



SA Triathlon Champs Aldam 19 March 2017



Race detail:	Swim	1500m/ 2laps;	Bike	40km/4 laps	Run	10km/4 laps
Race Conditions:	Water Temperature	21.7°C	Air Temperature	28°C	No Wetsuit Swim	
Technical Delegate:	Fulton Rick	ZIM				
Race Referee:	Campbell Travis	RSA				
Competition Jury:	Fulton Rick	ZIM				
	Campbell Jeremy	RSA				
	Christa Roestoff	RSA				

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
Elite/U23 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	01:59:16	1	Sullwald	Wian	M	1500m/40km/10km		South Africa		00:16:21	00:00:33	01:04:47	00:00:27	00:37:08
2	02:01:43	2	Schomburg	Jonas	M	1500m/40km/10km		ITU		00:17:22	00:00:24	01:05:27	00:00:24	00:38:06
3	02:05:08	4	Nortje	Dylan	M	1500m/40km/10km		South Africa		00:17:43	00:00:30	01:07:32	00:00:31	00:38:52
4	02:09:12	7	Morgia	Rinaldo	M	1500m/40km/10km		South Africa		00:18:17	00:00:24	01:07:19	00:00:21	00:42:51
5	02:10:33	8	Cooke	Keegan	M	1500m/40km/10km		South Africa		00:19:14	00:00:31	01:10:27	00:00:27	00:39:54
6	02:12:19	3	pivo	dylan	M	1500m/40km/10km		South Africa		00:19:25	00:00:26	01:10:18	00:00:32	00:41:38
7	02:13:41	5	van der Merwe	Pieterjan	M	1500m/40km/10km		South Africa		00:19:23	00:00:25	01:09:30	00:00:27	00:43:56
8	02:16:34	12	Marquiss	Darren	M	1500m/40km/10km		South Africa		00:20:10	00:00:25	01:09:31	00:00:25	00:46:03
9	02:17:13	10	Kruger	Cobus Jacobus	M	1500m/40km/10km		South Africa		00:19:32	00:00:37	01:10:04	00:00:42	00:46:18
	DNF	6	Marquiss	Gareth	M	1500m/40km/10km		South Africa		00:20:08	00:00:24	DNF	DNF	DNF
	DNF	9	Shaw	Riaan	M	1500m/40km/10km		South Africa		00:18:25	00:00:27	01:10:24	00:00:30	DNF
Elite/U23 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:14:29	1	Ackerman	Simone	F	1500m/40km/10km		ITU		00:19:15	00:00:28	01:13:54	00:00:22	00:40:30
2	02:16:16	2	Fischer	Carlyn	F	1500m/40km/10km		South Africa		00:20:15	00:00:20	01:13:01	00:00:23	00:42:17
3	02:17:25	3	Schwulst	Cindy	F	1500m/40km/10km		South Africa		00:20:35	00:00:11	01:12:52	00:00:21	00:43:26
4	02:20:44	4	van der merwe	vicky	F	1500m/40km/10km		South Africa		00:20:38	00:00:18	01:16:52	00:00:23	00:42:33
5	02:22:53	6	Renaud	Celeste	F	1500m/40km/10km		South Africa		00:20:36	00:00:26	01:14:35	00:05:20	00:41:56
6	02:39:30	7	Le Roux	Madelein	F	1500m/40km/10km		South Africa		00:21:25	00:00:24	01:21:02	00:00:29	00:56:10
	DNF	5	Berry	Jodie	F	1500m/40km/10km		South Africa		00:20:39	00:00:23	01:19:23	00:00:32	DNF
	DNF	8	Jones	Robyn-Leigh	F	1500m/40km/10km		South Africa		00:22:25	00:00:19	DNF	DNF	DNF

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
12 to 13 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	00:41:10	41	Elliott	Kieth	M	400m/10km/2.5km	12 to 13 M	ZIM	13	00:07:44	00:00:54	00:21:07	00:00:35	00:10:50
2	00:44:21	104	Jones	Liam	M	400m/10km/2.5km	12 to 13 M	ZIM	13	00:09:16	00:00:51	00:22:42	00:00:38	00:10:54
3	00:45:52	288	Gillespie	Joshua	M	400m/10km/2.5km	12 to 13 M	CGT	13	00:06:46	00:01:02	00:22:51	00:00:45	00:14:28
4	00:46:04	287	Irvine-Smith	Michael James	M	400m/10km/2.5km	12 to 13 M	CGT	12	00:07:46	00:00:41	00:24:56	00:00:35	00:12:06
5	00:46:50	28	Nel	Jaydin	M	400m/10km/2.5km	12 to 13 M	FST	13	00:09:36	00:01:27	00:23:46	00:00:30	00:11:31
6	00:47:20	22	van den berg	marko	M	400m/10km/2.5km	12 to 13 M	FST	13	00:07:51	00:01:18	00:24:36	00:00:37	00:12:58
7	00:47:33	53	Smook	Nicolas	M	400m/10km/2.5km	12 to 13 M	ETA	13	00:09:31	00:01:07	00:23:57	00:00:38	00:12:20
8	00:47:41	172	Mkhize	Thobani	M	400m/10km/2.5km	12 to 13 M	KZN	13	00:10:43	00:01:09	00:24:20	00:00:57	00:10:32
9	00:48:30	179	Young	Jayden	M	400m/10km/2.5km	12 to 13 M	ZIM	13	00:10:17	00:01:18	00:24:09	00:00:47	00:11:59
10	00:49:23	160	De Villiers	Francois Jnr	M	400m/10km/2.5km	12 to 13 M	EPTA	12	00:09:02	00:01:45	00:25:36	00:01:07	00:11:53
11	00:49:35	165	Kemp	Brent	M	400m/10km/2.5km	12 to 13 M	KZN	13	00:07:52	00:01:12	00:24:56	00:00:38	00:14:57
12	00:50:27	170	Erskine	Kyle	M	400m/10km/2.5km	12 to 13 M	KZN	13	00:08:49	00:00:56	00:23:06	00:00:57	00:16:39
13	00:50:41	289	Botha	Rudi	M	400m/10km/2.5km	12 to 13 M	CGT	13	00:08:18	00:01:28	00:24:40	00:01:06	00:15:09
14	00:55:17	157	Schutte	Ryno	M	400m/10km/2.5km	12 to 13 M	NWT	12	00:10:58	00:02:16	00:27:29	00:00:45	00:13:49
15	00:55:32	23	Herbst	Mattheus Barend	M	400m/10km/2.5km	12 to 13 M	FST	13	00:09:29	00:01:30	00:28:56	00:01:01	00:14:36
16	01:00:19	164	Leijenaar	Rico	M	400m/10km/2.5km	12 to 13 M	NWT	12	00:11:14	00:01:57	00:29:26	00:02:19	00:15:23
17	01:04:47	162	Klinkenburg	Reghardt	M	400m/10km/2.5km	12 to 13 M	EPTA	12	00:17:01	00:02:06	00:26:23	00:02:02	00:17:15
-	DNF	290	Bettany	Trennon	M	400m/10km/2.5km	12 to 13 M	CGT	13	-	-	-	-	-
-	DQ	171	Sibisi	Sabelo	M	400m/10km/2.5km	12 to 13 M	KZN	13	00:09:34	00:00:48	00:31:20	00:00:39	00:13:26
12 to 13 Girls														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	00:40:58	168	Steyn	Courtney	F	400m/10km/2.5km	12 to 13 F	KZN	13	00:06:37	00:00:52	00:20:55	00:00:23	00:12:11
2	00:47:32	286	Doster	Bernelee	F	400m/10km/2.5km	12 to 13 F	CGT	13	00:07:30	00:01:07	00:25:24	00:00:27	00:13:04
3	00:48:55	167	Christianson	Emma	F	400m/10km/2.5km	12 to 13 F	KZN	12	00:07:33	00:01:19	00:26:15	00:00:46	00:13:02
4	00:50:52	250	Herman	Kiara Madison	F	400m/10km/2.5km	12 to 13 F	AMT	13	00:08:21	00:01:01	00:24:22	00:00:33	00:16:35

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
14 to 15 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	00:37:47	112	Morrison	Jonathan	M	400m/10km/2.5km	14 to 15 M	TTA	15	00:06:36	00:00:34	00:19:17	00:00:33	00:10:47
2	00:38:50	15	Paulser	Marcel	M	400m/10km/2.5km	14 to 15 M	ZIM	15	00:06:44	00:00:38	00:19:12	00:00:32	00:11:44
3	00:40:11	190	Taljaard	Marco	M	400m/10km/2.5km	14 to 15 M	NWT	14	00:07:26	00:01:13	00:20:48	00:00:26	00:10:18
3	00:40:11	155	Venter	Rossouw	M	400m/10km/2.5km	14 to 15 M	TTA	15	00:06:14	00:00:39	00:19:36	00:00:31	00:10:00
5	00:40:12	185	Horak	Vojta	M	400m/10km/2.5km	14 to 15 M	EPTA	14	00:07:33	00:00:33	00:20:17	00:00:37	00:11:12
6	00:40:51	423	Raath	Matthew	M	400m/10km/2.5km	14 to 15 M	AMT	15	00:07:19	00:00:48	00:21:15	00:00:31	00:10:58
7	00:41:40	60	Steyn	Tanner	M	400m/10km/2.5km	14 to 15 M	KZN	0	00:06:59	00:01:05	00:21:13	00:00:25	00:11:58
8	00:41:51	294	Williams	Kain	M	400m/10km/2.5km	14 to 15 M	CGT	14	00:09:14	00:00:48	00:20:50	00:00:36	00:10:23
9	00:42:04	69	Palmer	Mathew	M	400m/10km/2.5km	14 to 15 M	ZIM	14	00:09:08	00:01:03	00:21:01	00:00:45	00:10:07
10	00:42:15	29	van Dyk	Marcu	M	400m/10km/2.5km	14 to 15 M	FST	14	00:08:46	00:00:56	00:21:07	00:00:28	00:10:58
11	00:43:00	21	Steffens	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	14	00:08:45	00:00:44	00:22:25	00:00:34	00:10:32
12	00:43:23	12	Prinsloo	Christiaan	M	400m/10km/2.5km	14 to 15 M	FST	15	00:09:15	00:01:01	00:20:58	00:00:49	00:11:20
13	00:43:35	293	Guerra	Giorgio	M	400m/10km/2.5km	14 to 15 M	CGT	15	00:07:17	00:00:55	00:23:05	00:00:43	00:11:35
14	00:43:40	176	de la Porte	Josh	M	400m/10km/2.5km	14 to 15 M	KZN	15	00:07:14	00:00:56	00:23:03	00:00:57	00:11:30
15	00:44:12	88	Gerry	Matt	M	400m/10km/2.5km	14 to 15 M	KZN	14	00:09:27	00:00:55	00:21:20	00:00:40	00:11:50
16	00:44:20	33	Hacker	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	0	00:09:03	00:00:55	00:22:04	00:00:30	00:11:48
17	00:45:05	151	flanegan	arthur joey	M	400m/10km/2.5km	14 to 15 M	AMT	15	00:09:20	00:01:13	00:22:48	00:00:50	00:10:54
18	00:45:13	115	Finger	Lebohang	M	400m/10km/2.5km	14 to 15 M	TTA	15	00:08:44	00:00:54	00:22:41	00:00:43	00:12:11
19	00:45:55	188	Bosch	Andrew	M	400m/10km/2.5km	14 to 15 M	EPTA	14	00:09:01	00:00:50	00:23:06	00:00:38	00:12:20
20	00:46:04	175	Swart	James	M	400m/10km/2.5km	14 to 15 M	KZN	14	00:09:49	00:00:54	00:21:56	00:00:29	00:12:56
21	00:46:45	205	Turner	Tristan	M	400m/10km/2.5km	14 to 15 M	KZN	14	00:07:52	00:01:13	00:25:03	00:00:44	00:11:53
22	00:46:48	226	Holderness	Dane	M	400m/10km/2.5km	14 to 15 M	ZIM	14	00:09:14	00:00:55	00:23:13	00:00:56	00:12:30
23	00:47:22	292	Bezuidenhout	Armant	M	400m/10km/2.5km	14 to 15 M	CGT	15	00:09:18	00:01:16	00:23:02	00:01:03	00:12:43
24	00:47:28	119	Heyns	Mike	M	400m/10km/2.5km	14 to 15 M	TTA	15	00:09:26	00:01:59	00:22:37	00:01:22	00:12:04
25	00:48:12	422	Fray	Jordan	M	400m/10km/2.5km	14 to 15 M	AMT	15	00:08:04	00:01:02	00:24:13	00:01:08	00:13:45
26	00:48:46	36	Kruger	SW	M	400m/10km/2.5km	14 to 15 M	FST	14	00:09:12	00:01:25	00:24:47	00:00:48	00:12:34
27	00:53:18	47	Mentz	Jan-Albert	M	400m/10km/2.5km	14 to 15 M	ETA	15	00:08:01	00:01:35	00:26:56	00:00:40	00:16:06
28	00:54:07	174	Shozi	Halalisani	M	400m/10km/2.5km	14 to 15 M	KZN	15	00:10:42	00:01:21	00:28:23	00:00:34	00:13:07
-	DNF	86	Muller	Kevin	M	400m/10km/2.5km	14 to 15 M	KZN	15	00:07:15	-	-	-	-
-	DNF	33	Hacker	Luke	M	400m/10km/2.5km	14 to 15 M	ZIM	14	00:08:20	00:01:04	00:22:41	00:00:40	-
-	DNF	52	Brugman	Leonard	M	400m/10km/2.5km	14 to 15 M	ETA	15	00:09:29	00:01:20	-	-	-
-	DQ	247	Jacobs	Jordyn	M	400m/10km/2.5km	14 to 15 M	ZIM	14	00:08:47	00:00:41	00:20:52	00:00:35	00:11:08
14 to 15 Girls														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	00:41:01	17	SNYMAN	LIENKE	F	400m/10km/2.5km	14 to 15 F	FST	15	00:07:00	00:01:10	00:21:38	00:00:36	00:10:37
2	00:41:25	25	Kuipers	Andie	F	400m/10km/2.5km	14 to 15 F	ZIM	15	00:07:37	00:00:37	00:21:29	00:00:29	00:11:13
3	00:41:36	43	Elliott	Erin	F	400m/10km/2.5km	14 to 15 F	ZIM	14	00:07:35	00:00:39	00:21:28	00:00:29	00:11:25
4	00:42:09	87	Ribbink	Kira	F	400m/10km/2.5km	14 to 15 F	KZN	14	00:06:35	00:00:43	00:22:41	00:00:38	00:11:32
5	00:42:59	140	Nel	Dominique	F	400m/10km/2.5km	14 to 15 F	TTA	15	00:10:47	00:01:25	00:29:28	00:00:50	00:00:29
6	00:43:54	26	Colegrave	Mikayla	F	400m/10km/2.5km	14 to 15 F	ZIM	15	00:08:25	00:00:40	00:21:58	00:00:33	00:12:18

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
7	00:44:48	50	Labuschagne	Kyla	F	400m/10km/2.5km	14 to 15 F	ETA	15	00:08:27	00:00:56	00:21:44	00:00:42	00:12:59
8	00:44:59	85	Ribbink	Kayla	F	400m/10km/2.5km	14 to 15 F	KZN	15	00:06:47	00:00:54	00:24:33	00:00:49	00:11:56
9	00:45:33	152	Botsane	Tsebo Katleho	F	400m/10km/2.5km	14 to 15 F	TTA	14	00:08:09	00:00:43	00:24:33	00:00:43	00:11:25
10	00:45:52	173	Roux	Aimee	F	400m/10km/2.5km	14 to 15 F	KZN	14	00:07:46	00:00:54	00:24:21	00:00:51	00:12:00
11	00:46:37	295	Stolarczyk	Nadya	F	400m/10km/2.5km	14 to 15 F	CGT	14	00:08:16	00:00:41	00:24:52	00:00:36	00:12:12
12	00:51:20	138	Greer	Catherine	F	400m/10km/2.5km	14 to 15 F	TTA	15	00:08:58	00:00:53	00:25:52	00:00:47	00:14:50
13	00:54:42	59	Nortje	Tayla	F	400m/10km/2.5km	14 to 15 F	ETA	14	00:09:05	00:01:11	00:26:42	00:00:54	00:16:50

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
16 to 17 Boys														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	01:05:19	187	Riddle	Jamie Wilson	M	750m/20km/5km	16 to 17 M	EPTA	17	00:10:48	00:00:35	00:34:04	00:00:27	00:19:25
2	01:06:48	163	Van der Merwe	Xander	M	750m/20km/5km	16 to 17 M	TTA	17	00:12:01	00:00:34	00:34:31	00:00:27	00:19:15
3	01:08:35	117	Greyling	Matteo	M	750m/20km/5km	16 to 17 M	WPT	17	00:11:51	00:00:30	00:36:10	00:00:27	00:19:37
4	01:08:38	101	Elliot	Finn	M	750m/20km/5km	16 to 17 M	KZN	16	00:11:58	00:00:32	00:35:46	-	-
5	01:10:27	425	Saunders	Travis	M	750m/20km/5km	16 to 17 M	AMT	16	00:11:55	00:00:36	00:36:55	00:00:26	00:20:35
6	01:10:42	299	Stroebel	Christiaan	M	750m/20km/5km	16 to 17 M	CGT	16	00:11:15	00:00:27	00:36:05	00:00:29	00:22:26
7	01:11:42	10	Viljoen	Gean	M	750m/20km/5km	16 to 17 M	FST	16	00:11:59	00:00:30	00:36:55	00:00:34	00:21:44
8	01:12:42	63	Denslow	Matthew	M	750m/20km/5km	16 to 17 M	ZIM	14	00:13:15	-	-	-	-
9	01:12:55	42	Mentz	Frans-Josef	M	750m/20km/5km	16 to 17 M	ETA	17	00:12:08	00:00:45	00:39:31	00:00:29	00:20:02
10	01:13:23	11	bender	henro	M	750m/20km/5km	16 to 17 M	FST	16	00:13:38	00:00:58	00:38:19	00:00:46	00:19:42
11	01:15:04	67	Weyers	Ruan	M	750m/20km/5km	16 to 17 M	WPT	17	00:13:48	00:00:53	00:38:15	00:00:41	00:21:27
12	01:15:40	235	FISHER	SCOTT	M	750m/20km/5km	16 to 17 M	KZN	17	00:12:41	00:00:40	00:39:49	00:00:38	00:21:52
13	01:16:11	66	Wolstenholme	Jaco	M	750m/20km/5km	16 to 17 M	WPT	16	00:12:15	00:00:45	00:37:57	00:00:37	00:24:37
14	01:16:25	136	van der Veen	Caleb	M	750m/20km/5km	16 to 17 M	TTA	17	00:15:33	00:01:22	00:37:11	00:01:00	00:21:19
15	01:16:38	73	Moutzuris	Adoni	M	750m/20km/5km	16 to 17 M	ZIM	17	00:12:47	00:00:37	00:39:02	00:00:28	00:23:44
16	01:17:50	1	Cilliers	Adriaan Ian	M	750m/20km/5km	16 to 17 M	FST	16	00:15:41	00:00:40	00:38:44	00:00:52	00:21:53
17	01:18:42	62	Du Plooy	Divan	M	750m/20km/5km	16 to 17 M	Namibia	16	00:14:33	00:00:50	00:40:48	00:00:33	00:21:58
18	01:18:43	142	van der Merwe	Franco	M	750m/20km/5km	16 to 17 M	TTA	16	00:15:49	00:00:38	00:40:35	00:00:29	00:21:12
19	01:19:27	236	Botha	Pierre	M	750m/20km/5km	16 to 17 M	KZN	16	00:13:01	00:00:45	00:41:08	00:00:59	00:23:34
20	01:20:38	40	Elliott	Brett	M	750m/20km/5km	16 to 17 M	ZIM	17	00:14:22	00:00:33	00:40:14	00:00:33	00:24:56
21	01:22:02	222	du Toit	Gregory	M	750m/20km/5km	16 to 17 M	KZN	16	00:16:17	00:00:53	00:40:24	00:00:36	00:23:52
22	01:24:38	6	Engelbrecht	Casper	M	750m/20km/5km	16 to 17 M	FST	17	00:12:56	00:00:46	00:43:59	00:00:41	00:26:16
23	01:28:22	186	Klinkenburg	Dewald	M	750m/20km/5km	16 to 17 M	EPTA	16	00:14:44	00:01:04	00:41:38	00:00:36	00:30:20
24	01:29:16	303	Baily	Tim	M	750m/20km/5km	16 to 17 M	CGT	0	00:17:52	00:00:46	00:46:31	00:00:56	00:23:11
25	01:30:52	184	Hall	Shane	M	750m/20km/5km	16 to 17 M	EPTA	17	00:14:47	00:01:04	00:44:39	00:01:04	00:29:18
26	01:31:30	57	DU TOIT	STEPH	M	750m/20km/5km	16 to 17 M	ETA	17	00:18:58	00:01:40	00:42:19	00:01:42	00:26:51
27	01:41:27	239	Hlengwa	Sphesihle	M	750m/20km/5km	16 to 17 M	KZN	17	00:18:32	00:00:59	00:56:01	00:00:44	00:25:11
-	DNF	180	Shozi	Philasande	M	750m/20km/5km	16 to 17 M	KZN	16	00:22:35	00:01:13	00:25:51	00:00:34	-
-	DNF	300	Guerra	Giacomo	M	750m/20km/5km	16 to 17 M	CGT	17	-	-	-	-	-
-	DNF	304	Jardim	Tomé	M	750m/20km/5km	16 to 17 M	CGT	16	00:12:21	00:01:10	-	-	-
-	DQ	297	Williams	Bjorn	M	750m/20km/5km	16 to 17 M	CGT	16	00:12:51	00:00:27	00:39:41	00:00:28	00:24:24
16 to 17 Girls														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	01:13:26	95	Schlebusch	Amber	F	750m/20km/5km	16 to 17 F	KZN	16	00:12:07	00:00:36	00:39:13	00:00:35	00:20:55
2	01:15:18	296	Irvine-Smith	Ashleigh	F	750m/20km/5km	16 to 17 F	CGT	16	00:11:51	00:00:28	00:39:35	00:00:35	00:22:49
3	01:17:35	91	Gore	Tegan	F	750m/20km/5km	16 to 17 F	KZN	16	00:12:04	00:00:41	00:42:28	00:00:34	00:21:48
4	01:18:22	99	Theunissen	Bridget	F	750m/20km/5km	16 to 17 F	KZN	16	00:13:17	00:00:36	00:41:15	00:00:42	00:22:32
5	01:23:45	135	Strumpher	Britney Cristyn	F	750m/20km/5km	16 to 17 F	TTA	17	00:13:13	00:00:36	00:43:36	00:00:33	00:25:47
6	01:25:35	156	Kruger	Susanna Elizabeth	F	750m/20km/5km	16 to 17 F	TTA	17	00:13:30	00:00:43	00:46:44	00:00:33	00:24:05
7	01:26:05	302	Groenewald	Thana	F	750m/20km/5km	16 to 17 F	CGT	17	00:17:37	00:00:54	00:41:09	00:00:37	00:25:48

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
8	01:26:14	70	moller	angelique	F	750m/20km/5km	16 to 17 F	WPT	17	00:13:27	00:00:36	00:43:30	00:00:40	00:28:01
9	01:28:39	240	Soper	Jamie- Lee	F	750m/20km/5km	16 to 17 F	ZIM	17	00:15:34	00:00:37	00:45:22	00:00:43	00:26:23
10	01:28:51	233	Dilmitis	Katie	F	750m/20km/5km	16 to 17 F	ZIM	17	00:14:40	00:00:36	00:49:32	00:00:35	00:23:28
11	01:28:52	182	Voges	Kris-Mari	F	750m/20km/5km	16 to 17 F	EPTA	17	00:16:09	00:01:06	00:46:25	00:00:40	00:24:32
12	01:33:37	301	Sallie	Tasneem	F	750m/20km/5km	16 to 17 F	CGT	17	00:16:15	00:01:19	00:46:16	00:00:46	00:29:01
13	01:36:00	48	Joubert	Jeanne	F	750m/20km/5km	16 to 17 F	ETA	16	00:14:09	00:00:59	00:54:08	00:00:52	00:25:52
14	01:44:22	132	Crichton	Alison	F	750m/20km/5km	16 to 17 F	TTA	16	00:19:07	00:01:04	00:52:09	00:01:08	00:30:54
-	DNF	97	Minnaar	Anke	F	750m/20km/5km	16 to 17 F	KZN	16	-	-	-	-	-
-	DNF	103	De Kock	Danieke	F	750m/20km/5km	16 to 17 F	AMT	17	00:14:11	00:00:55	-	-	-
-	DNF	183	Kruger	Martelize	F	750m/20km/5km	16 to 17 F	EPTA	17	-	-	-	-	-
-	DQ	146	Newman	Hannah	F	750m/20km/5km	16 to 17 F	TTA	17	00:12:49	00:00:33	00:41:54	00:00:26	00:24:36

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
18 to 19 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	01:05:36	37	Biggs	Asher	M	750m/20km/5km	18 to 19 M	ETA	18	00:12:03	00:00:30	00:34:30	00:00:28	00:18:05
2	01:07:26	203	de la Porte	Ben	M	750m/20km/5km	18 to 19 M	KZN	18	00:10:48	00:00:33	00:35:37	00:00:31	00:19:57
3	01:07:45	61	Hugnin	Tim	M	750m/20km/5km	18 to 19 M	Mauritius	19	00:11:25	00:00:31	00:35:05	00:00:29	00:20:15
4	01:08:05	308	Kennealy	Stephen	M	750m/20km/5km	18 to 19 M	CGT	18	00:12:05	00:00:44	00:34:41	00:00:32	00:20:03
5	01:08:19	65	Courts	Samuel	M	750m/20km/5km	18 to 19 M	WPT	18	00:12:09	00:00:35	00:35:40	00:00:33	00:19:22
6	01:10:00	149	Benade	Gideon	M	750m/20km/5km	18 to 19 M	ZIM	19	00:13:06	00:00:37	00:35:30	00:00:33	00:20:14
7	01:10:19	306	MacNair	Cameron	M	750m/20km/5km	18 to 19 M	CGT	19	00:13:06	00:00:33	00:35:40	00:00:32	00:20:28
8	01:14:32	106	Leon	Davion	M	750m/20km/5km	18 to 19 M	AMT	19	00:13:35	00:00:55	00:37:53	00:00:29	00:21:40
9	01:16:17	207	Dedlow	Rhys	M	750m/20km/5km	18 to 19 M	KZN	18	00:12:53	00:00:37	00:39:41	00:00:56	00:22:10
10	01:16:57	204	kemp	Ethan	M	750m/20km/5km	18 to 19 M	KZN	18	00:13:54	00:01:06	00:38:08	00:00:33	00:23:16
11	01:17:34	322	Flanagen	Cameron	M	750m/20km/5km	18 to 19 M	AMT	18	00:14:21	00:00:38	00:37:58	00:00:35	00:24:02
12	01:19:18	249	Van Zyl	Nico	M	750m/20km/5km	18 to 19 M	AMT	19	00:13:45	00:01:30	00:37:43	00:00:49	00:25:31
13	01:20:17	128	Colegrave	Alexander	M	750m/20km/5km	18 to 19 M	ZIM	18	00:14:13	00:00:30	00:44:14	00:00:31	00:20:49
14	01:22:18	424	Gertze	Clint	M	750m/20km/5km	18 to 19 M	AMT	18	00:19:11	00:00:38	00:39:42	00:00:40	00:22:07
15	01:25:07	245	Khetsi	Teko	M	750m/20km/5km	18 to 19 M	AMT	18	00:12:24	00:01:31	00:48:38	00:00:40	00:21:54
16	01:25:18	206	Botha	Jasper	M	750m/20km/5km	18 to 19 M	KZN	18	00:14:39	00:01:25	00:45:41	00:01:06	00:22:27
-	DNF	118	greer	matthew	M	750m/20km/5km	18 to 19 M	TTA	19	-	-	-	-	-
-	DNF	108	Saunders	Wickus	M	750m/20km/5km	18 to 19 M	AMT	19	00:12:00	00:08:54	-	-	-
18 to 19 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	01:12:31	31	Vermaas	Jayme Sue	F	750m/20km/5km	18 to 19 F	FST	19	00:11:45	00:00:29	00:38:32	00:00:31	00:21:14
2	01:14:12	71	Williams	Shanae	F	750m/20km/5km	18 to 19 F	WPT	19	00:11:38	00:00:43	00:39:02	00:00:31	00:22:18
3	01:18:38	68	de Chassart	Gabrielle	F	750m/20km/5km	18 to 19 F	ZIM	18	00:13:43	00:00:28	00:41:03	00:00:30	00:22:54
4	01:18:50	121	Venter	Peta - Leigh	F	750m/20km/5km	18 to 19 F	TTA	18	00:12:44	00:00:36	00:41:58	00:00:32	00:23:00
5	01:19:10	72	Preen	Hayley	F	750m/20km/5km	18 to 19 F	WPT	19	00:14:39	00:00:47	00:40:47	00:00:50	00:22:07
6	01:24:00	102	Owen	Elne	F	750m/20km/5km	18 to 19 F	AMT	18	00:17:54	00:00:53	00:41:23	00:00:30	00:23:20
7	01:24:36	64	BROMLEY	CAYLAN	F	750m/20km/5km	18 to 19 F	WPT	18	00:11:48	00:00:56	00:45:01	00:00:39	00:26:12
8	01:24:59	202	Arrigo	Daniella	F	750m/20km/5km	18 to 19 F	KZN	18	00:16:33	00:01:06	00:44:01	00:01:09	00:22:10
9	01:27:15	111	Hempel	Kyra	F	750m/20km/5km	18 to 19 F	TTA	18	00:13:26	00:00:35	00:44:09	00:00:35	00:28:30
10	01:36:21	307	van der Merwe	Quinnlyn	F	750m/20km/5km	18 to 19 F	CGT	19	00:19:35	00:01:46	00:46:04	00:01:08	00:27:48
11	01:45:01	58	Hawley	Tamryn	F	750m/20km/5km	18 to 19 F	ETA	18	00:17:15	00:01:24	00:54:49	00:01:07	00:00:29
12	01:46:59	27	Rautenbach	Theane	F	750m/20km/5km	18 to 19 F	FST	18	00:17:56	00:01:27	00:54:16	00:01:12	00:32:08
-	DNF	181	Strauss	Gizelde	F	750m/20km/5km	18 to 19 F	TTA	18	00:13:00	00:00:30	00:44:17	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
20 to 24 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:12:51	131	Myburgh	Adriaan	M	1500m/40km/10km	20 to 24 M	TTA	20	00:22:27	00:00:49	01:06:48	00:00:38	00:42:09
2	02:15:36	20	Kruger	Dylan	M	1500m/40km/10km	20 to 24 M	NWT	20	00:19:11	00:00:50	01:10:53	00:00:33	00:44:09
3	02:18:50	216	Belman	Ross	M	1500m/40km/10km	20 to 24 M	KZN	23	00:19:21	00:00:58	01:13:12	00:00:44	00:44:35
4	02:19:45	189	Mienie	Francois	M	1500m/40km/10km	20 to 24 M	NWT	23	00:23:16	00:01:06	01:10:57	00:00:51	00:43:35
5	02:20:42	74	Tinkler	Nicholas	M	1500m/40km/10km	20 to 24 M	WPT	24	00:18:55	00:01:25	01:12:13	00:00:50	00:47:19
6	02:20:51	194	McGrath	Travis	M	1500m/40km/10km	20 to 24 M	EPTA	23	00:18:35	00:00:55	01:11:04	00:00:36	00:49:41
7	02:21:36	147	Cronje	Herculaas Jacobus	M	1500m/40km/10km	20 to 24 M	TTA	21	00:24:34	00:01:02	01:09:35	00:01:00	00:45:25
8	02:26:07	211	marais	konrad	M	1500m/40km/10km	20 to 24 M	KZN	24	00:24:44	00:00:44	01:15:45	00:01:01	00:43:53
9	02:27:34	197	Relling	Henry	M	1500m/40km/10km	20 to 24 M	NWT	21	00:25:20	00:01:09	01:11:22	00:00:59	00:48:44
10	02:27:36	75	Van Zyl	Dylan	M	1500m/40km/10km	20 to 24 M	WPT	22	00:24:10	00:01:12	01:13:00	00:00:44	00:48:30
11	02:28:41	309	de Goede	David	M	1500m/40km/10km	20 to 24 M	CGT	21	00:22:53	00:01:13	01:15:48	00:00:55	00:47:52
12	02:31:21	310	INGLEDEW	STUART	M	1500m/40km/10km	20 to 24 M	CGT	24	00:27:00	00:01:44	01:17:05	00:00:38	00:44:54
13	02:32:16	218	Pellew	Travers	M	1500m/40km/10km	20 to 24 M	KZN	24	00:26:38	00:01:06	01:14:26	00:00:36	00:49:30
14	02:33:18	208	Radebe	Hlelani	M	1500m/40km/10km	20 to 24 M	KZN	24	00:27:32	00:00:53	01:18:03	00:00:37	00:46:13
15	02:39:42	214	Radebe	Raymond	M	1500m/40km/10km	20 to 24 M	KZN	20	00:27:20	00:01:00	01:20:32	00:00:45	00:50:05
16	02:43:37	210	Stamatis	Jonathan	M	1500m/40km/10km	20 to 24 M	KZN	20	00:28:46	00:01:50	01:21:35	00:01:08	00:50:18
17	02:52:23	215	Huntley	Robin	M	1500m/40km/10km	20 to 24 M	KZN	24	00:30:25	00:02:43	01:22:52	00:01:37	00:54:46
18	02:58:16	217	Dlamini	Smiso	M	1500m/40km/10km	20 to 24 M	KZN	20	00:32:40	00:01:28	01:31:24	00:00:44	00:52:00
-	DNF	209	Henry	Jonathan	M	1500m/40km/10km	20 to 24 M	KZN	20	00:21:54	00:01:02	-	-	-
20 to 24 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:28:30	143	Gioia	Gabriella	F	1500m/40km/10km	20 to 24 F	TTA	24	00:24:54	00:01:29	01:14:32	00:00:48	00:46:47
2	02:29:55	81	Krebs	michelle	F	1500m/40km/10km	20 to 24 F	WPT	23	00:23:26	00:01:20	01:18:16	00:00:51	00:46:02
3	02:35:26	76	Ouweneel	Birgitt	F	1500m/40km/10km	20 to 24 F	WPT	23	00:21:04	00:01:25	01:19:37	00:00:41	00:52:39
4	02:55:14	213	Grundlingh	Nina	F	1500m/40km/10km	20 to 24 F	KZN	22	00:26:41	00:01:37	01:36:52	00:01:09	00:48:55
5	03:01:26	193	Wille	Taryn-Maie	F	1500m/40km/10km	20 to 24 F	EPTA	20	00:27:41	00:01:09	01:31:59	00:00:51	00:59:46
6	03:07:02	113	Scholtz	Liske	F	1500m/40km/10km	20 to 24 F	NWT	21	00:29:02	00:02:02	01:39:14	00:02:38	00:54:06
-	DNF	311	Otto	Taneal	F	1500m/40km/10km	20 to 24 F	CGT	21	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
25 to 29 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:08:54	77	Meyer	Rohan	M	1500m/40km/10km	25 to 29 M	WPT	26	00:21:34	00:00:55	01:05:49	00:00:39	00:39:57
2	02:09:58	110	De Freitas	Jonathan Abrie	M	1500m/40km/10km	25 to 29 M	TTA	28	00:19:14	00:00:50	01:12:23	00:00:30	00:37:01
3	02:13:43	78	Steele	Nolan Murray	M	1500m/40km/10km	25 to 29 M	WPT	25	00:21:40	00:01:07	01:11:00	00:00:35	00:39:21
4	02:13:52	318	Bayvel	Scott	M	1500m/40km/10km	25 to 29 M	CGT	26	00:21:18	00:00:49	-	-	00:43:15
5	02:18:02	312	Waldauer	Alex	M	1500m/40km/10km	25 to 29 M	CGT	25	00:21:46	00:00:57	01:11:12	00:00:42	00:43:25
6	02:19:56	314	Corke	Haydn	M	1500m/40km/10km	25 to 29 M	CGT	25	00:20:55	00:00:57	01:10:57	00:00:49	00:46:18
7	02:23:05	223	Gwala	Mlengi	M	1500m/40km/10km	25 to 29 M	KZN	26	00:22:46	00:01:06	01:15:53	00:00:47	00:42:33
8	02:24:08	80	Kemp	Marthinus	M	1500m/40km/10km	25 to 29 M	WPT	29	00:22:57	00:00:57	01:12:44	00:00:43	00:46:47
9	02:24:42	55	Louw	Dehan	M	1500m/40km/10km	25 to 29 M	NWT	25	00:24:50	00:01:04	01:11:06	00:01:01	00:46:41
10	02:30:09	227	Botha	Wade	M	1500m/40km/10km	25 to 29 M	KZN	29	00:21:30	00:01:08	01:19:07	00:00:47	00:47:37
11	02:32:21	195	de Lange	De Wet	M	1500m/40km/10km	25 to 29 M	EPTA	29	00:24:38	00:01:47	01:18:23	00:00:47	00:46:46
12	02:33:40	109	Kaklele	Sikelela	M	1500m/40km/10km	25 to 29 M	AMT	25	00:30:52	00:01:17	01:26:03	00:00:49	00:34:39
13	02:37:27	79	Krebs	Alexander	M	1500m/40km/10km	25 to 29 M	WPT	25	00:26:10	00:01:47	-	-	-
14	02:38:07	225	Busuku	Sphamandla	M	1500m/40km/10km	25 to 29 M	KZN	27	00:27:21	00:01:22	01:19:21	00:01:14	00:48:49
15	02:44:35	224	howse	rowan	M	1500m/40km/10km	25 to 29 M	KZN	26	00:23:23	00:01:09	01:32:42	00:00:47	00:46:34
16	03:02:01	14	Sekaleli	kabelo vincent	M	1500m/40km/10km	25 to 29 M	FST	27	00:32:42	00:02:33	01:34:22	00:01:49	00:50:35
25 to 29 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:39:25	315	Standing	Kirsty	F	1500m/40km/10km	25 to 29 F	CGT	25	00:23:36	00:01:55	01:19:30	00:00:47	00:53:37
2	02:40:15	317	Summerscales	Samantha	F	1500m/40km/10km	25 to 29 F	CGT	26	00:27:04	00:00:48	01:19:06	00:00:51	00:52:26
3	02:40:41	220	du Plessis	Melanie	F	1500m/40km/10km	25 to 29 F	KZN	28	00:25:56	00:01:05	01:18:42	00:00:53	00:54:05
4	02:46:20	153	Hugo	Rinel	F	1500m/40km/10km	25 to 29 F	TTA	28	00:28:25	00:01:14	01:19:23	00:00:53	00:56:25
5	02:47:07	313	Tracey	Caitlin	F	1500m/40km/10km	25 to 29 F	CGT	26	00:24:10	00:01:26	01:27:37	00:01:25	00:52:29
6	03:01:42	221	ABBEY	MELISSA	F	1500m/40km/10km	25 to 29 F	KZN	25	00:29:12	00:02:08	01:31:24	00:01:24	00:57:34
7	03:09:10	316	Whelan	Megan	F	1500m/40km/10km	25 to 29 F	CGT	29	00:32:15	00:02:14	01:40:12	00:01:22	00:53:07

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
30 to 34 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:07:10	319	difford	bryan	M	1500m/40km/10km	30 to 34 M	CGT	31	00:18:10	00:01:19	01:05:26	00:00:41	00:41:34
2	02:11:54	56	Mortlock	Roger	M	1500m/40km/10km	30 to 34 M	ETA	31	00:20:55	00:01:29	01:08:15	00:00:48	00:40:27
3	02:20:56	324	Whelan	Darryn	M	1500m/40km/10km	30 to 34 M	CGT	30	00:21:36	00:00:44	01:07:47	00:00:40	00:50:09
4	02:21:10	328	Davies	Lyle	M	1500m/40km/10km	30 to 34 M	CGT	34	00:23:05	00:01:56	01:08:13	00:01:06	00:46:50
5	02:21:24	327	Naude	Leon	M	1500m/40km/10km	30 to 34 M	CGT	34	00:25:42	00:01:23	01:10:31	00:01:04	00:42:44
6	02:29:35	107	Ribbens	Willem Adriaan DelaRey	M	1500m/40km/10km	30 to 34 M	TTA	30	00:22:56	00:00:46	01:14:41	00:01:00	00:50:12
7	02:31:11	114	Makeleni	Vukile	M	1500m/40km/10km	30 to 34 M	AMT	31	00:24:33	00:01:16	01:19:22	00:00:49	00:45:11
8	02:32:37	229	Clelland	Kevin	M	1500m/40km/10km	30 to 34 M	KZN	33	00:26:07	00:01:32	01:11:30	00:01:06	00:52:22
9	02:33:14	326	Otto	Jaryd	M	1500m/40km/10km	30 to 34 M	CGT	30	00:23:03	00:01:43	01:19:49	00:00:54	00:47:45
10	02:40:21	196	D'Arcy	Shane	M	1500m/40km/10km	30 to 34 M	EPTA	32	00:22:11	00:01:13	01:20:58	00:00:57	00:55:02
11	02:42:47	4	Schoonwinkel	Ben	M	1500m/40km/10km	30 to 34 M	FST	32	00:28:58	00:01:20	01:19:08	00:01:10	00:52:11
12	02:48:56	7	Stander	Frans	M	1500m/40km/10km	30 to 34 M	FST	31	00:30:46	00:01:39	01:22:29	00:00:58	00:53:04
13	02:48:58	35	du Toit	Stefan	M	1500m/40km/10km	30 to 34 M	FST	32	00:30:55	00:01:29	01:20:03	00:01:12	00:55:19
-	DNF	3	Botha	Antonie	M	1500m/40km/10km	30 to 34 M	FST	32	00:27:01	00:01:44	01:22:15	-	-
-	DNF	323	Nortje	Claude	M	1500m/40km/10km	30 to 34 M	CGT	33	-	-	-	-	-
-	DNF	49	Victor	Justin	M	1500m/40km/10km	30 to 34 M	ETA	31	-	-	-	-	-
-	DNF	232	Hadebe	Phillip	M	1500m/40km/10km	30 to 34 M	KZN	30	00:32:23	00:01:44	-	-	-
-	DNF	231	Forsyth	Nicholas	M	1500m/40km/10km	30 to 34 M	KZN	31	00:20:51	00:01:19	-	-	-
30 to 34 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:30:10	325	Van der Vyver	Eulali	F	1500m/40km/10km	30 to 34 F	CGT	32	00:27:25	00:01:16	01:14:38	00:00:49	00:46:02
2	02:36:28	228	Clelland	Katherine	F	1500m/40km/10km	30 to 34 F	KZN	34	00:23:32	00:01:23	01:19:15	00:00:41	00:51:37
3	02:38:20	82	Hattingh	Christelle	F	1500m/40km/10km	30 to 34 F	WPT	34	00:26:55	00:01:05	01:20:06	00:00:53	00:49:21
4	02:44:16	235	Geldenhuys	Rozanne	F	1500m/40km/10km	30 to 34 F	KZN	34	00:26:42	00:01:30	01:23:59	00:00:58	00:51:07
5	02:45:40	321	Hepburn	Candice	F	1500m/40km/10km	30 to 34 F	CGT	32	00:23:24	00:01:28	01:24:41	00:00:52	00:55:15
6	03:03:01	230	Knipe	Megan	F	1500m/40km/10km	30 to 34 F	KZN	34	00:31:36	00:02:08	01:29:35	00:01:32	00:58:10
7	03:05:21	24	Raimondo	Nadia	F	1500m/40km/10km	30 to 34 F	FST	34	00:29:43	00:02:04	01:40:55	00:01:36	00:51:03
-	DNF	329	Turner	Roxanne	F	1500m/40km/10km	30 to 34 F	CGT	30	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
35 to 39 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:05:10	238	Geldenhuys	Donovan	M	1500m/40km/10km	35 to 39 M	KZN	36	00:20:09	00:00:50	01:03:13	00:00:54	00:40:04
2	02:08:46	159	Steyn	Wilhelm	M	1500m/40km/10km	35 to 39 M	TTA	38	00:21:27	00:00:51	01:07:20	00:00:30	00:38:38
3	02:19:28	337	Morris	Nic	M	1500m/40km/10km	35 to 39 M	CGT	39	00:18:41	00:01:11	01:11:52	00:00:38	00:47:06
4	02:31:24	252	Aspeling	Tony	M	1500m/40km/10km	35 to 39 M	KZN	36	00:26:02	00:01:42	01:16:17	00:00:49	00:46:34
5	02:32:21	335	Middlewick	John	M	1500m/40km/10km	35 to 39 M	CGT	37	00:22:47	00:01:32	01:18:52	00:01:02	00:48:08
6	02:34:51	154	Schutte	Roelof	M	1500m/40km/10km	35 to 39 M	TTA	35	00:28:15	00:01:35	01:15:48	00:01:12	00:48:01
7	02:36:58	246	Muller	Paul	M	1500m/40km/10km	35 to 39 M	KZN	38	00:24:16	00:01:09	01:15:10	00:00:49	00:55:34
8	02:38:06	133	Morkel	Barend	M	1500m/40km/10km	35 to 39 M	TTA	37	00:25:13	00:02:06	01:18:28	00:00:53	00:51:26
9	02:39:12	45	Stoltz	Grozelle	M	1500m/40km/10km	35 to 39 M	ETA	36	00:22:21	00:01:29	01:20:36	00:01:12	00:53:34
10	02:44:11	334	VAN TONDER	JACO	M	1500m/40km/10km	35 to 39 M	CGT	39	00:25:23	00:01:25	01:19:06	00:01:06	00:57:11
11	02:47:11	336	Dicks	Jonathan	M	1500m/40km/10km	35 to 39 M	CGT	37	00:28:30	00:02:29	01:24:05	00:01:44	00:50:23
12	02:54:56	19	Shange	Sandile	M	1500m/40km/10km	35 to 39 M	KZN	36	00:22:50	00:01:21	01:27:46	00:01:02	01:01:57
13	03:03:47	333	Sindane	George	M	1500m/40km/10km	35 to 39 M	CGT	35	00:29:46	00:02:29	01:31:49	00:01:33	00:58:10
-	DNF	341	Rossouw	Tiaan	M	1500m/40km/10km	35 to 39 M	CGT	39	00:27:13	00:01:09	01:08:22	00:00:34	-
-	DNF	237	Venter	Bradley	M	1500m/40km/10km	35 to 39 M	KZN	37	00:21:32	00:00:54	01:06:07	00:00:49	-
-	DNF	242	stevens	noel	M	1500m/40km/10km	35 to 39 M	KZN	38	-	-	-	-	-
35 to 39 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:29:33	339	Pretorius	Sunee	F	1500m/40km/10km	35 to 39 F	CGT	36	00:22:40	00:01:15	01:17:11	00:00:59	00:47:28
2	02:30:58	251	Featherby	Teneal	F	1500m/40km/10km	35 to 39 F	KZN	37	00:23:25	00:01:25	01:17:32	00:00:47	00:47:49
3	02:41:34	338	Harrington	Samantha	F	1500m/40km/10km	35 to 39 F	CGT	36	00:23:48	00:01:03	01:20:02	00:00:50	00:55:51
4	02:47:25	330	Kukard	Aletta Catharina	F	1500m/40km/10km	35 to 39 F	CGT	37	00:27:37	00:01:23	01:21:10	00:01:12	00:56:03
5	02:50:10	332	Van Heerden	Estie	F	1500m/40km/10km	35 to 39 F	CGT	38	00:29:53	00:01:17	01:21:22	00:01:00	00:56:38
6	02:54:27	38	Green	Donne	F	1500m/40km/10km	35 to 39 F	ETA	36	00:28:49	00:01:46	01:27:59	00:01:38	00:54:15
7	02:58:54	340	Collister	Taryn	F	1500m/40km/10km	35 to 39 F	CGT	39	00:29:52	00:02:47	01:28:14	00:01:36	00:56:25
8	03:00:21	83	Harmse	Anneri	F	1500m/40km/10km	35 to 39 F	WPT	36	00:27:24	00:01:56	01:29:56	00:01:11	00:59:54
9	03:03:37	331	Timm	Bronwyn	F	1500m/40km/10km	35 to 39 F	CGT	36	00:33:11	00:02:23	01:22:57	00:01:27	01:03:39
10	03:12:55	34	Barnard	Sharine Sophia	F	1500m/40km/10km	35 to 39 F	FST	37	00:32:30	00:02:49	01:35:00	00:01:23	01:01:13
11	03:18:44	241	Shepard	Kathryn	F	1500m/40km/10km	35 to 39 F	KZN	38	00:38:08	00:01:49	01:28:21	00:02:06	01:08:20

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
40 to 44 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:17:05	354	Stewart	Robert	M	1500m/40km/10km	40 to 44 M	CGT	42	00:25:43	00:00:54	01:06:47	00:00:45	00:42:56
2	02:21:01	351	Kotlar	Mark	M	1500m/40km/10km	40 to 44 M	CGT	44	00:26:23	00:01:26	01:08:39	00:00:56	00:43:37
3	02:25:03	355	Skews	Roger	M	1500m/40km/10km	40 to 44 M	CGT	41	00:22:54	00:01:29	01:12:56	00:00:55	00:46:49
4	02:29:25	260	Terblanche	Johann	M	1500m/40km/10km	40 to 44 M	KZN	44	-	-	-	-	-
5	02:32:46	254	Swart	David	M	1500m/40km/10km	40 to 44 M	KZN	44	00:23:33	00:01:35	01:15:01	00:01:02	00:51:35
6	02:38:41	343	Montano	Garreth	M	1500m/40km/10km	40 to 44 M	CGT	40	00:27:03	00:01:50	01:15:44	00:01:32	00:52:32
7	02:41:09	353	Brown	Richard	M	1500m/40km/10km	40 to 44 M	CGT	43	00:26:53	00:01:55	01:16:04	00:01:18	00:54:59
8	02:42:30	345	de Bruyn	John Victor	M	1500m/40km/10km	40 to 44 M	CGT	43	00:22:36	00:01:19	01:16:12	00:00:59	01:01:24
9	02:45:53	44	Engelbrecht	Gerrit	M	1500m/40km/10km	40 to 44 M	ETA	41	-	-	-	-	-
10	02:45:56	116	Ferreira	Martin	M	1500m/40km/10km	40 to 44 M	TTA	43	00:30:43	00:01:19	01:18:28	00:01:05	00:54:21
11	02:52:23	352	Matene	Mongi	M	1500m/40km/10km	40 to 44 M	CGT	40	00:32:48	00:02:52	01:30:50	00:02:31	00:43:22
-	DNF	150	Fourie	Jacobus	M	1500m/40km/10km	40 to 44 M	TTA	44	-	-	-	-	-
-	DNF	255	Eksteen	Richard	M	1500m/40km/10km	40 to 44 M	KZN	41	-	-	-	-	-
-	DNF	344	wilford	jason	M	1500m/40km/10km	40 to 44 M	CGT	41	00:27:40	00:00:57	-	-	-
40 to 44 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:47:14	256	Schlebusch Green	Robyn	F	1500m/40km/10km	40 to 44 F	KZN	40	00:26:14	00:01:35	01:23:47	00:00:54	00:54:44
2	02:51:25	347	Brown	Kim Tracey	F	1500m/40km/10km	40 to 44 F	CGT	42	00:24:07	00:01:38	01:24:57	00:01:06	00:59:37
3	03:00:01	253	Scruby	Angela	F	1500m/40km/10km	40 to 44 F	KZN	44	00:31:19	00:01:35	01:27:52	00:01:07	00:58:08
4	03:01:54	39	de Beer	Elsa	F	1500m/40km/10km	40 to 44 F	ETA	40	00:32:06	00:02:44	01:30:23	00:01:11	00:55:30
5	03:02:38	348	Joubert	Lelani	F	1500m/40km/10km	40 to 44 F	CGT	44	00:41:18	00:02:04	01:25:41	00:01:04	00:52:31
6	03:05:05	342	Hazenberg	Agaath	F	1500m/40km/10km	40 to 44 F	CGT	40	00:31:34	-	-	-	-
7	03:05:29	148	Dougal	Igna	F	1500m/40km/10km	40 to 44 F	TTA	40	00:29:30	00:02:13	01:29:54	00:02:21	01:01:31
8	03:07:29	92	Van Dyk	Michelle	F	1500m/40km/10km	40 to 44 F	WPT	44	00:35:32	00:01:59	01:29:45	00:01:25	00:58:48
9	03:13:21	346	Wilford	Julie	F	1500m/40km/10km	40 to 44 F	CGT	44	00:33:27	00:01:21	01:32:21	00:01:39	01:04:33
-	DNF	349	Kreusch	Lize-Mari	F	1500m/40km/10km	40 to 44 F	CGT	44	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
45 to 49 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:16:51	258	Gore	Glen	M	1500m/40km/10km	45 to 49 M	KZN	48	00:18:27	00:01:00	01:13:53	00:00:36	00:42:55
2	02:20:04	262	Hand	Justin	M	1500m/40km/10km	45 to 49 M	KZN	46	00:22:44	00:01:30	01:12:13	00:01:00	00:42:37
3	02:20:58	265	de la Porte	Shaun	M	1500m/40km/10km	45 to 49 M	KZN	47	00:24:41	00:01:06	01:09:27	00:01:07	00:44:37
4	02:25:51	371	Kane-Smith	Mike	M	1500m/40km/10km	45 to 49 M	CGT	45	00:19:18	00:01:36	01:14:45	00:01:06	00:49:06
5	02:26:14	362	Tew	David	M	1500m/40km/10km	45 to 49 M	CGT	46	00:21:43	00:01:11	01:11:44	00:00:45	00:50:51
6	02:27:09	54	Joubert	Richard	M	1500m/40km/10km	45 to 49 M	ETA	48	00:23:39	00:01:42	01:12:14	00:01:12	00:48:22
7	02:28:01	9	Gardner	Dave	M	1500m/40km/10km	45 to 49 M	ZIM	46	00:21:21	00:01:02	01:17:08	00:01:05	00:47:25
8	02:28:48	364	bargon	guenther	M	1500m/40km/10km	45 to 49 M	CGT	45	00:22:30	00:01:16	01:14:49	00:01:09	00:49:04
9	02:31:49	376	Geers	Warren	M	1500m/40km/10km	45 to 49 M	CGT	48	00:29:56	00:01:52	01:11:37	00:00:55	00:47:29
10	02:34:13	122	leijenaar	cor	M	1500m/40km/10km	45 to 49 M	NWT	47	00:26:44	00:01:23	01:20:12	00:00:42	00:45:12
11	02:35:54	134	Westra	Bernhard	M	1500m/40km/10km	45 to 49 M	TTA	45	00:24:31	00:01:50	01:16:03	00:01:26	00:52:04
12	02:38:26	177	van Niekerk	Stephen	M	1500m/40km/10km	45 to 49 M	EPTA	46	00:26:58	00:01:06	01:17:02	00:00:53	00:52:27
13	02:39:10	120	DAY	MORNE	M	1500m/40km/10km	45 to 49 M	TTA	47	00:28:02	00:02:19	01:15:20	00:01:01	00:52:28
14	02:40:20	5	van der Leek	Casey	M	1500m/40km/10km	45 to 49 M	FST	47	00:22:52	00:02:13	01:20:10	00:01:49	00:53:16
15	02:43:51	125	Edwards	Grant	M	1500m/40km/10km	45 to 49 M	AMT	49	00:29:16	-	-	-	-
16	02:45:04	369	Corker	Marc	M	1500m/40km/10km	45 to 49 M	CGT	45	00:28:40	00:01:24	01:20:44	00:00:58	00:53:18
17	02:45:31	358	Rautenbach	Collen	M	1500m/40km/10km	45 to 49 M	CGT	47	00:28:32	00:02:18	01:19:15	00:01:12	00:54:14
18	02:45:51	145	HEYNS	GERT FREDERICK	M	1500m/40km/10km	45 to 49 M	TTA	45	00:30:21	00:01:54	01:18:11	00:00:54	00:54:31
19	02:54:56	13	de Villiers	Johann	M	1500m/40km/10km	45 to 49 M	FST	48	-	-	-	-	-
20	02:55:58	257	van eyssen	chris	M	1500m/40km/10km	45 to 49 M	KZN	45	00:30:42	00:02:43	01:25:45	00:01:37	00:55:11
21	03:22:20	16	KIRSTEN	KENNETH GARTH	M	1500m/40km/10km	45 to 49 M	FST	46	00:29:32	-	-	-	-
-	DNF	366	Tew	Gregory	M	1500m/40km/10km	45 to 49 M	CGT	45	-	-	-	-	-
-	DNF	372	van der Leeuw	Phillipe	M	1500m/40km/10km	45 to 49 M	CGT	45	00:22:26	00:00:55	-	-	-
-	DNF	360	de Goede	Danie	M	1500m/40km/10km	45 to 49 M	CGT	48	-	-	-	-	-
45 to 49 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:40:04	370	Staal	Michelle	F	1500m/40km/10km	45 to 49 F	CGT	45	00:26:43	00:01:27	01:21:28	00:00:44	00:49:42
2	02:43:24	368	Prost	Linda	F	1500m/40km/10km	45 to 49 F	CGT	48	00:26:19	00:01:37	01:20:30	00:01:12	00:53:46
3	02:47:34	373	Wallis	Ronel	F	1500m/40km/10km	45 to 49 F	CGT	46	00:23:05	00:01:43	01:20:49	00:01:03	01:00:54
4	02:52:45	356	Lailvaux	Alison	F	1500m/40km/10km	45 to 49 F	CGT	47	00:30:56	00:02:00	01:27:36	00:01:07	00:51:06
5	03:02:32	264	Ambrosio	Natasja	F	1500m/40km/10km	45 to 49 F	KZN	46	00:32:32	00:01:51	01:31:18	00:01:37	00:55:14
6	03:04:21	263	van Rooyen	liza	F	1500m/40km/10km	45 to 49 F	KZN	45	00:33:21	00:02:21	01:33:42	00:01:11	00:53:46
7	03:07:56	375	Proudfoot	Tracey	F	1500m/40km/10km	45 to 49 F	CGT	47	00:32:00	00:02:21	01:30:56	00:01:51	01:00:48
8	03:08:51	374	Wilson	Tessa	F	1500m/40km/10km	45 to 49 F	CGT	45	00:35:20	00:02:40	01:27:07	00:01:54	01:01:50
9	03:14:16	266	Gore	Tracy	F	1500m/40km/10km	45 to 49 F	KZN	47	00:35:46	-	01:35:49	-	01:02:41
10	03:18:56	365	Mee	Genee	F	1500m/40km/10km	45 to 49 F	CGT	45	00:24:37	00:01:47	01:45:44	00:01:42	01:05:06
-	DNF	259	Joseph	Hayley	F	1500m/40km/10km	45 to 49 F	KZN	45	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
50 to 54 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:17:03	267	Henry	Alan	M	1500m/40km/10km	50 to 54 M	KZN	50	00:20:29	00:01:37	01:06:51	00:01:13	00:46:53
2	02:23:36	387	Pirow	Piers	M	1500m/40km/10km	50 to 54 M	CGT	52	00:22:42	00:01:20	01:11:49	00:00:37	00:47:08
3	02:29:47	377	Thorpe	Chris	M	1500m/40km/10km	50 to 54 M	CGT	51	00:22:37	00:00:55	01:12:30	00:00:45	00:53:00
4	02:34:41	94	Wolstenholme	Henry	M	1500m/40km/10km	50 to 54 M	WPT	50	00:33:52	00:01:34	01:15:39	00:00:53	00:42:43
5	02:35:21	139	Retief	Danie	M	1500m/40km/10km	50 to 54 M	TTA	50	00:23:15	00:01:15	01:15:31	00:01:07	00:54:13
6	02:43:47	126	Wood	Haydon	M	1500m/40km/10km	50 to 54 M	AMT	52	00:31:50	-	-	-	-
7	02:46:15	383	BROOKS	GRAHAM	M	1500m/40km/10km	50 to 54 M	CGT	50	00:26:18	00:01:57	01:19:29	00:01:24	00:57:07
8	02:48:34	385	confait	paul	M	1500m/40km/10km	50 to 54 M	CGT	53	00:28:39	00:01:48	01:23:37	00:01:08	00:53:22
9	02:52:49	158	Mouton	Wynand	M	1500m/40km/10km	50 to 54 M	TTA	54	00:29:25	00:01:53	01:18:09	00:01:26	01:01:56
10	02:56:12	60	Leslie	Bruce	M	1500m/40km/10km	50 to 54 M	ETA	54	00:27:34	00:01:54	01:32:21	00:00:50	00:53:33
11	03:01:24	268	Cordes	Bryan	M	1500m/40km/10km	50 to 54 M	KZN	53	00:27:47	00:02:53	01:25:04	00:01:38	01:04:02
12	03:05:58	270	Jarvie	Eric	M	1500m/40km/10km	50 to 54 M	KZN	53	00:29:59	00:02:45	01:30:47	00:02:20	01:00:07
-	DNF	384	Daniz	Milan	M	1500m/40km/10km	50 to 54 M	CGT	51	-	-	-	-	-
-	DNF	199	Marriott	Peter Norman	M	1500m/40km/10km	50 to 54 M	EPTA	51	00:23:36	00:01:34	-	-	-
50 to 54 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:48:10	386	Constancon	Petruschka	F	1500m/40km/10km	50 to 54 F	CGT	51	00:26:40	00:02:19	01:21:52	00:01:23	00:55:56
2	02:55:07	382	Rocha	Donne	F	1500m/40km/10km	50 to 54 F	CGT	53	00:31:15	00:01:58	-	-	00:51:13
3	02:57:36	141	Strydom	Frances	F	1500m/40km/10km	50 to 54 F	TTA	53	00:28:13	00:02:10	01:31:21	00:01:25	00:54:27
4	02:58:16	388	Swait	Terry	F	1500m/40km/10km	50 to 54 F	CGT	52	00:23:16	00:02:22	01:32:25	00:01:48	00:58:25
5	03:09:23	127	Langtree	Alison	F	1500m/40km/10km	50 to 54 F	AMT	54	00:36:46	00:02:16	01:32:43	00:01:44	00:55:54
6	03:12:34	271	Babich	Gail	F	1500m/40km/10km	50 to 54 F	KZN	53	00:31:38	-	-	-	-
-	DNF	381	Quinn	Deborah	F	1500m/40km/10km	50 to 54 F	CGT	53	-	-	-	-	-
-	DNF	269	Cordes	Cavill	F	1500m/40km/10km	50 to 54 F	KZN	50	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
55 to 59 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:37:55	395	Wrench	Laurence	M	1500m/40km/10km	55 to 59 M	CGT	55	00:27:10	00:01:26	01:17:15	00:01:13	00:50:51
2	02:42:04	392	Hamman	Frederick	M	1500m/40km/10km	55 to 59 M	CGT	55	00:30:02	00:02:08	01:19:05	00:02:12	00:48:37
3	02:43:01	273	Cresswell-George	James	M	1500m/40km/10km	55 to 59 M	KZN	57	00:25:53	00:02:15	01:20:34	00:01:08	00:53:11
4	02:44:43	389	Searle	Andy	M	1500m/40km/10km	55 to 59 M	CGT	55	00:27:14	00:01:27	01:19:56	00:01:04	00:55:02
5	02:47:04	96	Van onselen	John	M	1500m/40km/10km	55 to 59 M	WPT	59	00:27:18	00:01:34	01:20:24	00:00:48	00:57:00
6	02:53:50	396	Hanekom	Thomas	M	1500m/40km/10km	55 to 59 M	CGT	56	00:35:59	00:03:17	01:21:34	00:01:59	00:51:01
7	03:05:58	272	Jarvie	Antony	M	1500m/40km/10km	55 to 59 M	KZN	56	00:29:57	00:02:17	01:31:34	00:01:58	01:00:12
-	DNF	393	Botes	Hannes	M	1500m/40km/10km	55 to 59 M	CGT	58	-	-	-	-	-
-	DNF	390	Milos	Drazen	M	1500m/40km/10km	55 to 59 M	CGT	56	00:20:56	00:02:30	-	-	-
55 to 59 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:54:27	18	Fischer	Lynette	F	1500m/40km/10km	55 to 59 F	FST	59	00:30:45	00:01:24	01:26:24	00:00:52	00:55:02
2	03:06:26	394	Coetzee	Joanie	F	1500m/40km/10km	55 to 59 F	CGT	55	00:31:06	00:01:57	01:34:15	00:01:39	00:57:29
3	03:17:33	391	Viljoen	Estelle	F	1500m/40km/10km	55 to 59 F	CGT	57	00:33:14	00:03:05	01:41:01	00:02:10	00:58:03
-	DNF	51	Kay	Leigh	F	1500m/40km/10km	55 to 59 F	ETA	57	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
60 to 64 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	02:32:02	276	MARAIS	jean	M	1500m/40km/10km	60 to 64 M	KZN	60	00:22:18	00:03:05	01:13:40	00:01:26	00:51:33
2	02:37:13	398	Nottingham	Guy	M	1500m/40km/10km	60 to 64 M	CGT	61	00:29:27	00:01:47	01:16:53	00:01:29	00:47:37
3	02:50:22	129	Venter	Peter Steven	M	1500m/40km/10km	60 to 64 M	AMT	62	00:27:19	00:01:09	01:23:37	00:00:59	00:57:18
4	03:02:09	8	Janse van Vuuren	David	M	1500m/40km/10km	60 to 64 M	FST	63	00:31:46	-	-	-	-
5	03:06:29	397	Cilliers	Gustaf	M	1500m/40km/10km	60 to 64 M	CGT	63	00:31:14	00:03:15	01:28:07	00:01:54	01:01:59
6	03:09:49	144	Els	Gerhard	M	1500m/40km/10km	60 to 64 M	TTA	63	00:35:03	00:03:43	01:25:45	00:02:27	01:02:51
7	03:13:19	277	Anley	Vernon	M	1500m/40km/10km	60 to 64 M	KZN	61	00:33:41	00:02:19	01:39:16	00:02:00	00:56:03
8	03:19:48	200	de Almeida e Silva	Helder	M	1500m/40km/10km	60 to 64 M	EPTA	63	00:36:58	00:02:05	01:34:53	00:01:30	01:04:22
9	03:34:04	105	de Villiers	Jacques	M	1500m/40km/10km	60 to 64 M	TTA	64	00:34:44	00:02:32	01:30:04	00:02:04	01:24:40
-	DNF	275	van der Avoort	Alistair	M	1500m/40km/10km	60 to 64 M	KZN	63	-	-	-	-	-
60 to 64 Women														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	04:12:45	399	ball	sharon	F	1500m/40km/10km	60 to 64 F	CGT	63	00:35:38	00:02:31	01:52:57	00:02:05	01:39:34

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
65 to 69 Men														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
1	03:07:44	130	van der Merwe	Abel	M	1500m/40km/10km	65 to 69 M	TTA	65	00:33:04	00:02:25	01:31:03	00:00:58	01:00:14
-	DNF	278	Curr	Kenneth	M	1500m/40km/10km	65 to 69 M	KZN	67	-	-	-	-	-

P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
Para Triathletes														
P_Cat	FinishTime	Race#	Surname	Name	Sex	Dist	Category	Province	Age	Swim	T1	Bike	T2	Run
PST1														
1	01:38:06	2	Swanepoel	Anton	M	750m/20km/5km	Para M (PTS1)	FST	36	01:09:14	00:00:36	-	-	00:28:16
PST3														
1	01:51:16	285	Crawford	Sebastian	M	750m/20km/5km	Para M (PST3)	KZN	24	01:13:29	00:00:58	-	-	00:36:49
PST4														
1	01:21:32	401	Andrews	Stan	M	750m/20km/5km	Para M (PTS4)	CGT	38	00:55:31	00:01:15	-	-	00:24:46
2	01:34:01	137	Dry	Kean	M	750m/20km/5km	Para M (PTS4)	TTA	23	01:04:21	00:00:49	-	-	00:28:51
PST5														
1	01:34:09	400	Willers	Ryan Jarrett	M	750m/20km/5km	Para M (PTS5)	CGT	26	01:04:19	00:01:05	-	-	00:28:45
2	01:38:04	32	Newman	Nicholas	M	750m/20km/5km	Para M (PTS5)	FST	36	01:04:44	00:01:46	-	-	00:31:34
PST6														
1	01:28:49	46	Jones	David	M	750m/20km/5km	Para M (PTS6)	WPT	39	01:03:31	00:01:10	-	-	00:24:08