01:08:32	00:01:58	00:05:52	00:10:31	00:10:49	00:10:26	00:05:06
02:19:52	24	2	24	530	1010	Stephenson	Nicholas	M	51	40 - 44M	44	Central Gauteng (Johannesburg)	00:22:31	00:02:14	01:08:30	00:02:08	00:05:58	00:10:52	00:11:11	-	00:16:28
02:20:00	25	3	25	1393	1016	Flack	Terry	M	51	40 - 44M	42	KwaZulu Natal	00:26:23	00:02:07	01:06:09	00:02:06	00:05:46	00:10:34	00:10:58	00:10:32	00:05:25
02:20:41	30	4	30	1029	1004	Sirgel	Ettiene	M	51	40 - 44M	41	Amathole	00:26:20	00:02:56	01:05:43	00:02:29	00:05:39	00:10:26	00:10:51	00:10:35	00:05:42
02:21:11	31	5	31	30187	1021	Muller	Deon	M	51	40 - 44M	44	Western Province	00:24:20	00:02:20	01:07:39	00:02:06	00:06:03	00:10:52	00:11:21	00:10:50	00:05:40
02:21:37	33	6	33	2839	1012	Daniels	Antony	M	51	40 - 44M	43	Eastern Province	00:23:42	00:02:23	01:08:51	00:02:12	00:05:55	00:10:43	00:11:10	00:10:58	00:05:43
02:25:39	47	7	47	30175	1011	Terblanche	Johann	M	51	40 - 44M	41	Central Gauteng (Johannesburg)	00:19:52	00:02:17	01:12:13	00:02:20	00:06:14	00:11:31	00:12:23	00:12:29	00:06:20
02:26:27	50	8	50	30910	1018	Kilian Benjamin	Wayne	M	51	40 - 44M	44	KwaZulu Natal	00:23:39	00:02:42	01:09:22	00:02:24	00:06:08	00:11:41	00:12:10	00:12:05	00:06:16
02:26:59	53	9	53	3169	1020	Jones	Damian	M	51	40 - 44M	43	Western Province	00:23:59	00:02:37	01:14:08	00:02:02	00:06:01	00:11:12	00:10:53	00:10:46	00:05:21
02:27:18	54	10	54	245	1022	rolfe	trevor	M	51	40 - 44M	41	Western Province	00:23:50	00:02:23	01:11:36	00:02:09	00:06:21	00:11:39	00:11:32	00:11:50	00:05:58
02:28:12	58	11	58	30006	1007	Del Castello	Frank	M	51	40 - 44M	42	Central Gauteng (Johannesburg)	00:21:58	00:02:18	01:13:00	00:02:16	00:06:11	00:11:39	00:12:15	00:12:30	00:06:05
02:31:55	71	12	68	3559	1005	Wittrowski	Ralf	M	51	40 - 44M	42	Amathole	00:27:07	00:03:16	01:11:12	00:02:49	00:06:29	00:11:31	00:11:41	00:11:54	00:05:56
02:32:30	73	13	70	3166	1001	Boonzaier	Brad	M	51	40 - 44M	41	Amathole	00:28:39	00:02:27	01:12:20	00:02:09	00:06:22	00:11:31	00:11:14	00:12:13	00:05:35
02:32:48	75	14	71	236	1003	Gallacher	Allan	M	51	40 - 44M	41	Amathole	00:23:54	00:02:25	01:11:20	00:01:56	00:07:08	00:13:38	00:13:12	00:12:58	00:06:17
02:32:53	76	15	72	1231	1019	Engelbrecht	Jacus	M	51	40 - 44M	41	Western Province	00:23:20	00:02:29	01:11:18	00:02:06	00:06:28	00:11:45	00:14:05	00:14:42	00:06:40
02:33:06	77	16	73	3635	1009	Smit	Abraham Matthys	M	51	40 - 44M	43	Central Gauteng (Johannesburg)	00:28:01	00:02:24	01:13:42	00:02:12	00:06:17	00:11:45	00:11:24	00:11:46	00:05:35
02:33:46	80	17	76	30783	1002	Chambers	Jason	M	51	40 - 44M	41	Amathole	00:24:35	00:03:04	01:15:59	00:02:21	00:06:23	00:11:47	00:11:38	00:12:06	00:05:53
02:34:46	83	18	79	2998	1000	Attree	Warwick	M	51	40 - 44M	42	Amathole	00:26:47	00:03:06	01:12:57	00:02:43	00:06:17	00:11:10	00:11:18	00:12:02	00:08:26
02:36:10	90	19	85	1420	1014	Westra	Bernhard	M	51	40 - 44M	42	Gauteng North (Pretoria)	00:25:54	00:03:33	01:13:36	00:03:26	00:06:34	00:12:05	00:12:04	00:12:42	00:06:16
02:38:24	96	20	90	1292	1023	van Zyl	Graeme	M	51	40 - 44M	42	Eastern Province	00:24:31	00:03:30	01:18:14	00:02:29	00:06:45	00:12:24	00:12:11	00:12:37	00:05:43
02:39:01	98	21	91	3488	1017	jones	andrew	M	51	40 - 44M	44	KwaZulu Natal	00:28:27	00:03:21	01:16:41	00:03:01	00:06:42	00:11:29	00:11:32	00:11:55	00:05:53
03:02:24	153	22	120	1036	1013	shortem	rob	M	51	40 - 44M	44	Freestate	00:30:17	00:04:02	01:25:28	00:02:36	00:07:19	00:13:57	00:15:13	00:15:43	00:07:49
DNS				3055	1008	Lewis-Enright	Christopher	M	51	40 - 44M	42	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	-
DNF				441	1006	Adams	Richard	M	51	40 - 44M	40	Central Gauteng (Johannesburg)	00:26:17	00:02:58	01:17:22	00:02:37	00:08:01	-	-	-	-

45 - 49 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
------	--------	-------	-------	------	-------	---------	------	-----	------	----------	-----	----------	------	----	-------	----	------	------	------	------	------

02:29:57	63	1	1	2859	1151	Dovey	Kim	F	51	45 - 49F	45	Central Gauteng (Johannesburg)	00:23:26	00:02:26	01:14:43	00:02:10	00:06:34	00:11:45	00:11:22	00:11:40	00:05:51
02:31:30	69	2	2	2355	1155	MacPherson	Diana	F	51	45 - 49F	45	Western Province	00:27:28	00:02:23	01:14:59	00:02:06	00:06:04	00:10:44	00:10:56	00:11:17	00:05:33
02:41:23	105	3	12	1847	1153	Du Plessis	Anzel	F	51	45 - 49F	46	Western Province	00:32:08	00:02:36	01:14:52	00:02:17	00:06:50	00:12:07	00:12:07	00:12:36	00:05:50
02:48:53	124	4	21	3075	1154	herbert	Dawn	F	51	45 - 49F	45	Western Province	00:30:45	00:02:24	01:19:24	00:02:55	00:07:04	00:12:37	00:13:23	00:13:39	00:06:42
02:55:19	143	5	29	3110	1152	van der Merwe	Santie	F	51	45 - 49F	46	Central Gauteng (Johannesburg)	00:31:52	00:02:53	01:23:16	00:03:00	00:06:58	00:12:48	00:13:20	00:14:08	00:07:04
03:04:11	157	6	36	2580	1150	WARREN	SOPHIA	F	51	45 - 49F	47	Amathole	00:30:47	00:03:28	01:32:26	00:02:14	00:06:36	00:13:37	00:13:58	00:14:10	00:06:55

## 45 - 49 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:16:37	13	1	13	796	1112	Theron	Nicolas	M	51	45 - 49M	46	FreeState	00:22:16	00:02:11	01:09:03	00:02:00	00:05:28	00:10:07	00:10:21	00:10:18	00:04:53
02:19:50	23	2	23	300	1110	Vorster	Franna	M	51	45 - 49M	45	Eastern Province	00:23:41	00:02:18	01:10:55	00:02:01	00:05:34	00:10:00	00:10:09	-	00:15:12
02:20:11	27	3	27	1640	1105	Murchie	Craig	M	51	45 - 49M	45	Central Gauteng (Johannesburg)	00:24:59	00:02:19	01:07:30	00:02:03	00:05:44	00:10:34	00:10:58	00:10:31	00:05:33
02:22:07	35	4	35	500	1117	Wolstenholme	Henry	M	51	45 - 49M	47	Western Province	00:28:35	00:02:29	01:09:32	00:02:14	00:05:30	00:09:36	00:09:41	00:09:32	00:04:58
02:22:24	37	5	37	30254	1107	Alderman	Mark	M	51	45 - 49M	45	Eastern Province	00:23:45	00:02:30	01:11:28	00:02:18	00:05:59	00:10:28	00:10:30	00:10:09	00:05:17
02:23:08	40	6	40	2381	1103	de Goede	Danie	M	51	45 - 49M	45	Central Gauteng (Johannesburg)	00:23:07	00:02:17	01:09:41	00:02:22	00:06:14	00:11:15	00:11:27	00:11:02	00:05:43
02:25:20	45	7	45	220	1104	Engelbrecht	Wilhelmus Jacobus	M	51	45 - 49M	48	Central Gauteng (Johannesburg)	00:28:25	00:03:15	01:04:56	00:02:44	00:06:10	00:11:19	00:11:40	00:11:32	00:05:19
02:25:24	46	8	46	3633	1114	Greyling	Kobus	M	51	45 - 49M	47	Gauteng North (Pretoria)	00:26:25	00:02:25	01:11:43	00:02:11	00:06:03	00:11:08	00:10:00	00:10:11	00:05:18
02:28:07	56	9	56	2813	1106	Zwarts	Gert	M	51	45 - 49M	45	Central Gauteng (Johannesburg)	00:27:26	00:02:22	01:10:44	00:02:12	00:06:02	00:11:12	00:11:01	00:11:24	00:05:44
02:33:31	78	10	74	2876	1109	Kruger	Willem Jacobus	M	51	45 - 49M	46	Eastern Province	00:25:35	00:02:10	01:14:32	00:02:01	00:06:23	00:11:58	00:12:00	00:12:39	00:06:13
02:33:33	79	11	75	290	1102	van Wyk	Andre	M	51	45 - 49M	47	Amathole	00:22:10	00:02:56	01:19:11	00:02:10	00:06:11	00:11:16	00:11:16	00:12:16	00:06:07
02:36:35	91	12	86	3736	1101	Lahoud	Dominic	M	51	45 - 49M	45	Amathole	-	-	01:27:14	-	-	-	-	-	-
02:46:28	115	13	100	2719	1113	greer	gareth	M	51	45 - 49M	46	Gauteng North (Pretoria)	00:30:30	00:03:19	01:17:08	00:02:20	00:06:52	00:12:50	00:13:05	00:13:43	00:06:41
02:49:02	126	14	105	30065	1111	Winship	George	M	51	45 - 49M	49	Eastern Province	00:28:09	00:03:57	01:18:39	00:02:24	00:06:48	00:12:52	00:14:13	00:14:41	00:07:19
02:54:28	141	15	113	237	1108	Bester	Paul	M	51	45 - 49M	46	Eastern Province	00:27:46	00:03:33	01:20:44	00:02:41	00:07:53	00:13:47	00:15:09	00:15:32	00:07:23
03:05:33	159	16	123	985	1115	Wessels	Tertius	M	51	45 - 49M	47	Gauteng North (Pretoria)	00:35:06	00:02:48	01:26:01	00:02:56	00:07:21	00:13:57	00:15:01	00:15:14	00:07:09
DNS				547	1100	Duffield	Warren	M	51	45 - 49M	48	Amathole	-	-	-	-	-	-	-	-	-
DNS				1584	1116	Gore	Glen	M	51	45 - 49M	45	KwaZulu Natal	-	-	-	-	-	-	-	-	-

## 50 - 54 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:47:38	122	1	20	1257	1254	Baker	Bev	F	51	50 - 54F	53	Western Province	00:29:26	00:03:23	01:21:21	00:03:05	00:06:30	00:12:03	00:12:41	00:12:45	00:06:24
02:51:59	136	2	27	1990	1253	van der Westhuizen	Daleen	F	51	50 - 54F	51	Gauteng North (Pretoria)	00:33:14	00:02:53	01:21:44	00:02:18	00:06:19	00:12:26	00:13:05	00:13:20	00:06:40
02:58:19	145	3	30	30813	1251	Van Wyk	Janice	F	51	50 - 54F	54	Amathole	00:37:25	00:02:26	01:24:23	00:02:02	00:06:12	00:12:39	00:13:11	00:13:26	00:06:35
02:59:30	146	4	31	30484	1250	Murgatroyd	Kimberley	F	51	50 - 54F	51	Amathole	00:30:40	00:03:19	01:25:55	00:02:38	00:20:34	00:14:21	00:14:53	-	00:07:10

## 50 - 54 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:20:05	26	1	26	1884	1206	Riddle	Alec	M	51	50 - 54M	54	Eastern Province	00:22:49	00:02:31	01:09:30	00:02:07	00:06:04	00:10:32	00:10:48	00:10:13	00:05:31
02:22:22	36	2	36	30435	1212	POOLE	BRUCE	M	51	50 - 54M	50	Western Province	00:23:21	00:02:16	01:11:04	00:01:57	00:05:49	00:10:37	00:10:58	00:10:43	00:05:37
02:30:38	65	3	64	30357	1211	Oehley	Derek	M	51	50 - 54M	50	Western Province	00:28:25	00:02:26	01:13:59	00:02:12	00:05:40	00:10:39	00:10:56	00:10:52	00:05:29
02:31:28	68	4	67	2395	1208	Germishuys	Willem	M	51	50 - 54M	50	Gauteng North (Pretoria)	00:29:35	00:02:34	01:11:40	00:02:25	00:06:23	00:11:18	00:10:45	00:11:14	00:05:34
02:32:13	72	5	69	30072	1201	Meyers	Eric	M	51	50 - 54M	51	Central Gauteng (Johannesburg)	00:28:57	00:02:36	01:12:31	-	00:08:41	00:11:22	00:10:52	00:11:31	00:05:43
02:37:48	94	6	89	2845	1204	Searle	Andy	M	51	50 - 54M	52	Central Gauteng (Johannesburg)	00:26:14	00:02:22	01:18:11	00:02:05	00:06:41	00:11:57	00:11:48	00:12:24	00:06:06
02:40:02	100	7	92	30439	1210	Clark	Shannon	M	51	50 - 54M	50	KwaZulu Natal	00:26:51	00:03:07	01:19:53	00:02:13	00:06:18	00:11:23	00:11:57	00:12:23	00:05:57
02:48:23	123	8	103	2727	1203	Pivo	Brian	M	51	50 - 54M	52	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	02:48:23
02:50:28	132	9	107	1737	1207	van niekerk	bendaniel	M	51	50 - 54M	52	FreeState	00:30:18	00:03:19	01:24:46	00:03:32	00:06:30	00:11:43	00:12:05	00:12:15	00:06:00
02:53:54	140	10	112	30333	1205	Boshoff	Deon	M	51	50 - 54M	54	Eastern Province	00:25:05	00:02:26	01:19:07	00:02:38	00:07:28	00:14:16	00:15:57	00:19:47	00:07:10
03:04:53	158	11	122	2533	1209	Hannweg	Norbert	M	51	50 - 54M	50	Gauteng North (Pretoria)	00:28:16	00:02:46	01:24:01	00:02:23	00:07:38	00:14:50	00:18:34	00:18:02	00:08:23
DNS				3050	1202	Milos	Drazen	M	51	50 - 54M	53	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	-
DNF				1170	1200	Cox	Anthony	M	51	50 - 54M	53	Amathole	00:27:09	00:02:51	01:16:03	00:02:12	00:07:03	00:12:45	-	-	-

## 55 - 59 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
------	--------	-------	-------	------	-------	---------	------	-----	------	----------	-----	----------	------	----	-------	----	------	------	------	------	------

02:41:22	104	1	11	1703	1351	Fischer	Lynette	F	51	55 - 59F	56	Gauteng North (Pretoria)	00:27:21	00:02:19	01:19:07	00:02:08	00:06:50	00:11:51	00:12:37	00:13:08	00:06:01
03:27:58	164	2	38	357	1350	Shunn	Jayne	F	51	55 - 59F	55	Central Gauteng (Johannesburg)	00:36:14	00:04:30	01:33:11	00:03:21	00:07:53	00:16:48	00:18:21	00:18:53	00:08:47

## 55 - 59 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:26:09	49	1	49	457	1303	Naude	Charles	M	51	55 - 59M	55	Central Gauteng (Johannesburg)	00:27:58	00:02:32	01:06:27	00:02:10	00:06:37	00:11:36	00:11:42	00:11:28	00:05:39
02:26:36	51	2	51	472	1300	Jeanrenaud	Pierre-Yves	M	51	55 - 59M	56	Amathole	00:24:17	00:02:51	01:10:57	00:02:18	00:06:09	00:11:23	00:11:20	00:11:26	00:05:55
02:34:49	84	3	80	1091	1306	Steele	Roger Gavin	M	51	55 - 59M	57	Eastern Province	00:29:02	00:02:40	01:14:26	00:02:04	00:06:16	00:11:34	00:11:22	00:11:42	00:05:43
02:40:26	101	4	93	1325	1301	Venter	Peter Steven	M	51	55 - 59M	59	Amathole	00:26:57	00:02:27	01:16:10	00:02:16	00:06:33	00:12:11	00:12:48	00:13:58	00:07:06
02:46:01	113	5	99	3491	1307	van Onselen	John	M	51	55 - 59M	56	Eastern Province	00:28:34	00:02:35	01:15:32	00:02:22	00:06:52	00:15:18	00:13:50	00:14:09	00:06:49
02:49:50	130	6	106	3681	1304	Vermeulen	Ockie	M	51	55 - 59M	57	Central Gauteng (Johannesburg)	00:30:14	00:03:27	01:17:47	00:02:20	00:07:21	00:13:31	00:14:06	00:14:17	00:06:47
02:59:38	147	7	116	371	1302	Klostermann	Michael	M	51	55 - 59M	59	Central Gauteng (Johannesburg)	00:28:46	00:02:57	01:23:07	00:02:55	00:07:29	00:14:28	00:16:01	00:16:17	00:07:38
03:03:34	155	8	121	413	1305	Ermes	Robin	M	51	55 - 59M	59	Eastern Province	00:31:15	00:03:03	01:18:10	00:02:37	00:08:45	00:15:11	00:17:29	00:18:20	00:08:44

## 60 - 64 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:51:42	135	1	109	2487	1408	Stevens	Adrian	M	51	60 - 64M	62	Western Province	00:29:07	00:03:15	01:22:34	00:02:50	00:06:49	00:12:19	00:13:25	00:14:03	00:07:20
02:53:09	138	2	110	30606	1405	van der Merwe	Abel	M	51	60 - 64M	62	Gauteng North (Pretoria)	00:30:10	00:03:22	01:22:30	00:02:33	00:07:41	00:13:15	00:13:05	00:13:39	00:06:54
02:54:49	142	3	114	979	1402	Janse van Vuuren	David	M	51	60 - 64M	60	Freestate	00:29:34	00:04:04	01:21:38	00:03:24	00:07:09	00:12:59	00:13:59	00:14:42	00:07:20
03:06:15	160	4	124	1131	1404	Els	Gerhard	M	51	60 - 64M	60	Gauteng North (Pretoria)	00:34:55	00:04:21	01:24:50	00:03:41	00:07:37	00:14:37	00:14:37	00:14:39	00:06:58
03:06:26	161	5	125	2053	1403	Doubell	Grant	M	51	60 - 64M	61	Gauteng North (Pretoria)	00:29:59	00:03:00	01:25:40	00:03:04	00:07:53	00:15:20	00:16:36	00:16:59	00:07:55
03:28:35	165	6	127	2849	1400	de Almeida e Silva	Hekder	M	51	60 - 64M	60	Eastern Province	00:34:14	00:04:23	01:38:27	00:03:00	00:08:29	00:17:10	00:17:19	00:17:35	00:07:58
DNF				3202	1406	Curr	Kenneth	M	51	60 - 64M	64	KwaZulu Natal	00:24:19	00:02:35	-	-	-	-	-	-	-
DNS				2273	1407	LOTTER	FRANCOIS JACOBUS	M	51	60 - 64M	60	North West	-	-	-	-	-	-	-	-	-
DNF				3714	1401	Richards	John Graham	M	51	60 - 64M	62	Eastern Province	00:29:57	00:03:36	-	-	-	-	-	-	-

## 65 - 69 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
02:35:02	86	1	82	506	1503	Briscoe	Tim	M	51	65 - 69M	65	KwaZulu Natal	00:29:25	00:02:38	01:16:35	00:02:39	00:06:02	00:10:51	00:10:28	00:10:54	00:05:30
02:48:58	125	2	104	1629	1501	Lochner	Lochi	M	51	65 - 69M	67	Central Gauteng (Johannesburg)	00:36:28	00:03:10	01:18:57	00:02:13	00:06:39	00:11:36	00:12:08	00:11:50	00:05:57
03:10:29	162	3	126	3909	1502	Viljoen	Christiaan	M	51	65 - 69M	67	Eastern Province	00:28:12	00:03:26	01:30:28	00:03:16	00:07:27	00:14:23	00:16:37	00:18:11	00:08:29
03:39:20	167	4	128	30521	1500	brand	anthony	M	51	65 - 69M	66	Amathole	00:34:21	00:04:32	01:35:25	00:03:13	00:09:08	00:18:56	00:19:58	00:22:00	00:11:47

## Junior 16 - 17 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
01:15:14	34	1	3	344	260	faulmann	simone	F	26	Junior 16-17F	17	Western Province	00:12:59	-	-	00:00:32	00:44:47	00:11:36	-	-	00:05:20
01:15:39	38	2	5	2691	256	Jonsson	Mikaela	F	26	Junior 16-17F	17	KwaZulu Natal	00:13:09	-	-	00:01:05	00:45:55	00:10:35	-	-	00:04:55
01:16:05	39	3	6	1789	259	Erlank	Celia	F	26	Junior 16-17F	0		00:13:26	-	-	00:00:35	00:45:24	00:11:21	-	-	00:05:19
01:17:19	42	4	8	3425	258	Duncan	Rebecca	F	26	Junior 16-17F	0		00:14:02	-	-	00:00:30	00:45:15	00:12:12	-	-	00:05:20
01:17:22	43	5	9	3098	255	Koen	Heleen Mieke	F	26	Junior 16-17F	17	Gauteng North (Pretoria)	00:11:35	-	-	00:00:50	00:47:30	00:12:05	-	-	00:05:22
01:18:51	45	6	11	2237	257	Jeans	Rachel	F	26	Junior 16-17F	0		00:13:12	-	-	00:00:34	00:44:49	00:13:35	-	-	00:06:41
01:22:06	52	7	14	1548	253	Wille	Taryn-Maie	F	26	Junior 16-17F	17	Eastern Province	00:13:14	-	-	00:01:10	00:49:46	00:12:12	-	-	00:05:44
01:26:11	55	8	15	2874	254	Botes	danica	F	26	Junior 16-17F	17	Freestate	00:14:39	-	-	00:01:21	00:52:09	00:11:59	-	-	00:06:03
01:27:21	56	9	16	3721	252	Bam	Mia	F	26	Junior 16-17F	16	Central Gauteng (Johannesburg)	00:14:10	-	-	00:00:46	00:51:41	00:13:53	-	-	00:06:51
01:31:54	59	10	18	2846	250	Petzer	Denika	F	26	Junior 16-17F	17	Amathole	00:15:36	-	-	00:01:49	00:53:38	00:13:46	-	-	00:07:05
DNS				1898	261	Wolstenholme	Anja	F	26	Junior 16-17F	16	Western Province	-	-	-	-	-	-	-	-	-

## Junior 16 - 17 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5	
01:05:37	11	1	11	2799	202	Ferreira	Michael	M	26	Junior 16-17M	17	Central Gauteng (Johannesburg)	00:12:07	00:00:27	-	00:33:16	00:05:16	00:09:54	-	-	00:04:37	
01:05:53	12	2	12	1211	224	Kruger	Dylan	M	26	Junior 16-17M	17	North West	00:11:32	00:00:49	-	00:33:30	00:05:14	00:10:06	-	-	00:04:42	
01:06:05	13	3	13	2065	205	Schlebusch	Luke	M	26	Junior 16-17M	17	Central Gauteng (Johannesburg)	00:13:01	00:00:53	-	00:33:48	00:04:59	00:09:07	-	-	00:04:17	
01:07:53	14	4	14	968	220	Anschutz	Rupert	M	26	Junior 16-17M	0		00:12:23	00:00:29	-	00:34:43	00:05:31	00:10:00	-	-	00:04:47	
01:08:01	15	5	15	549	222	Kaye	Mitchell	M	26	Junior 16-17M	0		00:12:02	00:00:40	-	00:35:21	00:05:06	00:10:01	-	-	00:04:51	
01:09:26	16	6	16	1689	200	Leon	Davion	M	26	Junior 16-17M	16	Amathole	00:13:04	00:00:38	-	00:35:43	00:05:23	00:09:56	-	-	00:04:42	
01:09:46	18	7	17	1077	210	pretorius	julian	M	26	Junior 16-17M	17	Freestate	00:15:04	00:00:47	-	00:33:49	00:05:32	00:10:22	-	-	00:04:12	
01:10:06	19	8	18	2766	212	De Beer	Martin	M	26	Junior 16-17M	16	Gauteng North (Pretoria)	00:12:51	00:01:17	-	00:35:25	00:05:40	00:10:22	-	-	00:04:31	
01:10:24	20	9	19	508	208	Steenkamp	Malan	M	26	Junior 16-17M	17	Eastern Province	00:11:55	00:00:37	-	00:35:15	00:06:04	00:11:19	-	-	00:05:14	
01:10:49	22	10	21	657	211	Theron	Charl	M	26	Junior 16-17M	16	Freestate	00:13:07	00:01:07	-	00:35:29	00:05:30	00:10:23	-	-	00:05:13	
01:11:02	23	11	22	3062	221	Bekker	Declan	M	26	Junior 16-17M	0		00:12:47	00:00:50	-	00:35:58	00:05:37	00:10:24	-	-	00:05:26	
01:11:16	24	12	23	2376	209	Van der Walt	Hein	M	26	Junior 16-17M	17	Eastern Province	-	-	-	-	-	-	-	-	-	01:11:16
01:13:11	27	13	26	2803	217	Browett	Luke	M	26	Junior 16-17M	16	KwaZulu Natal	00:11:13	00:00:49	-	00:37:45	00:06:10	00:12:13	-	-	00:05:01	
01:13:24	29	14	27	3749	223	Joubert	Antonie	M	26	Junior 16-17M	16	North West	00:14:26	-	-	00:00:55	00:40:39	00:11:44	-	-	00:05:40	
01:13:59	30	15	28	132	215	Nortje	Dylan	M	26	Junior 16-17M	17	Gauteng North (Pretoria)	-	00:36:17	-	-	-	-	-	-	-	
01:14:04	31	16	29	3632	214	greer	matthew	M	26	Junior 16-17M	16	Gauteng North (Pretoria)	-	-	-	-	-	-	-	-	-	01:14:04
01:14:09	32	17	30	732	251	Van Zyl	Nico	M	26	Junior 16-17M	16	Amathole	00:12:16	00:00:49	-	00:38:06	00:06:01	00:11:43	-	-	00:05:14	
01:14:26	33	18	31	2955	213	Ehlers	Jan	M	26	Junior 16-17M	17	Gauteng North (Pretoria)	00:13:03	00:01:01	-	00:37:10	00:06:13	00:11:53	-	-	00:05:06	
01:15:32	36	19	32	1338	216	Strauss	Yanich	M	26	Junior 16-17M	17	Gauteng North (Pretoria)	00:12:48	00:00:51	-	00:39:12	00:06:01	00:11:58	-	-	00:04:42	
01:16:16	40	20	34	2751	204	Heath	Malcolm	M	26	Junior 16-17M	17	Central Gauteng (Johannesburg)	00:14:09	00:00:51	-	00:39:06	00:06:48	00:10:25	-	-	00:04:57	
01:19:33	46	21	35	2832	218	Hadebe	Raymond	M	26	Junior 16-17M	17	KwaZulu Natal	00:17:20	-	-	00:00:53	00:44:53	00:11:13	-	-	00:05:14	
01:20:36	48	22	36	932	219	Herbst	Wikus	M	26	Junior 16-17M	17	KwaZulu Natal	00:18:01	-	-	00:01:41	00:46:12	00:10:34	-	-	00:04:08	
01:21:06	51	23	38	3469	206	Bester	Nico	M	26	Junior 16-17M	16	Eastern Province	00:14:02	00:00:55	-	00:40:01	00:07:09	00:13:03	-	-	00:05:56	
01:24:52	53	24	39	3412	228	Haddon	Thomas	M	26	Junior 16-17M	0		00:12:23	00:00:34	-	00:35:22	00:06:43	00:19:06	-	-	00:10:44	
01:27:33	57	25	41	1373	207	De Meyer	Irwin	M	26	Junior 16-17M	17	Eastern Province	00:18:59	-	-	00:00:52	00:47:55	00:13:39	-	-	00:06:08	
DNS				589	201	Dhooge	James	M	26	Junior 16-17M	16	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	-	
DNS				3752	203	Hartigan	Ross	M	26	Junior 16-17M	16	Central Gauteng (Johannesburg)	-	-	-	-	-	-	-	-	-	
DNS				30440	225	West	Jarrett	M	26	Junior 16-17M	16	Western Province	-	-	-	-	-	-	-	-	-	

## Junior 18 - 19 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
01:09:40	17	1	1	421	359	Renaud	Celeste	F	26	Junior 18-19F	19	Western Province	00:12:05	-	-	00:00:38	00:41:54	00:10:12	-	-	00:04:51
01:12:01	25	2	2	3275	353	Berry	Jodie	F	26	Junior 18-19F	19	Central Gauteng (Johannesburg)	00:12:34	-	-	00:00:33	00:43:43	00:10:17	-	-	00:04:54
01:15:25	35	3	4	183	352	Venter	Nicole	F	26	Junior 18-19F	18	Amathole	00:12:58	-	-	00:00:39	00:44:41	00:11:36	-	-	00:05:31
01:17:00	41	4	7	3328	357	Muller	Nicole	F	26	Junior 18-19F	18	Gauteng North (Pretoria)	00:12:33	-	-	00:00:45	00:45:41	00:12:24	-	-	00:05:37



01:18:17	44	5	10	2313	351	Heywood	Cristina	F	26	Junior 18-19F	18	Amathole	00:14:18	-	-	00:00:47	00:46:26	00:11:18	-	-	00:05:28
01:20:32	47	6	12	1573	355	Leyland	Terri-Jo	F	26	Junior 18-19F	19	Freestate	00:13:32	-	-	00:00:38	00:46:04	00:13:52	-	-	00:06:26
01:21:01	49	7	13	2029	354	Burns	Chloe Ann	F	26	Junior 18-19F	18	Central Gauteng (Johannesburg)	00:14:04	-	-	00:00:42	00:49:21	00:11:32	-	-	00:05:22
01:31:13	58	8	17	2340	350	Drake	Charnelle	F	26	Junior 18-19F	18	Amathole	00:14:42	-	-	00:01:40	00:53:43	00:14:26	-	-	00:06:42
DNS				3937	356	Naude	Corne	F	26	Junior 18-19F	18	Freestate	-	-	-	-	-	-	-	-	-
DNS				5	358	Farrell	Kerryn Hayley	F	26	Junior 18-19F	18	KwaZulu Natal	-	-	-	-	-	-	-	-	-

## Junior 18 - 19 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
01:00:26	1	1	1	3958	308	Engelbrecht	Basson	M	26	Junior 18-19M	19	Gauteng North (Pretoria)	00:10:25	00:00:35	-	00:31:37	00:04:40	00:08:55	-	-	00:04:14
01:01:34	2	2	2	2167	313	Jooste	Gareth	M	26	Junior 18-19M	19	Western Province	00:10:55	00:00:30	-	00:31:44	00:04:45	00:09:08	-	-	00:04:32
01:02:09	3	3	3	1887	311	Wewege	James	M	26	Junior 18-19M	19	KwaZulu Natal	00:10:57	-	-	00:32:19	00:04:54	00:09:34	-	-	00:04:25
01:02:20	4	4	4	817	312	Gaynor	Russell	M	26	Junior 18-19M	19	Western Province	00:10:33	00:00:34	-	00:32:04	00:05:09	00:09:34	-	-	00:04:26
01:02:45	5	5	5	3101	307	Herbst	Hanre	M	26	Junior 18-19M	18	Freestate	00:10:37	00:00:40	-	00:31:58	00:05:14	00:09:46	-	-	00:04:30
01:03:43	6	6	6	30934	314	Morgia	Rinaldo	M	26	Junior 18-19M	19	Western Province	00:10:45	00:00:35	-	00:31:55	00:05:31	00:10:26	-	-	00:04:31
01:03:47	7	7	7	3523	315	Shaw	Riaan	M	26	Junior 18-19M	19	Western Province	00:10:28	00:00:27	-	00:33:35	00:05:05	00:09:41	-	-	00:04:31
01:04:47	8	8	8	2546	306	Botes	Lourens	M	26	Junior 18-19M	18	Freestate	00:11:18	00:00:40	-	00:34:13	00:04:57	00:09:13	-	-	00:04:26
01:05:21	9	9	9	1115	303	Schlebusch	Brandon	M	26	Junior 18-19M	19	Central Gauteng (Johannesburg)	00:12:29	00:00:42	-	00:33:42	00:04:57	00:09:28	-	-	00:04:03
01:05:31	10	10	10	1116	301	Anschutz	Clemens	M	26	Junior 18-19M	0		00:12:13	00:00:31	-	00:33:13	00:05:06	00:09:56	-	-	00:04:32
01:10:27	21	11	20	3104	304	Campbell	Jason Duncombe	M	26	Junior 18-19M	18	Eastern Province	00:13:43	00:00:37	-	00:34:30	00:05:49	00:10:55	-	-	00:04:53
01:12:24	26	12	24	703	302	Grassi	Cameron	M	26	Junior 18-19M	18	Amathole	00:11:53	00:00:47	-	00:37:26	00:05:48	00:11:14	-	-	00:05:16
01:13:11	28	13	25	2324	305	FERREIRA	MUNRO	M	26	Junior 18-19M	18	Eastern Province	00:12:46	00:00:47	-	00:37:58	00:05:34	00:11:25	-	-	00:04:41
01:15:37	37	14	33	1083	310	Biggar	Aaron	M	26	Junior 18-19M	19	KwaZulu Natal	00:13:06	00:01:07	-	00:36:52	00:06:17	00:12:53	-	-	00:05:22
01:21:05	50	15	37	3479	309	Kruger	Ruhan	M	26	Junior 18-19M	18	Gauteng North (Pretoria)	00:14:28	-	-	00:00:54	00:46:19	00:13:30	-	-	00:05:54
01:25:59	54	16	40	1004	300	Mbise	Moagi	M	26	Junior 18-19M	18		01:08:54	-	-	00:41:14	-	-	-	-	-





## Junior 12 - 13 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
00:38:39	15	1	2	1426	27	Fairon	Kelly	F	13	Junior 12-13F	13	Central Gauteng (Johannesburg)	00:07:04	00:00:32	00:19:57	00:00:24	00:05:39	-	-	-	00:05:03
00:40:21	24	2	5	1586	28	Irvine-Smith	Ashleigh	F	13	Junior 12-13F	13	Central Gauteng (Johannesburg)	00:07:20	00:00:45	00:21:27	00:00:22	00:05:37	-	-	-	00:04:50
00:43:16	37	3	11	3619	29	Smart	Jenna	F	13	Junior 12-13F	12	Central Gauteng (Johannesburg)	00:09:54	00:00:43	00:20:48	00:00:20	00:06:22	-	-	-	00:05:09
00:45:33	47	4	16	2889	30	Venter	Keryn	F	13	Junior 12-13F	13	Central Gauteng (Johannesburg)	00:09:13	00:00:55	00:23:22	00:00:50	00:06:04	-	-	-	00:05:09
00:48:06	48	5	17	2528	26	engelbrecht	anique	F	13	Junior 12-13F	12	Central Gauteng (Johannesburg)	00:08:33	00:01:19	00:23:26	00:00:29	00:07:19	-	-	-	00:07:00
00:51:45	55	6	21	1206	32	gore	tegan	F	13	Junior 12-13F	13	KwaZulu Natal	00:08:34	00:01:50	00:28:34	00:00:28	00:06:53	-	-	-	00:05:26

## Junior 12 - 13 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
00:37:47	10	1	10	3924	4	Stroebel	Christiaan	M	13	Junior 12-13M	13	Central Gauteng (Johannesburg)	00:07:22	00:00:29	00:19:06	00:00:31	00:05:37	-	-	-	00:04:42
00:37:58	12	2	11	327	6	Viljoen	Gean	M	13	Junior 12-13M	13	Freestate	00:07:12	00:00:40	00:19:10	00:00:34	00:05:30	-	-	-	00:04:52
00:38:02	13	3	12	1460	2	Elliot	Finn	M	13	Junior 12-13M	13	Central Gauteng (Johannesburg)	00:07:36	00:00:44	00:18:56	00:00:27	00:05:33	-	-	-	00:04:46
00:39:31	19	4	16	30351	10	Wolstenholme	Jaco	M	13	Junior 12-13M	13	Western Province	00:07:36	00:00:49	00:19:55	00:00:24	00:05:43	-	-	-	00:05:04
00:39:53	22	5	19	3008	8	Waterfall		M	13	Junior 12-13M	0		00:08:22	00:00:35	00:19:26	00:00:29	00:06:00	-	-	-	00:05:01
00:41:50	32	6	24	2040	9	Philp		M	13	Junior 12-13M	0		00:08:30	00:00:34	00:21:14	00:00:44	00:05:49	-	-	-	00:04:59
00:43:29	40	7	28	2403	1	Owen	Ryno	M	13	Junior 12-13M	13	Amathole	00:09:57	00:00:40	00:21:06	00:00:32	00:06:11	-	-	-	00:05:03
00:44:36	43	8	30	2729	3	Pienaar	Henri	M	13	Junior 12-13M	12	Central Gauteng (Johannesburg)	00:09:19	00:01:02	00:22:06	00:00:21	00:06:19	-	-	-	00:05:29
00:51:11	52	9	33	2903	31	Linder	Cullen	M	13	Junior 12-13M	13	Eastern Province	00:09:14	00:01:31	00:22:14	00:01:01	00:10:00	-	-	-	00:07:11
00:51:26	53	10	34	2016	5	Gill	Michael	M	13	Junior 12-13M	12	Eastern Province	00:10:29	00:01:12	00:27:40	00:00:32	00:06:21	-	-	-	00:05:12
DNS				107	7	Kros	Eric	M	13	Junior 12-13M	12	Gauteng North (Pretoria)	-	-	-	-	-	-	-	-	-

## Junior 14 - 15 Female

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
00:37:50	11	1	1	204	164	De Chassart	Gabrielle	F	13	Junior 14-15F	0		00:07:32	00:00:28	00:18:57	00:00:25	00:05:37	-	-	-	00:04:51
00:39:31	18	2	3	1034	158	viljoen	mizan	F	13	Junior 14-15F	15	Freestate	00:06:56	00:00:39	00:20:54	00:00:21	00:05:35	-	-	-	00:05:06
00:40:19	23	3	4	2261	161	Strauss	Gizelde	F	13	Junior 14-15F	15	Gauteng North (Pretoria)	00:07:49	00:01:01	00:20:29	00:00:25	00:05:41	-	-	-	00:04:54
00:40:25	25	4	6	3743	159	Newman	Hannah	F	13	Junior 14-15F	14	Gauteng North (Pretoria)	00:07:59	00:00:48	00:20:30	00:00:20	00:05:56	-	-	-	00:04:52
00:41:18	27	5	7	1006	165	Davidson	Cameryn	F	13	Junior 14-15F	0		00:07:31	00:00:31	00:20:44	00:00:36	00:06:25	-	-	-	00:05:31
00:41:28	28	6	8	3409	154	Reyneke	Isa	F	13	Junior 14-15F	15	Central Gauteng (Johannesburg)	00:08:07	00:00:53	00:21:03	00:00:31	00:05:54	-	-	-	00:05:00
00:42:04	33	7	9	3113	156	Gill	Tamlyn	F	13	Junior 14-15F	15	Eastern Province	00:07:52	00:00:59	00:20:32	00:00:35	00:06:33	-	-	-	00:05:33
00:42:48	36	8	10	158	152	Owen	Elne	F	13	Junior 14-15F	15	Amathole	00:08:16	00:00:38	00:21:05	00:00:22	00:06:39	-	-	-	00:05:48
00:43:29	39	9	12	3675	155	Venter	Carla Stenhia	F	13	Junior 14-15F	15	Central Gauteng (Johannesburg)	00:08:39	00:01:07	00:20:40	00:00:40	00:06:47	-	-	-	00:05:36
00:44:23	42	10	13	2241	166	Payne	Chloe	F	13	Junior 14-15F	0		00:08:11	00:00:41	00:21:32	00:00:22	00:07:16	-	-	-	00:06:21
00:44:49	44	11	14	2743	151	De Kock	Nadia	F	13	Junior 14-15F	15	Amathole	00:07:45	00:01:01	-	00:00:16	-	-	-	-	-
00:45:29	46	12	15	1833	150	De Kock	Danieke	F	13	Junior 14-15F	14	Amathole	00:08:03	00:00:53	00:22:44	00:00:37	00:07:23	-	-	-	00:05:49
00:49:04	50	13	18	3200	160	Ross	Chelsey	F	13	Junior 14-15F	15	Gauteng North (Pretoria)	00:08:34	00:01:00	00:24:38	00:00:33	00:07:43	-	-	-	00:06:36
00:50:19	51	14	19	3108	163	Venter	San-Mari	F	13	Junior 14-15F	15	KwaZulu Natal	-	-	-	-	-	-	-	-	00:50:19
00:51:35	54	15	20	3885	157	Kruger	Martelize	F	13	Junior 14-15F	14	Eastern Province	00:10:18	00:01:12	00:24:10	00:00:54	00:08:15	-	-	-	00:06:46
00:52:03	56	16	22	2335	153	Petzer	Lauren	F	13	Junior 14-15F	14	Amathole	00:09:15	00:00:52	00:25:05	00:00:43	00:08:55	-	-	-	00:07:13
DNS				3413	162	Harris	Dane	F	13	Junior 14-15F	15	KwaZulu Natal	-	-	-	-	-	-	-	-	-

## Junior 14 - 15 Male

Time	P_Dist	P_Cat	P_Sex	Chip	Race#	Surname	Name	Sex	Dist	Category	Age	Province	Swim	T1	Cycle	T2	Run1	Run2	Run3	Run4	Run5
00:34:17	1	1	1	1143	112	de la Porte	Ben	M	13	Junior 14-15M	15	KwaZulu Natal	00:06:36	00:00:31	00:17:26	00:00:23	00:04:56	-	-	-	00:04:25
00:34:48	2	2	2	3451	117	Roelofsz	Taine	M	13	Junior 14-15M	0		00:07:37	00:00:30	00:17:08	00:00:20	00:05:02	-	-	-	00:04:11
00:34:50	3	3	3	2567	106	Riddle	Jamie Wilson	M	13	Junior 14-15M	14	Eastern Province	00:06:56	00:00:35	00:17:39	00:00:22	00:05:04	-	-	-	00:04:14
00:34:55	4	4	4	2896	108	Mittermaier	Heinz	M	13	Junior 14-15M	15	Freestate	00:06:59	00:00:28	00:17:04	00:00:28	00:05:32	-	-	-	00:04:24
00:35:04	5	5	5	2219	119	Colegrave	Alexander	M	13	Junior 14-15M	0		00:07:41	00:00:36	00:16:32	00:00:26	00:05:21	-	-	-	00:04:28
00:36:00	6	6	6	1551	105	Kennealy	Stephen	M	13	Junior 14-15M	15	Central Gauteng (Johannesburg)	00:07:28	00:00:35	00:17:14	00:00:27	00:05:22	-	-	-	00:04:54
00:36:17	7	7	7	3443	122	Williams	Reece	M	13	Junior 14-15M	0		00:07:33	00:00:35	00:17:12	00:00:23	00:05:26	-	-	-	00:05:08

