



SA Duathlon Champs

Babas Lodge

08/03/2014



Time	P_Dist	P_Cat	P_Sex	Run1	Cycle &T1	Run2&T2	Race#	Surname	Name	Sex	Dist	Category	Age
Long Distance													
25 - 29 Male													
02:58:54	2	1	2	01:00:43	01:37:09	00:21:01	7	VISSER	JC	M	80	25 - 29M	29
30 - 34 Male													
03:15:58	7	1	7	01:07:42	01:45:41	00:22:34	15	VALASIS	JOHNNY	M	80	30 - 34M	32
03:24:48	9	2	9	01:09:08	01:50:13	00:25:26	14	Habib	Ryan	M	80	30 - 34M	31
30 - 34 Female													
03:39:50	10	1	1	01:14:51	02:00:29	00:24:29	6	Erasmus	Celeste	F	80	35 - 39F	36
40 - 44 Male													
03:07:51	4	1	4	01:08:49	01:38:05	00:20:56	10	Fitzell	Darryl	M	80	40 - 44M	41
45 - 49 Male													
02:53:59	1	1	1	00:56:29	01:38:11	00:19:18	8	Wolstenholme	Henry	M	80	45 - 49M	47
02:59:38	3	2	3	01:02:23	01:36:29	00:20:45	11	Du Toit	andre	M	80	45 - 49M	49
03:10:09	5	3	5	01:00:43	01:46:20	00:23:04	24	DE VILLIERS	DAWIE	M	80	45 - 49M	48
03:22:22	8	4	8	01:11:32	01:47:04	00:23:45	3	Lemmon	Mark Anthony	M	80	45 - 49M	49
DNF				01:06:39	01:50:54	-	20	Gore	Glen	M	80	45 - 49M	45
50 - 54 Female													
04:01:51	11	1	2	01:26:38	02:04:51	00:30:21	2	Lemmon	Anna-Mari	F	80	50 - 54F	53
50 - 54 Male													
03:11:31	6	1	6	01:02:18	01:49:09	00:20:03	23	Morshead	Iain	M	80	50 - 54M	50
04:05:04	12	2	10	01:24:41	02:09:56	00:30:26	1	Hannweg	Norbert	M	80	50 - 54M	50



SA Duathlon Champs

Babas Lodge

08/03/2014



Time	P_Dist	P_Cat	P_Sex	Run1	Cycle &T1	Run2&T2	Race#	Surname	Name	Sex	Dist	Category	Age
Olympic Distance													
20 -24 Female													
02:11:17	27	1	2	00:38:21	01:13:00	00:19:55	87	Ross	Natalie Ann	F	55	20 - 24F	24
02:18:34	45	2	4	00:41:35	01:14:01	00:22:57	5	Summerscales	Samantha	F	55	20 - 24F	23
02:41:49	81	3	12	00:48:43	01:22:53	00:30:12	81	Packham-Thiessen	Nadia	F	55	20 - 24F	23
20 -24 Male													
02:00:18	10	1	10	00:35:59	01:04:14	00:20:04	92	van Zyl	Stegmann	M	55	20 - 24M	24
02:01:57	12	2	12	00:34:00	01:09:15	00:18:41	34	Crous	Deon	M	55	20 - 24M	22
02:15:01	34	3	32	00:42:12	01:10:40	00:22:08	50	Mienie	Francois	M	55	20 - 24M	20
02:15:51	36	4	33	00:37:19	01:12:25	00:26:06	25	Pretorius	Petrus Johannes	M	55	20 - 24M	24
02:16:24	38	5	35	00:38:07	01:13:36	00:24:40	62	Ebertsohn	Willem Jacobus	M	55	20 - 24M	24
02:17:31	40	6	37	00:41:17	01:14:42	00:21:30	36	Pellew	Travers	M	55	20 - 24M	21
02:17:50	42	7	39	00:42:14	01:12:49	00:22:46	106	Malan	Gerard	M	55	20 - 24M	22
25 -29 Female													
02:15:33	35	1	3	00:38:40	01:15:54	00:20:58	88	Nel	Naomi	F	55	25 - 29F	29
02:24:00	54	2	5	00:39:49	01:23:54	00:20:16	100	Snoxell	Toni	F	55	25 - 29F	27
25 - 29 Male													
01:55:09	3	1	3	00:34:05	01:03:23	00:17:40	46	Petqovic	Gordon	M	55	25 - 29M	29
01:56:30	6	2	6	00:35:22	01:02:11	00:18:56	59	Botes	Ruan	M	55	25 - 29M	25
02:00:39	11	3	11	00:34:02	01:08:32	00:18:04	105	De Freitas	Jonathan Abrie	M	55	25 - 29M	25
02:08:09	22	4	22	00:37:03	01:11:47	00:19:18	57	Ganda	Bhavik	M	55	25 - 29M	27
02:12:27	28	5	26	00:39:55	01:09:21	00:23:10	47	Conradie	Pieter	M	55	25 - 29M	26
02:13:01	30	6	28	00:37:34	01:15:10	00:20:16	58	Ganda	Janesh	M	55	25 - 29M	25
02:19:19	46	7	42	00:35:36	01:22:13	00:21:29	161	Nkgwedi	Jonas Nkola	M	55	25 - 29M	28
02:24:01	55	8	50	00:43:27	01:14:43	00:25:50	84	Foxcroft	Lawren	M	55	25 - 29M	27
02:26:26	59	9	53	00:38:53	01:24:57	00:22:35	152	van Heerden	Schalk	M	55	25 - 29M	28
02:48:54	87	10	72	00:51:04	01:27:34	00:30:15	160	Bark	Steven	M	55	25 - 29M	25
02:48:57	88	11	73	00:51:07	01:32:27	00:25:22	28	Guy	Richard	M	55	25 - 29M	28
DNF				00:42:55	01:17:18	-	162	Choane	Raymond	M	55	25 - 29M	26
30 - 34 Female													
02:08:34	23	1	1	00:34:44	01:14:10	00:19:39	99	Firsova	Olga	F	55	30 - 34F	31
30 - 34 Male													
01:55:45	4	1	4	00:36:30	01:00:27	00:18:47	103	Venter	Bradley	M	55	30 - 34M	34
01:59:11	8	2	8	00:36:29	01:02:43	00:19:58	21	Kleynhans	Ewert	M	55	30 - 34M	32
01:59:25	9	3	9	00:36:30	01:03:58	00:18:55	104	Geldenhuis	Donovan	M	55	30 - 34M	33
02:02:49	14	4	14	00:35:43	01:08:07	00:18:58	68	Smith	Craig	M	55	30 - 34M	32
02:06:33	19	5	19	00:38:55	01:06:50	00:20:47	35	Botsis	Juan	M	55	30 - 34M	32
02:19:38	47	6	43	00:42:45	01:13:38	00:23:14	60	Metzer	Tyrone	M	55	30 - 34M	34
02:19:51	48	7	44	00:42:24	01:13:19	00:24:07	96	Charlton	Chris	M	55	30 - 34M	31
02:22:21	53	8	49	00:41:00	01:15:21	00:25:59	42	Strickler	Richard	M	55	30 - 34M	30
02:29:42	68	9	62	00:48:48	01:16:03	00:24:50	157	Kassel	Matt	M	55	30 - 34M	30
02:33:12	75	10	66	00:43:48	01:23:27	00:25:56	109	Van Aswegen	Ian	M	55	30 - 34M	33
02:53:03	89	11	74	00:54:14	01:27:19	00:31:29	151	Behr	Jonathan	M	55	30 - 34M	30
02:56:32	91	12	76	01:00:30	01:24:05	00:31:56	158	Bass	Brandon	M	55	30 - 34M	30
03:09:08	95	13	80	01:00:28	01:32:39	00:36:00	159	Cameroff	Devon	M	55	30 - 34M	30
DNF				-	-	-	103	Venter	Bradley	M	55	30 - 34M	34
35 - 39 Male													
01:54:36	2	1	2	00:34:51	01:00:37	00:19:07	67	Stewart	Robert	M	55	35 - 39M	39
01:56:20	5	2	5	00:36:22	01:01:14	00:18:43	93	Steyn	Wilhelm	M	55	35 - 39M	35
01:57:59	7	3	7	00:34:25	01:04:49	00:18:44	95	Janse van Rensburg	Davie	M	55	35 - 39M	38
02:02:33	13	4	13	00:37:00	01:05:35	00:19:57	45	Forer	Daniel	M	55	35 - 39M	35
02:03:03	15	5	15	00:34:49	01:09:08	00:19:05	53	Botha	Clarence	M	55	35 - 39M	37
02:09:41	24	6	23	00:38:15	01:09:08	00:22:17	70	Pelser	Hennie	M	55	35 - 39M	39
DNF				00:37:13	-	-	85	Rossouw	Tiaan	M	55	35 - 39M	36
DNF				-	-	-	95	Janse van Rensburg	Dawid	M	55	35 - 39M	38
40 - 44 Female													
02:25:07	56	1	6	00:43:06	01:19:03	00:22:57	48	Ross	Carien	F	55	40 - 44F	40
02:35:31	77	2	11	00:46:24	01:22:54	00:26:12	13	Joubert	Lorraine	F	55	40 - 44F	41
02:46:29	85	3	14	00:47:48	01:32:44	00:25:56	9	Swart	Resia	F	55	40 - 44F	41
40 - 44 Male													
01:53:51	1	1	1	00:35:32	00:59:23	00:18:55	101	Labuschagne	David	M	55	40 - 44M	40
02:03:51	16	2	16	00:37:55	01:06:07	00:19:48	107	de la Porte	Shaun	M	55	40 - 44M	44
02:05:19	18	3	18	00:38:19	01:07:06	00:19:53	63	Flack	Terry	M	55	40 - 44M	42
02:06:56	21	4	21	00:38:57	01:06:27	00:21:31	86	Burger	Pieter	M	55	40 - 44M	40
02:14:37	32	5	30	00:39:59	01:12:58	00:21:39	78	Donkin	Rob	M	55	40 - 44M	42
02:14:52	33	6	31	00:39:03	01:14:43	00:21:05	69	Rosin	Dean Grant	M	55	40 - 44M	43
02:17:45	41	7	38	00:41:23	01:13:41	00:22:40	12	Swart	Nelis	M	55	40 - 44M	44
02:19:57	49	8	45	00:44:00	01:11:17	00:24:39	26	Westra	Bernhard	M	55	40 - 44M	42



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Time	P_Dist	P_Cat	P_Sex	Run1	Cycle &T1	Run2&T2	Race#	Surname	Name	Sex	Dist	Category	Age
02:26:09	58	9	52	00:43:26	01:17:14	00:25:28	51	Plint	Graeme	M	55	40 - 44M	41
02:27:50	62	10	56	00:46:04	01:14:43	00:27:01	164	Snyman	Carlisle	M	55	40 - 44M	44
02:39:25	79	11	68	00:49:07	01:19:49	00:30:28	65	Grunewald	Roy	M	55	40 - 44M	41
45 - 49 Female													
02:31:28	72	1	9	00:45:54	01:19:21	00:26:12	52	Du Plessis	Anzel	F	55	45 - 49F	46
45 - 49 Male													
02:06:46	20	1	20	00:42:28	01:04:16	00:20:01	4	Murchie	Craig	M	55	45 - 49M	45
02:14:11	31	2	29	00:41:58	01:09:21	00:22:52	76	Joubert	Richard	M	55	45 - 49M	45
02:18:22	44	3	41	00:42:20	01:11:59	00:24:02	66	Garbers	Marius	M	55	45 - 49M	48
02:27:59	63	4	57	00:46:27	01:13:01	00:28:30	165	greer	gareth	M	55	45 - 49M	46
02:29:36	67	5	61	00:44:01	01:20:09	00:25:25	16	Nel	Ferreira	M	55	45 - 49M	49
02:33:04	74	6	65	00:49:08	01:16:18	00:27:37	97	Abrahams	Farouk	M	55	45 - 49M	47
50 - 54 Female													
02:30:06	69	1	7	00:46:15	01:19:23	00:24:27	54	van der Westhuizen	Daleen	F	55	50 - 54F	51
02:33:20	76	2	10	00:47:59	01:21:17	00:24:03	40	Viljoen	Estelle	F	55	50 - 54F	54
02:44:33	84	3	13	00:51:11	01:26:04	00:27:17	94	MEINTJIES	MICHELLE	F	55	50 - 54F	50
02:47:02	86	4	15	00:51:39	01:26:05	00:29:17	17	Kruger	Amanda	F	55	50 - 54F	51
50 - 54 Male													
02:04:39	17	1	17	00:37:33	01:07:16	00:19:49	79	Tunstall	Andrew	M	55	50 - 54M	50
02:10:13	25	2	24	00:38:59	01:10:14	00:20:59	74	Oehley	Derek	M	55	50 - 54M	50
02:11:07	26	3	25	00:41:41	01:08:38	00:20:47	102	West	Craig	M	55	50 - 54M	50
02:12:46	29	4	27	00:40:29	01:11:57	00:20:19	98	Khan	Nadirshah	M	55	50 - 54M	52
02:17:11	39	5	36	00:39:43	01:15:40	00:21:47	49	Schlebusch	David	M	55	50 - 54M	50
02:18:08	43	6	40	00:41:17	01:14:23	00:22:27	33	Clark	Shannon	M	55	50 - 54M	50
02:21:36	51	7	47	00:43:21	01:15:24	00:22:50	47	Searle	Andy	M	55	50 - 54M	52
02:25:29	57	8	51	00:46:04	01:14:45	00:24:39	19	VanWyk	Andries	M	55	50 - 54M	53
02:26:48	60	9	54	00:46:29	01:16:35	00:23:43	38	gregan	sydney	M	55	50 - 54M	52
02:27:20	61	10	55	00:44:14	01:17:44	00:25:21	156	Hamman	Frederick	M	55	50 - 54M	52
02:29:01	66	11	60	00:46:46	01:16:52	00:25:22	22	Boshoff	Deon	M	55	50 - 54M	54
02:41:17	80	12	69	00:50:34	01:21:45	00:28:57	89	moolman	bertus	M	55	50 - 54M	53
02:43:21	82	13	70	00:49:07	01:27:51	00:26:21	18	Coetzee	Hennie	M	55	50 - 54M	53
DNF				00:39:33	-	-	82	McCormick	Hadley	M	55	50 - 54M	51
55 - 59 Female													
02:30:55	71	1	8	00:46:11	01:18:29	00:26:14	112	Fischer	Lynette	F	55	55 - 59F	56
55 - 59 Male													
02:20:51	50	1	46	00:44:20	01:11:56	00:24:34	41	Page	Leon	M	55	55 - 59M	56
02:28:25	64	2	58	00:42:47	01:20:29	00:25:08	43	Ferreira	Johan	M	55	55 - 59M	56
02:32:56	73	3	64	00:47:32	01:16:36	00:28:47	91	Patten	Tony	M	55	55 - 59M	59
02:56:08	90	4	75	00:56:17	01:24:01	00:35:49	61	Moosa	Ashrauf	M	55	55 - 59M	59
03:07:08	94	5	79	00:54:16	01:37:20	00:35:31	29	Guy	Dave	M	55	55 - 59M	57
60 - 64 Male													
02:28:36	65	1	59	00:45:37	01:17:20	00:25:38	37	Cilliers	Gustaf	M	55	60 - 64M	60
02:30:09	70	2	63	00:44:22	01:20:01	00:25:45	55	Entres Philipus	BP	M	55	60 - 64M	61
02:38:40	78	3	67	00:44:47	01:27:00	00:26:52	30	Baker	Michael	M	55	60 - 64M	61
02:43:50	83	4	71	00:47:41	01:27:54	00:28:14	44	Hibbert	Johan	M	55	60 - 64M	62
02:57:29	92	5	77	00:49:50	01:34:39	00:32:59	71	Mong	Edward	M	55	60 - 64M	64
65 - 69 Male													
02:15:57	37	1	34	00:40:04	01:14:16	00:21:36	83	Briscoe	Tim	M	55	65 - 69M	65
02:22:12	52	2	48	00:43:48	01:14:29	00:23:53	73	Lochner	Lochi	M	55	65 - 69M	67
03:03:01	93	3	78	00:59:35	01:29:01	00:34:24	111	van Niekerk	Gerrit	M	55	65 - 69M	69



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Time	P_Dist	P_Cat	P_Sex	Run1	Cycle &T1	Run2&T2	Race#	Surname	Name	Sex	Dist	Category	Age
Sprint Distance													
16 - 17 Female													
01:18:51	32	1	4	00:20:34	00:47:11	00:11:05	176	Botes	danica	F	27.5	16 - 17F	17
01:21:28	36	2	6	00:21:01	00:48:36	00:11:50	205	Venter	Ane	F	27.5	16 - 17F	16
01:22:13	37	3	7	00:24:16	00:44:30	00:13:26	136	Popish	Christine	F	27.5	16 - 17F	17
01:23:48	39	4	8	00:24:53	00:46:34	00:12:20	195	Stevens	Michelle	F	27.5	16 - 17F	16
01:24:37	41	5	10	00:23:04	00:46:46	00:14:46	170	Smith	Storm	F	27.5	16 - 17F	16
01:27:57	44	6	11	00:26:22	00:46:30	00:15:04	140	Petzer	Denika	F	27.5	16 - 17F	17
16 - 17 Male													
00:59:16	4	1	4	00:16:38	00:32:15	00:10:21	129	Schlebusch	Luke	M	27.5	16 - 17M	17
01:01:10	5	2	5	00:16:39	00:34:44	00:09:46	132	VAN NIEKERK	Daniel	M	27.5	16 - 17M	17
01:01:39	6	3	6	00:18:07	00:33:08	00:10:23	187	Ferreira	Michael	M	27.5	16 - 17M	17
01:02:26	8	4	8	00:18:34	00:32:40	00:11:11	124	van Zyl	Ruan	M	27.5	16 - 17M	16
01:02:45	9	5	9	00:17:59	00:33:46	00:10:59	80	Packham	Dean	M	27.5	16 - 17M	16
01:04:28	10	6	10	00:18:25	00:36:12	00:09:50	133	Kruger	Dylan	M	27.5	16 - 17M	17
01:06:40	13	7	13	00:19:24	00:36:26	00:10:48	135	Nortje	Dylan	M	27.5	16 - 17M	17
01:06:43	14	8	14	00:19:23	00:36:30	00:10:49	134	Marx	Frans	M	27.5	16 - 17M	17
01:07:15	15	9	15	00:20:06	00:34:37	00:12:31	113	Harris	Ryan	M	27.5	16 - 17M	16
01:08:02	17	10	17	00:19:24	00:35:18	00:13:19	172	Joubert	Antonie	M	27.5	16 - 17M	16
01:08:10	18	11	18	00:19:54	00:36:02	00:12:13	144	Smith	Devon	M	27.5	16 - 17M	17
01:08:30	19	12	19	00:18:29	00:40:31	00:09:29	122	Herbst	Wikus	M	27.5	16 - 17M	17
01:12:10	26	13	24	00:20:42	00:39:23	00:12:04	175	Strauss	Yanich	M	27.5	16 - 17M	17
01:13:04	27	14	25	00:21:01	00:39:04	00:12:58	166	greer	matthew	M	27.5	16 - 17M	16
01:17:38	31	15	28	-	-	01:17:38	191	De Meyer	Irwin	M	27.5	16 - 17M	17
01:19:40	35	16	30	00:23:32	00:42:58	00:13:09	189	cronje	dieter	M	27.5	16 - 17M	17
01:23:00	38	17	31	00:22:17	00:43:54	00:16:48	131	PETIT	CALDON	M	27.5	16 - 17M	17
01:24:46	42	18	32	00:20:13	-	01:04:32	39	Gregan	Alexander	M	27.5	16 - 17M	17
01:25:50	43	19	33	00:26:40	00:43:06	00:16:03	126	Sclanders	Brian	M	27.5	16 - 17M	17
DNF				00:18:26	-	-	190	Van der Walt	Hein	M	27.5	16 - 17M	17
18 - 19 Female													
01:08:49	21	1	1	00:20:17	00:37:19	00:11:12	149	Berry	Jodie	F	27.5	18 - 19F	19
01:12:07	25	2	2	00:20:33	00:39:17	00:12:16	178	Alcock	Jessica	F	27.5	18 - 19F	18
01:13:21	28	3	3	00:22:12	00:39:40	00:11:28	173	Heywood	Cristina	F	27.5	18 - 19F	18
01:19:03	33	4	5	00:23:56	00:42:50	00:12:16	120	kruger	melichia	F	27.5	18 - 19F	19
01:24:29	40	5	9	00:22:16	00:49:12	00:13:00	32	Hartmann	Klara	F	27.5	18 - 19F	18
01:28:57	45	6	12	00:27:09	00:45:50	00:15:57	171	Drake	Charnelle	F	27.5	18 - 19F	18
01:35:20	46	7	13	00:29:17	-	01:06:02	196	van der Merwe	Rochelle	F	27.5	18 - 19F	18
18 - 19 Male													
00:58:02	1	1	1	00:16:37	00:32:14	00:09:10	141	Engelbrecht	Basson	M	27.5	18 - 19M	19
00:58:10	2	2	2	00:16:36	00:32:19	00:09:14	90	Van Niekerk	Tiaan	M	27.5	18 - 19M	18
00:59:15	3	3	3	00:16:38	00:32:15	00:10:21	130	Schlebusch	Brandon	M	27.5	18 - 19M	19
01:02:01	7	4	7	00:16:53	00:34:52	00:10:15	177	Botes	Lourens	M	27.5	18 - 19M	18
01:05:55	11	5	11	00:17:27	00:37:39	00:10:48	72	Mong	Peter	M	27.5	18 - 19M	19
01:06:13	12	6	12	00:18:01	00:36:42	00:11:29	116	Visagie	Roan	M	27.5	18 - 19M	19
01:07:29	16	7	16	00:18:45	00:35:55	00:12:48	179	Alcock	Bradley	M	27.5	18 - 19M	19
01:08:38	20	8	20	00:21:11	00:35:52	00:11:34	118	Campbell	Jason Duncombe	M	27.5	18 - 19M	18
01:10:35	22	9	21	00:19:53	00:37:45	00:12:56	148	FERREIRA	MUNRO	M	27.5	18 - 19M	18
01:11:16	23	10	22	00:20:10	00:37:29	00:13:36	139	Lackay	Duwayne	M	27.5	18 - 19M	19
01:11:32	24	11	23	00:19:57	00:39:59	00:11:35	115	Visagie	Dehan	M	27.5	18 - 19M	19
01:13:23	29	12	26	00:20:49	00:41:22	00:11:11	186	Revelas Alexander	L.	M	27.5	18 - 19M	18
01:16:18	30	13	27	00:21:48	00:41:17	00:13:12	168	Ferreira	Johannes Cornelius	M	27.5	18 - 19M	18



SA Duathlon Champs

Babas Lodge

08/03/2014



Time	P_Dist	P_Cat	P_Sex	Run1	Cycle &T1	Run2&T2	Race#	Surname	Name	Sex	Dist	Category	Age
Short Distance													
12 - 13 Female													
00:36:51	25	1	3	00:15:19	00:17:06	00:04:25	142	Fairon	Kelly	F	13.5	12 - 13F	13
00:37:00	26	2	4	00:16:16	00:16:21	00:04:22	123	Coetzer	Christelle	F	13.5	12 - 13F	13
00:37:14	28	3	6	00:15:51	00:16:35	00:04:47	199	Irvine-Smith	Ashleigh	F	13.5	12 - 13F	13
00:38:45	32	4	9	00:16:50	00:17:08	00:04:46	181	Van Aarde	Helen Anne	F	13.5	12 - 13F	13
00:39:12	33	5	10	00:15:38	00:19:14	00:04:19	193	Burger	Lilica	F	13.5	12 - 13F	12
00:41:30	39	6	14	00:17:06	00:19:03	00:05:20	202	Van Heerden	Petronella Johanna	F	13.5	12 - 13F	13
00:41:50	41	7	16	00:17:18	00:22:24	00:02:07	183	Venter	Keryn	F	13.5	12 - 13F	13
00:49:51	42	8	17	00:17:54	00:26:39	00:05:17	27	gore	tegan	F	13.5	12 - 13F	13
12 - 13 Male													
00:30:33	4	1	4	00:10:20	00:16:11	00:04:01	192	bender	henro	M	13.5	12 - 13M	13
00:30:38	5	2	5	00:10:41	00:15:30	00:04:26	194	Elliot	Finn	M	13.5	12 - 13M	13
00:30:52	6	3	6	00:11:24	00:15:10	00:04:17	138	Wolstenholme	Hugo	M	13.5	12 - 13M	13
00:30:57	7	4	7	00:11:17	00:15:19	00:04:20	150	Stroebel	Christiaan	M	13.5	12 - 13M	13
00:31:56	10	5	10	00:10:47	00:16:35	00:04:33	197	Phillips	Grant B	M	13.5	12 - 13M	13
00:33:09	12	6	12	00:10:43	00:17:56	00:04:29	114	Willemse Mattheus	Johannes	M	13.5	12 - 13M	13
00:33:23	15	7	15	00:11:32	00:17:10	00:04:40	128	Owen	Ryno	M	13.5	12 - 13M	13
00:33:31	16	8	16	00:12:28	00:16:33	00:04:29	110	Schlebusch	Thomas	M	13.5	12 - 13M	12
00:33:59	18	9	18	00:12:35	00:16:28	00:04:55	201	Janse van Rensburg	TIAAN	M	13.5	12 - 13M	13
00:35:46	19	10	19	00:13:11	00:17:01	00:05:33	56	Coetzee	Janco	M	13.5	12 - 13M	12
00:36:10	21	11	21	00:12:48	00:18:19	00:05:02	180	Van Aarde	Gert Petrus	M	13.5	12 - 13M	12
00:38:26	31	12	23	00:13:48	00:18:32	00:06:05	203	Kros	Eric	M	13.5	12 - 13M	12
00:40:48	36	13	24	00:14:16	00:20:47	00:05:44	64	Grunewald	Brandon	M	13.5	12 - 13M	13
00:41:16	38	14	25	00:14:06	00:21:05	00:06:04	167	de la Porte	Joshua	M	13.5	12 - 13M	12
14 - 15 Female													
00:36:31	23	1	1	00:15:47	00:16:43	00:04:00	198	Reyneke	Isa	F	13.5	14 - 15F	15
00:36:38	24	2	2	00:15:43	00:16:46	00:04:08	174	Strauss	Gizelde	F	13.5	14 - 15F	15
00:37:03	27	3	5	00:15:46	00:16:32	00:04:44	207	Newman	Hannah	F	13.5	14 - 15F	14
00:37:30	29	4	7	00:16:34	00:15:36	00:05:19	147	Keep	Tiffany	F	13.5	14 - 15F	14
00:37:38	30	5	8	00:15:56	00:17:11	00:04:30	184	Sander	Carlen	F	13.5	14 - 15F	15
00:39:39	34	6	11	00:17:52	00:16:31	00:05:15	145	Smith	Courtney	F	13.5	14 - 15F	14
00:40:34	35	7	12	00:16:30	00:19:22	00:04:41	31	Hartmann	Natascha	F	13.5	14 - 15F	15
00:41:04	37	8	13	00:17:37	00:18:08	00:05:18	137	West	Juarnett	F	13.5	14 - 15F	14
00:41:36	40	9	15	00:17:27	00:18:59	00:05:09	182	Van Aarde	Ena Sarah	F	13.5	14 - 15F	15
DNF				-	-	-	127	Owen	Elné	F	13.5	14 - 15F	15
14 - 15 Male													
00:27:56	1	1	1	00:09:48	00:13:45	00:04:22	206	Kennealy	Stephen	M	13.5	14 - 15M	15
00:28:38	2	2	2	00:09:43	00:15:02	00:03:52	108	de la Porte	Ben	M	13.5	14 - 15M	15
00:29:20	3	3	3	00:10:35	00:14:19	00:04:25	169	van der Merwe	Michael	M	13.5	14 - 15M	15
00:31:28	8	4	8	00:11:34	00:14:55	00:04:58	143	Davies	Jayde	M	13.5	14 - 15M	15
00:31:37	9	5	9	00:11:44	00:14:40	00:05:12	146	Leveridge	Cian	M	13.5	14 - 15M	14
00:33:08	11	6	11	00:12:09	00:16:11	00:04:47	121	Herbst	Dehan	M	13.5	14 - 15M	15
00:33:14	13	7	13	00:11:42	00:17:20	00:04:11	204	Opperman	Dian	M	13.5	14 - 15M	15
00:33:21	14	8	14	00:11:53	00:16:40	00:04:47	188	Uys Pieter	Gysbert Steyn	M	13.5	14 - 15M	14
00:33:31	17	9	17	00:11:40	00:17:39	00:04:11	163	van Antwerpen	Jeanré	M	13.5	14 - 15M	14
00:36:08	20	10	20	00:12:36	00:19:17	00:04:14	200	Roestoff	Adrian Peter	M	13.5	14 - 15M	15
00:36:10	22	11	22	00:12:37	00:18:59	00:04:33	117	Visagie	Stephan	M	13.5	14 - 15M	14