



RedHub Triathlon/Duathlon Series Points



Duathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Dreyer	Victoria	F	1994/06/01	Duathlon	Du Rd F (20-29)	14
Pinto	Maxine	F	1991/05/15	Duathlon	Du Rd F (20-29)	11
Penny	Cara	F	1990/03/09	Duathlon	Du Rd F (20-29)	10
Malherbe	Johne	F	1995/01/13	Duathlon	Du Rd F (20-29)	10
Brookstein	Lara	F	1992/11/14	Duathlon	Du Rd F (20-29)	10
Meyer	Lara	F	1992/12/17	Duathlon	Du Rd F (20-29)	7
Brown	Chevaune	F	1989/09/03	Duathlon	Du Rd F (20-29)	5
Bergstedt	Melissa-Anne	F	1991/08/18	Duathlon	Du Rd F (20-29)	5
DLAMINI	KWANDA	F	1990/01/19	Duathlon	Du Rd F (20-29)	3
Bruchner	Antje	F	1980/06/16	Duathlon	Du Rd F (30-39)	15
Bruchner	Antje	F	1980/06/16	Duathlon	Du Rd F (30-39)	14
Ghemo	Angela	F	1981/04/23	Duathlon	Du Rd F (30-39)	10
Swanepoel	Bernice	F	1988/12/08	Duathlon	Du Rd F (30-39)	10
Morgan	Deborah	F	1983/02/08	Duathlon	Du Rd F (30-39)	10
Mattheus	Nicola	F	1987/10/14	Duathlon	Du Rd F (30-39)	10
KOTZE	ALIDA	F	1981/04/17	Duathlon	Du Rd F (30-39)	7
Kruger	Yolanda	F	1982/07/13	Duathlon	Du Rd F (30-39)	7
denton	michelle	F	1980/06/11	Duathlon	Du Rd F (30-39)	6
Munger	Duene	F	1987/10/26	Duathlon	Du Rd F (30-39)	5
Dally	Lauren	F	1984/07/19	Duathlon	Du Rd F (30-39)	5
van Zyl Smit	Deirdre	F	1982/01/10	Duathlon	Du Rd F (30-39)	3
Boshoff	Liezl	F	1988/12/12	Duathlon	Du Rd F (30-39)	3
Standtlander	Nica	F	1987/12/07	Duathlon	Du Rd F (30-39)	3
Neuhoff	Ilse	F	1987/02/17	Duathlon	Du Rd F (30-39)	1
Chamberlain	Helena	F	1971/07/04	Duathlon	Du Rd F (40-49)	26
Cloete	Leonora	F	1976/02/15	Duathlon	Du Rd F (40-49)	18
Symcox	Candice	F	1977/05/11	Duathlon	Du Rd F (40-49)	10
Gianchino	Elisa	F	1975/08/15	Duathlon	Du Rd F (40-49)	10
Botha	Hannelie	F	1973/02/22	Duathlon	Du Rd F (40-49)	10
van Rooyen	Mia	F	1977/12/23	Duathlon	Du Rd F (40-49)	10
Riley	Tracey	F	1976/03/29	Duathlon	Du Rd F (40-49)	10
Chamberlain	Helena	F	1971/07/04	Duathlon	Du Rd F (40-49)	7
Van der Merwe	Bernice	F	1972/06/25	Duathlon	Du Rd F (40-49)	3
Jonas	Haneke	F	1978/11/01	Duathlon	Du Rd F (40-49)	1
Piel	Katie	F	1970/07/19	Duathlon	Du Rd F (40-49)	1
Heyns	Ronelle	F	1962/07/03	Duathlon	Du Rd F (50+)	34
Madeley	Deborah	F	1965/08/30	Duathlon	Du Rd F (50+)	10
D'Oliveira	Nicoline	F	1968/09/23	Duathlon	Du Rd F (50+)	10
DE VRIES	SYLVIA	F	1962/10/28	Duathlon	Du Rd F (50+)	10
Millar	Denise	F	1949/10/04	Duathlon	Du Rd F (50+)	7
Scheepers	Charmaine	F	1963/11/07	Duathlon	Du Rd F (50+)	5
Holderness	Marty	F	1961/11/30	Duathlon	Du Rd F (50+)	5
Rowbotham	Gail	F	1962/08/06	Duathlon	Du Rd F (50+)	3
Oosthuizen	dian	M	1995/09/05	Duathlon	Du Rd M (20-29)	10
Pettit	Eugene	M	1992/06/10	Duathlon	Du Rd M (20-29)	10
LIEBENBERG	MARUAS	M	1997/03/25	Duathlon	Du Rd M (20-29)	10
Greyling	Schalk	M	1991/01/15	Duathlon	Du Rd M (20-29)	10
Pons	Wesley	M	1994/09/16	Duathlon	Du Rd M (20-29)	10
Yende	Msizi	M	1996/11/18	Duathlon	Du Rd M (20-29)	7
Dunckley	Riaan	M	1989/07/07	Duathlon	Du Rd M (20-29)	7
Mosebi	Lebohng	M	1998/09/27	Duathlon	Du Rd M (20-29)	5
MOURA	ALEXANDRE	M	1991/09/18	Duathlon	Du Rd M (20-29)	3
Condes	Shaun	M	1979/03/03	Duathlon	Du Rd M (30-39)	23
Amichand	Abhishek	M	1980/04/25	Duathlon	Du Rd M (30-39)	12
Janse van Vuuren	Shawn	M	1980/05/28	Duathlon	Du Rd M (30-39)	11
Mdaba	Fezidinga	M	1980/03/10	Duathlon	Du Rd M (30-39)	10
Le Grange	Louis	M	1988/06/25	Duathlon	Du Rd M (30-39)	10
De Koker	Stephanus	M	1985/01/02	Duathlon	Du Rd M (30-39)	10

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
ellis	david	M	1986/04/10	Duathlon	Du Rd M (30-39)	7
Olivier	Francois	M	1987/12/26	Duathlon	Du Rd M (30-39)	7
Du Plessis	Gysbert	M	1984/07/18	Duathlon	Du Rd M (30-39)	7
Rakhomo	Hlony	M	1979/06/11	Duathlon	Du Rd M (30-39)	7
Dalu	Farai	M	1982/07/15	Duathlon	Du Rd M (30-39)	6
Van Wyk	Deon	M	1985/04/22	Duathlon	Du Rd M (30-39)	5
Mattheus	Hanno	M	1984/02/26	Duathlon	Du Rd M (30-39)	5
Mawethu	Ngubo	M	1984/05/11	Duathlon	Du Rd M (30-39)	5
Toontas	Brendon	M	1984/01/22	Duathlon	Du Rd M (30-39)	3
Joubert	Cobus	M	1982/10/03	Duathlon	Du Rd M (30-39)	3
Nasser	Peter John	M	1984/03/13	Duathlon	Du Rd M (30-39)	3
McLaggan	Gavin	M	1985/06/05	Duathlon	Du Rd M (30-39)	1
DIXON	ANDREW	M	1974/05/31	Duathlon	Du Rd M (40-49)	20
Visser	Jacobus	M	1978/09/03	Duathlon	Du Rd M (40-49)	17
Diedricks	Brandon	M	1969/10/11	Duathlon	Du Rd M (40-49)	14
van der Merwe	Ian	M	1971/01/18	Duathlon	Du Rd M (40-49)	13
Walker	Blair	M	-	Duathlon	Du Rd M (40-49)	10
Moorhouse	Mark	M	1973/10/11	Duathlon	Du Rd M (40-49)	10
Cronje	Gerhard	M	1975/10/27	Duathlon	Du Rd M (40-49)	5
Flint	Greg	M	1976/10/18	Duathlon	Du Rd M (40-49)	5
Van As	Jaco	M	1973/03/25	Duathlon	Du Rd M (40-49)	5
Janse van Rensburg	Andre	M	1971/05/10	Duathlon	Du Rd M (40-49)	3
Prinsloo	Daniel	M	1971/09/04	Duathlon	Du Rd M (40-49)	3
Strydom	Hugo	M	1974/09/17	Duathlon	Du Rd M (40-49)	3
Vorster	Morne	M	1972/10/13	Duathlon	Du Rd M (40-49)	3
cranston	ray	M	1963/03/05	Duathlon	Du Rd M (50+)	37
Kohler	Kai	M	1967/01/11	Duathlon	Du Rd M (50+)	20
roux	Barry	M	1955/11/21	Duathlon	Du Rd M (50+)	11
Rowbotham	Derek	M	1962/01/17	Duathlon	Du Rd M (50+)	8
Carle	James	M	1963/06/05	Duathlon	Du Rd M (50+)	7
Beyers	Mathys	M	1966/03/20	Duathlon	Du Rd M (50+)	7
DE VRIES	PETER	M	1962/11/23	Duathlon	Du Rd M (50+)	7
Mcjannet	Robert	M	1968/03/16	Duathlon	Du Rd M (50+)	5
van Niekerk	Gert Daniel	M	1956/11/08	Duathlon	Du Rd M (50+)	3
Horn	Jarryd	M	2000/12/18	Duathlon	Du Rd M (Jun)	37
van der merwe	Franco	M	2001/11/15	Duathlon	Du Rd M (Jun)	22
Blom	Christiaan	M	2000/09/07	Duathlon	Du Rd M (Jun)	10
kohler	kary	M	2001/02/22	Duathlon	Du Rd M (Jun)	7
Ntombela	Simphiwe	M	2001/01/20	Duathlon	Du Rd M (Jun)	5

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Sprint Triathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Prinsloo	Chrize	F	1993/08/17	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Hattingh	Edulene	F	1992/02/21	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Nys	Gena	F	1995/05/14	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Van Den Bergh	Larochelle	F	1990/05/17	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Kahl	Michelene	F	1998/02/11	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Waldeck	Nicole	F	1997/02/13	Sprint Triathlon	Tri Rd Sp F (20-29)	10
Jansen Van Rensburg	Chamaune	F	1996/01/31	Sprint Triathlon	Tri Rd Sp F (20-29)	7
McJarrow	Kristin	F	1994/11/07	Sprint Triathlon	Tri Rd Sp F (20-29)	7
Fourie	Minke	F	1991/10/09	Sprint Triathlon	Tri Rd Sp F (20-29)	7
Moys	Sarah	F	1989/04/20	Sprint Triathlon	Tri Rd Sp F (20-29)	7
Eckard	Deidre	F	1991/10/25	Sprint Triathlon	Tri Rd Sp F (20-29)	5
Weyers	Kylene	F	1989/04/06	Sprint Triathlon	Tri Rd Sp F (20-29)	5
Kuhar	Maja	F	1993/08/20	Sprint Triathlon	Tri Rd Sp F (20-29)	5
Paley	Robyn-Meaganq	F	1993/02/17	Sprint Triathlon	Tri Rd Sp F (20-29)	5
Erasmus	Tanya	F	1990/07/05	Sprint Triathlon	Tri Rd Sp F (20-29)	5
Hill	Jenna-Leigh	F	1994/04/17	Sprint Triathlon	Tri Rd Sp F (20-29)	3
Kalweit	Kerry	F	1991/01/02	Sprint Triathlon	Tri Rd Sp F (20-29)	3
Pienaar	Monja	F	1992/02/13	Sprint Triathlon	Tri Rd Sp F (20-29)	3
Van Zyl	Rize-Mari	F	1991/08/19	Sprint Triathlon	Tri Rd Sp F (20-29)	3
Meyer	Anri	F	1992/11/18	Sprint Triathlon	Tri Rd Sp F (20-29)	2
Steyn	Andrea	F	1992/11/23	Sprint Triathlon	Tri Rd Sp F (20-29)	1
Paterson	Justine	F	1991/12/21	Sprint Triathlon	Tri Rd Sp F (20-29)	1
van Jaarsveld	Donel	F	1980/01/08	Sprint Triathlon	Tri Rd Sp F (30-39)	17
Van Niekerk	Natalie	F	1982/09/20	Sprint Triathlon	Tri Rd Sp F (30-39)	15
Goncalves	Anso	F	1979/09/17	Sprint Triathlon	Tri Rd Sp F (30-39)	10
Van Jaarsveld	Donel	F	1980/01/08	Sprint Triathlon	Tri Rd Sp F (30-39)	10
Pieterse	Janine	F	1987/03/09	Sprint Triathlon	Tri Rd Sp F (30-39)	10
Annandale	Tiani	F	1984/04/13	Sprint Triathlon	Tri Rd Sp F (30-39)	10
le Roux	Juane	F	1985/06/14	Sprint Triathlon	Tri Rd Sp F (30-39)	7
Semper	Tamryn-Leigh	F	1988/01/13	Sprint Triathlon	Tri Rd Sp F (30-39)	7
Grobler	Telani	F	1980/04/15	Sprint Triathlon	Tri Rd Sp F (30-39)	7
Perold	Lizette	F	1985/09/10	Sprint Triathlon	Tri Rd Sp F (30-39)	5
Van Der Merwe	Tanja	F	1982/01/09	Sprint Triathlon	Tri Rd Sp F (30-39)	5
Cook	vicky	F	1985/08/25	Sprint Triathlon	Tri Rd Sp F (30-39)	5
Hutcheon	Michelle	F	1982/12/01	Sprint Triathlon	Tri Rd Sp F (30-39)	3
Floyd	Tamarin	F	1987/12/23	Sprint Triathlon	Tri Rd Sp F (30-39)	3
Reiser	Donna	F	1982/10/14	Sprint Triathlon	Tri Rd Sp F (30-39)	1
Cross	Michelle	F	1979/09/10	Sprint Triathlon	Tri Rd Sp F (30-39)	1
Chan	Stacey	F	1986/03/15	Sprint Triathlon	Tri Rd Sp F (30-39)	1
Lailvaux	Alison	F	1970/05/03	Sprint Triathlon	Tri Rd Sp F (40-49)	37
Heimann	Patricia	F	1977/07/11	Sprint Triathlon	Tri Rd Sp F (40-49)	17
HEIMANN	TRISH	F	1977/11/07	Sprint Triathlon	Tri Rd Sp F (40-49)	10
Terblanche	Paula	F	1970/07/24	Sprint Triathlon	Tri Rd Sp F (40-49)	8
van der Waals	Jacqueline	F	1974/06/09	Sprint Triathlon	Tri Rd Sp F (40-49)	7
Van Der Waals	Jacqueline	F	1974/06/09	Sprint Triathlon	Tri Rd Sp F (40-49)	7
ELLIS-WILLIAMS	KERRY	F	1978/06/28	Sprint Triathlon	Tri Rd Sp F (40-49)	7
Bolton	Justine	F	1976/02/09	Sprint Triathlon	Tri Rd Sp F (40-49)	5
BAM	MICHELLE	F	1973/08/21	Sprint Triathlon	Tri Rd Sp F (40-49)	5
Pretorius	Ansie	F	1978/01/04	Sprint Triathlon	Tri Rd Sp F (40-49)	3
Watchan	Tracy	F	1973/10/22	Sprint Triathlon	Tri Rd Sp F (40-49)	3
Pryor	Corne	F	1976/01/17	Sprint Triathlon	Tri Rd Sp F (40-49)	2
Bezuidenhout	Marle	F	1975/07/28	Sprint Triathlon	Tri Rd Sp F (40-49)	1
Buitenhuis	Fiona	F	1966/12/29	Sprint Triathlon	Tri Rd Sp F (50+)	34
Van der Vlies	Erika	F	1962/02/03	Sprint Triathlon	Tri Rd Sp F (50+)	12
Vd Vlies	Erika	F	1962/02/03	Sprint Triathlon	Tri Rd Sp F (50+)	10
Frey	Jackie	F	1961/03/28	Sprint Triathlon	Tri Rd Sp F (50+)	10
Venter	Christa	F	1966/11/18	Sprint Triathlon	Tri Rd Sp F (50+)	5
Spies	Tersia	F	1962/07/13	Sprint Triathlon	Tri Rd Sp F (50+)	3
Do Couto	Dina	F	1964/07/10	Sprint Triathlon	Tri Rd Sp F (50+)	1
De Vries	Sylvia	F	1962/10/28	Sprint Triathlon	Tri Rd Sp F (50+)	1

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Fairon	Kelly	F	2001/02/03	Sprint Triathlon	Tri Rd Sp F (Jun)	30
Stolarczyk	Nadya	F	2003/05/22	Sprint Triathlon	Tri Rd Sp F (Jun)	24
Seymour-Smith	Jenna	F	2002/08/19	Sprint Triathlon	Tri Rd Sp F (Jun)	15
greer	Catherine	F	2002/04/05	Sprint Triathlon	Tri Rd Sp F (Jun)	13
Legge	Carrey-Lynn	F	2001/04/19	Sprint Triathlon	Tri Rd Sp F (Jun)	7
Andrew	Paige	F	2000/11/22	Sprint Triathlon	Tri Rd Sp F (Jun)	5
Crichton	Alison	F	2001/08/25	Sprint Triathlon	Tri Rd Sp F (Jun)	4
van Lieshout	Hannah	F	2001/05/05	Sprint Triathlon	Tri Rd Sp F (Jun)	1
Tolmie	Cornelis	M	1992/02/25	Sprint Triathlon	Tri Rd Sp M (20-29)	14
Doyle	Lawrence	M	1996/05/20	Sprint Triathlon	Tri Rd Sp M (20-29)	12
Rowbotham	David	M	1990/12/19	Sprint Triathlon	Tri Rd Sp M (20-29)	10
Tyack	Devlin	M	1994/04/07	Sprint Triathlon	Tri Rd Sp M (20-29)	10
Van Den Bergh	Jaco	M	1990/02/06	Sprint Triathlon	Tri Rd Sp M (20-29)	10
Sanders	Liron	M	1994/05/16	Sprint Triathlon	Tri Rd Sp M (20-29)	10
BOSHOFF	WESLEY	M	1989/09/05	Sprint Triathlon	Tri Rd Sp M (20-29)	10
Eliot	James	M	1996/03/24	Sprint Triathlon	Tri Rd Sp M (20-29)	8
Mitchell	Keagan	M	1996/07/24	Sprint Triathlon	Tri Rd Sp M (20-29)	7
PILLAY	PRESHA IEN	M	1993/01/22	Sprint Triathlon	Tri Rd Sp M (20-29)	7
Robertson	Garreth	M	1990/06/23	Sprint Triathlon	Tri Rd Sp M (20-29)	5
Papendorf	Max	M	1990/12/20	Sprint Triathlon	Tri Rd Sp M (20-29)	5
Boshoff	Wesley	M	1989/09/05	Sprint Triathlon	Tri Rd Sp M (20-29)	3
Le Roux	Lourens	M	1991/07/07	Sprint Triathlon	Tri Rd Sp M (20-29)	1
Cisak	Brad	M	1988/12/02	Sprint Triathlon	Tri Rd Sp M (30-39)	18
Currie	Andrew	M	1979/12/25	Sprint Triathlon	Tri Rd Sp M (30-39)	17
BASSON	HENDRIK	M	1986/01/14	Sprint Triathlon	Tri Rd Sp M (30-39)	15
Kruger	Jacobus	M	1982/09/29	Sprint Triathlon	Tri Rd Sp M (30-39)	10
Haidlinoon	Wayne	M	1985/12/31	Sprint Triathlon	Tri Rd Sp M (30-39)	10
Bam	Nolen	M	1981/07/31	Sprint Triathlon	Tri Rd Sp M (30-39)	7
Buitendag	Pieter	M	1988/08/24	Sprint Triathlon	Tri Rd Sp M (30-39)	7
HAILDINGOL	WAYNE	M	1985/12/31	Sprint Triathlon	Tri Rd Sp M (30-39)	7
VAN HEERDEN	JACQUES	M	1983/08/25	Sprint Triathlon	Tri Rd Sp M (30-39)	5
Heath	Michael	M	1988/03/21	Sprint Triathlon	Tri Rd Sp M (30-39)	5
Caubscher	Reytjie	M	1984/08/27	Sprint Triathlon	Tri Rd Sp M (30-39)	5
Raath	Aaron	M	1984/09/17	Sprint Triathlon	Tri Rd Sp M (30-39)	3
du Plessis	Andre	M	1988/07/19	Sprint Triathlon	Tri Rd Sp M (30-39)	3
Botha	Floyd	M	1984/09/19	Sprint Triathlon	Tri Rd Sp M (30-39)	3
Macnamara	Ryan	M	1984/01/31	Sprint Triathlon	Tri Rd Sp M (30-39)	3
Gyzen	Charl	M	1979/06/04	Sprint Triathlon	Tri Rd Sp M (30-39)	1
Gibson	Juan	M	1987/07/12	Sprint Triathlon	Tri Rd Sp M (30-39)	1
Perrie	Michael	M	1985/06/04	Sprint Triathlon	Tri Rd Sp M (30-39)	1
ALLEN	MARKUS	M	1976/07/09	Sprint Triathlon	Tri Rd Sp M (40-49)	40
Corker	Marc	M	1972/04/29	Sprint Triathlon	Tri Rd Sp M (40-49)	14
Collett	Neil	M	1969/05/03	Sprint Triathlon	Tri Rd Sp M (40-49)	14
Allen	Markus	M	1976/07/09	Sprint Triathlon	Tri Rd Sp M (40-49)	10
Coetzee	Josef	M	1974/08/12	Sprint Triathlon	Tri Rd Sp M (40-49)	7
Liakos	Cobus	M	1971/07/03	Sprint Triathlon	Tri Rd Sp M (40-49)	5
schnugh	Desmond	M	1978/02/08	Sprint Triathlon	Tri Rd Sp M (40-49)	5
Buitenhuis	Jan	M	1969/12/26	Sprint Triathlon	Tri Rd Sp M (40-49)	5
Duggan	Patrick	M	1974/07/09	Sprint Triathlon	Tri Rd Sp M (40-49)	5
Taljaard	Riaan	M	1977/04/25	Sprint Triathlon	Tri Rd Sp M (40-49)	5
Bloem	Charles	M	1974/01/20	Sprint Triathlon	Tri Rd Sp M (40-49)	3
Janse van Vuuren	Jason	M	1978/07/19	Sprint Triathlon	Tri Rd Sp M (40-49)	3
Wilkins	Richard	M	1974/08/16	Sprint Triathlon	Tri Rd Sp M (40-49)	3
De Villiers	Danie	M	1969/11/14	Sprint Triathlon	Tri Rd Sp M (40-49)	1
bowles	dylan	M	1976/10/15	Sprint Triathlon	Tri Rd Sp M (40-49)	1
greer	gareth	M	1968/04/26	Sprint Triathlon	Tri Rd Sp M (50+)	30
Hartmann	Reinhard	M	1962/01/17	Sprint Triathlon	Tri Rd Sp M (50+)	25
Dix	Tim	M	1961/01/27	Sprint Triathlon	Tri Rd Sp M (50+)	22
Summerson	Evan	M	1968/05/20	Sprint Triathlon	Tri Rd Sp M (50+)	13
Hempel	John	M	1962/01/30	Sprint Triathlon	Tri Rd Sp M (50+)	8
waldeck	Gavin	M	1963/08/25	Sprint Triathlon	Tri Rd Sp M (50+)	7
Hill	Greg	M	1961/09/18	Sprint Triathlon	Tri Rd Sp M (50+)	7
RYNHOUD	BEAU	M	-	Sprint Triathlon	Tri Rd Sp M (50+)	5

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Spies	Jan	M	1958/07/03	Sprint Triathlon	Tri Rd Sp M (50+)	5
DIX	TIMothy	M	1961/01/27	Sprint Triathlon	Tri Rd Sp M (50+)	5
Blakeway	Patrick	M	1962/03/03	Sprint Triathlon	Tri Rd Sp M (50+)	3
Van Der Linde	Andries	M	1950/12/10	Sprint Triathlon	Tri Rd Sp M (50+)	1
SeymourSmith	Barclay	M	1961/06/14	Sprint Triathlon	Tri Rd Sp M (50+)	1
NIENABER	HEIN	M	-	Sprint Triathlon	Tri Rd Sp M (50+)	1
Moynihan	John	M	1964/09/02	Sprint Triathlon	Tri Rd Sp M (50+)	1
Bean	Rynhoud	M	1956/06/26	Sprint Triathlon	Tri Rd Sp M (50+)	1
Morrison	Jonathan	M	2002/04/24	Sprint Triathlon	Tri Rd Sp M (Jun)	27
STROEBEL	CHRISTIAAN	M	2001/06/06	Sprint Triathlon	Tri Rd Sp M (Jun)	20
Coetzee	Daniel	M	2002/02/16	Sprint Triathlon	Tri Rd Sp M (Jun)	16
Jardim	Tomé	M	2001/12/03	Sprint Triathlon	Tri Rd Sp M (Jun)	15
Du Preez	Ruan	M	2001/06/01	Sprint Triathlon	Tri Rd Sp M (Jun)	12
Schoeman	Ruben	M	2002/11/15	Sprint Triathlon	Tri Rd Sp M (Jun)	7
Vollmerhaus-Everitt	Oliver	M	2003/11/04	Sprint Triathlon	Tri Rd Sp M (Jun)	6
Myburg	Phillip	M	1983/06/16	Sprint Triathlon	Tri Rd Sp M (Jun)	5
Stead	Gareth	M	2001/10/11	Sprint Triathlon	Tri Rd Sp M (Jun)	3
Ilsley / Bruce	Matthew / Tayla	T	1994/02/11	Sprint Triathlon	Tri Rd Sp Team	10
Potgieter	Team Danel	T	-	Sprint Triathlon	Tri Rd Sp Team	7

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Standard Triathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Van Heerden	Rizanne	F	1992/09/16	Standard Triathlon	Tri Rd Std F (20-29)	24
James	Jemma-Rae	F	1991/12/09	Standard Triathlon	Tri Rd Std F (20-29)	20
Botha	Janelle	F	1994/05/21	Standard Triathlon	Tri Rd Std F (20-29)	10
Crouse	Simone	F	1990/09/14	Standard Triathlon	Tri Rd Std F (20-29)	10
Louwrens	Lize-Marie	F	1991/09/13	Standard Triathlon	Tri Rd Std F (20-29)	7
Surtees	Michaela	F	1992/06/26	Standard Triathlon	Tri Rd Std F (20-29)	7
Bieske	Sam	F	-	Standard Triathlon	Tri Rd Std F (20-29)	7
O Brien	Jessica	F	1993/01/14	Standard Triathlon	Tri Rd Std F (20-29)	5
Johnstone	Kate	F	1990/12/01	Standard Triathlon	Tri Rd Std F (20-29)	5
Mc Bride	Sherylee	F	1991/11/06	Standard Triathlon	Tri Rd Std F (20-29)	5
DE JAGER	SINEAD	F	1997/01/02	Standard Triathlon	Tri Rd Std F (20-29)	5
Mentz	Jana	F	1989/12/30	Standard Triathlon	Tri Rd Std F (20-29)	3
Surtees	Cherise	F	1995/02/22	Standard Triathlon	Tri Rd Std F (20-29)	1
Van Staden	Grete	F	1985/12/30	Standard Triathlon	Tri Rd Std F (20-29)	1
Leicester	Johandri	F	1987/10/20	Standard Triathlon	Tri Rd Std F (30-39)	20
Lester	Desiree	F	1982/04/19	Standard Triathlon	Tri Rd Std F (30-39)	10
Kleu	Jeanne	F	1985/06/07	Standard Triathlon	Tri Rd Std F (30-39)	10
Cronk	Lynette	F	1987/10/30	Standard Triathlon	Tri Rd Std F (30-39)	10
Dewar	Pia	F	1981/10/13	Standard Triathlon	Tri Rd Std F (30-39)	10
Herbst	Carla	F	1979/09/11	Standard Triathlon	Tri Rd Std F (30-39)	7
Van Schalkwyk	Christa	F	1983/03/31	Standard Triathlon	Tri Rd Std F (30-39)	7
Jooste	Marina	F	1988/03/30	Standard Triathlon	Tri Rd Std F (30-39)	7
Vosloo	Maureen	F	1981/05/13	Standard Triathlon	Tri Rd Std F (30-39)	7
Venter	Sylvia	F	1983/04/23	Standard Triathlon	Tri Rd Std F (30-39)	7
Macdiarmid	Imogen	F	1986/03/07	Standard Triathlon	Tri Rd Std F (30-39)	5
Humphrey	Jeanine	F	1983/03/15	Standard Triathlon	Tri Rd Std F (30-39)	5
HAROLD	TANIA	F	1987/01/26	Standard Triathlon	Tri Rd Std F (30-39)	5
Venter	Soretha	F	1986/11/23	Standard Triathlon	Tri Rd Std F (30-39)	3
Barker	Taryn	F	1984/12/29	Standard Triathlon	Tri Rd Std F (30-39)	3
Van Niekerk	Toinette	F	1984/03/22	Standard Triathlon	Tri Rd Std F (30-39)	3
Du Plessis	Liezel	F	1986/02/12	Standard Triathlon	Tri Rd Std F (30-39)	1
Booyesen	Lindsay	F	1985/09/06	Standard Triathlon	Tri Rd Std F (30-39)	1
Strydom	Louise	F	1985/07/26	Standard Triathlon	Tri Rd Std F (30-39)	1
Vanderwagen	Judy	F	1971/10/30	Standard Triathlon	Tri Rd Std F (40-49)	31
Higgins	Denise	F	1978/04/03	Standard Triathlon	Tri Rd Std F (40-49)	10
Storm	Jeanine	F	1978/05/27	Standard Triathlon	Tri Rd Std F (40-49)	10
Condes	Katinka	F	1978/12/26	Standard Triathlon	Tri Rd Std F (40-49)	10
SHLESINGER	MAGDALENA	F	1969/10/07	Standard Triathlon	Tri Rd Std F (40-49)	10
Hustler	Sherene	F	1972/06/03	Standard Triathlon	Tri Rd Std F (40-49)	10
Suckling	Bonita	F	1974/05/12	Standard Triathlon	Tri Rd Std F (40-49)	7
Du Toit	Tanith	F	1976/08/30	Standard Triathlon	Tri Rd Std F (40-49)	7
Kotze	Charlene	F	1978/06/02	Standard Triathlon	Tri Rd Std F (40-49)	5
Broodryk	Deidre	F	1975/08/18	Standard Triathlon	Tri Rd Std F (40-49)	5
MESHIYANE	LEBOGANG	F	-	Standard Triathlon	Tri Rd Std F (40-49)	5
Morris	Veronica	F	1971/08/03	Standard Triathlon	Tri Rd Std F (40-49)	5
Dougal	Igna	F	1977/12/30	Standard Triathlon	Tri Rd Std F (40-49)	3
Davey	Meg	F	1970/07/09	Standard Triathlon	Tri Rd Std F (40-49)	3
Lanz	Monique	F	1971/05/22	Standard Triathlon	Tri Rd Std F (40-49)	3
DE JAGER	PETA	F	1970/01/07	Standard Triathlon	Tri Rd Std F (40-49)	3
McKenna	Bev	F	1970/05/12	Standard Triathlon	Tri Rd Std F (40-49)	1
Beyers	Dora-Thea	F	1970/06/15	Standard Triathlon	Tri Rd Std F (40-49)	1
FRASER	FRASER	F	1978/09/12	Standard Triathlon	Tri Rd Std F (40-49)	1
househam	deborah	F	1968/07/16	Standard Triathlon	Tri Rd Std F (50+)	30
Scrutton	Mandy	F	1964/10/06	Standard Triathlon	Tri Rd Std F (50+)	14
Pienaar	Celia	F	1960/10/21	Standard Triathlon	Tri Rd Std F (50+)	10
du Plessis	Ronel	F	1963/10/24	Standard Triathlon	Tri Rd Std F (50+)	5
Prinsloo	Adriana Cecilia	F	1964/08/03	Standard Triathlon	Tri Rd Std F (50+)	3
greer	matthew	M	1998/10/26	Standard Triathlon	Tri Rd Std M (20-29)	20
Barclay	Sean	M	1995/10/15	Standard Triathlon	Tri Rd Std M (20-29)	13
Nel	Charles	M	1991/05/10	Standard Triathlon	Tri Rd Std M (20-29)	10

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
van der Merwe	Pieterjan	M	1996/12/06	Standard Triathlon	Tri Rd Std M (20-29)	10
Strachan	Stuart	M	1992/04/21	Standard Triathlon	Tri Rd Std M (20-29)	10
van der Merwe	Xander	M	2000/01/07	Standard Triathlon	Tri Rd Std M (20-29)	10
Honiball	Andreas	M	1991/09/19	Standard Triathlon	Tri Rd Std M (20-29)	7
Hay	Andrew	M	1992/03/11	Standard Triathlon	Tri Rd Std M (20-29)	7
Nieuwenhuys	Armand	M	1991/02/25	Standard Triathlon	Tri Rd Std M (20-29)	7
Bartlett	Keegan	M	1989/06/03	Standard Triathlon	Tri Rd Std M (20-29)	7
Rossouw	Brett	M	1994/11/29	Standard Triathlon	Tri Rd Std M (20-29)	5
Louw	Dennis	M	1992/05/19	Standard Triathlon	Tri Rd Std M (20-29)	5
Louwrens	Renier	M	1991/04/20	Standard Triathlon	Tri Rd Std M (20-29)	5
Floudiotis	Kyriacos	M	1991/03/21	Standard Triathlon	Tri Rd Std M (20-29)	4
Wagener	Raymond	M	1995/01/18	Standard Triathlon	Tri Rd Std M (20-29)	3
Houw	Theo	M	-	Standard Triathlon	Tri Rd Std M (20-29)	3
Smit	Etienne	M	1990/08/23	Standard Triathlon	Tri Rd Std M (20-29)	1
du Toit	Jan	M	1989/07/27	Standard Triathlon	Tri Rd Std M (20-29)	1
Pfeffer	Michael	M	1993/04/28	Standard Triathlon	Tri Rd Std M (20-29)	1
Du Rand	Sebastian	M	1990/09/16	Standard Triathlon	Tri Rd Std M (20-29)	1
Parkin	Terence	M	1980/04/12	Standard Triathlon	Tri Rd Std M (30-39)	20
Ransom	Christopher	M	1984/12/28	Standard Triathlon	Tri Rd Std M (30-39)	10
Van Niekerk	Jean	M	1982/11/21	Standard Triathlon	Tri Rd Std M (30-39)	10
Lowe	Terrence	M	1987/03/03	Standard Triathlon	Tri Rd Std M (30-39)	10
Pfeifer	Ryan	M	1984/06/11	Standard Triathlon	Tri Rd Std M (30-39)	9
Van Heerden	Freddie	M	1988/03/03	Standard Triathlon	Tri Rd Std M (30-39)	8
Morkel	Barend	M	1980/04/03	Standard Triathlon	Tri Rd Std M (30-39)	7
Storie	Adrian	M	1979/08/22	Standard Triathlon	Tri Rd Std M (30-39)	5
Beurain	Charles	M	1979/06/28	Standard Triathlon	Tri Rd Std M (30-39)	5
Robertson	Stanley	M	1984/04/11	Standard Triathlon	Tri Rd Std M (30-39)	5
Botha	Theuns	M	1984/03/02	Standard Triathlon	Tri Rd Std M (30-39)	5
Goodburn	Chester	M	1982/02/06	Standard Triathlon	Tri Rd Std M (30-39)	3
Van Deventer	Johan	M	1988/04/05	Standard Triathlon	Tri Rd Std M (30-39)	1
Coetzee	Philippus	M	1982/09/03	Standard Triathlon	Tri Rd Std M (30-39)	1
Westra	Bernhard	M	1972/03/22	Standard Triathlon	Tri Rd Std M (40-49)	22
Smith	Dom	M	1969/02/15	Standard Triathlon	Tri Rd Std M (40-49)	10
van Oudtshoorn	Gideon	M	1976/09/23	Standard Triathlon	Tri Rd Std M (40-49)	10
Riccardi	Roberto	M	1972/06/09	Standard Triathlon	Tri Rd Std M (40-49)	10
Van Helden	Maarten	M	1978/10/02	Standard Triathlon	Tri Rd Std M (40-49)	7
Van Schalkwyk	Herbert	M	1976/10/28	Standard Triathlon	Tri Rd Std M (40-49)	7
GAUTIER	JEAN-FRANCOIS	M	1971/03/26	Standard Triathlon	Tri Rd Std M (40-49)	7
ferreira	martin	M	1974/09/02	Standard Triathlon	Tri Rd Std M (40-49)	7
Kreuger	Shamus	M	1972/05/19	Standard Triathlon	Tri Rd Std M (40-49)	7
Higgins	Andrew	M	1975/06/09	Standard Triathlon	Tri Rd Std M (40-49)	5
Du Toit	Jason	M	1972/09/09	Standard Triathlon	Tri Rd Std M (40-49)	5
lechuga	jose	M	1978/09/15	Standard Triathlon	Tri Rd Std M (40-49)	5
Clark	Peter	M	1978/08/23	Standard Triathlon	Tri Rd Std M (40-49)	5
naude	clinton	M	1977/05/24	Standard Triathlon	Tri Rd Std M (40-49)	3
Martinelli	Marco	M	1972/11/27	Standard Triathlon	Tri Rd Std M (40-49)	3
Dippenaar	Wert	M	1969/11/03	Standard Triathlon	Tri Rd Std M (40-49)	3
Reichman-Israelsohn	Julian	M	1977/01/12	Standard Triathlon	Tri Rd Std M (40-49)	1
Morgan	Matthew	M	-	Standard Triathlon	Tri Rd Std M (40-49)	1
Marshall	Stuart	M	1972/07/19	Standard Triathlon	Tri Rd Std M (40-49)	1
DE JAGER	MARIANUS	M	1968/12/27	Standard Triathlon	Tri Rd Std M (50+)	15
Smit	Russel	M	1967/02/18	Standard Triathlon	Tri Rd Std M (50+)	15
Wessels	Tertius	M	1967/10/28	Standard Triathlon	Tri Rd Std M (50+)	11
Sparkes	Endre	M	1961/06/18	Standard Triathlon	Tri Rd Std M (50+)	10
Malan	Etienne	M	1968/07/20	Standard Triathlon	Tri Rd Std M (50+)	10
weideman	willem	M	1966/04/20	Standard Triathlon	Tri Rd Std M (50+)	10
Thorrold	Bryce	M	1968/03/27	Standard Triathlon	Tri Rd Std M (50+)	7
Nottingham	Guy	M	1956/07/16	Standard Triathlon	Tri Rd Std M (50+)	7
Otto	Rene	M	1959/01/19	Standard Triathlon	Tri Rd Std M (50+)	7
Bartlett	Wayne	M	1959/12/30	Standard Triathlon	Tri Rd Std M (50+)	7
Andrew	Brian	M	1967/03/01	Standard Triathlon	Tri Rd Std M (50+)	5
Clarence	Mark	M	1962/01/06	Standard Triathlon	Tri Rd Std M (50+)	5
Nefdt	Stephen	M	1966/08/11	Standard Triathlon	Tri Rd Std M (50+)	5

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Prinsloo	Alwyn sr	M	1964/04/04	Standard Triathlon	Tri Rd Std M (50+)	3
JOSEPH	ANTHONY	M	1968/08/23	Standard Triathlon	Tri Rd Std M (50+)	3
Haak	Deon	M	1963/05/05	Standard Triathlon	Tri Rd Std M (50+)	3
Klostermann	Michael	M	1955/02/12	Standard Triathlon	Tri Rd Std M (50+)	3
Cronje	John	M	1958/05/25	Standard Triathlon	Tri Rd Std M (50+)	2
Potgieter	Johannes	M	1968/01/11	Standard Triathlon	Tri Rd Std M (50+)	1
Bouwer	Marius	M	1961/12/25	Standard Triathlon	Tri Rd Std M (50+)	1

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
X Duathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Anderson	Catharina	F	1996/06/09	X Duathlon	X Du F (20-29)	10
Erwee	Chanel	F	1996/05/13	X Duathlon	X Du F (20-29)	10
V Niekerk	Izel	F	-	X Duathlon	X Du F (20-29)	10
Swanepoel	Natasha	F	1989/07/14	X Duathlon	X Du F (20-29)	10
Marshall	Chèri	F	1981/12/06	X Duathlon	X Du F (30-39)	10
Blume	Karin	F	1986/06/26	X Duathlon	X Du F (30-39)	10
De Beer	Natasha	F	1984/03/18	X Duathlon	X Du F (30-39)	10
Nel	Charne	F	1982/07/17	X Duathlon	X Du F (30-39)	7
Snyman	Christina	F	1979/05/27	X Duathlon	X Du F (30-39)	7
Porobich	Cindy	F	1979/06/11	X Duathlon	X Du F (30-39)	7
Van Den Berg	Sheryl	F	1981/06/22	X Duathlon	X Du F (30-39)	5
Cloete	Marlienka	F	1987/10/27	X Duathlon	X Du F (30-39)	3
Bornman	Amanda	F	1987/05/19	X Duathlon	X Du F (30-39)	1
Kieck	Bernice	F	1977/02/08	X Duathlon	X Du F (40-49)	10
constancon	Petruschka	F	1966/01/22	X Duathlon	X Du F (50+)	30
Fisher	Lynn	F	1963/09/12	X Duathlon	X Du F (50+)	10
Brand	Yolande	F	1978/07/31	X Duathlon	X Du F (Jun)	10
De beer	Brandon	M	1989/04/13	X Duathlon	X Du M (20-29)	10
Hugo	Jonathan	M	1994/12/12	X Duathlon	X Du M (20-29)	10
Carbonell	Maxl	M	1996/04/26	X Duathlon	X Du M (20-29)	10
Bezuidenhout	Pieter	M	1991/03/04	X Duathlon	X Du M (20-29)	7
De Vries	Konrad	M	1994/02/01	X Duathlon	X Du M (20-29)	5
Stolz	Hendri	M	1994/04/09	X Duathlon	X Du M (20-29)	3
Van Niekerk	Stefan	M	1986/12/20	X Duathlon	X Du M (30-39)	20
Campbell	Leroy	M	1983/11/26	X Duathlon	X Du M (30-39)	10
NAUDE	PIETER	M	1981/03/31	X Duathlon	X Du M (30-39)	10
Vanneste	Tom	M	1987/06/26	X Duathlon	X Du M (30-39)	10
Sun	Nick	M	1985/03/13	X Duathlon	X Du M (30-39)	8
Van Zyl	Corne	M	1984/09/14	X Duathlon	X Du M (30-39)	7
Hardres-Williams	Hamish	M	1984/07/18	X Duathlon	X Du M (30-39)	7
Kitching	Johan	M	1979/04/26	X Duathlon	X Du M (30-39)	7
Perry	Oliver	M	1988/02/13	X Duathlon	X Du M (30-39)	7
Els	Willie	M	1982/06/27	X Duathlon	X Du M (30-39)	7
VAN AMERSFOORT	JOHAN	M	1986/06/02	X Duathlon	X Du M (30-39)	6
Duvenhage	Andre	M	1981/06/10	X Duathlon	X Du M (30-39)	5
van der Merwe	Christopher	M	1981/10/22	X Duathlon	X Du M (30-39)	5
Louw	Johannes	M	1983/05/08	X Duathlon	X Du M (30-39)	5
Naylor	David	M	1988/05/22	X Duathlon	X Du M (30-39)	3
Ludick	Henry	M	1988/04/29	X Duathlon	X Du M (30-39)	3
Skosana	Muzi	M	1986/05/12	X Duathlon	X Du M (30-39)	3
Forrest	Neale	M	1982/12/03	X Duathlon	X Du M (30-39)	3
Burger	Wessel	M	1985/01/02	X Duathlon	X Du M (30-39)	2
ROPER	ANDREW	M	1983/04/01	X Duathlon	X Du M (30-39)	1
Henning	Benjamin	M	1986/04/08	X Duathlon	X Du M (30-39)	1
Freeman	Bryn	M	1973/05/28	X Duathlon	X Du M (40-49)	30
Jankes	Grant	M	1976/06/06	X Duathlon	X Du M (40-49)	12
De Meyer	Johann	M	1970/06/23	X Duathlon	X Du M (40-49)	10
Gibson	Michael	M	1978/01/20	X Duathlon	X Du M (40-49)	10
Turner	Dudley	M	1970/11/04	X Duathlon	X Du M (40-49)	8
Botha	Capalie	M	1975/02/13	X Duathlon	X Du M (40-49)	7
Jantjies	Grant	M	1976/06/06	X Duathlon	X Du M (40-49)	7
Groenewald	Rupert	M	1973/09/30	X Duathlon	X Du M (40-49)	7
Lenaerts	Alex	M	1978/06/26	X Duathlon	X Du M (40-49)	5
Venter	Pieter	M	1972/03/20	X Duathlon	X Du M (40-49)	5
Van Zyl Smit	Roald	M	1978/10/24	X Duathlon	X Du M (40-49)	5
Esterhuyzen	Andre	M	1977/10/24	X Duathlon	X Du M (40-49)	3
Roscoe	Donavan	M	1974/07/24	X Duathlon	X Du M (40-49)	3
VERMEULEN	WALTER	M	1972/03/25	X Duathlon	X Du M (40-49)	3
Wolff	Grant	M	1973/11/09	X Duathlon	X Du M (40-49)	1
Jones	Ian	M	1960/01/16	X Duathlon	X Du M (50+)	10

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Cruywagen	Jacobus Gerhardus	M	1968/03/03	X Duathlon	X Du M (50+)	10
Wood	Jeremy	M	1961/03/25	X Duathlon	X Du M (50+)	10
Carbonell	Roger	M	1966/11/02	X Duathlon	X Du M (50+)	10
Fourie	Pierre	M	1964/02/25	X Duathlon	X Du M (50+)	7
Wagner	Robert	M	1964/01/06	X Duathlon	X Du M (50+)	7
Smith	Robert	M	1968/05/28	X Duathlon	X Du M (50+)	7
Jakoby	Werner	M	1955/08/19	X Duathlon	X Du M (50+)	5
du Toit	Dean	M	2001/10/01	X Duathlon	X Du M (Jun)	30
Pretorius	Rogan	M	2002/08/11	X Duathlon	X Du M (Jun)	10
VERMEULEN	ALWYN	M	2000/07/04	X Duathlon	X Du M (Jun)	7
Greer	Calym	M	2003/08/28	X Duathlon	X Du M (Jun)	7
Terblanche	Armand	M	2000/09/19	X Duathlon	X Du M (Jun)	5

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
X Sprint Triathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Gordon	Bronwyn	F	1992/03/31	X Sprint Triathlon	X Tri Lt F (20-29)	20
Badenhorst	San-Marí	F	1991/01/28	X Sprint Triathlon	X Tri Lt F (20-29)	13
Roselt	Marionette	F	1991/01/21	X Sprint Triathlon	X Tri Lt F (20-29)	10
Graham	Erin	F	1995/08/23	X Sprint Triathlon	X Tri Lt F (20-29)	7
Van Der Merwe	Lizelle	F	1990/02/11	X Sprint Triathlon	X Tri Lt F (20-29)	7
Warburton	Lorraine	F	1991/11/29	X Sprint Triathlon	X Tri Lt F (20-29)	7
Hugo	Nadine	F	1994/02/18	X Sprint Triathlon	X Tri Lt F (20-29)	7
Van Niekerk	Izek	F	1990/02/19	X Sprint Triathlon	X Tri Lt F (20-29)	5
Van Amersfoort	Sue-Ellen	F	1981/05/01	X Sprint Triathlon	X Tri Lt F (30-39)	14
Botha	Evelyn	F	1981/12/19	X Sprint Triathlon	X Tri Lt F (30-39)	10
Langlois	Kate	F	1984/09/02	X Sprint Triathlon	X Tri Lt F (30-39)	10
Truter	Rene	F	1987/09/10	X Sprint Triathlon	X Tri Lt F (30-39)	10
Jansen	Sulet	F	1981/04/13	X Sprint Triathlon	X Tri Lt F (30-39)	10
Ellison	Monica	F	1980/12/02	X Sprint Triathlon	X Tri Lt F (30-39)	7
Neumann Forder	Nicole	F	1988/06/23	X Sprint Triathlon	X Tri Lt F (30-39)	7
Lutsch	Edwina	F	1979/08/22	X Sprint Triathlon	X Tri Lt F (30-39)	5
Grove	Elmarie	F	1987/04/24	X Sprint Triathlon	X Tri Lt F (30-39)	5
van wyk	eunice	F	1987/03/13	X Sprint Triathlon	X Tri Lt F (30-39)	5
Keates	Vicky	F	1972/11/09	X Sprint Triathlon	X Tri Lt F (40-49)	23
Janse Van Rensburg	Elmie	F	1971/11/23	X Sprint Triathlon	X Tri Lt F (40-49)	10
Harmse	Retha	F	1978/09/27	X Sprint Triathlon	X Tri Lt F (40-49)	10
Bousema	Kitta	F	1971/10/10	X Sprint Triathlon	X Tri Lt F (40-49)	7
Mostert	Lorette	F	1971/08/21	X Sprint Triathlon	X Tri Lt F (40-49)	7
Venter	Claire	F	1975/08/02	X Sprint Triathlon	X Tri Lt F (40-49)	5
Visser	Lorne	F	1972/09/13	X Sprint Triathlon	X Tri Lt F (40-49)	5
Scheepers	Sanette	F	1975/06/05	X Sprint Triathlon	X Tri Lt F (40-49)	1
Parsons	Joreta	F	1962/10/09	X Sprint Triathlon	X Tri Lt F (50+)	7
Kruger	Susan	F	2000/11/07	X Sprint Triathlon	X Tri Lt F (Jun)	10
White	Tatum	F	2002/10/18	X Sprint Triathlon	X Tri Lt F (Jun)	10
MOODIE	ELZANNE	F	1986/06/25	X Sprint Triathlon	X Tri Lt F(30-39)	10
VAN DER MERWE	RIANI	F	1964/04/02	X Sprint Triathlon	X Tri Lt F(50+)	40
Smuts	Desmond	M	1990/02/06	X Sprint Triathlon	X Tri Lt M (20-29)	17
Jessop	Peter	M	1993/09/01	X Sprint Triathlon	X Tri Lt M (20-29)	17
Terblanche	Enrico	M	1996/05/07	X Sprint Triathlon	X Tri Lt M (20-29)	12
DOTT	AIDEN	M	1997/12/11	X Sprint Triathlon	X Tri Lt M (20-29)	10
Komitsch	Jonas	M	1993/09/19	X Sprint Triathlon	X Tri Lt M (20-29)	10
HARRINGTON-JOHNSON	ROBERT	M	1994/04/19	X Sprint Triathlon	X Tri Lt M (20-29)	10
Malan	Wynand	M	1989/03/12	X Sprint Triathlon	X Tri Lt M (20-29)	10
Thompson	Raymond	M	1998/04/22	X Sprint Triathlon	X Tri Lt M (20-29)	8
Scrutton	Dale	M	1997/08/21	X Sprint Triathlon	X Tri Lt M (20-29)	7
Claassen	Paul	M	1989/04/14	X Sprint Triathlon	X Tri Lt M (20-29)	7
Goldschagg	David	M	1992/04/25	X Sprint Triathlon	X Tri Lt M (20-29)	5
KERNAHAN	KYLE	M	1997/05/08	X Sprint Triathlon	X Tri Lt M (20-29)	5
Gibson	Michael	M	1989/11/23	X Sprint Triathlon	X Tri Lt M (20-29)	5
Conradie	Dewald	M	1991/05/03	X Sprint Triathlon	X Tri Lt M (20-29)	3
Booyse	Jean	M	1990/01/19	X Sprint Triathlon	X Tri Lt M (20-29)	1
Roselt	Morne	M	1994/06/09	X Sprint Triathlon	X Tri Lt M (20-29)	1
Ellison	Vincent	M	1996/09/16	X Sprint Triathlon	X Tri Lt M (20-29)	1
Serfontein	Deon	M	1984/06/27	X Sprint Triathlon	X Tri Lt M (30-39)	10
Acho	Donavin	M	1979/12/15	X Sprint Triathlon	X Tri Lt M (30-39)	10
Mealke	Heintz	M	1979/02/10	X Sprint Triathlon	X Tri Lt M (30-39)	10
Van Der Walt	Jacobus	M	1984/03/13	X Sprint Triathlon	X Tri Lt M (30-39)	7
Van Heerden	Pieter	M	1984/03/09	X Sprint Triathlon	X Tri Lt M (30-39)	7
Ras	Rikus	M	1988/03/14	X Sprint Triathlon	X Tri Lt M (30-39)	7
Du Preez	Jacques	M	1987/11/21	X Sprint Triathlon	X Tri Lt M (30-39)	6
Mackenzie	Charles	M	1984/06/03	X Sprint Triathlon	X Tri Lt M (30-39)	5
Forder	Rory	M	1983/01/28	X Sprint Triathlon	X Tri Lt M (30-39)	5
Thomson	Alexander	M	1987/05/08	X Sprint Triathlon	X Tri Lt M (30-39)	3
Bierman	Rohan	M	1986/08/05	X Sprint Triathlon	X Tri Lt M (30-39)	3
Liebenberg	Schoonraad	M	1988/01/30	X Sprint Triathlon	X Tri Lt M (30-39)	3

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Tshivhase	Takalani	M	1980/03/21	X Sprint Triathlon	X Tri Lt M (30-39)	1
Gibson	Michael	M	1978/01/20	X Sprint Triathlon	X Tri Lt M (40-49)	20
Stanley	Stephen	M	1977/07/11	X Sprint Triathlon	X Tri Lt M (40-49)	13
Hare	Glenn	M	1976/06/03	X Sprint Triathlon	X Tri Lt M (40-49)	11
Mac	Andy	M	1973/04/01	X Sprint Triathlon	X Tri Lt M (40-49)	7
McLaggan	Hamish	M	-	X Sprint Triathlon	X Tri Lt M (40-49)	7
Kotze	Nel	M	1978/04/24	X Sprint Triathlon	X Tri Lt M (40-49)	7
Holman	Ian	M	1975/10/08	X Sprint Triathlon	X Tri Lt M (40-49)	6
Erasmus	Bennie	M	1973/02/09	X Sprint Triathlon	X Tri Lt M (40-49)	5
Gerber	Etienne	M	1973/04/20	X Sprint Triathlon	X Tri Lt M (40-49)	5
Pieterse	Johan	M	1973/02/23	X Sprint Triathlon	X Tri Lt M (40-49)	5
Nell	Johan	M	1975/08/21	X Sprint Triathlon	X Tri Lt M (40-49)	3
Burger	Mike	M	1971/04/29	X Sprint Triathlon	X Tri Lt M (40-49)	3
Hughes	Derek	M	1966/05/17	X Sprint Triathlon	X Tri Lt M (50+)	10
Draper	Michael	M	1967/06/28	X Sprint Triathlon	X Tri Lt M (50+)	10
van der Veen	Caleb	M	2000/01/31	X Sprint Triathlon	X Tri Lt M (Jun)	30
Wolfaardt	Shaun	M	2005/02/21	X Sprint Triathlon	X Tri Lt M (Jun)	17
Dippenaar	Zandre	M	2000/04/08	X Sprint Triathlon	X Tri Lt M (Jun)	10
Kieck	Blaine	M	2004/05/10	X Sprint Triathlon	X Tri Lt M (Jun)	7
Campbell	Daniel	M	2002/01/24	X Sprint Triathlon	X Tri Lt M (Jun)	7
Nothnagel	Khan	M	2000/10/21	X Sprint Triathlon	X Tri Lt M (Jun)	7
Nothnagel	Khan	M	2000/10/21	X Sprint Triathlon	X Tri Lt M (Jun)	7
Griffith	Aidan	M	2002/08/07	X Sprint Triathlon	X Tri Lt M (Jun)	5
Prinsloo	Carlu	M	2002/05/13	X Sprint Triathlon	X Tri Lt M (Jun)	5
Lombard	Ruben	M	2000/08/07	X Sprint Triathlon	X Tri Lt M (Jun)	5
De Lima	Jonathan	M	2001/08/28	X Sprint Triathlon	X Tri Lt M (Jun)	3
Scrutton	Paul	M	1999/10/13	X Sprint Triathlon	X Tri Lt M (Jun)	3
Stanley	Devon	M	2001/07/17	X Sprint Triathlon	X Tri Lt M (Jun)	2
Van Der Westhuyzen	Amiel	M	2003/06/24	X Sprint Triathlon	X Tri Lt M (Jun)	1

Surname	Name	Sex	BirthDate	Dist	Category	Total Points
X Standard Triathlon						
Surname	Name	Sex	BirthDate	Dist	Category	Total Points
Dippenaar	Elsmarie	F	1990/09/11	X Standard Triathlon	X Tri Std F (20-29)	10
Naylor	Kay	F	1992/02/24	X Standard Triathlon	X Tri Std F (20-29)	10
VAN NIEKERK	JULIANA	F	1983/10/01	X Standard Triathlon	X Tri Std F (30-39)	10
janse van Rensburg	Melinda	F	1976/12/29	X Standard Triathlon	X Tri Std F (40-49)	10
Wickham	Christian	M	1989/07/10	X Standard Triathlon	X Tri Std M (20-29)	10
Strachan	David	M	1991/12/13	X Standard Triathlon	X Tri Std M (20-29)	10
Mulock-Houwer	Franscois	M	1991/08/04	X Standard Triathlon	X Tri Std M (20-29)	10
Vermeulen	Martinus	M	1994/01/10	X Standard Triathlon	X Tri Std M (20-29)	10
Ferreira	Micheal	M	1997/02/20	X Standard Triathlon	X Tri Std M (20-29)	10
Wickham	Raynard	M	1992/04/10	X Standard Triathlon	X Tri Std M (20-29)	10
Fenthum	Dylan	M	2001/05/12	X Standard Triathlon	X Tri Std M (20-29)	7
Smith	Gregory	M	1994/05/12	X Standard Triathlon	X Tri Std M (20-29)	7
Mare	Jacques	M	1993/05/01	X Standard Triathlon	X Tri Std M (20-29)	7
Greve	Adam	M	1989/05/18	X Standard Triathlon	X Tri Std M (20-29)	5
Williams	Warren	M	1992/09/11	X Standard Triathlon	X Tri Std M (20-29)	3
Geldenhuis	Migaul	M	1990/01/10	X Standard Triathlon	X Tri Std M (20-29)	1
van den Berg	Andre	M	1985/10/27	X Standard Triathlon	X Tri Std M (30-39)	17
Falconer	Mark	M	1982/10/18	X Standard Triathlon	X Tri Std M (30-39)	10
Kruger	Paul	M	1981/09/07	X Standard Triathlon	X Tri Std M (30-39)	10
Peters	Werner	M	1984/10/13	X Standard Triathlon	X Tri Std M (30-39)	10
Woodinek	Adriaan	M	1985/05/29	X Standard Triathlon	X Tri Std M (30-39)	7
Fourie	Graeme	M	1986/01/04	X Standard Triathlon	X Tri Std M (30-39)	7
Hood	Clayton	M	1982/11/20	X Standard Triathlon	X Tri Std M (30-39)	5
Le Roux	Ewald	M	1987/11/17	X Standard Triathlon	X Tri Std M (30-39)	5
van Heerden	Coen	M	1984/07/23	X Standard Triathlon	X Tri Std M (30-39)	3
Hansen	Hechter	M	1987/09/18	X Standard Triathlon	X Tri Std M (30-39)	3
VINHAS	PAULO	M	1984/08/30	X Standard Triathlon	X Tri Std M (30-39)	1
Evans	Anthony	M	1977/03/30	X Standard Triathlon	X Tri Std M (40-49)	27
van Wyk	Gerhard	M	1976/09/19	X Standard Triathlon	X Tri Std M (40-49)	10
Van Loggerenberg	Hein	M	1972/12/27	X Standard Triathlon	X Tri Std M (40-49)	10
Potgieter	Jurgens	M	1977/08/13	X Standard Triathlon	X Tri Std M (40-49)	10
Teichman	Kfir	M	-	X Standard Triathlon	X Tri Std M (40-49)	10
Logan	David	M	1971/06/04	X Standard Triathlon	X Tri Std M (40-49)	7
Teichman	Kfir	M	-	X Standard Triathlon	X Tri Std M (40-49)	7
Coetzee	Louis	M	1973/05/13	X Standard Triathlon	X Tri Std M (40-49)	7
Thomas-Stark	Robert	M	1975/04/01	X Standard Triathlon	X Tri Std M (40-49)	7
Bouwer	Deon	M	1972/12/01	X Standard Triathlon	X Tri Std M (40-49)	4
White	Quintin	M	1971/05/30	X Standard Triathlon	X Tri Std M (40-49)	3
Olivier	Vivian	M	1972/05/03	X Standard Triathlon	X Tri Std M (40-49)	1
Farrer	David	M	1967/03/12	X Standard Triathlon	X Tri Std M (50+)	37
Fenthum	Dallas	M	1968/07/09	X Standard Triathlon	X Tri Std M (50+)	10
Myberg	Kobus	M	1967/01/17	X Standard Triathlon	X Tri Std M (50+)	10
Scrutton	Neill	M	1964/04/12	X Standard Triathlon	X Tri Std M (50+)	10
Walker	Garren	M	1964/09/15	X Standard Triathlon	X Tri Std M (50+)	7
Roller	Mike	M	1966/05/12	X Standard Triathlon	X Tri Std M (50+)	7
Garbers	Marius	M	1966/04/02	X Standard Triathlon	X Tri Std M (50+)	3
Haddon	Duncan	M	1962/03/02	X Standard Triathlon	X Tri Std M (50+)	1