



## Redhub Triathlon Duathlon Series Points after event 5



Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
<b>Tri Road Long</b>							
Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
DE JAGER	MARIANUS	M	TRL	1968/12/27	Tri Rd Std M (50+)	1	15
Smit	Russel	M	TRL	1967/02/18	Tri Rd Std M (50+)	1	15
Wessels	Tertius	M	TRL	1967/10/28	Tri Rd Std M (50+)	2	11
Malan	Etienne	M	TRL	1968/07/20	Tri Rd Std M (50+)	3	10
Sparkes	Endre	M	TRL	1961/06/18	Tri Rd Std M (50+)	3	10
weideman	willem	M	TRL	1966/04/20	Tri Rd Std M (50+)	3	10
Bartlett	Wayne	M	TRL	1959/12/30	Tri Rd Std M (50+)	4	7
NOTTINGHAM	GUY	M	TRL	1956/07/16	Tri Rd Std M (50+)	4	7
Otto	Rene	M	TRL	1959/01/19	Tri Rd Std M (50+)	4	7
Thorrold	Bryce	M	TRL	1968/03/27	Tri Rd Std M (50+)	4	7
Andrew	Brian	M	TRL	1967/03/01	Tri Rd Std M (50+)	5	5
Clarence	Mark	M	TRL	1962/01/06	Tri Rd Std M (50+)	5	5
Nefdt	Stephen	M	TRL	1966/08/11	Tri Rd Std M (50+)	5	5
Haak	Deon	M	TRL	1963/05/05	Tri Rd Std M (50+)	6	3
JOSEPH	ANTHONY	M	TRL	1968/08/23	Tri Rd Std M (50+)	6	3
KLOSTERMANN	MICHAEL	M	TRL	1955/02/12	Tri Rd Std M (50+)	6	3
Prinsloo	Alwyn sr	M	TRL	1964/04/04	Tri Rd Std M (50+)	6	3
Cronje	John	M	TRL	1958/05/25	Tri Rd Std M (50+)	7	2
Bouwer	Marius	M	TRL	1961/12/25	Tri Rd Std M (50+)	8	1
Potgieter	Johannes	M	TRL	1968/01/11	Tri Rd Std M (50+)	8	1
Westra	Bernhard	M	TRL	1972/03/22	Tri Rd Std M (40-49)	1	22
Kreuger	Shamus	M	TRL	1972/05/19	Tri Rd Std M (40-49)	2	10
Riccardi	Roberto	M	TRL	1972/06/09	Tri Rd Std M (40-49)	2	10
Smith	Dom	M	TRL	1969/02/15	Tri Rd Std M (40-49)	2	10
van Oudtshoorn	Gideon	M	TRL	1976/09/23	Tri Rd Std M (40-49)	2	10
ferreira	martin	M	TRL	1974/09/02	Tri Rd Std M (40-49)	3	7
GAUTIER	JEAN-FRANCOIS	M	TRL	1971/03/26	Tri Rd Std M (40-49)	3	7
Higgins	Andrew	M	TRL	1975/06/09	Tri Rd Std M (40-49)	3	7
Van Schalkwyk	Herbert	M	TRL	1976/10/28	Tri Rd Std M (40-49)	3	7
CLARK	PETER	M	TRL	1978/08/23	Tri Rd Std M (40-49)	4	5
du Toit	Jason	M	TRL	1972/09/09	Tri Rd Std M (40-49)	4	5
lechuga	jose	M	TRL	1978/09/15	Tri Rd Std M (40-49)	4	5
Yates	Neil	M	TRL	1977/04/03	Tri Rd Std M (40-49)	4	5
Bouwer	Deon	M	TRL	1972/12/01	Tri Rd Std M (40-49)	5	3
Dippenaar	Wert	M	TRL	1969/11/03	Tri Rd Std M (40-49)	5	3
Martinelli	Marco	M	TRL	1972/11/27	Tri Rd Std M (40-49)	5	3
naude	clinton	M	TRL	1977/05/24	Tri Rd Std M (40-49)	5	3
EDEN	CHRIS	M	TRL	1973/03/30	Tri Rd Std M (40-49)	6	1
Marshall	Stuart	M	TRL	1972/07/19	Tri Rd Std M (40-49)	6	1
MORGAN	Matthew	M	TRL	1978/05/28	Tri Rd Std M (40-49)	6	1
Reichman-Israelsohn	Julian	M	TRL	1977/01/12	Tri Rd Std M (40-49)	6	1
Ransom	Christopher	M	TRL	1984/12/28	Tri Rd Std M (30-39)	1	20
Lowe	Terrence	M	TRL	1987/03/03	Tri Rd Std M (30-39)	2	10
Van Niekerk	Jean	M	TRL	1982/11/21	Tri Rd Std M (30-39)	2	10
Parkin	Terence	M	TRL	1980/04/12	Tri Rd Std M (30-39)	2	10
Pfeifer	Ryan	M	TRL	1984/06/11	Tri Rd Std M (30-39)	3	9
van Heerden	Freddie	M	TRL	1988/03/03	Tri Rd Std M (30-39)	4	8

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Forbes	Stuart	M	TRL	1985/05/28	Tri Rd Std M (30-39)	5	7
Morkel	Barend	M	TRL	1980/04/03	Tri Rd Std M (30-39)	5	7
Van Helden	Maarten	M	TRL	1978/10/02	Tri Rd Std M (30-39)	5	7
van den Berg	Andre	M	TRL	1985/10/27	Tri Rd Std M (30-39)	5	7
Beaurain	Charles	M	TRL	1979/06/28	Tri Rd Std M (30-39)	6	5
Botha	Theuns	M	TRL	1984/03/02	Tri Rd Std M (30-39)	6	5
Robertson	Stanley	M	TRL	1984/04/11	Tri Rd Std M (30-39)	6	5
Storie	Adrian	M	TRL	1979/08/22	Tri Rd Std M (30-39)	6	5
Tucker	Eric	M	TRL	1988/04/01	Tri Rd Std M (30-39)	6	5
Goodburn	Chester	M	TRL	1982/02/06	Tri Rd Std M (30-39)	7	3
MORGAN	SIMON	M	TRL	1981/02/16	Tri Rd Std M (30-39)	7	3
Cisak	Brad	M	TRL	1988/12/02	Tri Rd Std M (30-39)	8	1
Coetzee	Philippus	M	TRL	1982/09/03	Tri Rd Std M (30-39)	8	1
Sutil	Grant	M	TRL	1984/09/22	Tri Rd Std M (30-39)	8	1
van Deventer	Johan	M	TRL	1988/04/05	Tri Rd Std M (30-39)	8	1
Greer	Matthew	M	TRL	1998/10/26	Tri Rd Std M (20-29)	1	20
Nel	Charles	M	TRL	1991/05/10	Tri Rd Std M (20-29)	2	10
Strachan	Stuart	M	TRL	1992/04/21	Tri Rd Std M (20-29)	2	10
van der Merwe	Pieterjan	M	TRL	1996/12/06	Tri Rd Std M (20-29)	2	10
Bartlett	Keegan	M	TRL	1989/06/03	Tri Rd Std M (20-29)	3	7
Hay	Andrew	M	TRL	1992/03/11	Tri Rd Std M (20-29)	3	7
Honiball	Andreas	M	TRL	1991/09/19	Tri Rd Std M (20-29)	3	7
Nieuwenhuys	Armand	M	TRL	1991/02/25	Tri Rd Std M (20-29)	3	7
Barclay	Sean	M	TRL	1995/10/15	Tri Rd Std M (20-29)	4	6
Louwrens	Renier	M	TRL	1991/04/20	Tri Rd Std M (20-29)	5	5
Rossouw	Brett	M	TRL	1994/11/29	Tri Rd Std M (20-29)	5	5
van der Merwe	Xander	M	TRL	2000/01/07	Tri Rd Std M (20-29)	5	5
Louw	Dennis	M	TRL	1992/05/19	Tri Rd Std M (20-29)	5	5
Floudiotis	Kyriacos	M	TRL	1991/03/21	Tri Rd Std M (20-29)	6	4
Houw	Theo	M	TRL	1992/01/28	Tri Rd Std M (20-29)	7	3
Wagener	Raymond	M	TRL	1995/01/18	Tri Rd Std M (20-29)	7	3
du Toit	Jan	M	TRL	1989/07/27	Tri Rd Std M (20-29)	8	1
Pfeffer	Michael	M	TRL	1993/04/28	Tri Rd Std M (20-29)	8	1
Pons	Wesley	M	TRL	1994/09/16	Tri Rd Std M (20-29)	8	1
Smit	Etienne	M	TRL	1990/08/23	Tri Rd Std M (20-29)	8	1
househam	deborah	F	TRL	1968/07/16	Tri Rd Std F (50+)	1	30
Scrutton	Mandy	F	TRL	1964/10/06	Tri Rd Std F (50+)	2	14
Pienaar	Celia	F	TRL	1960/10/21	Tri Rd Std F (50+)	3	10
du Plessis	Ronel	F	TRL	1963/10/24	Tri Rd Std F (50+)	4	5
Prinsloo	Adriana Cecilia	F	TRL	1964/08/03	Tri Rd Std F (50+)	5	3
MESHIYANE	LEBOGANG	F	TRL		Tri Rd Std F (40-49)	1	53
Vanderwagen	Judy	F	TRL	1971/10/30	Tri Rd Std F (40-49)	2	31
Higgins	Denise	F	TRL	1978/04/03	Tri Rd Std F (40-49)	3	10
Hustler	Sherene	F	TRL	1972/06/03	Tri Rd Std F (40-49)	3	10
SHLESINGER	MAGDALENA	F	TRL	1969/10/07	Tri Rd Std F (40-49)	3	10
Storm	Jeanine	F	TRL	1978/05/27	Tri Rd Std F (40-49)	3	10
du Toit	Tanith	F	TRL	1976/08/30	Tri Rd Std F (40-49)	4	7
SUCKLING	BONITA	F	TRL	1974/05/12	Tri Rd Std F (40-49)	4	7
Condes	Katinka	F	TRL	1978/12/26	Tri Rd Std F (40-49)	5	6
Broodryk	Deidre	F	TRL	1975/08/18	Tri Rd Std F (40-49)	6	5
Kotze	Charlene	F	TRL	1978/06/02	Tri Rd Std F (40-49)	6	5
Morris	Veronica	F	TRL	1971/08/03	Tri Rd Std F (40-49)	6	5
DAVEY	MEG	F	TRL	1970/07/09	Tri Rd Std F (40-49)	7	3
DE JAGER	PETA	F	TRL	1970/01/07	Tri Rd Std F (40-49)	7	3
Dougal	Igna	F	TRL	1977/12/30	Tri Rd Std F (40-49)	7	3

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Lanz	Monique	F	TRL	1971/05/22	Tri Rd Std F (40-49)	7	3
Beyers	Dora-Thea	F	TRL	1970/06/15	Tri Rd Std F (40-49)	1	1
FRASER	FRASER	F	TRL	1978/09/12	Tri Rd Std F (40-49)	1	1
McKenna	Bev	F	TRL	1970/05/12	Tri Rd Std F (40-49)	1	1
Cronk	Lynette	F	TRL	1987/10/30	Tri Rd Std F (30-39)	1	10
Dewar	Pia	F	TRL	1981/10/13	Tri Rd Std F (30-39)	1	10
Kleu	Jeanne	F	TRL	1985/06/07	Tri Rd Std F (30-39)	1	10
Lester	Desiree	F	TRL	1982/04/19	Tri Rd Std F (30-39)	1	10
Leicester	Johandri	F	TRL	1987/10/20	Tri Rd Std F (30-39)	1	10
Herbst	Carla	F	TRL	1979/09/11	Tri Rd Std F (30-39)	2	7
Jooste	Marina	F	TRL	1988/03/30	Tri Rd Std F (30-39)	2	7
Van schalkwyk	Christa	F	TRL	1983/03/31	Tri Rd Std F (30-39)	2	7
Venter	Sylvia	F	TRL	1983/04/23	Tri Rd Std F (30-39)	2	7
Vosloo	Maureen	F	TRL	1981/05/13	Tri Rd Std F (30-39)	2	7
HAROLD	TANIA	F	TRL	1987/01/26	Tri Rd Std F (30-39)	3	5
Humphrey	Jeanine	F	TRL	1983/03/15	Tri Rd Std F (30-39)	3	5
MacDiarmid	Imogen	F	TRL	1986/03/07	Tri Rd Std F (30-39)	3	5
Van Niekerk	Natalie	F	TRL	1982/09/20	Tri Rd Std F (30-39)	3	5
Barker	Taryn	F	TRL	1984/12/29	Tri Rd Std F (30-39)	4	3
Van Niekerk	Toinette	F	TRL	1984/03/22	Tri Rd Std F (30-39)	4	3
VENTER	SORETHA	F	TRL	1986/11/23	Tri Rd Std F (30-39)	4	3
Booyesen	Lindsay	F	TRL	1985/09/06	Tri Rd Std F (30-39)	5	1
du Plessis	Liesel	F	TRL	1986/02/12	Tri Rd Std F (30-39)	5	1
Strydom	Louise	F	TRL	1985/07/26	Tri Rd Std F (30-39)	5	1
van Heerden	Rizanne	F	TRL	1992/09/16	Tri Rd Std F (20-29)	1	24
James	Jemma-Rae	F	TRL	1991/12/09	Tri Rd Std F (20-29)	2	20
Botha	Janelle	F	TRL	1994/05/21	Tri Rd Std F (20-29)	3	10
Crouse	Simone	F	TRL	1990/09/14	Tri Rd Std F (20-29)	3	10
Bieske	Sam	F	TRL	1988/09/27	Tri Rd Std F (20-29)	4	7
Louwrens	Lize-Marie	F	TRL	1991/09/13	Tri Rd Std F (20-29)	4	7
Surtees	Michaela	F	TRL	1992/06/26	Tri Rd Std F (20-29)	4	7
DE JAGER	SINEAD	F	TRL	1997/01/02	Tri Rd Std F (20-29)	5	5
Mc Bride	Sherylee	F	TRL	1991/11/06	Tri Rd Std F (20-29)	5	5
O'Brien	Jessica	F	TRL	1993/01/14	Tri Rd Std F (20-29)	5	5
Johnstone	Kate		TRL	1990/12/01	Tri Rd Std F (20-29)	5	5
Badenhorst	San-Mari	F	TRL	1991/01/28	Tri Rd Std F (20-29)	6	3
Hattingh	Eduleene	F	TRL	1992/02/21	Tri Rd Std F (20-29)	6	3
Mentz	Jana	F	TRL	1989/12/30	Tri Rd Std F (20-29)	6	3
Pinto	Maxine	F	TRL	1991/05/15	Tri Rd Std F (20-29)	7	1
Surtees	Cherise	F	TRL	1995/02/22	Tri Rd Std F (20-29)	7	1
van staden	grete	F	TRL	1985/12/30	Tri Rd Std F (20-29)	7	1

### Cross Tri Long

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Strachan	David	M	XTL	1991/12/13	X Tri Std M (20-29)	1	10
Smith	Gregory	M	XTL	1994/05/12	X Tri Std M (20-29)	2	7
Falconer	Mark	M	XTL	1982/10/18	X Tri Std M (30-39)	1	10
van den Berg	Andre	M	XTL	1985/10/27	X Tri Std M (30-39)	1	10
Fourie	Graeme	M	XTL	1986/01/04	X Tri Std M (30-39)	2	7
Woodinek	Adriaan	M	XTL	1985/05/29	X Tri Std M (30-39)	2	7
Hood	Clayton	M	XTL	1982/11/20	X Tri Std M (30-39)	3	5
LE ROUX	EWALD	M	XTL	1987/11/17	X Tri Std M (30-39)	3	5
Hansen	Hechter	M	XTL	1987/09/18	X Tri Std M (30-39)	4	3
van Heerden	Coen	M	XTL	1984/07/23	X Tri Std M (30-39)	4	3

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
VINHAS	PAULO	M	XTL	1984/08/30	X Tri Std M (30-39)	5	1
Evans	Anthony	M	XTL	1977/03/30	X Tri Std M (40-49)	1	17
Teichman	Kfir	M	XTL		X Tri Std M (40-49)	1	17
Potgieter	Jurgens	M	XTL	1977/08/13	X Tri Std M (40-49)	2	10
Van Loggerenberg	Hein	M	XTL	1972/12/27	X Tri Std M (40-49)	2	10
Coetzee	Louis	M	XTL	1973/05/13	X Tri Std M (40-49)	3	7
Logan	David	M	XTL	1971/06/04	X Tri Std M (40-49)	3	7
Thomas-Stark	Robert	M	XTL	1975/04/01	X Tri Std M (40-49)	3	7
van Wyk	Gerhard	M	XTL	1976/09/19	X Tri Std M (40-49)	4	5
White	Quintin	M	XTL	1971/05/30	X Tri Std M (40-49)	5	3
Olivier	Vivian	M	XTL	1972/05/03	X Tri Std M (40-49)	6	1
Farrer	David	M	XTL	1967/03/12	X Tri Std M (50+)	1	37
Fenthum	Dallas	M	XTL	1968/07/09	X Tri Std M (50+)	2	10
Myburgh	Kobus	M	XTL	1967/01/17	X Tri Std M (50+)	2	10
Scrutton	Neill	M	XTL	1964/04/12	X Tri Std M (50+)	2	10
Roller	Mike	M	XTL	1966/05/12	X Tri Std M (50+)	3	7
Walker	Garren	M	XTL	1964/09/15	X Tri Std M (50+)	3	7
Garbers	Marius	M	XTL	1966/04/02	X Tri Std M (50+)	4	3
Haddon	Duncan	M	XTL	1962/03/02	X Tri Std M (50+)	5	1

### Tri Road Sprint

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Kahl	Michelene	F	TRS	1998/02/11	Tri Rd Sp F (20-29)	1	10
Nys	Gena	F	TRS	1995/05/14	Tri Rd Sp F (20-29)	1	10
Prinsloo	Chrize	F	TRS	1993/08/17	Tri Rd Sp F (20-29)	1	10
van den Bergh	Larochelle	F	TRS	1990/05/17	Tri Rd Sp F (20-29)	1	10
Waldeck	Nicole	F	TRS	1997/02/13	Tri Rd Sp F (20-29)	1	10
Fourie	Minke	F	TRS	1991/10/09	Tri Rd Sp F (20-29)	2	7
Hattingh	Eduleene	F	TRS	1992/02/21	Tri Rd Sp F (20-29)	2	7
Jansen Van Rensburg	Chamaune	F	TRS	1996/01/31	Tri Rd Sp F (20-29)	2	7
McJarrow	Kristin	F	TRS	1994/11/07	Tri Rd Sp F (20-29)	2	7
Moys	Sarah	F	TRS	1989/04/20	Tri Rd Sp F (20-29)	2	7
Eckard	Deidre	F	TRS	1991/10/25	Tri Rd Sp F (20-29)	3	5
ERASMUS	TANYA	F	TRS	1990/07/05	Tri Rd Sp F (20-29)	3	5
Kuhar	Maja	F	TRS	1993/08/20	Tri Rd Sp F (20-29)	3	5
Paley	Robyn-Meaganq	F	TRS	1993/02/17	Tri Rd Sp F (20-29)	3	5
Weyers	Kylene	F	TRS	1989/04/06	Tri Rd Sp F (20-29)	3	5
Hill	Jenna-Leigh	F	TRS	1994/04/17	Tri Rd Sp F (20-29)	4	3
Kalweit	Kerry	F	TRS	1991/01/02	Tri Rd Sp F (20-29)	4	3
Pienaar	Monja	F	TRS	1992/02/13	Tri Rd Sp F (20-29)	4	3
van Zyl	Rize-Mari	F	TRS	1991/08/19	Tri Rd Sp F (20-29)	4	3
Meyer	Anri	F	TRS	1992/11/18	Tri Rd Sp F (20-29)	5	2
Paterson	Justine	F	TRS	1991/12/21	Tri Rd Sp F (20-29)	6	1
Steyn	Andrea	F	TRS	1992/11/23	Tri Rd Sp F (20-29)	6	1
van Jaarsveld	Donel	F	TRS	1980/01/08	Tri Rd Sp F (30-39)	1	27
Annandale	Tiani	F	TRS	1984/04/13	Tri Rd Sp F (30-39)	2	10
Goncalves	Anso	F	TRS	1979/09/17	Tri Rd Sp F (30-39)	2	10
pieterse	janine	F	TRS	1987/03/09	Tri Rd Sp F (30-39)	2	10
Van Niekerk	Natalie	F	TRS	1982/09/20	Tri Rd Sp F (30-39)	2	10
Grobler	Telani	F	TRS	1980/04/15	Tri Rd Sp F (30-39)	3	7
le Roux	Juane	F	TRS	1985/06/14	Tri Rd Sp F (30-39)	3	7
Semper	Tamryn-Leigh	F	TRS	1988/01/13	Tri Rd Sp F (30-39)	3	7
Cook	vicky	F	TRS	1985/08/25	Tri Rd Sp F (30-39)	4	5
Perold	Lizette	F	TRS	1985/09/10	Tri Rd Sp F (30-39)	4	5

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Van Der Merwe	Tanja	F	TRS	1982/01/09	Tri Rd Sp F (30-39)	4	5
Floyd	Tamarin	F	TRS	1987/12/23	Tri Rd Sp F (30-39)	3	3
HUTCHEON	MICHELLE	F	TRS	1982/12/01	Tri Rd Sp F (30-39)	3	3
Chan	Stacey	F	TRS	1986/03/15	Tri Rd Sp F (30-39)	6	1
Cross	Michelle	F	TRS	1979/09/10	Tri Rd Sp F (30-39)	6	1
Reiser	Donna	F	TRS	1982/10/14	Tri Rd Sp F (30-39)	6	1
Lailvaux	Alison	F	TRS	1970/05/03	Tri Rd Sp F (40-49)	1	30
HEIMANN	TRISH	F	TRS	1977/11/07	Tri Rd Sp F (40-49)	2	27
van der Waals	Jacqueline	F	TRS	1974/06/09	Tri Rd Sp F (40-49)	3	14
BAM	MICHELLE	F	TRS	1973/08/21	Tri Rd Sp F (40-49)	4	10
Terblanche	Paula	F	TRS	1970/07/24	Tri Rd Sp F (40-49)	5	8
ELLIS-WILLIAMS	KERRY	F	TRS	1978/06/28	Tri Rd Sp F (40-49)	6	7
Bolton	Justine	F	TRS	1976/02/09	Tri Rd Sp F (40-49)	7	5
Pretorius	Ansie	F	TRS	1978/01/04	Tri Rd Sp F (40-49)	8	3
Watchan	Tracy	F	TRS	1973/10/22	Tri Rd Sp F (40-49)	8	3
Pryor	Corne	F	TRS	1976/01/17	Tri Rd Sp F (40-49)	9	2
Bezuidenhout	Marle	F	TRS	1975/07/28	Tri Rd Sp F (40-49)	10	1
Buitenhuis	Fiona	F	TRS	1966/12/29	Tri Rd Sp F (50+)	1	34
van der Vlies	Erika	F	TRS	1962/02/03	Tri Rd Sp F (50+)	2	22
Frey	Jackie	F	TRS	1961/03/28	Tri Rd Sp F (50+)	3	10
venter	christa	F	TRS	1966/11/18	Tri Rd Sp F (50+)	4	5
SPIES	TERSIA	F	TRS	1962/07/13	Tri Rd Sp F (50+)	5	3
van der Merwe	Riani	F	TRS	1964/04/02	Tri Rd Sp F (50+)	5	3
DE VRIES	SYLVIA	F	TRS	1962/10/28	Tri Rd Sp F (50+)	6	1
do Couto	DINA	F	TRS	1964/07/10	Tri Rd Sp F (50+)	6	1
Fairon	Kelly	F	TRS	2001/02/03	Tri Rd Sp F (Jun)	1	30
Stolarczyk	Nadya	F	TRS	2003/05/22	Tri Rd Sp F (Jun)	2	24
Seymour-Smith	Jenna	F	TRS	2002/08/19	Tri Rd Sp F (Jun)	3	15
greer	Catherine	F	TRS	2002/04/05	Tri Rd Sp F (Jun)	4	13
Legge	Carrey-Lynn	F	TRS	2001/04/19	Tri Rd Sp F (Jun)	5	7
Andrew	Paige	F	TRS	2000/11/22	Tri Rd Sp F (Jun)	6	5
Crichton	Alison	F	TRS	2001/08/25	Tri Rd Sp F (Jun)	7	4
van Lieshout	Hannah	F	TRS	2001/05/05	Tri Rd Sp F (Jun)	8	1
Tolmie	Cornelis	M	TRS	1992/02/25	Tri Rd Sp M (20-29)	1	14
Doyle	Lawrence	M	TRS	1996/05/20	Tri Rd Sp M (20-29)	2	12
BOSHOFF	WESLEY	M	TRS	1989/09/05	Tri Rd Sp M (20-29)	3	11
Rowbotham	David	M	TRS	1990/12/19	Tri Rd Sp M (20-29)	4	10
Sanders	Liron	M	TRS	1994/05/16	Tri Rd Sp M (20-29)	4	10
Tyack	Devlin	M	TRS	1994/04/07	Tri Rd Sp M (20-29)	4	10
van den Bergh	Jaco	M	TRS	1990/02/06	Tri Rd Sp M (20-29)	4	10
Eliot	James	M	TRS	1996/03/24	Tri Rd Sp M (20-29)	5	8
Mitchell	Keagan	M	TRS	1996/07/24	Tri Rd Sp M (20-29)	6	7
PILLAY	PRESHAIEN	M	TRS	1993/01/22	Tri Rd Sp M (20-29)	6	7
Papendorf	Max	M	TRS	1990/12/20	Tri Rd Sp M (20-29)	7	5
Robertson	Garreth	M	TRS	1990/06/23	Tri Rd Sp M (20-29)	7	5
HEATH	MICHAEL	M	TRS	1988/03/21	Tri Rd Sp M (20-29)	8	3
le Roux	Lourens	M	TRS	1991/07/07	Tri Rd Sp M (20-29)	9	1
Cisak	Brad	M	TRS	1988/12/02	Tri Rd Sp M (30-39)	1	17
Haidlingol	WAYNE	M	TRS	1985/12/31	Tri Rd Sp M (30-39)	1	17
Basson	Hendrik	M	TRS	1986/01/14	Tri Rd Sp M (30-39)	2	15
Currie	Andrew	M	TRS	1979/12/25	Tri Rd Sp M (30-39)	3	10
Kruger	Jacobus	M	TRS	1982/09/29	Tri Rd Sp M (30-39)	3	10
Bam	Nolen	M	TRS	1981/07/31	Tri Rd Sp M (30-39)	4	7
Buitendag	Pieter	M	TRS	1988/08/24	Tri Rd Sp M (30-39)	4	7
Currie	Andrew	M	TRS	1979/12/25	Tri Rd Sp M (30-39)	4	7

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
BOTHA	FLOYD	M	TRS	1984/09/19	Tri Rd Sp M (30-39)	5	5
Caubscher	Reytjie	M	TRS	1984/08/27	Tri Rd Sp M (30-39)	5	5
VAN HEERDEN	JACQUES	M	TRS	1983/08/25	Tri Rd Sp M (30-39)	5	5
Dalu	Farai	M	TRS	1982/07/15	Tri Rd Sp M (30-39)	4	3
du Plessis	Andre	M	TRS	1988/07/19	Tri Rd Sp M (30-39)	4	3
Macnamara	Ryan	M	TRS	1984/01/31	Tri Rd Sp M (30-39)	4	3
Raath	Aaron	M	TRS	1984/09/17	Tri Rd Sp M (30-39)	4	3
Gibson	Juan	M	TRS	1987/07/12	Tri Rd Sp M (30-39)	3	1
Gyzen	Charl	M	TRS	1979/06/04	Tri Rd Sp M (30-39)	3	1
Kotwal	Joe	M	TRS	1980/11/21	Tri Rd Sp M (30-39)	3	1
Perrie	Michael	M	TRS	1985/06/04	Tri Rd Sp M (30-39)	3	1
ALLEN	MARKUS	M	TRS		Tri Rd Sp M (40-49)	1	40
Collett	Neil	M	TRS	1969/05/03	Tri Rd Sp M (40-49)	2	14
Corker	Marc	M	TRS	1972/04/29	Tri Rd Sp M (40-49)	2	14
Coetzee	Josef	M	TRS	1974/08/12	Tri Rd Sp M (40-49)	3	7
Buitenhuis	Jan	M	TRS	1969/12/26	Tri Rd Sp M (40-49)	4	5
Duggan	Patrick	M	TRS	1974/07/09	Tri Rd Sp M (40-49)	4	5
LIAKOS	COBUS	M	TRS	1971/07/03	Tri Rd Sp M (40-49)	4	5
schnugh	Desmond	M	TRS	1978/02/08	Tri Rd Sp M (40-49)	4	5
Taljaard	Riaan	M	TRS	1977/04/25	Tri Rd Sp M (40-49)	4	5
Bishop	Karl	M	TRS	1976/11/03	Tri Rd Sp M (40-49)	5	3
Bloem	Charles	M	TRS	1974/01/20	Tri Rd Sp M (40-49)	5	3
Janse van Vuuren	Jason	M	TRS	1978/07/19	Tri Rd Sp M (40-49)	5	3
Wilkins	Richard	M	TRS	1974/08/16	Tri Rd Sp M (40-49)	5	3
bowles	dylan	M	TRS	1976/10/15	Tri Rd Sp M (40-49)	6	1
DE VILLIERS	DANIE	M	TRS	1969/11/14	Tri Rd Sp M (40-49)	6	1
Myburg	Phillip	M	TRS	1983/06/16	Tri Rd Sp M (40-49)	6	1
greer	gareth	M	TRS	1968/04/26	Tri Rd Sp M (50+)	1	30
Hartmann	Reinhard	M	TRS	1962/01/17	Tri Rd Sp M (50+)	2	25
DIX	TIMothy	M	TRS	1961/01/27	Tri Rd Sp M (50+)	3	22
Summerson	Evan	M	TRS	1968/05/20	Tri Rd Sp M (50+)	4	13
Hempel	John	M	TRS	1962/01/30	Tri Rd Sp M (50+)	5	8
HILL	GREG	M	TRS	1961/09/18	Tri Rd Sp M (50+)	6	7
waldeck	Gavin	M	TRS	1963/08/25	Tri Rd Sp M (50+)	6	7
RYNHOUD	BEAU	M	TRS		Tri Rd Sp M (50+)	7	5
SPIES	JAN	M	TRS	1958/07/03	Tri Rd Sp M (50+)	7	5
Blakeway	Patrick	M	TRS	1962/03/03	Tri Rd Sp M (50+)	8	3
Bean	Rynhoud	M	TRS	1956/06/26	Tri Rd Sp M (50+)	9	1
moynihan	john	M	TRS	1964/09/02	Tri Rd Sp M (50+)	9	1
NIENABER	HEIN	M	TRS		Tri Rd Sp M (50+)	9	1
SeymourSmith	Barclay	M	TRS	1961/06/14	Tri Rd Sp M (50+)	9	1
Van der Linde	Andries	M	TRS	1950/12/10	Tri Rd Sp M (50+)	9	1
Morrison	Jonathan	M	TRS	2002/04/24	Tri Rd Sp M (Jun)	1	27
Coetzee	Daniel	M	TRS	2002/02/16	Tri Rd Sp M (Jun)	2	16
Jardim	Tomé	M	TRS	2001/12/03	Tri Rd Sp M (Jun)	3	15
Du Preez	Ruan	M	TRS	2001/06/01	Tri Rd Sp M (Jun)	4	12
Stroebel	Christiaan	M	TRS	2001/06/06	Tri Rd Sp M (Jun)	5	10
STROEBEL	CHRISTIAAN	M	TRS	2001/06/06	Tri Rd Sp M (Jun)	5	10
Vollmerhaus-Everitt	Oliver	M	TRS	2003/11/04	Tri Rd Sp M (Jun)	6	8
Schoeman	Ruben	M	TRS	2002/11/15	Tri Rd Sp M (Jun)	7	7
Stanley	Devon	M	TRS	2001/07/17	Tri Rd Sp M (Jun)	8	3
Stead	Gareth	M	TRS	2001/10/11	Tri Rd Sp M (Jun)	8	3
<b>Cross Tri Light</b>							

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
<b>Surname</b>	<b>Name</b>	<b>Sex</b>	<b>Dist</b>	<b>BirthDate</b>	<b>Category</b>	<b>P_Cat</b>	<b>Total points</b>
Gordon	Bronwyn	F	XTS	1992/03/31	X Tri Lt F (20-29)	1	20
Badenhorst	San-Marí	F	XTS	1991/01/28	X Tri Lt F (20-29)	2	10
ROSELT	MARIONETTE	F	XTS	1991/01/21	X Tri Lt F (20-29)	2	10
Graham	Erin	F	XTS	1995/08/23	X Tri Lt F (20-29)	3	7
Hugo	Nadine	F	XTS	1994/02/18	X Tri Lt F (20-29)	3	7
Van Der Merwe	Lizelle	F	XTS	1990/02/11	X Tri Lt F (20-29)	3	7
Warburton	Lorraine	F	XTS	1991/11/29	X Tri Lt F (20-29)	3	7
Van Niekerk	Izek	F	XTS	1990/02/19	X Tri Lt F (20-29)	4	5
Van Amersfoort	Sue-Ellen	F	XTS	1981/05/01	X Tri Lt F (30-39)	1	17
Botha	Evelyn	F	XTS	1981/12/19	X Tri Lt F (30-39)	2	10
Jansen	Sulet	F	XTS	1981/04/13	X Tri Lt F (30-39)	2	10
Langlois	Kate	F	XTS	1984/09/02	X Tri Lt F (30-39)	2	10
Ellison	Monica	F	XTS	1980/12/02	X Tri Lt F (30-39)	3	7
Neumann Forder	Nicole	F	XTS	1988/06/23	X Tri Lt F (30-39)	3	7
van wyk	eunice	F	XTS	1987/03/13	X Tri Lt F (30-39)	3	7
GROVE	ELMARIE	F	XTS	1987/04/24	X Tri Lt F (30-39)	4	5
Lutsch	Edwina	F	XTS	1979/08/22	X Tri Lt F (30-39)	4	5
Keates	Vicky	F	XTS	1972/11/09	X Tri Lt F (40-49)	1	23
Harmse	Retha	F	XTS	1978/09/27	X Tri Lt F (40-49)	2	10
Janse van Rensburg	Elmie	F	XTS	1971/11/23	X Tri Lt F (40-49)	2	10
Bousema	Kitta	F	XTS	1971/10/10	X Tri Lt F (40-49)	3	7
Mostert	Lorette	F	XTS	1971/08/21	X Tri Lt F (40-49)	3	7
VENTER	CLAIRE	F	XTS	1975/08/02	X Tri Lt F (40-49)	4	5
Visser	Lorne	F	XTS	1972/09/13	X Tri Lt F (40-49)	4	5
Scheepers	Sanette	F	XTS	1975/06/05	X Tri Lt F (40-49)	5	1
Parsons	Joreta	F	XTS	1962/10/09	X Tri Lt F (50+)	1	7
Kruger	Susan	F	XTS	2000/11/07	X Tri Lt F (Jun)	1	10
white	tatum	F	XTS	2002/10/18	X Tri Lt F (Jun)	1	10
MOODIE	ELZANNE	F	XTS	1986/06/25	X Tri Lt F(30-39)	1	10
VAN DER MERWE	RIANI	F	XTS	1964/04/02	X Tri Lt F(50+)	1	40
Gibson	Michael	M	XTS	1989/11/23	X Tri Lt M (20-29)	1	25
Jessop	Peter	M	XTS	1993/09/01	X Tri Lt M (20-29)	2	17
Smuts	Desmond	M	XTS	1990/02/06	X Tri Lt M (20-29)	2	17
Terblanche	Enrico	M	XTS	1996/05/07	X Tri Lt M (20-29)	3	11
HARRINGTON-JOHNSON	ROBERT	M	XTS	1994/04/19	X Tri Lt M (20-29)	4	10
Komitsch	Jonas	M	XTS	1993/09/19	X Tri Lt M (20-29)	4	10
MALAN	WYNAND	M	XTS	1989/03/12	X Tri Lt M (20-29)	4	10
CLAASSEN	PAUL	M	XTS	1989/04/14	X Tri Lt M (20-29)	5	7
DOTT	AIDEN	M	XTS	1997/12/11	X Tri Lt M (20-29)	5	7
Thompson	Raymond	M	XTS	1998/04/22	X Tri Lt M (20-29)	6	6
Goldschagg	David	M	XTS	1992/04/25	X Tri Lt M (20-29)	7	5
Scrutton	Dale	M	XTS	1997/08/21	X Tri Lt M (20-29)	7	5
Conradie	Dewald	M	XTS	1991/05/03	X Tri Lt M (20-29)	8	3
KERNAHAN	KYLE	M	XTS	1997/05/08	X Tri Lt M (20-29)	8	3
Booyse	Jean	M	XTS	1990/01/19	X Tri Lt M (20-29)	9	1
Ellison	Vincent	M	XTS	1996/09/16	X Tri Lt M (20-29)	9	1
Roselt	Morne	M	XTS	1994/06/09	X Tri Lt M (20-29)	9	1
Acho	Donavin	M	XTS	1979/12/15	X Tri Lt M (30-39)	1	10
MEALKE	HEINTZ	M	XTS	1979/02/10	X Tri Lt M (30-39)	1	10
serfontein	deon	M	XTS	1984/06/27	X Tri Lt M (30-39)	1	10
Ras	Rikus	M	XTS	1988/03/14	X Tri Lt M (30-39)	2	7
Van der Walt	Jacobus	M	XTS	1984/03/13	X Tri Lt M (30-39)	2	7
Van Heerden	Pieter	M	XTS	1984/03/09	X Tri Lt M (30-39)	2	7
Du Preez	Jacques	M	XTS	1987/11/21	X Tri Lt M (30-39)	3	6

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Forder	Rory	M	XTS	1983/01/28	X Tri Lt M (30-39)	4	5
Mackenzie	Charles	M	XTS	1984/06/03	X Tri Lt M (30-39)	4	5
Bierman	Rohan	M	XTS	1986/08/05	X Tri Lt M (30-39)	5	3
Liebenberg	Schoonraad	M	XTS	1988/01/30	X Tri Lt M (30-39)	5	3
Thomson	Alexander	M	XTS	1987/05/08	X Tri Lt M (30-39)	5	3
Tshivhase	Takalani	M	XTS	1980/03/21	X Tri Lt M (30-39)	6	1
Stanley	Stephen	M	XTS	1977/07/11	X Tri Lt M (40-49)	1	13
Hare	Glenn	M	XTS	1976/06/03	X Tri Lt M (40-49)	2	11
Brown	Craig	M	XTS	1973/06/18	X Tri Lt M (40-49)	3	7
Kotze	Nel	M	XTS	1978/04/24	X Tri Lt M (40-49)	3	7
Mac	Andy	M	XTS	1973/04/01	X Tri Lt M (40-49)	3	7
McLaggan	Hamish	M	XTS	1973/02/23	X Tri Lt M (40-49)	3	7
Holman	Ian	M	XTS	1975/10/08	X Tri Lt M (40-49)	4	6
Erasmus	Bennie	M	XTS	1973/02/09	X Tri Lt M (40-49)	5	5
Gerber	Etienne	M	XTS	1973/04/20	X Tri Lt M (40-49)	5	5
Pieterse	Johan	M	XTS	1973/02/23	X Tri Lt M (40-49)	5	5
Burger	Mike	M	XTS	1971/04/29	X Tri Lt M (40-49)	6	3
Nell	Johan	M	XTS	1975/08/21	X Tri Lt M (40-49)	6	3
Draper	Michael	M	XTS	1967/06/28	X Tri Lt M (50+)	1	10
Hughes	Derek	M	XTS	1966/05/17	X Tri Lt M (50+)	1	10
van der Veen	Caleb	M	XTS	2000/01/31	X Tri Lt M (Jun)	1	30
Nothnagel	Khan	M	XTS	2000/10/21	X Tri Lt M (Jun)	2	14
Dippenaar	Zandre	M	XTS	2000/04/08	X Tri Lt M (Jun)	3	10
Wolfaardt	Shaun	M	XTS	2005/02/21	X Tri Lt M (Jun)	3	10
Campbell	Daniel	M	XTS	2002/01/24	X Tri Lt M (Jun)	4	7
Kieck	Blaine	M	XTS	2004/05/10	X Tri Lt M (Jun)	4	7
Griffith	Aidan	M	XTS	2002/08/07	X Tri Lt M (Jun)	5	5
Lombard	Ruben	M	XTS	2000/08/07	X Tri Lt M (Jun)	5	5
Prinsloo	Carlu	M	XTS	2002/05/13	X Tri Lt M (Jun)	5	5
De Lima	Jonathan	M	XTS	2001/08/28	X Tri Lt M (Jun)	6	3
Scrutton	Paul	M	XTS	1999/10/13	X Tri Lt M (Jun)	6	3
Stanley	Devon	M	XTS	2001/07/17	X Tri Lt M (Jun)	7	1
van der Westhuyzen	Amiel	M	XTS	2003/06/24	X Tri Lt M (Jun)	7	1

### Duathlon Road

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Dreyer	Victoria	F	DUR	1994/06/01	Du Rd F (20-29)	1	14
Brookstein	Lara	F	DUR	1992/11/14	Du Rd F (20-29)	2	10
Malherbe	Johne	F	DUR	1995/01/13	Du Rd F (20-29)	2	10
Penny	Cara	F	DUR	1990/03/09	Du Rd F (20-29)	2	10
Pinto	Maxine	F	DUR	1991/05/15	Du Rd F (20-29)	2	10
MEYER	LARA	F	DUR	1992/12/17	Du Rd F (20-29)	3	7
Bergstedt	Melissa-Anne	F	DUR	1991/08/18	Du Rd F (20-29)	4	5
Brown	Chevaune	F	DUR	1989/09/03	Du Rd F (20-29)	4	5
DLAMINI	KWANDA	F	DUR	1990/01/19	Du Rd F (20-29)	5	3
Bruchner	Antje	F	DUR	1980/06/16	Du Rd F (30-39)	1	29
Ghemo	Angela	F	DUR	1981/04/23	Du Rd F (30-39)	2	10
Mattheus	Nicola	F	DUR	1987/10/14	Du Rd F (30-39)	2	10
MORGAN	DEBORAH	F	DUR	1983/02/08	Du Rd F (30-39)	2	10
SWANEPOEL	BERNICE	F	DUR	1988/12/08	Du Rd F (30-39)	2	10
KOTZE	ALIDA	F	DUR	1981/04/17	Du Rd F (30-39)	3	7
Kruger	Yolanda	F	DUR	1982/07/13	Du Rd F (30-39)	3	7
denton	michelle	F	DUR	1980/06/11	Du Rd F (30-39)	4	6
Dally	Lauren	F	DUR	1984/07/19	Du Rd F (30-39)	5	5



Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Munger	Duene	F	DUR	1987/10/26	Du Rd F (30-39)	5	5
Boshoff	Liezl	F	DUR	1988/12/12	Du Rd F (30-39)	6	3
Standtlander	Nica	F	DUR	1987/12/07	Du Rd F (30-39)	6	3
van Zyl Smit	Deirdre	F	DUR	1982/01/10	Du Rd F (30-39)	6	3
Neuhoff	Ilse	F	DUR	1987/02/17	Du Rd F (30-39)	7	1
Chamberlain	Helena	F	DUR	1971/07/04	Du Rd F (40-49)	1	31
Cloete	Leonora	F	DUR	1976/02/15	Du Rd F (40-49)	2	18
Gianchino	Elisa	F	DUR	1975/08/15	Du Rd F (40-49)	3	10
Riley	Tracey	F	DUR	1976/03/29	Du Rd F (40-49)	3	10
Symcox	Candice	F	DUR	1977/05/11	Du Rd F (40-49)	3	10
van Rooyen	Mia	F	DUR	1977/12/23	Du Rd F (40-49)	3	10
Lailvaux	Alison	F	DUR	1970/05/03	Du Rd F (40-49)	4	7
Van der Merwe	Bernice	F	DUR	1972/06/25	Du Rd F (40-49)	5	3
Jonas	Haneke	F	DUR	1978/11/01	Du Rd F (40-49)	6	1
Piel	Katie	F	DUR	1970/07/19	Du Rd F (40-49)	6	1
HEYNS	RONELLE	F	DUR	1962/07/03	Du Rd F (50+)	1	34
DE VRIES	SYLVIA	F	DUR	1962/10/28	Du Rd F (50+)	2	10
D'OLIVEIRA	NICOLINE	F	DUR	1968/09/23	Du Rd F (50+)	2	10
Madeley	Deborah	F	DUR	1965/08/30	Du Rd F (50+)	2	10
Millar	Denise	F	DUR	1949/10/04	Du Rd F (50+)	3	7
Holderness	Marty	F	DUR	1961/11/30	Du Rd F (50+)	4	5
Scheepers	Charmaine	F	DUR	1963/11/07	Du Rd F (50+)	4	5
Rowbotham	Gail	F	DUR	1962/08/06	Du Rd F (50+)	5	3
Horn	Jarryd	M	DUR	2000/12/18	Du Rd M (20-29)	1	34
van der merwe	Franco	M	DUR	2001/11/15	Du Rd M (20-29)	2	18
Blom	Christiaan	M	DUR	2000/09/07	Du Rd M (20-29)	3	10
LIEBENBERG	MARUAS	M	DUR	1997/03/25	Du Rd M (20-29)	3	10
Greyling	Schalk	M	DUR	1991/01/15	Du Rd M (20-29)	4	7
Pettit	Eugene	M	DUR	1992/06/10	Du Rd M (20-29)	4	7
Dunckley	Riaan	M	DUR	1989/07/07	Du Rd M (20-29)	5	5
kohler	kary	M	DUR	2001/02/22	Du Rd M (20-29)	5	5
Oosthuizen	dian	M	DUR	1995/09/05	Du Rd M (20-29)	5	5
Pons	Wesley	M	DUR	1994/09/16	Du Rd M (20-29)	6	3
Yende	Msizi	M	DUR	1996/11/18	Du Rd M (20-29)	6	3
Mosebi	Lebohng	M	DUR	1998/09/27	Du Rd M (20-29)	7	1
Janse van Vuuren	Shawn	M	DUR	1980/05/28	Du Rd M (30-39)	1	11
Amichand	Abhishek	M	DUR	1980/04/25	Du Rd M (30-39)	2	10
Condes	Shaun	M	DUR	1979/03/03	Du Rd M (30-39)	2	10
Dalu	Farai	M	DUR	1982/07/15	Du Rd M (30-39)	2	10
LE GRANGE	LOUIS	M	DUR	1988/06/25	Du Rd M (30-39)	2	10
mdaba	fezidinga	M	DUR	1980/03/10	Du Rd M (30-39)	2	10
Parkin	Terence	M	DUR	1980/04/12	Du Rd M (30-39)	2	10
du Plessis	Gysbert	M	DUR	1984/07/18	Du Rd M (30-39)	3	7
ellis	david	M	DUR	1986/04/10	Du Rd M (30-39)	3	7
Olivier	Francois	M	DUR	1987/12/26	Du Rd M (30-39)	3	7
De Koker	Stephanus	M	DUR	1985/01/02	Du Rd M (30-39)	4	5
Mattheus	Hanno	M	DUR	1984/02/26	Du Rd M (30-39)	4	5
MAWETHU	NGUBO	M	DUR	1984/05/11	Du Rd M (30-39)	4	5
Rakhomo	Hlony	M	DUR	1979/06/11	Du Rd M (30-39)	4	5
Van Wyk	Deon	M	DUR	1985/04/22	Du Rd M (30-39)	4	5
NASSER	PETER JOHN	M	DUR	1984/03/13	Du Rd M (30-39)	5	3
Toontas	Brendon	M	DUR	1984/01/22	Du Rd M (30-39)	5	3
Joubert	Cobus	M	DUR	1982/10/03	Du Rd M (30-39)	6	1
McLaggan	Gavin	M	DUR	1985/06/05	Du Rd M (30-39)	6	1
roux	werner	M	DUR	1984/08/08	Du Rd M (30-39)	6	1

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
DIXON	ANDREW	M	DUR	1974/05/31	Du Rd M (40-49)	1	20
Visser	Jacobus	M	DUR	1978/09/03	Du Rd M (40-49)	2	17
Diedricks	Brandon	M	DUR	1969/10/11	Du Rd M (40-49)	3	14
van der Merwe	Ian	M	DUR	1971/01/18	Du Rd M (40-49)	4	13
Moorhouse	Mark	M	DUR	1973/10/11	Du Rd M (40-49)	5	10
WALKER	BLAIR	M	DUR		Du Rd M (40-49)	5	10
Cronje	Gerhard	M	DUR	1975/10/27	Du Rd M (40-49)	6	5
Flint	Greg	M	DUR	1976/10/18	Du Rd M (40-49)	6	5
Van As	Jaco	M	DUR	1973/03/25	Du Rd M (40-49)	6	5
Condes	Katinka	F	DUR	1978/12/26	Du Rd M (40-49)	7	4
Janse van Rensburg	Andre	M	DUR	1971/05/10	Du Rd M (40-49)	8	3
Prinsloo	Daniel	M	DUR	1971/09/04	Du Rd M (40-49)	8	3
Strydom	Hugo	M	DUR	1974-0917	Du Rd M (40-49)	8	3
Vorster	Morne	M	DUR	1972/10/13	Du Rd M (40-49)	8	3
cranston	ray	M	DUR	1963/03/05	Du Rd M (50+)	1	37
Kohler	Kai	M	DUR	1967/01/11	Du Rd M (50+)	2	20
Kohler	Kai	M	DUR	1967/01/11	Du Rd M (50+)	3	10
roux	Barry	M	DUR	1955/11/21	Du Rd M (50+)	3	10
Rowbotham	Derek	M	DUR	1962/01/17	Du Rd M (50+)	4	8
Beyers	Mathys	M	DUR	1966/03/20	Du Rd M (50+)	5	7
carle	james	M	DUR	1963/06/05	Du Rd M (50+)	5	7
DE VRIES	PETER	M	DUR	1962/11/23	Du Rd M (50+)	5	7
dix	tim	M	DUR	1961/01/27	Du Rd M (50+)	6	5
MCJANNET	ROBERT	M	DUR	1968/03/16	Du Rd M (50+)	6	5
van Niekerk	Gert Daniel	M	DUR	1956/11/08	Du Rd M (50+)	7	3
Nel	Charne	F	DUR	1982/07/17	X Du F (30-39)	8	10

### Cross Duathlon

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
Anderson	Catharina	F	DUX	1996/06/09	X Du F (20-29)	1	10
Erwee	Chanel	F	DUX	1996/05/13	X Du F (20-29)	1	10
Swanepoel	Natasha	F	DUX	1989/07/14	X Du F (20-29)	1	10
V NIEKERK	IZEL	F	DUX		X Du F (20-29)	1	10
Blume	Karin	F	DUX	1986/06/26	X Du F (30-39)	1	10
BRAND	YOLANDE	F	DUX	1978/07/31	X Du F (30-39)	1	10
De Beer	Natasha	F	DUX	1984/03/18	X Du F (30-39)	1	10
Marshall	Chèri	F	DUX	1981/12/06	X Du F (30-39)	1	10
Porobich	Cindy	F	DUX	1979/06/11	X Du F (30-39)	1	10
Snyman	Christina	F	DUX	1979/05/27	X Du F (30-39)	2	7
van den Berg	Sheryl	F	DUX	1981/06/22	X Du F (30-39)	2	7
Cloete	Marlienka	F	DUX	1987/10/27	X Du F (30-39)	3	5
Bornman	Amanda	F	DUX	1987/05/19	X Du F (30-39)	4	3
Kieck	Bernice	F	DUX	1977/02/08	X Du F (40-49)	1	10
constancon	Petruschka	F	DUX	1966/01/22	X Du F (50+)	1	10
FISHER	LYNN	F	DUX	1963/09/12	X Du F (50+)	1	10
du Toit	Dean	M	DUX	2001/10/01	X Du M (20-29)	1	30
Pretorius	Rogan	M	DUX	2002/08/11	X Du M (20-29)	2	10
De beer	Brandon	M	DUX	1989/04/13	X Du M (20-29)	3	7
Greer	Calym	M	DUX	2003/08/28	X Du M (20-29)	3	7
Hugo	Jonathan	M	DUX	1994/12/12	X Du M (20-29)	3	7
Wolfaardt	Shaun	M	DUX	2005/02/21	X Du M (20-29)	3	7
Bezuidenhout	Pieter	M	DUX	1991/03/04	X Du M (20-29)	4	5
Carbonell	Maxl	M	DUX	1996/04/26	X Du M (20-29)	4	5
Terblanche	Armand	M	DUX	2000/09/19	X Du M (20-29)	4	5

Surname	Name	Sex	Dist	BirthDate	Category	P_Cat	Total points
VERMEULEN	ALWYN	M	DUX	2000/07/04	X Du M (20-29)	4	5
de Vries	Konrad	M	DUX	1994/02/01	X Du M (20-29)	5	3
Stolz	Hendri	M	DUX	1994/04/09	X Du M (20-29)	6	1
Van Niekerk	Stefan	M	DUX	1986/12/20	X Du M (30-39)	1	20
Campbell	Leroy	M	DUX	1983/11/26	X Du M (30-39)	2	10
NAUDE	PIETER	M	DUX	1981/03/31	X Du M (30-39)	2	10
Vanneste	Tom	M	DUX	1987/06/26	X Du M (30-39)	2	10
Els	Willie	M	DUX	1982/06/27	X Du M (30-39)	3	7
Hardres-Williams	Hamish	M	DUX	1984/07/18	X Du M (30-39)	3	7
Kitching	johan	M	DUX	1979/04/26	X Du M (30-39)	3	7
Perry	Oliver	M	DUX	1988/02/13	X Du M (30-39)	3	7
Van Zyl	Corne	M	DUX	1984/09/14	X Du M (30-39)	3	7
VAN AMERSFOORT	JOHAN	M	DUX	1986/06/02	X Du M (30-39)	4	6
Duvenhage	Andre	M	DUX	1981/06/10	X Du M (30-39)	5	5
Louw	Johannes	M	DUX	1983/05/08	X Du M (30-39)	5	5
Sun	Nick	M	DUX	1985/03/13	X Du M (30-39)	5	5
van der Merwe	Christopher	M	DUX	1981/10/22	X Du M (30-39)	5	5
Forrest	Neale	M	DUX	1982/12/03	X Du M (30-39)	6	3
Ludick	Henry	M	DUX	1988/04/29	X Du M (30-39)	6	3
Naylor	David	M	DUX	1988/05/22	X Du M (30-39)	6	3
San	Nick	M	DUX	1985/03/13	X Du M (30-39)	6	3
Skosana	Muzi	M	DUX	1986/05/12	X Du M (30-39)	6	3
Burger	Wessel	M	DUX	1985/01/02	X Du M (30-39)	7	2
Henning	Benjamin	M	DUX	1986/04/08	X Du M (30-39)	8	1
ROPER	ANDREW	M	DUX	1983/04/01	X Du M (30-39)	8	1
Freeman	Bryn	M	DUX	1973/05/28	X Du M (40-49)	1	30
Jankes	Grant	M	DUX	1976/06/06	X Du M (40-49)	2	19
De Meyer	Johann	M	DUX	1970/06/23	X Du M (40-49)	3	10
Gibson	Michael	M	DUX	1978/01/20	X Du M (40-49)	3	10
Turner	Dudley	M	DUX	1970/11/04	X Du M (40-49)	4	8
Botha	Capalie	M	DUX	1975/02/13	X Du M (40-49)	5	7
Groenewald	Rupert	M	DUX	1973/09/30	X Du M (40-49)	5	7
Lenaerts	Alex	M	DUX	1978/06/26	X Du M (40-49)	6	5
van Zyl Smit	Roald	M	DUX	1978/10/24	X Du M (40-49)	6	5
Venter	Pieter	M	DUX	1972/03/20	X Du M (40-49)	6	5
Esterhuyzen	Andre	M	DUX	1977/10/24	X Du M (40-49)	7	3
Roscoe	Donavan	M	DUX	1974/07/24	X Du M (40-49)	7	3
VERMEULEN	WALTER	M	DUX	1972/03/25	X Du M (40-49)	7	3
Wolff	Grant	M	DUX	1973/11/09	X Du M (40-49)	8	1
Carbonell	Roger	M	DUX	1966/11/02	X Du M (50+)	1	10
Cruywagen	Jacobus Gerhardus	M	DUX	1968/03/03	X Du M (50+)	1	10
Jones	Ian	M	DUX	1960/01/16	X Du M (50+)	1	10
Wood	Jeremy	M	DUX	1961/03/25	X Du M (50+)	1	10
Fourie	Pierre	M	DUX	1964/02/25	X Du M (50+)	2	7
Smith	Robert	M	DUX	1968/05/28	X Du M (50+)	2	7
Wagner	Robert	M	DUX	1964/01/06	X Du M (50+)	2	7
Jakoby	Werner	M	DUX	1955/08/19	X Du M (50+)	3	5