



COSMOS 3-IN-1

# Cosmos 3in1 MTB Race

## 2 April 2016



P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
3in1													
P_3in1	3in1_Cat	.	3in1_sex	3in1 time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
1	1		1	04:00:59	864T	Du Plessis	Brand	M	8	3in1Sub VetM	3in1	37	
2	2		2	04:06:41	3091T	Van Vuuren	Jaco	M	8	3in1Sub VetM	3in1	36	
3	3		3	04:07:19	119T	Basson	Jan Tobias	M	8	3in1Sub VetM	3in1	29	
4	1		4	04:07:52	2829T	Van Der Westhuizen	Hermanus Krause	M	8	3in1VeteranM	3in1	45	
5	1		1	04:09:07	191T	Bell	Vanessa	F	6	3in1Sub VetF	3in1	34	
6	4		5	04:10:00	460T	Carelsen	Christo	M	8	3in1Sub VetM	3in1	30	
7	1		6	04:10:13	1272T	Knoetze	Hendre	M	8	3in1SeniorM	3in1	26	
8	2		7	04:11:34	2966T	Gautier	Patrice	M	8	3in1VeteranM	3in1	47	
9	1		8	04:11:41	2833T	Redeunghuys	Wessel	M	8	3in1JuniorM	3in1	18	
10	5		9	04:12:16	2717T	Swart	Eben	M	8	3in1Sub VetM	3in1	34	
11	6		10	04:15:33	2963T	Lambrechts	Adriaan	M	8	3in1Sub VetM	3in1	37	
12	7		11	04:17:37	610T	Cronje	Robert	M	8	3in1Sub VetM	3in1	30	
13	2		12	04:17:54	2746T	Van Der Berg	Cobus	M	8	3in1SeniorM	3in1	20	
14	3		13	04:20:06	1204T	Joubert	Johan	M	8	3in1VeteranM	3in1	44	
15	2		2	04:25:34	815T	Du Plessis	Wilmarie	F	6	3in1Sub VetF	3in1	33	
16	4		14	04:27:09	2800T	Van Tonder	Anton	M	8	3in1VeteranM	3in1	40	
17	2		15	04:28:17	2846T	Gautief	Jeandre	M	8	3in1JuniorM	3in1	16	
18	8		16	04:29:33	2995T	Smit	Graham James	M	8	3in1Sub VetM	3in1	39	
19	1		17	04:29:41	1310T	Koegelenberg	Gideon Johannes	M	8	3in1BuffaloM	3in1	38	
20	5		18	04:29:48	2694T	Meyer	Louis	M	8	3in1VeteranM	3in1	44	
21	3		19	04:30:09	2300T	Lombard	Gert	M	8	3in1SeniorM	3in1	28	
22	6		20	04:30:31	3045T	Stander	Jan Hendrik	M	8	3in1VeteranM	3in1	45	
23	4		21	04:32:13	2700T	Stoltz	Pieter	M	8	3in1SeniorM	3in1	21	
24	9		22	04:35:03	2523T	Cawood	Ebert	M	8	3in1Sub VetM	3in1	32	
25	10		23	04:35:20	890T	Du Plessis	Marco	M	8	3in1Sub VetM	3in1	33	
26	11		24	04:36:29	1134T	Jones	Melvin	M	8	3in1Sub VetM	3in1	37	
27	3		3	04:37:11	2443T	Jones	Lynette	F	6	3in1Sub VetF	3in1	31	
28	5		25	04:38:54	2915T	Botha	Herco	M	8	3in1SeniorM	3in1	29	
29	7		26	04:38:58	2743T	de Jager	Francois	M	8	3in1VeteranM	3in1	43	
30	1		4	04:41:22	2698T	Van Der Westhuizen	Santie	F	6	3in1VeteranF	3in1	42	
31	4		5	04:42:10	7T	Ackerman	Loussanne	F	6	3in1Sub VetF	3in1	35	
32	1		6	04:43:01	662T	De Swardt	Marnique	F	6	3in1JuniorF	3in1	16	
33	6		27	04:43:11	587T	Gomez	Damion	M	8	3in1SeniorM	3in1	16	
34	12		28	04:44:15	518T	Snell	g	M	8	3in1Sub VetM	3in1	33	
35	13		29	04:45:13	2680T	Louw	Ruan	M	8	3in1Sub VetM	3in1	29	
36	7		30	04:47:26	238T	Kruger	Hannes	M	8	3in1SeniorM	3in1	21	
37	3		31	04:47:30	2939T	Muller	Stehan	M	8	3in1JuniorM	3in1	18	
38	4		32	04:47:44	3036T	Stander	Juandre	M	8	3in1JuniorM	3in1	17	
39	5		33	04:48:02	2972T	Van Heerden	Daniel	M	8	3in1JuniorM	3in1	18	
40	14		34	04:50:57	2171T	Swanepoel	Richard	M	8	3in1Sub VetM	3in1	29	
41	15		35	04:54:01	2678T	Marshall	Steven John	M	8	3in1Sub VetM	3in1	37	
42	1		7	04:55:37	2803T	Erasmus	Linda	F	6	3in1SeniorF	3in1	27	
43	2		36	04:58:34	2403T	Greyling	Jean	M	8	3in1BuffaloM	3in1	34	
44	6		37	04:58:37	2887T	Engelbrecht	Reynardt	M	8	3in1JuniorM	3in1	17	
45	8		38	05:01:17	750T	Visser	Tobie	M	8	3in1VeteranM	3in1	42	
46	16		39	05:03:13	2964T	Marais	Wicus	M	8	3in1Sub VetM	3in1	32	
47	17		40	05:03:16	2772T	Opperman	Tertius	M	8	3in1Sub VetM	3in1	36	
48	18		41	05:04:23	3090T	Vlad	Razvan	M	8	3in1Sub VetM	3in1	33	
49	9		42	05:04:59	2204T	Du Plessis	Gerhard	M	8	3in1VeteranM	3in1	44	
50	3		43	05:07:23	671T	De Swardt	Marius	M	8	3in1BuffaloM	3in1	48	
51	2		8	05:07:51	2622T	Smit	Janika	F	6	3in1SeniorF	3in1	27	
52	3		9	05:08:09	1244T	Knoetze	Marika	F	6	3in1SeniorF	3in1	26	
53	1		44	05:08:20	209T	Booyesen	Stefanus Johannes	M	8	3in1Open 50+M	3in1	57	
54	19		45	05:09:12	800T	De Villiers	Juan - Pierre	M	8	3in1Sub VetM	3in1	34	
55	4		46	05:09:59	1424T	Koekemoer	Gerhard	M	8	3in1BuffaloM	3in1	28	
56	20		47	05:11:02	2553T	Watson	Garry	M	8	3in1Sub VetM	3in1	36	
57	21		48	05:11:32	2763T	Jensen	H A	M	8	3in1Sub VetM	3in1	38	
58	10		49	05:14:01	905T	Fourie	Charl	M	8	3in1VeteranM	3in1	44	
59	22		50	05:14:25	2760T	Krige	Rehan	M	8	3in1Sub VetM	3in1	32	
60	2		51	05:17:29	2942T	Swanepoel	Johan	M	8	3in1Open 50+M	3in1	51	
61	1		10	05:17:43	1318T	Koegelenberg	Bets	F	6	3in1Open 50+F	3in1	57	
62	23		52	05:17:58	295T	Breed	Wicus	M	8	3in1Sub VetM	3in1	32	
63	8		53	05:18:00	2679T	Strydom	Matthys Johannes	M	8	3in1SeniorM	3in1	28	
64	24		54	05:18:30	2643T	Vilakazi	Martin	M	8	3in1Sub VetM	3in1	30	
65	25		55	05:19:21	2754T	Moore	Adriaan	M	8	3in1Sub VetM	3in1	30	
66	9		56	05:19:46	2029T	Pistorius	Pieter	M	8	3in1SeniorM	3in1	27	
67	11		57	05:20:51	2655T	Van Der Merwe	Jaco	M	8	3in1VeteranM	3in1	40	
68	2		11	05:21:16	129T	Bell	Sharon	F	6	3in1Open 50+F	3in1	54	
69	10		58	05:22:46	893T	English	Raiken Nelson	M	8	3in1SeniorM	3in1	25	
70	26		59	05:23:23	455T	Brummer	Ronnie	M	8	3in1Sub VetM	3in1	38	
71	3		60	05:24:20	2824T	Meyer	Martin	M	8	3in1Open 50+M	3in1	51	
72	11		61	05:24:39	2152T	Prinsloo	Alwyn	M	8	3in1SeniorM	3in1	24	
73	5		62	05:26:39	2954T	Stevens	Terance	M	8	3in1BuffaloM	3in1	55	
74	12		63	05:28:13	2969T	Van Schalkwyk	Johan	M	8	3in1VeteranM	3in1	48	
75	5		12	05:28:31	291T	Breed	Susara CH	F	6	3in1Sub VetF	3in1	32	
76	4		64	05:30:00	2568T	Muller	Steven	M	8	3in1Open 50+M	3in1	51	
77	3		13	05:30:58	722T	De Villiers	Janita Salome	F	6	3in1Open 50+F	3in1	52	
78	4		14	05:30:58	3092T	Weilbach	Elizabeth Maria	F	6	3in1Open 50+F	3in1	50	
79	12		65	05:31:56	2804T	Lapacz	Adam	M	8	3in1SeniorM	3in1	23	
80	5		66	05:32:54	1141T	Jordaan	Johan Dreyer	M	8	3in1Open 50+M	3in1	59	
81	27		67	05:33:16	3069T	Van Heerden	Leon	M	8	3in1Sub VetM	3in1	35	
82	6		68	05:34:19	1319T	Koegelenberg	Riaan	M	8	3in1Open 50+M	3in1	59	
83	7		69	05:34:20	565T	Clarke	Stephen	M	8	3in1Open 50+M	3in1	52	
84	28		70	05:34:35	2529T	Marais	Johan	M	8	3in1Sub VetM	3in1	39	
85	4		15	05:41:14	911T	Goodwin	Beatrix Maria	F	6	3in1SeniorF	3in1	28	
86	29		71	05:41:14	3049T	Venter	Paul	M	8	3in1Sub VetM	3in1	39	
87	13		72	05:41:54	3089T	Venter	Johan	M	8	3in1VeteranM	3in1	40	
88	13		73	05:42:46	2434T	Stander	Shaun	M	8	3in1SeniorM	3in1	28	
89	30		74	05:42:48	2802T	Olivier	Verner	M	8	3in1Sub VetM	3in1	33	
90	5		16	05:43:15	2351T	Moraal	Christina	F	6	3in1SeniorF	3in1	28	
91	14		75	05:43:41	634T	De Jager	Johannes Marthinus Carolus	M	8	3in1VeteranM	3in1	43	
92	7		76	05:45:48	2758T	Smith	Ruben Armand	M	8	3in1JuniorM	3in1	17	
93	6		17	05:47:11	2741T	Steyn	Yolandi	F	6	3in1Sub VetF	3in1	34	
94	6		77	05:47:56	2997T	Petzer	Christiaan	M	8	3in1BuffaloM	3in1	29	
95	8		78	05:49:13	2708T	Kleymans	Andre	M	8	3in1Open 50+M	3in1	50	
96	14		79	05:49:46	317T	Breytenbach	Jaco	M	8	3in1SeniorM	3in1	28	
97	5		18	05:50:32	2962T	Reyneke	Lunell	F	6	3in1Open 50+F	3in1	55	
98	9		80	05:50:48	3072T	Pieterse	Riaan	M	8	3in1Open 50+M	3in1	53	
99	10		81	05:51:11	2334T	Van Der Meer	Peter	M	8	3in1Open 50+M	3in1	66	
100	31		82	05:53:20	2907T	Rousseau	Francois	M	8	3in1Sub VetM	3in1	34	
101	32		83	05:53:27	1073T	Jansen Van Vuuren	Renier	M	8	3in1Sub VetM	3in1	29	
102	15		84	05:56:20	2870T	Strydom	Johan	M	8	3in1VeteranM	3in1	47	
103	11		85	05:56:42	2945T	Larkman	David	M	8	3in1Open 50+M	3in1	58	
104	12		86	05:57:08	696T	Prinsloo	Piet	M	8	3in1Open 50+M	3in1	60	
105	33		87	05:57:21	1053T	Hoffman	Aleck John Godfrey	M	8	3in1Sub VetM	3in1	33	
106	7		88	05:58:10	2676T	Van Heerden	Pieter Hein	M	8	3in1BuffaloM	3in1	29	
107	16		89	05:58:18	2572T	Wilkins	Sarel Johannes	M	8	3in1VeteranM	3in1	42	
108	13		90	06:02:23	2468T	Coetzee	Johann	M	8	3in1Open 50+M	3in1	59	
109	8		91	06:03:46	2423T	Lategan	Dries	M	8	3in1BuffaloM	3in1	46	
110	15		92	06:04:27	1170T	Joubert	Benjamin	M	8	3in1SeniorM	3in1	20	
111	14		93	06:06:50	2837T	Owens	James	M	8	3in1Open 50+M	3in1		

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
112	17		94	06:08:04	2769T	Jansen Van Vuuren	Frik	M	8	3in1VeteranM	3in1	46	
113	16		95	06:10:02	936T	Goodwin	Nicolaas	M	8	3in1SeniorM	3in1	23	
114	7		19	06:11:37	578T	Coetzer	Melanie	F	6	3in1Sub VetF	3in1	37	
115	34		96	06:11:38	2709T	Vermaak	Henk	M	8	3in1Sub VetM	3in1	34	
116	35		97	06:14:05	2239T	Brits	Henk	M	8	3in1Sub VetM	3in1	30	
117	36		98	06:20:19	591T	Coetzer	Andries Johannes	M	8	3in1Sub VetM	3in1	38	
118	9		99	07:03:26	2084T	Swanepoel	Dirk Jacobus	M	8	3in1BuffaloM	3in1	46	
119	37		100	07:42:22	2713T	Venter	Hennie	M	8	3in1Sub VetM	3in1	35	
120	38		101	07:42:23	2806T	Storui	Ian	M	8	3in1Sub VetM	3in1	34	
				DNF	3027T	Van Coller	Pieter Michael	M	8	3in1BuffaloM	3in1	46	
				DNF	2217T	Labuschagne	Petri	M	8	3in1BuffaloM	3in1	32	
				DNF	2845T	Pienaar	Jaco	M	8	3in1BuffaloM	3in1	39	
				DNF	2031T	Pretorius	Susan	F	6	3in1Open 50+F	3in1	56	
				DNF	2070T	Van Heerden	Marlene	F	6	3in1Open 50+F	3in1	63	
				DNF	2436T	Pretorius	Loekie	M	8	3in1Open 50+M	3in1	58	
				DNF	1103T	Jones	Robin Keith	M	8	3in1Open 50+M	3in1	66	
				DNF	762T	De Villiers	William Corbett	M	8	3in1Open 50+M	3in1	54	
				DNF	2170T	Van Niekerk	Frikkie	M	8	3in1Open 50+M	3in1	59	
				DNF	39T	Atkins	Grant Stuart	M	8	3in1Open 50+M	3in1	54	
				DNF	2792T	Weilbach	Johann Friedrich	M	8	3in1Open 50+M	3in1	52	
				DNF	1436T	Koekemoer	Gerhard	M	8	3in1Open 50+M	3in1	55	
				DNF	2894T	De Clerca	At	M	8	3in1Open 50+M	3in1	61	
				DNF	2693T	Needham	A J J	M	8	3in1Open 50+M	3in1	59	
				DNF	2421T	van der Berg	Andre	M	8	3in1Open 50+M	3in1	57	
				DNF	2395T	Victor	Herman	M	8	3in1SeniorM	3in1	26	
				DNF	3044T	Stoltz	Pieter	M	8	3in1SeniorM	3in1	21	
				DNF	2742T	Hearne	Neil	M	8	3in1SeniorM	3in1	24	
				DNF	2706T	Duvenage	Johan	M	8	3in1SeniorM	3in1	28	
				DNF	2688T	Swanepoel	Kevin	M	8	3in1SeniorM	3in1	21	
				DNF	3088T	Venter	Carina	F	6	3in1Sub VetF	3in1	38	
				DNF	2718T	Stolz	Vicky	F	6	3in1Sub VetF	3in1	38	
				DNF	2941T	Wasilewski	Roschalle	F	6	3in1Sub VetF	3in1	37	
				DNF	3029T	Pretorius	Nadine	F	6	3in1Sub VetF	3in1	32	
				DNF	1378T	Vernge	Esme	F	6	3in1Sub VetF	3in1	38	
				DNF	2777T	Van Zyl	Morne	M	8	3in1Sub VetM	3in1	33	
				DNF	2155T	Van Rooyen	Gert	M	8	3in1Sub VetM	3in1	0	
				DNF	2865T	Smith	Craig	M	8	3in1Sub VetM	3in1	31	
				DNF	2844T	Wait	Alan Thomas	M	8	3in1Sub VetM	3in1	38	
				DNF	2838T	Marx	Charl	M	8	3in1Sub VetM	3in1	29	
				DNF	972T	Hattingh	Gert	M	8	3in1Sub VetM	3in1	34	
				DNF	229T	Botha	Albertus Lambertus	M	8	3in1Sub VetM	3in1	36	
				DNF	2689T	Marx	Wihan	M	8	3in1Sub VetM	3in1	32	
				DNF	488T	Cawood	Herbert Samuel	M	8	3in1Sub VetM	3in1	31	
				DNF	2369T	Van Niekerk	Gerrit Jacobus	M	8	3in1Sub VetM	3in1	31	
				DNF	2547T	Branca	Franco	M	8	3in1Sub VetM	3in1	31	
				DNF	2271T	Le roux	Louis	M	8	3in1Sub VetM	3in1	34	
				DNF	2023T	Erasmus	Francois	M	8	3in1Sub VetM	3in1	36	
				DNF	2747T	Louw	Hercules	M	8	3in1Sub VetM	3in1	38	
				DNF	687T	Brynard	Ryno	M	8	3in1Sub VetM	3in1	39	
				DNF	2486T	Dannlex	Susan	F	6	3in1VeteranF	3in1	49	
				DNF	717T	De Swardt	Diederik Jacobus	M	8	3in1VeteranM	3in1	44	
				DNF	2697T	Lamprecht	Marius	M	8	3in1VeteranM	3in1	44	
				DNF	3048T	Vermeulen	Walter	M	8	3in1VeteranM	3in1	44	
				DNF	808T	Delpont	Andre	M	8	3in1VeteranM	3in1	42	
				DNF	2149T	Mecuur	Joseph	M	8	3in1VeteranM	3in1	43	
				DNF	2517T	Schoeman	Johan	M	8	3in1VeteranM	3in1	42	
				DNF	3100T	Kotze	Nico	M	8	3in1VeteranM	3in1	40	
				DNF	2745T	Hansen	F	M	8	3in1VeteranM	3in1	49	
				DNF	2986T	Louw	Daniel	M	8	3in1VeteranM	3in1	40	
				DNF	1051T	Breuvicen	Renier	M	8	3in1VeteranM	3in1	42	
				DNF	2710T	Vernge	Frank	M	8	3in1VeteranM	3in1	47	
				DNF	3082T	Pienaar	Freddie	M	8	3in1VeteranM	3in1	45	
				DNF	1083T	Jonck	Nicholas C S	M	8	OpenM	3in1	28	

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
<b>68km</b>													
P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
1	1	1	1	02:20:50	864T	Du Plessis	Brand	M	68	3in1Sub VetM	3in1	37	28.97
2	2	2	2	02:23:48	119T	Basson	Jan Tobias	M	68	3in1Sub VetM	3in1	29	28.37
3	1	3	3	02:24:02	2746T	Van Der Berg	Cobus	M	68	3in1SeniorM	3in1	20	28.33
4	1	4	4	02:24:06	2829T	Van Der Westhuizen	Hermanus Krause	M	68	3in1VeteranM	3in1	45	28.31
5	3	5	5	02:24:06	3091T	Van Vuuren	Jaco	M	68	3in1Sub VetM	3in1	36	28.31
6	4	6	6	02:24:08	460T	Carelsen	Christo	M	68	3in1Sub VetM	3in1	30	28.31
7	2	7	7	02:24:57	2966T	Gautier	Patrice	M	68	3in1VeteranM	3in1	47	28.15
8	5	8	8	02:25:28	2963T	Lambrechts	Adriaan	M	68	3in1Sub VetM	3in1	37	28.05
9	1	9	9	02:25:29	6534T	Scott	Shaun	M	68	OpenM		40	28.04
10	6	9	10	02:25:31	2717T	Swart	Eben	M	68	3in1Sub VetM	3in1	34	28.04
11	2	10	11	02:25:33	1272T	Knoetze	Hendre	M	68	3in1SeniorM	3in1	26	28.03
12	7	11	12	02:26:00	610T	Cronje	Robert	M	68	3in1Sub VetM	3in1	30	27.95
13	1	12	13	02:31:02	2833T	Redeunghuys	Wessel	M	68	3in1JuniorM	3in1	18	27.01
14	3	13	14	02:31:40	1204T	Joubert	Johan	M	68	3in1VeteranM	3in1	44	26.9
15	4	14	15	02:31:40	3082T	Pienaar	Freddie	M	68	3in1VeteranM	3in1	45	26.9
16	2	1	16	02:31:41	6057T	Cronje	Paul	M	68	OpenM		34	26.9
17	1	15	1	02:31:41	191T	Bell	Vanessa	F	68	3in1Sub VetF	3in1	34	26.9
18	5	16	17	02:31:42	2986T	Louw	Daniel	M	68	3in1VeteranM	3in1	40	26.9
19	3	2	18	02:31:43	6060T	Rosenstein	Neville	M	68	OpenM		34	26.89
20	2	17	19	02:32:03	2846T	Gautief	Jandre	M	68	3in1JuniorM	3in1	16	26.83
21	3	18	20	02:32:47	2300T	Lombard	Gert	M	68	3in1SeniorM	3in1	28	26.7
22	6	19	21	02:32:48	3045T	Stander	Jan Hendrik	M	68	3in1VeteranM	3in1	45	26.7
23	4	3	22	02:36:11	5583T	Phillips	Brendan	M	68	OpenM		16	26.12
24	1	20	23	02:36:24	1310T	Koegelenberg	Gideon Johannes	M	68	3in1BuffaloM	3in1	38	26.09
25	7	21	24	02:36:25	2694T	Meyer	Louis	M	68	3in1VeteranM	3in1	44	26.08
26	5	4	25	02:37:12	6682T	Beeslaar	Machiel	M	68	OpenM		42	25.95
27	8	22	26	02:37:28	2995T	Smit	Graham James	M	68	3in1Sub VetM	3in1	39	25.91
28	4	23	27	02:38:11	2915T	Botha	Herco	M	68	3in1SeniorM	3in1	29	25.79
29	8	24	28	02:38:12	634T	De Jager	Johannes Marthinus Carolus	M	68	3in1VeteranM	3in1	43	25.79
30	9	25	29	02:38:42	2523T	Cawood	Ebert	M	68	3in1Sub VetM	3in1	32	25.71
31	9	26	30	02:38:43	2800T	Van Tonder	Anton	M	68	3in1VeteranM	3in1	40	25.71
32	10	27	31	02:39:28	890T	Du Plessis	Marco	M	68	3in1Sub VetM	3in1	33	25.59
33	5	28	32	02:39:48	2700T	Stoltz	Pieter	M	68	3in1SeniorM	3in1	21	25.53
34	2	29	2	02:40:32	815T	Du Plessis	Wilmarie	F	68	3in1Sub VetF	3in1	33	25.42
35	6	5	33	02:41:32	7099T	Van Der Merwe	Deon Willie	M	68	OpenM		38	25.26
36	11	30	34	02:41:36	2865T	Smith	Craig	M	68	3in1Sub VetM	3in1	31	25.25
37	10	31	35	02:41:51	2745T	Hansen	F	M	68	3in1VeteranM	3in1	49	25.21
38	11	32	36	02:41:54	2743T	de Jager	Francois	M	68	3in1VeteranM	3in1	43	25.2
39	12	33	37	02:42:08	2844T	Wait	Alan Thomas	M	68	3in1Sub VetM	3in1	38	25.16
40	1	6	3	02:42:35	7277T	Botes	Elza	F	68	OpenF		43	25.09
41	1		38	02:42:35	6037T	No Data	No Data	M	68	No Cat			25.09
42	7	7	39	02:42:36	7144T	De Necker	Pieter	M	68	OpenM		43	25.09
43	13	34	40	02:42:44	2680T	Louw	Ruan	M	68	3in1Sub VetM	3in1	29	25.07
44	8	8	41	02:43:39	5556T	Cledry	Nicholas	M	68	OpenM		32	24.93
45	6	35	42	02:43:41	587T	Gomez	Damion	M	68	3in1SeniorM	3in1	16	24.93
46	1	9	43	02:44:01	8159T	Salzmann	Des	M	68	G MasterM		61	24.88
47	14	36	44	02:44:42	2547T	Branca	Franco	M	68	3in1Sub VetM	3in1	31	24.77
48	15	37	45	02:44:43	1134T	Jones	Melvin	M	68	3in1Sub VetM	3in1	37	24.77
49	3	38	46	02:44:46	2939T	Muller	Stehan	M	68	3in1JuniorM	3in1	18	24.76
50	4	39	47	02:44:46	2972T	Van Heerden	Daniel	M	68	3in1JuniorM	3in1	18	24.76
51	16	40	48	02:44:47	518T	Snell	g	M	68	3in1Sub VetM	3in1	33	24.76
52	17	41	49	02:45:47	2171T	Swanepoel	Richard	M	68	3in1Sub VetM	3in1	29	24.61
53	7	42	50	02:45:58	238T	Kruger	Hannes	M	68	3in1SeniorM	3in1	21	24.58
54	3	43	4	02:46:57	2443T	Jones	Lynette	F	68	3in1Sub VetF	3in1	31	24.44
55	1	10	51	02:46:57	8509T	Bell	George Roelof	M	68	MasterM		58	24.44
56	9	11	52	02:48:20	8066T	Small	Ewert	M	68	OpenM		36	24.24
57	10	12	53	02:48:21	7448T	Traill	Dean	M	68	OpenM		33	24.24
58	18	44	54	02:48:21	2678T	Marshall	Steven John	M	68	3in1Sub VetM	3in1	37	24.24
59	11	13	55	02:48:23	7420T	Joubert	Francois Marius	M	68	OpenM		48	24.23
60	2	14	56	02:48:27	8377T	Thomson	Andrew	M	68	MasterM		55	24.22
61	2	45	57	02:48:57	2403T	Greyling	Jean	M	68	3in1BuffaloM	3in1	34	24.15
62	19	46	58	02:49:54	2964T	Marais	Wicus	M	68	3in1Sub VetM	3in1	32	24.01
63	3	47	59	02:50:25	2845T	Pienaar	Jaco	M	68	3in1BuffaloM	3in1	39	23.94
64	5	48	60	02:50:25	3036T	Stander	Juandre	M	68	3in1JuniorM	3in1	17	23.94
65	4	49	5	02:50:32	3029T	Pretorius	Nadine	F	68	3in1Sub VetF	3in1	32	23.92
66	12	15	61	02:50:35	5593T	Sundstrom	Ashley	M	68	OpenM		33	23.92
67	13	16	62	02:51:03	7565T	Botes	Hein	M	68	OpenM		46	23.85
68	3	17	63	02:51:09	5615T	Matthiae	Willy	M	68	MasterM		54	23.84
69	12	50	64	02:51:10	2697T	Lamprecht	Marius	M	68	3in1VeteranM	3in1	44	23.84
70	13	51	65	02:51:11	750T	Visser	Tobie	M	68	3in1VeteranM	3in1	42	23.83
71	14	52	66	02:51:21	2204T	Du Plessis	Gerhard	M	68	3in1VeteranM	3in1	44	23.81
72	1	53	6	02:51:34	2698T	Van Der Westhuizen	Santie	F	68	3in1VeteranF	3in1	42	23.78
73	20	54	67	02:51:34	2838T	Marx	Charl	M	68	3in1Sub VetM	3in1	29	23.78
74	5	55	7	02:51:35	7T	Ackerman	Loussanne	F	68	3in1Sub VetF	3in1	35	23.78
75	21	56	68	02:51:43	2772T	Opperman	Tertius	M	68	3in1Sub VetM	3in1	36	23.76
76	1	57	8	02:52:10	662T	De Swardt	Marnique	F	68	3in1JuniorF	3in1	16	23.7
77	6	58	69	02:52:43	2887T	Engelbrecht	Reynardt	M	68	3in1JuniorM	3in1	17	23.62
78	14	18	70	02:54:46	7538T	Van Wyk	Werner	M	68	OpenM		43	23.35
79	1	59	9	02:55:02	2803T	Erasmus	Linda	F	68	3in1SeniorF	3in1	27	23.31
80	22	60	71	02:56:06	3090T	Vlad	Razvan	M	68	3in1Sub VetM	3in1	33	23.17
81	23	61	72	02:57:52	2754T	Moore	Adriaan	M	68	3in1Sub VetM	3in1	30	22.94
82	24	62	73	02:58:22	2747T	Louw	Hercules	M	68	3in1Sub VetM	3in1	38	22.87
83	25	63	74	02:58:36	295T	Breed	Wicus	M	68	3in1Sub VetM	3in1	32	22.84
84	15	64	75	02:58:37	3048T	Vermeulen	Walter	M	68	3in1VeteranM	3in1	44	22.84
85	26	65	76	02:58:42	2553T	Watson	Garry	M	68	3in1Sub VetM	3in1	36	22.83
86	16	66	77	02:59:53	905T	Fourie	Charl	M	68	3in1VeteranM	3in1	44	22.68
87	4	67	78	03:00:02	1424T	Koekemoer	Gerhard	M	68	3in1BuffaloM	3in1	28	22.66
88	17	68	79	03:00:04	2655T	Van Der Merwe	Jaco	M	68	3in1VeteranM	3in1	40	22.66
89	1	69	80	03:00:12	2942T	Swanepoel	Johan	M	68	3in1Open 50+M	3in1	51	22.64
90	15	19	81	03:00:15	8437T	Boshof	Lood	M	68	OpenM		44	22.64
91	27	70	82	03:00:16	2763T	Jensen	H A	M	68	3in1Sub VetM	3in1	38	22.63
92	5	71	83	03:00:17	671T	De Swardt	Marius	M	68	3in1BuffaloM	3in1	48	22.63
93	28	72	84	03:00:32	800T	De Villiers	Juan - Pierre	M	68	3in1Sub VetM	3in1	34	22.6
94	16	20	85	03:00:39	7502T	Van Den Berg	Gert	M	68	OpenM		35	22.59
95	2	73	86	03:01:37	209T	Booyesen	Stefanus Johannes	M	68	3in1Open 50+M	3in1	57	22.46
96	8	74	87	03:01:42	2029T	Pistorius	Pieter	M	68	3in1SeniorM	3in1	27	22.45
97	29	75	88	03:02:14	2643T	Vilakazi	Martin	M	68	3in1Sub VetM	3in1	30	22.39
98	6	76	89	03:02:21	2954T	Stevens	Terance	M	68	3in1BuffaloM	3in1	55	22.37
99	7	77	90	03:02:22	2676T	Van Heerden	Pieter Hein	M	68	3in1BuffaloM	3in1	29	22.37
100	30	78	91	03:02:57	455T	Brummer	Ronnie	M	68	3in1Sub VetM	3in1	38	22.3
101	3	79	92	03:04:27	2824T	Meyer	Martin	M	68	3in1Open 50+M	3in1	51	22.12
102	31	80	93	03:04:31	2760T	Krige	Rehan	M	68	3in1Sub VetM	3in1	32	22.11
103	9	81	94	03:04:51	2679T	Strydom	Matthys Johannes	M	68	3in1SeniorM	3in1	28	22.07
104	32	82	95	03:04:55	1053T	Hoffman	Aleck John Godfrey	M	68	3in1Sub VetM	3in1	33	22.06
105	17	21	96	03:04:57	8593T	Van Dyk	Jan Nel	M	68	OpenM		29	22.06
106	4	22	97	03:05:5									

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
118	18	86	105	03:08:22	717T	De Swardt	Diederik Jacobus	M	68	3in1VeteranM	3in1	44	21.66
119	7	31	106	03:09:10	6640T	Koch	Friedrich	M	68	MasterM		53	21.57
120	1	87	14	03:09:19	1318T	Koegelenberg	Bets	F	68	3in1Open 50+F	3in1	57	21.55
121	10	88	107	03:09:20	2706T	Duvenage	Johan	M	68	3in1SeniorM	3in1	28	21.55
122	2	89	15	03:09:46	2031T	Pretorius	Susan	F	68	3in1Open 50+F	3in1	56	21.5
123	3	90	16	03:09:46	129T	Bell	Sharon	F	68	3in1Open 50+F	3in1	54	21.5
124	5	91	108	03:10:02	1319T	Koegelenberg	Riaan	M	68	3in1Open 50+M	3in1	59	21.47
125	6	92	109	03:10:06	565T	Clarke	Stephen	M	68	3in1Open 50+M	3in1	52	21.46
126	33	93	110	03:10:27	2529T	Marais	Johan	M	68	3in1Sub VetM	3in1	39	21.42
127	11	94	111	03:10:36	2804T	Lapacz	Adam	M	68	3in1SeniorM	3in1	23	21.41
128	19	95	113	03:10:40	2969T	Van Schalkwyk	Johan	M	68	3in1VeteranM	3in1	48	21.4
129	12	96	112	03:10:40	893T	English	Raiken Nelson	M	68	3in1SeniorM	3in1	25	21.4
130	20	32	114	03:10:58	6056T	Wilcocks	Dawid	M	68	OpenM		47	21.36
131	34	97	115	03:11:15	3069T	Van Heerden	Leon	M	68	3in1Sub VetM	3in1	35	21.33
132	21	33	116	03:11:37	5806T	De Morney	Jean-Paul	M	68	OpenM		43	21.29
133	20	98	117	03:11:39	3089T	Venter	Johan	M	68	3in1VeteranM	3in1	40	21.29
134	35	99	118	03:11:39	2802T	Olivier	Verner	M	68	3in1Sub VetM	3in1	33	21.29
135	22	34	119	03:11:47	8428T	Grobler	Martin	M	68	OpenM		41	21.27
136	23	35	120	03:11:53	7531T	Wilcocks	Ruan	M	68	OpenM		18	21.26
137	2	36	17	03:12:48	6446T	Pieterse	Wilme	F	68	MasterF		52	21.16
138	7	100	121	03:12:49	1141T	Jordaan	Johan Dreyer	M	68	3in1Open 50+M	3in1	59	21.16
139	8	101	122	03:12:50	3072T	Pieterse	Riaan	M	68	3in1Open 50+M	3in1	53	21.16
140	8	37	123	03:12:55	5811T	Botha	Wicus	M	68	MasterM		52	21.15
141	24	38	124	03:13:51	7497T	Oosthuizen	Nico	M	68	OpenM		42	21.05
142	36	102	125	03:14:11	1073T	Jansen Van Vuuren	Renier	M	68	3in1Sub VetM	3in1	29	21.01
143	3	39	18	03:15:49	6992T	Borman	Yolandie	F	68	OpenF		34	20.84
144	25	40	126	03:15:51	8599T	Coetzee	Juandre	M	68	OpenM		31	20.83
145	37	103	127	03:15:56	972T	Hattingh	Gert	M	68	3in1Sub VetM	3in1	34	20.82
146	9	41	128	03:15:57	8544T	Fourie	Johan	M	68	MasterM		49	20.82
147	5	105	19	03:16:35	3092T	Weilbach	Elizabeth Maria	F	68	3in1Open 50+F	3in1	50	20.75
148	4	104	20	03:16:35	722T	De Villiers	Janita Salome	F	68	3in1Open 50+F	3in1	52	20.75
149	4	42	21	03:16:38	8020T	De Jager	Grace	F	68	OpenF		42	20.75
150	6	106	22	03:17:16	291T	Breed	Susara CH	F	68	3in1Sub VetF	3in1	32	20.68
151	5	43	23	03:17:49	5867T	Pretorius	Johanna Jacomina	F	68	OpenF		31	20.63
152	38	107	129	03:17:50	3049T	Venter	Paul	M	68	3in1Sub VetM	3in1	39	20.62
153	26	44	130	03:18:45	8579T	Mafole	Hendry	M	68	OpenM		46	20.53
154	4	45	131	03:18:52	7101T	Jacobs	Jan	M	68	G MasterM		67	20.52
155	13	108	132	03:19:01	2742T	Hearne	Neil	M	68	3in1SeniorM	3in1	24	20.5
156	10	46	133	03:19:19	8337T	Baillie	David John	M	68	MasterM		59	20.47
157	14	109	134	03:19:58	2152T	Prinsloo	Alwyn	M	68	3in1SeniorM	3in1	24	20.4
158	11	47	135	03:20:15	5699T	Neethling	Marius Etienne	M	68	MasterM		53	20.37
159	27	48	136	03:20:37	8535T	Pretorius	Stefan	M	68	OpenM		30	20.34
160	39	110	137	03:20:51	2907T	Rousseau	Francois	M	68	3in1Sub VetM	3in1	34	20.31
161	7	111	138	03:21:01	2758T	Smith	Ruben Armand	M	68	3in1JuniorM	3in1	17	20.3
162	21	112	139	03:21:21	2870T	Strydom	Johan	M	68	3in1VeteranM	3in1	47	20.26
163	28	49	140	03:21:35	5842T	Mabasho	Schallam	M	68	OpenM		30	20.24
164	40	113	141	03:22:00	229T	Botha	Albertus Lambertus	M	68	3in1Sub VetM	3in1	36	20.2
165	8	114	142	03:22:02	2997T	Petzer	Christiaan	M	68	3in1BuffaloM	3in1	29	20.19
166	41	115	143	03:22:04	2239T	Brits	Henk	M	68	3in1Sub VetM	3in1	30	20.19
167	9	116	144	03:22:44	2708T	Kleymans	Andre	M	68	3in1Open 50+M	3in1	50	20.12
168	10	117	145	03:23:13	2468T	Coetzee	Johann	M	68	3in1Open 50+M	3in1	59	20.08
169	16	118	146	03:23:14	2434T	Stander	Shaun	M	68	3in1SeniorM	3in1	28	20.08
170	15	119	147	03:23:14	317T	Breytenbach	Jaco	M	68	3in1SeniorM	3in1	28	20.08
171	11	120	148	03:23:18	2334T	Van Der Meer	Peter	M	68	3in1Open 50+M	3in1	66	20.07
172	17	121	149	03:23:27	936T	Goodwin	Nicolaas	M	68	3in1SeniorM	3in1	23	20.05
173	4	122	24	03:23:28	911T	Goodwin	Beatrix Maria	F	68	3in1SeniorF	3in1	28	20.05
174	5	123	25	03:23:38	2351T	Moraal	Christina	F	68	3in1SeniorF	3in1	28	20.04
175	29	50	150	03:24:02	8306T	Schoeman	Quintin	M	68	OpenM		26	20
176	22	124	151	03:24:15	2769T	Jansen Van Vuuren	Frik	M	68	3in1VeteranM	3in1	46	19.98
177	42	125	152	03:24:30	2023T	Erasmus	Francois	M	68	3in1Sub VetM	3in1	36	19.95
178	30	51	153	03:24:33	8183T	Willis	Shaun	M	68	OpenM		44	19.95
179	12	52	154	03:25:10	7545T	Kriel	Chris	M	68	MasterM		56	19.89
180	12	126	155	03:25:12	696T	Prinsloo	Piet	M	68	3in1Open 50+M	3in1	60	19.88
181	6	127	26	03:25:26	2070T	Van Heerden	Marlene	F	68	3in1Open 50+F	3in1	63	19.86
182	31	53	156	03:26:09	8148T	Landberg	Fernando	M	68	OpenM		36	19.79
183	43	128	157	03:26:14	2689T	Marx	Wihan	M	68	3in1Sub VetM	3in1	32	19.78
184	32	54	158	03:26:15	5540T	van der Merwe	R	M	68	OpenM		33	19.78
185	13	129	159	03:26:18	2421T	van der Berg	Andre	M	68	3in1Open 50+M	3in1	57	19.78
186	9	130	160	03:26:22	2423T	Lategan	Dries	M	68	3in1BuffaloM	3in1	46	19.77
187	33	55	161	03:27:08	6215T	Fourie	Robert	M	68	OpenM		37	19.7
188	7	131	27	03:27:42	2962T	Reyneke	Lunell	F	68	3in1Open 50+F	3in1	55	19.64
189	44	132	162	03:28:17	2271T	Le roux	Louis	M	68	3in1Sub VetM	3in1	34	19.59
190	23	133	163	03:28:27	2572T	Wilkins	Sarel Johannes	M	68	3in1VeteranM	3in1	42	19.57
191	18	134	164	03:28:29	1170T	Joubert	Benjamin	M	68	3in1SeniorM	3in1	20	19.57
192	35	57	166	03:28:45	8096T	Bouwer	Adriaan	M	68	OpenM		34	19.54
193	34	56	165	03:28:45	6886T	Bouwer	Fanie	M	68	OpenM		35	19.54
194	13	58	167	03:28:49	6427T	Kaudi	Themba	M	68	MasterM		52	19.54
195	6	59	28	03:29:02	8344T	De Jager	Yvonne	F	68	OpenF		25	19.52
196	7	60	29	03:29:04	8575T	Hattingh	Edulele	F	68	OpenF		24	19.52
197	36	61	168	03:29:17	6821T	Pelser	Paul	M	68	OpenM		40	19.5
198	37	62	169	03:29:29	8563T	Koch	Frederick Wilhelm	M	68	OpenM		34	19.48
199	14	63	170	03:29:32	8519T	Liebenberg	Roelie	M	68	MasterM		53	19.47
200	14	135	171	03:30:35	2837T	Owens	James	M	68	3in1Open 50+M	3in1	58	19.37
201	38	64	172	03:31:28	5715T	Nekshivhazwanlu	tahu	M	68	OpenM		38	19.29
202	7	136	30	03:31:51	2741T	Steyn	Yolandi	F	68	3in1Sub VetF	3in1	34	19.26
203	15	137	173	03:31:57	2945T	Larkman	David	M	68	3in1Open 50+M	3in1	58	19.25
204	24	138	174	03:32:38	808T	Delpont	Andre	M	68	3in1VeteranM	3in1	42	19.19
205	39	65	175	03:33:19	8181T	Hatting	Shaun	M	68	OpenM		29	19.13
206	25	139	176	03:33:40	2149T	Mecuur	Joseph	M	68	3in1VeteranM	3in1	43	19.1
207	16	140	177	03:35:24	1103T	Jones	Robin Keith	M	68	3in1Open 50+M	3in1	66	18.94
208	19	141	178	03:35:29	2688T	Swanepoel	Kevin	M	68	3in1SeniorM	3in1	21	18.93
209	40	66	179	03:35:33	6861T	De Villiers	Jacques	M	68	OpenM		35	18.93
210	8	67	180	03:36:11	5884T	Salzmann	Craig	M	68	OpenF		33	18.87
211	10	142	181	03:37:01	3027T	Van Collier	Pieter Michael	M	68	3in1BuffaloM	3in1	46	18.8
212	41	68	182	03:37:12	6482T	Preller	Abraham	M	68	OpenM		28	18.78
213	42	69	183	03:37:12	8332T	Human	Dirk Cornelius	M	68	OpenM		26	18.78
214	8	143	31	03:37:44	578T	Coetzer	Melanie	F	68	3in1Sub VetF	3in1	37	18.74
215	45	144	184	03:37:45	591T	Coetzer	Andries Johannes	M	68	3in1Sub VetM	3in1	38	18.74
216	43	70	185	03:39:07	7571T	Coetzee	Pieter	M	68	OpenM		40	18.62
217	26	145	186	03:40:07	2517T	Schoeman	Johan	M	68	3in1VeteranM	3in1	42	18.54
218	9	71	32	03:40:14	5572T	Meyer	Lizelle	F	68	OpenF		35	18.53
219	46	146	187	03:40:16	2709T	Vermaak	Henk	M	68	3in1Sub VetM	3in1	34	18.52
220	44	72	188	03:42:38	7528T	Van Niekerk	Frank	M	68	OpenM		47	18.33
221	45	73	189	03:43:06	5844T	Summers	Brett	M	68	OpenM		43	18.29
222	46	74	190	03:43:27	7026T								

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
237	52	81	204	04:08:55	7169T	Alberts	Hendrik	M	68	OpenM		42	16.39
238	11	82	34	04:08:55	8412T	Alberts	Jennie	F	68	OpenF		43	16.39
239	53	83	205	04:09:24	6506T	Engelbrecht	Johan Lombard	M	68	OpenM		44	16.36
240	54	84	206	04:10:30	7073T	Smith	Anare	M	68	OpenM		45	16.29
241	55	85	207	04:12:43	8583T	Methu	Messiah	M	68	OpenM		33	16.14
242	47	154	208	04:12:47	2155T	Van Rooyen	Gert	M	68	3in1Sub VetM	3in1	0	16.14
243	12	86	35	04:14:04	6332T	Oberholzer	Dienie	F	68	OpenF		33	16.06
244	56	87	209	04:14:06	8339T	Wilters	Johan	M	68	OpenM		39	16.06
245	57	88	210	04:14:18	5547T	Erasmus	Elmarie	M	68	OpenM		34	16.04
246	48	155	211	04:14:36	2713T	Venter	Hennie	M	68	3in1Sub VetM	3in1	35	16.03
247	49	156	212	04:14:36	2806T	Storui	Ian	M	68	3in1Sub VetM	3in1	34	16.03
248	50	157	213	04:16:11	2777T	Van Zyl	Morne	M	68	3in1Sub VetM	3in1	33	15.93
249	14	90	37	04:16:25	8008T	Schmidt	Johanette	F	68	OpenF		45	15.91
250	13	89	36	04:16:25	8443T	Neethling	Heila Elizabeth	F	68	OpenF		52	15.91
251	51	158	214	04:17:56	687T	Brynard	Ryno	M	68	3in1Sub VetM	3in1	39	15.82
252	58	91	215	04:18:49	7638T	Neethling	Eddie	M	68	OpenM		27	15.76
253	59	92	216	04:24:00	5626T	Pienaar	Jacobus	M	68	OpenM		39	15.45
254	15	93	38	04:28:31	5597T	De Wet	Rialda	F	68	OpenF		47	15.19
255	60	94	217	04:28:32	5808T	Mbele	Nathi	M	68	OpenM		43	15.19
256	16	95	39	04:28:32	6352T	Smit	Alta	F	68	OpenF		52	15.19
257	17	96	40	04:34:09	7244T	Engelbrecht	Liz	F	68	OpenF		49	14.88
258	16	97	218	04:34:10	8372T	Sieberhagend	Mannus	M	68	MasterM		56	14.88
259	9	159	41	04:38:39	1378T	Vernge	Esme	F	68	3in1Sub VetF	3in1	38	14.64
260	3	98	42	05:13:06	8386T	Wuzyk	Innessa	F	68	MasterF		50	13.03
261	17	99	219	05:13:07	8374T	Wuzyk	Pawel	M	68	MasterM		53	13.03
262	61	100	220	05:47:09	5509T	Truter	Peter John	M	68	OpenM		28	11.75
263	18	101	43	05:47:11	8554T	Fouche	Chantel	F	68	OpenF		25	11.75
				DNF	488T	Cawood	Herbert Samuel	M	68	3in1Sub VetM	3in1	31	
				DNF	1051T	Breuvicen	Renier	M	68	3in1VeteranM	3in1	42	
				DNF	1436T	Koekemoer	Gerhard	M	68	3in1Open 50+M	3in1	55	
				DNF	2217T	Labuschagne	Petri	M	68	3in1BuffaloM	3in1	32	
				DNF	2369T	Van Niekerk	Gerrit Jacobus	M	68	3in1Sub VetM	3in1	31	
				DNF	2395T	Victor	Herman	M	68	3in1SeniorM	3in1	26	
				DNF	2486T	Dannlex	Susan	F	68	3in1VeteranF	3in1	49	
				DNF	2710T	Vernge	Frank	M	68	3in1VeteranM	3in1	47	
				DNF	2718T	Stolz	Vicky	F	68	3in1Sub VetF	3in1	38	
				DNF	2792T	Weilbach	Johann Friedrich	M	68	3in1Open 50+M	3in1	52	
				DNF	2941T	Wasilewski	Roschalle	F	68	3in1Sub VetF	3in1	37	
				DNF	3044T	Stoltz	Pieter	M	68	3in1SeniorM	3in1	21	
				DNF	3088T	Venter	Carina	F	68	3in1Sub VetF	3in1	38	
				DNF	3100T	Kotze	Nico	M	68	3in1VeteranM	3in1	40	
				DNF	5687T	Meiring	Niel	M	68	OpenM		27	
				DNF	5901T	Baker	Landon	M	68	OpenM		46	
				DNF	6204T	Stimie	Ben	M	68	OpenM		39	
				DNF	6251T	Coetzee	Constant	M	68	OpenM		33	
				DNF	6300T	Bekker	Morne	M	68	OpenM		28	
				DNF	6404T	Du Preez	Derrick	M	68	OpenM		48	
				DNF	6486T	Stofberg	Johan	M	68	G MasterM		62	
				DNF	6543T	Scott	Shaum	M	68	OpenM		40	
				DNF	6972T	Swart	Andre	M	68	OpenM		33	
				DNF	7013T	Schoeman	Quintin	M	68	OpenM		25	
				DNF	7136T	Barkhuizen	Carel	M	68	OpenM		46	
				DNF	7343T	Van De Werken	Rod	M	68	OpenM		46	
				DNF	7487T	Steyn	Sune	F	68	OpenF		26	
				DNF	7784T	Powell	Coenraad Cornelius	M	68	OpenM		37	
				DNF	7803T	Goosen	Johan	M	68	MasterM		53	
				DNF	8131T	Wattel	Francois	M	68	OpenM		23	
				DNF	8299T	Maribe	Gabriel Marcus Thithi	M	68	OpenM		37	
				DNF	8356T	Human	Dirk Cornelius	M	68	OpenM		26	
				DNF	8421T	Botha	Hercules Anton	M	68	OpenM		29	
				DNF	8537T	Erasmus	Linda	F	68	3in1SeniorF	3in1	27	
				DNF	8538T	Roodt	Cornelius Petrus	M	68	G MasterM		68	

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
<b>33km</b>													
P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
1	1	1	2	01:12:08	864T	Du Plessis	Brand	M	33	3in1Sub VetM	3in1	37	27.45
2	1	2	1	01:12:08	2833T	Redeunghuys	Wessel	M	33	3in1JuniorM	3in1	18	27.45
3	2	3	3	01:13:57	3091T	Van Vuuren	Jaco	M	33	3in1Sub VetM	3in1	36	26.77
4	3	4	4	01:14:58	119T	Basson	Jan Tobias	M	33	3in1Sub VetM	3in1	29	26.41
5	1	5	5	01:15:06	2829T	Van Der Westhuizen	Hermanus Krause	M	33	3in1VeteranM	3in1	45	26.36
6	1	6	6	01:15:07	1272T	Knoetze	Hendre	M	33	3in1SeniorM	3in1	26	26.36
7	1	1	7	01:16:23	7709T	Weber	Willie	M	33	OpenM		40	25.92
8	4	7	8	01:16:52	460T	Carelsen	Christo	M	33	3in1Sub VetM	3in1	30	25.76
9	2	8	9	01:16:52	2966T	Gautier	Patrice	M	33	3in1VeteranM	3in1	47	25.76
10	2	2	10	01:16:54	6534T	Scott	Shaun	M	33	OpenM		40	25.75
11	5	9	11	01:17:57	2717T	Swart	Eben	M	33	3in1Sub VetM	3in1	34	25.4
12	3	10	12	01:18:07	1204T	Joubert	Johan	M	33	3in1VeteranM	3in1	44	25.35
13	4	11	13	01:18:08	2800T	Van Tonder	Anton	M	33	3in1VeteranM	3in1	40	25.34
14	1	12	1	01:18:11	191T	Bell	Vanessa	F	33	3in1Sub VetF	3in1	34	25.33
15	6	13	14	01:20:12	610T	Cronje	Robert	M	33	3in1Sub VetM	3in1	30	24.69
16	7	14	15	01:20:27	2963T	Lambrechts	Adriaan	M	33	3in1Sub VetM	3in1	37	24.61
17	8	15	16	01:20:53	1134T	Jones	Melvin	M	33	3in1Sub VetM	3in1	37	24.48
18	5	16	17	01:21:24	2745T	Hansen	F	M	33	3in1VeteranM	3in1	49	24.32
19	6	17	18	01:21:44	2694T	Meyer	Louis	M	33	3in1VeteranM	3in1	44	24.23
20	9	18	19	01:21:45	2995T	Smit	Graham James	M	33	3in1Sub VetM	3in1	39	24.22
21	1	19	20	01:21:48	1310T	Koegelenberg	Gideon Johannes	M	33	3in1BuffaloM	3in1	38	24.21
22	2	20	21	01:22:37	2700T	Stoltz	Pieter	M	33	3in1SeniorM	3in1	21	23.97
23	7	21	22	01:22:40	3082T	Pienaar	Freddie	M	33	3in1VeteranM	3in1	45	23.95
24	10	22	23	01:24:02	2523T	Cawood	Ebert	M	33	3in1Sub VetM	3in1	32	23.56
25	3	23	24	01:24:38	2746T	Van Der Berg	Cobus	M	33	3in1SeniorM	3in1	20	23.4
26	2	24	2	01:24:42	815T	Du Plessis	Wilmarie	F	33	3in1Sub VetF	3in1	33	23.38
27	11	25	25	01:24:59	890T	Du Plessis	Marco	M	33	3in1Sub VetM	3in1	33	23.3
28	3	3	26	01:25:35	8039T	du Plessis	Hannes	M	33	OpenM		46	23.14
29	4	26	27	01:25:56	2300T	Lombard	Gert	M	33	3in1SeniorM	3in1	28	23.04
30	2	27	28	01:26:02	2846T	Gautief	Jeandre	M	33	3in1JuniorM	3in1	16	23.01
31	8	28	29	01:26:27	2743T	de Jager	Francois	M	33	3in1VeteranM	3in1	43	22.9
32	3	29	30	01:27:07	3036T	Stander	Juandre	M	33	3in1JuniorM	3in1	17	22.73
33	9	30	31	01:27:07	3045T	Stander	Jan Hendrik	M	33	3in1VeteranM	3in1	45	22.73
34	12	31	32	01:27:48	518T	Snell	g	M	33	3in1Sub VetM	3in1	33	22.55
35	5	32	33	01:27:48	587T	Gomez	Damion	M	33	3in1SeniorM	3in1	16	22.55
36	4	4	34	01:27:57	6251T	Coetzee	Constant	M	33	OpenM		33	22.51
37	3	33	3	01:28:46	2443T	Jones	Lynette	F	33	3in1Sub VetF	3in1	31	22.31
38	1	34	4	01:28:52	2698T	Van Der Westhuizen	Santie	F	33	3in1VeteranF	3in1	42	22.28
39	1	5	35	01:28:53	5583T	Phillips	Brendan	M	33	YouthM		16	22.28
40	6	35	36	01:29:08	238T	Kruger	Hannes	M	33	3in1SeniorM	3in1	21	22.21
41	4	36	5	01:29:25	7T	Ackerman	Loussanne	F	33	3in1Sub VetF	3in1	35	22.14
42	1	6	37	01:29:40	8509T	Bell	George Roelof	M	33	MasterM		58	22.08
43	7	37	38	01:29:52	2915T	Botha	Herco	M	33	3in1SeniorM	3in1	29	22.03
44	1	38	6	01:29:55	662T	De Swardt	Marnique	F	33	3in1JuniorF	3in1	16	22.02
45	5	7	39	01:30:25	7260T	Pieterse	Gert	M	33	OpenM		48	21.9
46	13	39	40	01:31:33	2844T	Wait	Alan Thomas	M	33	3in1Sub VetM	3in1	38	21.63
47	14	40	41	01:31:33	2680T	Louw	Ruan	M	33	3in1Sub VetM	3in1	29	21.63
48	4	41	42	01:31:43	2972T	Van Heerden	Daniel	M	33	3in1JuniorM	3in1	18	21.59
49	5	42	43	01:31:44	2939T	Muller	Stehan	M	33	3in1JuniorM	3in1	18	21.58
50	6	43	44	01:31:50	2887T	Engelbrecht	Reynardt	M	33	3in1JuniorM	3in1	17	21.56
51	8	44	45	01:32:15	2152T	Prinsloo	Alwyn	M	33	3in1SeniorM	3in1	24	21.46
52	15	45	46	01:32:16	2838T	Marx	Charl	M	33	3in1Sub VetM	3in1	29	21.46
53	2	8	47	01:32:19	6738T	Prinsloo	Alwyn Snr	M	33	MasterM		52	21.45
54	6	9	48	01:32:24	5771T	Lubbe	Ruan	M	33	OpenM		33	21.43
55	1	46	49	01:32:45	209T	Booyesen	Stefanus Johannes	M	33	3in1Open 50+M	3in1	57	21.35
56	7	10	50	01:32:56	8589T	Du Plessis	Theodorus	M	33	OpenM		15	21.31
57	16	47	51	01:33:10	2678T	Marshall	Steven John	M	33	3in1Sub VetM	3in1	37	21.25
58	2	48	52	01:33:17	671T	De Swardt	Marius	M	33	3in1BuffaloM	3in1	48	21.23
59	17	49	53	01:33:27	2171T	Swanepoel	Richard	M	33	3in1Sub VetM	3in1	29	21.19
60	18	50	54	01:35:05	800T	De Villiers	Juan - Pierre	M	33	3in1Sub VetM	3in1	34	20.82
61	19	51	55	01:35:25	3090T	Vlad	Razvan	M	33	3in1Sub VetM	3in1	33	20.75
62	3	52	56	01:35:35	1424T	Koekemoer	Gerhard	M	33	3in1BuffaloM	3in1	28	20.71
63	20	53	57	01:35:41	2643T	Vilakazi	Martin	M	33	3in1Sub VetM	3in1	30	20.69
64	10	54	58	01:35:42	750T	Visser	Tobie	M	33	3in1VeteranM	3in1	42	20.69
65	4	55	59	01:35:43	2403T	Greyling	Jean	M	33	3in1BuffaloM	3in1	34	20.69
66	8	56	60	01:36:06	1083T	Jonck	Nicholas C S	M	33	OpenM	3in1	28	20.6
67	21	57	61	01:36:16	2760T	Krige	Rehan	M	33	3in1Sub VetM	3in1	32	20.57
68	9	11	62	01:37:14	6405T	Ter Poorten	Etienne	M	33	OpenM		42	20.36
69	22	58	63	01:37:17	2763T	Jensen	H A	M	33	3in1Sub VetM	3in1	38	20.35
70	23	59	64	01:37:19	2772T	Opperman	Tertius	M	33	3in1Sub VetM	3in1	36	20.35
71	2	60	65	01:38:03	2942T	Swanepoel	Johan	M	33	3in1Open 50+M	3in1	51	20.19
72	9	61	66	01:38:05	2679T	Strydom	Matthys Johannes	M	33	3in1SeniorM	3in1	28	20.19
73	5	62	67	01:38:06	2845T	Pienaar	Jaco	M	33	3in1BuffaloM	3in1	39	20.18
74	24	63	68	01:38:07	2553T	Watson	Garry	M	33	3in1Sub VetM	3in1	36	20.18
75	1	64	7	01:38:09	2622T	Smit	Janika	F	33	3in1SeniorF	3in1	27	20.17
76	2	65	8	01:38:18	1244T	Knoetze	Marika	F	33	3in1SeniorF	3in1	26	20.14
77	10	12	69	01:38:24	6357T	Bezuidenhout	Hannes	M	33	OpenM		36	20.12
78	3	66	9	01:38:44	2803T	Erasmus	Linda	F	33	3in1SeniorF	3in1	27	20.05
79	11	67	70	01:38:59	905T	Fourie	Charl	M	33	3in1VeteranM	3in1	44	20
80	10	68	71	01:39:35	893T	English	Raiken Nelson	M	33	3in1SeniorM	3in1	25	19.88
81	25	69	72	01:40:24	2547T	Branca	Franco	M	33	3in1Sub VetM	3in1	31	19.72
82	26	70	73	01:41:00	2964T	Marais	Wicus	M	33	3in1Sub VetM	3in1	32	19.6
83	11	13	74	01:41:00	7016T	Spangenberg	Benno	M	33	OpenM		18	19.6
84	12	14	75	01:41:00	8106T	Lubbe	Kolbe	M	33	OpenM		30	19.6
85	13	15	76	01:41:05	6451T	van Wyk	Maruis	M	33	OpenM		47	19.59
86	2	16	77	01:41:05	6485T	Nieuwoudt	Zegert	M	33	YouthM		15	19.59
87	12	71	78	01:41:13	2204T	Du Plessis	Gerhard	M	33	3in1VeteranM	3in1	44	19.56
88	3	72	79	01:41:24	1141T	Jordaan	Johan Dreyer	M	33	3in1Open 50+M	3in1	59	19.53
89	14	17	80	01:41:24	7164T	van Niekerk	SP	M	33	OpenM		0	19.53
90	11	73	81	01:41:53	2029T	Pistorius	Pieter	M	33	3in1SeniorM	3in1	27	19.43
91	12	74	82	01:42:32	2804T	Lapacz	Adam	M	33	3in1SeniorM	3in1	23	19.31
92	15	18	83	01:42:36	5725T	Guftschalk	Patrick	M	33	OpenM		25	19.3
93	16	19	84	01:42:40	7686T	Du Plessis	Isak Johannes	M	33	OpenM		45	19.29
94	4	75	85	01:42:43	1319T	Koegelenberg	Riaan	M	33	3in1Open 50+M	3in1	59	19.28
95	1	76	10	01:42:45	1318T	Koegelenberg	Bets	F	33	3in1Open 50+F	3in1	57	19.27
96	13	77	86	01:43:12	2969T	Van Schalkwyk	Johan	M	33	3in1VeteranM	3in1	48	19.19
97	1	20	87	01:43:16	8569T	Scheepers	Johan	M	33	G MasterM		60	19.17
98	5	78	88	01:43:26	2568T	Muller	Steven	M	33	3in1Open 50+M	3in1	51	19.14
99	1	21	11	01:43:36	5580T	Prinsloo	Adri	F	33	MasterF		52	19.11
100	27	79	89	01:43:43	295T	Breed	Wicus	M	33	3in1Sub VetM	3in1	32	19.09
101	6	80	90	01:44:08	2824T	Meyer	Martin	M	33	3in1Open 50+M	3in1	51	19.01
102	17	22	91	01:44:49	8271T	Strydom	Nico	M	33	OpenM		42	18.89
103	18	23	92	01:44:54	5857T	Van Der Merwe	Andries Johannes	M	33	OpenM		32	18.88
104	14	81	93	01:45:09	2655T	Van Der Merwe	Jaco	M	33	3in1VeteranM	3in1	40	18.83
105	2	24	94										

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
118	5	88	14	01:46:18	291T	Breed	Susara CH	F	33	3in1Sub VetF	3in1	32	18.63
119	22	30	105	01:46:20	5781T	Marais	Johannes Jacobus	M	33	OpenM		54	18.62
120	23	31	106	01:46:26	7363T	van Aswegen	Werner	M	33	OpenM		32	18.6
121	1	32	107	01:46:30	8501T	Knoetze	Gavin	M	33	Sub JunM		14	18.59
122	6	89	108	01:46:36	2954T	Stevens	Terance	M	33	3in1BuffaloM	3in1	55	18.57
123	31	90	109	01:46:45	455T	Brummer	Ronnie	M	33	3in1Sub VetM	3in1	38	18.55
124	24	33	110	01:46:55	6761T	Kleynhans	Ruan	M	33	OpenM		18	18.52
125	25	34	111	01:46:56	6511T	Booyens	Petrus	M	33	OpenM		33	18.52
126	3	35	112	01:47:13	8281T	Engelbrecht	Leon	M	33	MasterM		50	18.47
127	32	91	113	01:47:16	2529T	Marais	Johan	M	33	3in1Sub VetM	3in1	39	18.46
128	7	92	114	01:47:18	2997T	Petzer	Christiaan	M	33	3in1BuffaloM	3in1	29	18.45
129	26	36	115	01:47:20	7565T	Botes	Hein	M	33	OpenM		46	18.45
130	1	37	116	01:47:20	5980T	Botes	Francois	M	33	SprogM		12	18.45
131	27	38	117	01:47:21	8381T	van der Wath	Corne	M	33	OpenM		33	18.44
132	2	93	15	01:47:23	129T	Bell	Sharon	F	33	3in1Open 50+F	3in1	54	18.44
133	28	39	118	01:47:24	5961T	Bergh	Conrad	M	33	OpenM		27	18.44
134	8	94	119	01:47:51	2334T	Van Der Meer	Peter	M	33	3in1Open 50+M	3in1	66	18.36
135	2	40	120	01:47:59	5686T	van Zyl	Kobus	M	33	MasterM		52	
136	13	95	121	01:48:14	2434T	Stander	Shaun	M	33	3in1SeniorM	3in1	28	18.29
137	29	41	122	01:48:39	6836T	Backer	Mark	M	33	OpenM		23	18.22
138	7	96	123	01:48:41	2758T	Smith	Ruben Armand	M	33	3in1JuniorM	3in1	17	18.22
139	4	97	17	01:48:46	3092T	Weilbach	Elizabeth Maria	F	33	3in1Open 50+F	3in1	50	18.2
140	3	98	16	01:48:46	722T	De Villiers	Janita Salome	F	33	3in1Open 50+F	3in1	52	18.2
141	4	42	124	01:48:51	8018T	Boyley	Sean	M	33	MasterM		52	18.19
142	9	99	125	01:48:53	2708T	Kleymans	Andre	M	33	3in1Open 50+M	3in1	50	18.18
143	14	100	126	01:49:08	317T	Breytenbach	Jaco	M	33	3in1SeniorM	3in1	28	18.14
144	30	43	127	01:49:10	8389T	Engelbrecht	Cobus	M	33	OpenM		47	18.14
145	3	44	128	01:49:13	8349T	Stander	Jandre	M	33	G MasterM		72	18.13
146	3	45	129	01:49:13	5927T	Stander	Frans	M	33	YouthM		15	18.13
147	31	46	130	01:49:16	8135T	Fourie	Morne	M	33	OpenM		41	18.12
148	5	47	131	01:49:38	8513T	Honeyborne	BS	M	33	MasterM		53	18.06
149	2	48	132	01:50:00	7615T	Bakker	Waldu Luit	M	33	SprogM		12	18
150	32	49	133	01:50:01	6939T	Bakker	Tiemen	M	33	OpenM		46	18
151	33	50	134	01:50:13	6952T	Knoetze	Fronnie	M	33	OpenM		44	17.96
152	5	101	18	01:50:24	2070T	Van Heerden	Marlene	F	33	3in1Open 50+F	3in1	63	17.93
153	34	51	135	01:50:28	5608T	Gertenbach	JD	M	33	OpenM		45	17.92
154	35	52	136	01:50:50	5783T	Viljoen	Ruben Barend	M	33	OpenM		15	17.86
155	3	53	137	01:50:57	5868T	Lloyd	John	M	33	SprogM		11	17.85
156	36	54	138	01:51:19	6093T	Lloyd	Charles	M	33	OpenM		42	17.79
157	17	102	139	01:51:41	2572T	Wilkins	Sarel Johannes	M	33	3in1VeteranM	3in1	42	17.73
158	6	103	19	01:51:50	2741T	Steyn	Yolandi	F	33	3in1Sub VetF	3in1	34	17.7
159	33	104	140	01:51:57	2709T	Vermaak	Henk	M	33	3in1Sub VetM	3in1	34	17.69
160	37	55	141	01:52:02	5559T	Lombard	Piet	M	33	OpenM		48	17.67
161	6	56	143	01:52:27	6707T	Human	Steinberg	M	33	MasterM		50	17.61
162	10	105	142	01:52:27	696T	Prinsloo	Piet	M	33	3in1Open 50+M	3in1	60	17.61
163	34	106	145	01:52:31	2802T	Olivier	Verner	M	33	3in1Sub VetM	3in1	33	17.6
164	18	107	144	01:52:31	3089T	Venter	Johan	M	33	3in1VeteranM	3in1	40	17.6
165	35	108	146	01:52:32	2907T	Rousseau	Francois	M	33	3in1Sub VetM	3in1	34	17.59
166	38	57	147	01:52:33	7176T	Steyn	Madder	M	33	OpenM		26	17.59
167	11	109	148	01:52:50	2945T	Larkman	David	M	33	3in1Open 50+M	3in1	58	17.55
168	39	58	149	01:53:05	6713T	Malan	Daniel	M	33	OpenM		41	17.51
169	15	110	150	01:53:08	2706T	Duvenage	Johan	M	33	3in1SeniorM	3in1	28	17.5
170	19	111	151	01:53:42	2870T	Strydom	Johan	M	33	3in1VeteranM	3in1	47	17.41
171	40	59	152	01:53:43	5513T	Oosthuizen	Gerhardus	M	33	OpenM		0	17.41
172	41	60	153	01:53:45	8422T	Oosthuizen	Juan	M	33	OpenM		32	17.41
173	4	61	154	01:54:09	6981T	Henrico	Bernard	M	33	YouthM		15	17.35
174	42	62	155	01:54:32	6846T	Du Plooy	Christoffel Johannes	M	33	OpenM		46	17.29
175	43	63	156	01:54:32	6336T	Gunter	Patrick	M	33	OpenM		44	17.29
176	44	64	157	01:54:57	8038T	Gautier	Polixenes	M	33	OpenM		27	17.22
177	45	65	158	01:54:59	5579T	Maree	Francois	M	33	OpenM		36	17.22
178	2	66	20	01:55:01	6492T	van Niekerk	Marisa	F	33	OpenF		39	17.21
179	46	67	159	01:55:03	8293T	De Meyer	Gerhard	M	33	OpenM		60	17.21
180	1	68	160	01:55:11	7388T	Da Costa	Marco	M	33	NoCatM		0	17.19
181	47	69	161	01:55:12	8199T	Viljoen	Quintin	M	33	OpenM		23	17.19
182	16	112	162	01:55:14	2395T	Victor	Herman	M	33	3in1SeniorM	3in1	26	17.18
183	3	70	21	01:55:26	8268T	Kruger	Debbie	F	33	OpenF		37	17.15
184	48	71	163	01:55:27	6535T	Kruger	Hannes	M	33	OpenM		36	17.15
185	6	113	22	01:55:39	2962T	Reyneke	Lunell	F	33	3in1Open 50+F	3in1	55	17.12
186	4	114	23	01:55:45	2351T	Moraal	Christina	F	33	3in1SeniorF	3in1	28	17.11
187	49	72	164	01:55:47	8211T	Els	Russell Craig	M	33	OpenM		50	17.1
188	12	115	165	01:56:23	2837T	Owens	James	M	33	3in1Open 50+M	3in1	58	17.01
189	50	73	166	01:56:44	5805T	van Staden	Roland	M	33	OpenM		28	16.96
190	2	74	167	01:56:57	7661T	van den Berg	Danie	M	33	Sub JunM		14	16.93
191	51	75	168	01:57:16	6676T	Smit	Leow	M	33	OpenM		28	16.88
192	8	116	169	01:57:42	2423T	Lategan	Dries	M	33	3in1BuffaloM	3in1	46	16.82
193	17	117	170	01:57:47	1170T	Joubert	Benjamin	M	33	3in1SeniorM	3in1	20	16.81
194	7	76	171	01:58:28	7081T	Goosen	Johan	M	33	MasterM		53	16.71
195	3	77	172	01:58:29	7241T	Le Roux	Renaldo	M	33	Sub JunM		14	16.71
196	52	78	173	01:58:40	7335T	Schnuir	Quentin	M	33	OpenM		33	16.69
197	53	79	174	01:58:57	6243T	van Wyk	Maruis	M	33	OpenM		59	16.65
198	13	118	175	01:59:13	3072T	Pieterse	Riaan	M	33	3in1Open 50+M	3in1	53	16.61
199	18	119	176	01:59:21	2742T	Hearne	Neil	M	33	3in1SeniorM	3in1	24	16.59
200	4	80	24	01:59:26	5764T	Pieterse	Anri	F	33	OpenF		26	16.58
201	54	81	177	01:59:48	5988T	van Wyk	Jacques	M	33	OpenM		39	16.53
202	55	82	178	01:59:52	7560T	de Villiers	Michael	M	33	OpenM		28	16.52
203	56	83	179	02:00:09	5600T	Nieman	Franco	M	33	OpenM		24	16.48
204	36	120	180	02:00:30	1073T	Jansen Van Vuuren	Renier	M	33	3in1Sub VetM	3in1	29	16.43
205	57	84	181	02:00:31	6352T	Enslin	Cleo	M	33	OpenM		26	16.43
206	58	85	182	02:00:31	8277T	Mafoko	Kgosietsile Ronaldt	M	33	OpenM		41	16.43
207	14	121	183	02:01:34	2468T	Coetzee	Johann	M	33	3in1Open 50+M	3in1	59	16.29
208	5	86	25	02:01:41	8049T	van den Berg	Anitha	F	33	OpenF		44	16.27
209	59	87	184	02:01:42	6266T	van den Berg	JanDirk	M	33	OpenM		47	16.27
210	60	88	185	02:01:43	5642T	Jefferies	Gordon	M	33	OpenM		52	16.27
211	6	89	26	02:01:52	8136T	Scheepers	Maryke	F	33	OpenF		24	16.25
212	61	90	186	02:01:53	8015T	Scheepers	Martin	M	33	OpenM		51	16.25
213	62	91	187	02:01:55	8340T	Stewart	George	M	33	OpenM		33	16.24
214	8	92	188	02:02:25	8556T	Lloyd	Graeme	M	33	MasterM		50	16.17
215	63	93	189	02:02:39	5796T	De Wit	Tiaan	M	33	OpenM			16.14
216	7	94	27	02:03:14	8541T	Rosslee	Malissa	F	33	OpenF		36	16.07
217	8	95	28	02:03:28	7250T	Hoffman	Riana	F	33	OpenF		33	16.04
218	20	122	190	02:03:42	2769T	Jansen Van Vuuren	Frik	M	33	3in1VeteranM	3in1	46	16.01
219	15	123	191	02:03:53	2170T	Van Niekerk	Frikkie	M	33	3in1Open 50+M	3in1	59	15.98
220	64	96	192	02:04:50	6850T	Swart	Pieter	M	33	OpenM		63	15.86
221	9	97	29	02:05:25	7608T	Henrico	Carike	F	33	OpenF		25	15.79
222	65	98	193	02:05:27	7497T	Oosthuizen	Nico	M	33	OpenM		42	15.78
223	2	99	30	02:06:33	5640T	Swart	Monica	F	33	MasterF		55	15.65
224	66	100	194	02:06:36	8329T	Swanepoel	Hannes	M	33				

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
237	10	109	202	02:09:08	8519T	Liebenberg	Roelie	M	33	MasterM		53	15.33
238	5	128	36	02:09:24	911T	Goodwin	Beatrix Maria	F	33	3in1SeniorF	3in1	28	15.3
239	14	110	37	02:09:29	7850T	Willemse	Christine	F	33	OpenF		27	15.29
240	70	111	203	02:09:33	7528T	Van Niekerk	Frank	M	33	OpenM		47	15.28
241	15	112	38	02:09:41	7100T	Van Der Merwe	Cene	F	33	OpenF		30	15.27
242	71	113	204	02:09:45	8318T	De Wit	Johannes Marthinus Albertus	M	33	OpenM		28	15.26
243	16	114	39	02:10:21	8067T	Jordaan	Chantelle	F	33	OpenF		26	15.19
244	72	115	205	02:11:36	6930T	Viviers	Hendrik Stephanus	M	33	OpenM		27	15.05
245	22	129	206	02:11:42	2149T	Mecuur	Joseph	M	33	3in1VeteranM	3in1	43	15.03
246	73	116	207	02:12:07	7629T	Henrico	James	M	33	OpenM		28	14.99
247	74	117	208	02:12:08	5891T	Louw	Dirk	M	33	OpenM		21	14.98
248	75	118	209	02:12:55	7470T	Du Plessis	Gerhard	M	33	OpenM		36	14.9
249	76	119	210	02:13:19	7425T	Van Der Merwe	Werner	M	33	OpenM		32	14.85
250	77	120	211	02:13:24	5782T	Laubscher	Pieter Steyn	M	33	OpenM		28	14.84
251	38	130	212	02:13:24	2239T	Brits	Henk	M	33	3in1Sub VetM	3in1	30	14.84
252	78	121	213	02:13:37	8075T	Nell	Reghard	M	33	OpenM		36	14.82
253	79	122	214	02:13:40	8037T	Swanepoel	Anthony	M	33	OpenM		36	14.81
254	17	123	40	02:13:42	6209T	van Heerden	Elzaan	F	33	OpenF		35	14.81
255	80	124	215	02:13:43	8026T	Parkes	Neil	M	33	OpenM		44	14.81
256	81	125	216	02:14:19	8526T	Le Roux	AJ	M	33	OpenM		31	14.74
257	82	126	217	02:15:28	8005T	Baker	Landon	M	33	OpenM		46	14.62
258	39	131	218	02:15:49	229T	Botha	Albertus Lambertus	M	33	3in1Sub VetM	3in1	36	14.58
259	83	127	219	02:15:52	5760T	Cook	Glen	M	33	OpenM		46	14.57
260	84	128	220	02:15:56	7534T	Joubert	Jan Andries	M	33	OpenM		30	14.57
261	85	129	221	02:15:58	8009T	Theron	Estian	M	33	OpenM		28	14.56
262	16	132	222	02:16:09	1436T	Koekemoer	Gerhard	M	33	3in1Open 50+M	3in1	55	14.54
263	18	130	41	02:16:30	6490T	Barnard	Eloise	F	33	OpenF		31	14.51
264	4	131	223	02:17:25	8380T	Kruger	Danie	M	33	G MasterM		61	14.41
265	40	133	224	02:17:26	1053T	Hoffman	Aleck John Godfrey	M	33	3in1Sub VetM	3in1	33	14.41
266	4	132	225	02:17:32	5793T	Schoeman	Hein	M	33	Sub JunM		14	14.4
267	5	133	226	02:17:36	6288T	Nel	Sashin	M	33	YouthM		16	14.39
268	86	134	227	02:17:41	6106T	Buchanan	Christopher	M	33	OpenM		24	14.38
269	87	135	228	02:17:42	6616T	Whitehead	Laurance	M	33	OpenM		28	14.38
270	88	136	229	02:17:45	7085T	Petzer	Sydney	M	33	OpenM		27	14.37
271	19	137	42	02:18:01	8518T	Ferreira	Jolien	F	33	OpenF		31	14.35
272	3	138	43	02:18:04	7813T	van Zyl	Hester	F	33	MasterF		56	14.34
273	4	139	44	02:18:49	5612T	Jefferies	Cornelia	F	33	MasterF		52	14.26
274	89	140	230	02:19:00	8308T	Turley	Robert	M	33	OpenM		31	14.24
275	20	141	45	02:19:15	5650T	Viviers	Thia Christene	F	33	OpenF		27	14.22
276	5	142	46	02:19:25	5962T	Smits	Trudi	F	33	MasterF		54	14.2
277	5	143	231	02:19:26	5817T	Jacobs	Johan	M	33	G MasterM		64	14.2
278	90	144	232	02:20:03	6090T	Kleinhans	Evert	M	33	OpenM		43	14.14
279	8	134	47	02:20:19	1378T	Vernge	Esme	F	33	3in1Sub VetF	3in1	38	14.11
280	91	145	233	02:20:51	8059T	Kruger	Jaco	M	33	OpenM		32	14.06
281	92	146	234	02:20:56	8048T	Heyneke	Meluxo	M	33	OpenM		30	14.05
282	9	135	235	02:21:51	2676T	Van Heerden	Pieter Hein	M	33	3in1BuffaloM	3in1	29	13.96
283	21	147	48	02:21:51	6576T	Van Heerden	Mignonette	F	33	OpenF		26	13.96
284	93	148	236	02:22:11	5718T	Cassim	Ridwaan	M	33	OpenM		42	13.93
285	94	149	237	02:22:27	7637T	Viljoen	Coenraad Christoffel	M	33	OpenM		31	13.9
286	95	150	238	02:22:30	8558T	Olsen	Elmo	M	33	OpenM		29	13.89
287	23	136	239	02:22:40	2517T	Schoeman	Johan	M	33	3in1VeteranM	3in1	42	13.88
288	6	151	49	02:24:12	5863T	Bowen	Sue	F	33	MasterF		56	13.73
289	96	152	240	02:26:18	8577T	Greyling	Machiël Daniel	M	33	OpenM		36	13.53
290	22	153	50	02:26:51	5577T	Van Rensburg	Marna	F	33	OpenF		36	13.48
291	17	137	241	02:27:09	2894T	De Clerca	At	M	33	3in1Open 50+M	3in1	61	13.46
292	98	154	242	02:27:27	5554T	Bezuidenhout	Renier	M	33	OpenM		33	13.43
293	97	155	243	02:27:27	5632T	Van Heerden	Sakkie	M	33	OpenM		62	13.43
294	11	156	244	02:27:46	5716T	van der Walt	Willem	M	33	MasterM		55	13.4
295	99	157	245	02:30:49	7656T	Venter	De Wet	M	33	OpenM		44	13.13
296	9	138	51	02:30:49	3088T	Venter	Carina	F	33	3in1Sub VetF	3in1	38	13.13
297	23	158	52	02:31:10	5681T	Oosthuizen	AnnaMart	F	33	OpenF		24	13.1
298	100	159	246	02:31:23	6556T	Schnuir	Charl	M	33	OpenM		35	13.08
299	24	160	53	02:31:51	6992T	Borman	Yolandie	F	33	OpenF		34	13.04
300	1	161	54	02:31:51	8452T	Borman	Tarien	F	33	SprogF		11	13.04
301	10	139	247	02:31:56	2084T	Swanepoel	Dirk Jacobus	M	33	3in1BuffaloM	3in1	46	13.03
302	101	162	248	02:33:47	8490T	Greeff	Leon	M	33	OpenM		41	12.88
303	102	163	249	02:34:00	8016T	Labuschagne	Lappies	M	33	OpenM		35	12.86
304	4	164	250	02:34:02	7798T	De Jager	Jurgens Johannes	M	33	SprogM		10	12.85
305	24	140	251	02:34:02	634T	De Jager	Johannes Marthinus Carolus	M	33	3in1VeteranM	3in1	43	12.85
306	25	165	55	02:36:19	7306T	Rautenbach	Rosie	F	33	OpenF		39	12.67
307	26	166	56	02:37:25	7406T	Engelbrecht	Marlize	F	33	OpenF		25	12.58
308	103	167	252	02:38:08	6547T	Sadie	Jacobus	M	33	OpenM		46	12.52
309	27	168	57	02:39:11	8102T	Strydom	Liezel	F	33	OpenF		42	12.44
310	104	169	254	02:39:12	8166T	Coetzee	Werner	M	33	OpenM		26	12.44
311	3		253	02:39:12	5724T	No Data	No Data	M	33	No Cat			12.44
312	105	170	255	02:39:22	8534T	Prinsloo	Hannes	M	33	OpenM		34	12.42
313	12	171	256	02:39:35	5795T	Strydom	Willie	M	33	MasterM		55	12.41
314	106	172	257	02:39:49	8581T	Swanepoel	Willem	M	33	OpenM		22	12.39
315	107	173	258	02:42:27	6823T	Stoop	Heinrich	M	33	OpenM		0	12.19
316	108	174	259	02:45:45	5889T	NoSurname	Raymond	M	33	OpenM		32	11.95
317	109	175	260	02:45:45	8207T	Gomez	Clive	M	33	OpenM		42	11.95
318	110	176	261	02:46:30	5705T	Mele	Giovanni	M	33	OpenM		30	11.89
319	111	177	262	02:46:36	6175T	Swanepoel	Mario	M	33	OpenM		48	11.88
320	28	178	58	02:47:13	5933T	de Bruin	Tanya	F	33	OpenF		26	11.84
321	112	179	263	02:47:13	5719T	de Bruin	Johann	M	33	OpenM		26	11.84
322	113	180	264	02:48:38	7825T	Fourie	Dirk	M	33	OpenM		42	11.74
323	5	181	265	02:49:05	6569T	Cassim	Muaaz	M	33	Sub JunM		13	11.71
324	29	182	59	02:49:19	8019T	Toerien	Yvonne	F	33	OpenF		30	11.69
325	30	183	60	02:49:34	6294T	van der Berg	Trix	F	33	OpenF		31	11.68
326	31	184	61	02:50:12	5835T	Burden	Marissa	F	33	OpenF		38	11.63
327	41	141	266	02:51:18	2713T	Venter	Hennie	M	33	3in1Sub VetM	3in1	35	11.56
328	42	142	267	02:51:19	2806T	Storui	Ian	M	33	3in1Sub VetM	3in1	34	11.56
329	114	185	268	02:51:50	8395T	Gamielidien	Abdullah	M	33	OpenM		40	11.52
330	6	186	269	02:51:59	6076T	Mahomed	Naeem	M	33	Sub JunM		13	11.51
331	13	187	270	02:53:08	7299T	Viktor	Zack	M	33	MasterM		57	11.44
332	115	188	271	02:55:25	5567T	Le Roux	P	M	33	OpenM		45	11.29
333	116	189	272	02:59:51	5849T	Kleinhans	Philip	M	33	OpenM		19	11.01
334	32	190	62	03:00:08	7130T	Potgieter	Marlene	F	33	OpenF		47	10.99
335	117	191	273	03:00:29	8244T	Scholtz	Stephan	M	33	OpenM		26	10.97
336	33	192	63	03:00:34	5722T	De Wit	Annika	F	33	OpenF		25	10.97
337	118	193	274	03:02:37	5930T	Labuschagne	Leon	M	33	OpenM		26	10.84
338	119	194	275	03:04:44	6290T	van der Merwe	Morne	M	33	OpenM		41	10.72
339	120	195	276	03:04:46	8072T	Gertzen	Gavin	M	33	OpenM		37	10.72
340	10	143	64	03:07:05	2941T	Wasilewski	Roschalle	F	33	3in1Sub VetF	3in1	37	10.58
341	11	144	65	03:07:07	2718T	Stolz	Vicky	F	33	3in1Sub VetF	3in1	38	10.58
342	34	196	66	03:10:28	6000T	Melanie	De Meyer	F	33	OpenF		33	10.4
343	14	197	277	03:12:14	8557T	Viljoen	Hennie	M	33	MasterM		57	



P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
				DNF	7223T	Alexandrou	George	M	33	OpenM		28	
				DNF	7302T	Viktor	Zanet	F	33	OpenF		29	
				DNF	7319T	Venter	Arno Conrao	M	33	Sub JunM		13	
				DNF	7253T	Swanepoel	Henrie	M	33	G MasterM		64	
				DNF	8020T	De Jager	Grace	F	33	OpenF		42	
				DNF	8035T	Schoeman	Johanna Fac	F	33	OpenF		48	
				DNF	8045T	Venter	Douw-Steyn	M	33	OpenM		16	
				DNF	7747T	Kleinhans	Evert Philippus	M	33	OpenM		19	
				DNF	7781T	Viljoen	Maria	F	33	MasterF		53	
				DNF	7667T	Brits	Andries Hendrik	M	33	OpenM		29	
				DNF	7531T	Wilcocks	Ruan	M	33	OpenM		18	
				DNF	5999T	Viljoen	Caren	F	33	OpenF		47	
				DNF	6194T	Henrico	Carike	F	33	OpenF		25	
				DNF	6204T	Stimie	Ben	M	33	OpenM		39	
				DNF	5944T	Oosthuizen	Zjaan	M	33	OpenM		25	
				DNF	5960T	Ndlovu	Tebelo	M	33	OpenM		44	
				DNF	5801T	Barnard	Barries	M	33	OpenM		44	
				DNF	6312T	Roux	Juan	M	33	OpenM		35	
				DNF	6344T	Stimie	Simone	F	33	OpenF		35	
				DNF	6543T	Scott	Shaum	M	33	OpenM		40	
				DNF	6630T	Henrico	James	M	33	OpenM		27	
				DNF	6642T	Botha	Dewald Louis	M	33	OpenM		38	
				DNF	6719T	Beere	Jayden	F	33	OpenF		17	
				DNF	6723T	De Melo	Carlos	M	33	OpenM		56	
				DNF	3027T	Van Collier	Pieter Michael	M	33	3in1BuffaloM	3in1	46	
				DNF	3029T	Pretorius	Nadine	F	33	3in1Sub VetF	3in1	32	
				DNF	2986T	Louw	Daniel	M	33	3in1VeteranM	3in1	40	
				DNF	3044T	Stoltz	Pieter	M	33	3in1SeniorM	3in1	21	
				DNF	3100T	Kotze	Nico	M	33	3in1VeteranM	3in1	40	
				DNF	5510T	Kitching	Ettienne Dewald	M	33	OpenM		41	
				DNF	5769T	De Wit	Tiaan	M	33	OpenM		31	
				DNF	5774T	Botha	Wicus	M	33	OpenM		28	
				DNF	5576T	Sadie	Jacobus	M	33	OpenM		21	
				DNF	5581T	van Wyk	Christo	M	33	G MasterM		63	
				DNF	5636T	Henrico	Carike	F	33	OpenF		25	
				DNF	5638T	Du Plessis	Andre Gerhard	M	33	OpenM		32	
				DNF	5626T	Meyer	Siman	M	33	OpenM		37	
				DNF	5651T	Henrico	James	M	33	OpenM		27	
				DNF	5652T	Weilbach	Laurens	M	33	OpenM		17	
				DNF	2747T	Louw	Hercules	M	33	3in1Sub VetM	3in1	38	
				DNF	2777T	Van Zyl	Morne	M	33	3in1Sub VetM	3in1	33	
				DNF	2792T	Weilbach	Johann Friedrich	M	33	3in1Open 50+M	3in1	52	
				DNF	2865T	Smith	Craig	M	33	3in1Sub VetM	3in1	31	
				DNF	2436T	Pretorius	Loekie	M	33	3in1Open 50+M	3in1	58	
				DNF	2421T	van der Berg	Andre	M	33	3in1Open 50+M	3in1	57	
				DNF	2482T	Dannler	Susan	F	33	OpenF		49	
				DNF	2486T	Dannlex	Susan	F	33	3in1VeteranF	3in1	49	
				DNF	2688T	Swanepoel	Kevin	M	33	3in1SeniorM	3in1	21	
				DNF	2689T	Marx	Wihan	M	33	3in1Sub VetM	3in1	32	
				DNF	2693T	Needham	A J J	M	33	3in1Open 50+M	3in1	59	
				DNF	2710T	Vernge	Frank	M	33	3in1VeteranM	3in1	47	
				DNF	2697T	Lamprecht	Marius	M	33	3in1VeteranM	3in1	44	
				DNF	687T	Brynard	Ryno	M	33	3in1Sub VetM	3in1	39	
				DNF	762T	De Villiers	William Corbett	M	33	3in1Open 50+M	3in1	54	
				DNF	39T	Atkins	Grant Stuart	M	33	3in1Open 50+M	3in1	54	
				DNF	488T	Cawood	Herbert Samuel	M	33	3in1Sub VetM	3in1	31	
				DNF	2031T	Pretorius	Susan	F	33	3in1Open 50+F	3in1	56	
				DNF	2155T	Van Rooyen	Gert	M	33	3in1Sub VetM	3in1	0	
				DNF	2271T	Le roux	Louis	M	33	3in1Sub VetM	3in1	34	
				DNF	2217T	Labuschagne	Petri	M	33	3in1BuffaloM	3in1	32	
				DNF	2369T	Van Niekerk	Gerrit Jacobus	M	33	3in1Sub VetM	3in1	31	
				DNF	2023T	Erasmus	Francois	M	33	3in1Sub VetM	3in1	36	
				DNF	972T	Hattingh	Gert	M	33	3in1Sub VetM	3in1	34	
				DNF	1051T	Breuvicen	Renier	M	33	3in1VeteranM	3in1	42	
				DNF	1103T	Jones	Robin Keith	M	33	3in1Open 50+M	3in1	66	

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
<b>Men Lap Race</b>													
P_Lap Race	# of Laps	P_Cat1	P_Sex	Lap Race	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
1	4	1		00:28:01	864T	Du Plessis	Brand	M	8	3in1Sub VetM	3in1	37	
2	4	1		00:28:31	2833T	Redeunghuys	Wessel	M	8	3in1JuniorM	3in1	18	
3	4	2		00:28:33	119T	Basson	Jan Tobias	M	8	3in1Sub VetM	3in1	29	
4	4	3		00:28:38	3091T	Van Vuuren	Jaco	M	8	3in1Sub VetM	3in1	36	
5	4	1		00:28:40	2829T	Van Der Westhuizen	Hermanus Krause	M	8	3in1VeteranM	3in1	45	
6	4	4		00:28:48	2717T	Swart	Eben	M	8	3in1Sub VetM	3in1	34	
7	4	5		00:29:00	460T	Carelsen	Christo	M	8	3in1Sub VetM	3in1	30	
8	4	1		00:29:14	2746T	Van Der Berg	Cobus	M	8	3in1SeniorM	3in1	20	
9	4	2		00:29:33	1272T	Knoetze	Hendre	M	8	3in1SeniorM	3in1	26	
10	4	6		00:29:38	2963T	Lambrechts	Adriaan	M	8	3in1Sub VetM	3in1	37	
11	4	2		00:29:45	2966T	Gautier	Patrice	M	8	3in1VeteranM	3in1	47	
12	4	3		00:29:48	2700T	Stoltz	Pieter	M	8	3in1SeniorM	3in1	21	
13	4	2		00:30:12	3036T	Stander	Juandre	M	8	3in1JuniorM	3in1	17	
14	4	3		00:30:12	2846T	Gautief	Juandre	M	8	3in1JuniorM	3in1	16	
15	4	3		00:30:18	2800T	Van Tonder	Anton	M	8	3in1VeteranM	3in1	40	
16	4	4		00:30:19	1204T	Joubert	Johan	M	8	3in1VeteranM	3in1	44	
17	4	7		00:30:20	2995T	Smit	Graham James	M	8	3in1Sub VetM	3in1	39	
18	4	5		00:30:36	3045T	Stander	Jan Hendrik	M	8	3in1VeteranM	3in1	45	
19	4	6		00:30:37	2743T	de Jager	Francois	M	8	3in1VeteranM	3in1	43	
20	4	4		00:30:51	2915T	Botha	Herco	M	8	3in1SeniorM	3in1	29	
21	4	8		00:30:53	890T	Du Plessis	Marco	M	8	3in1Sub VetM	3in1	33	
22	4	9		00:30:53	1134T	Jones	Melvin	M	8	3in1Sub VetM	3in1	37	
23	4	10		00:30:56	2680T	Louw	Ruan	M	8	3in1Sub VetM	3in1	29	
24	4	4		00:31:00	2939T	Muller	Stehan	M	8	3in1JuniorM	3in1	18	
25	4	5		00:31:18	2434T	Stander	Shaun	M	8	3in1SeniorM	3in1	28	
26	4	11		00:31:25	610T	Cronje	Robert	M	8	3in1Sub VetM	3in1	30	
27	4	6		00:31:26	2300T	Lombard	Gert	M	8	3in1SeniorM	3in1	28	
28	4	7		00:31:27	634T	De Jager	Johannes Marthinus Carolus	M	8	3in1VeteranM	3in1	43	
29	4	1		00:31:29	1310T	Koegelenberg	Gideon Johannes	M	8	3in1BuffaloM	3in1	38	
30	4	5		00:31:33	2972T	Van Heerden	Daniel	M	8	3in1JuniorM	3in1	18	
31	4	8		00:31:39	2694T	Meyer	Louis	M	8	3in1VeteranM	3in1	44	
32	4	12		00:31:40	518T	Snell	g	M	8	3in1Sub VetM	3in1	33	
33	4	7		00:31:42	587T	Gomez	Damion	M	8	3in1SeniorM	3in1	16	
34	4	13		00:31:43	2171T	Swanepoel	Richard	M	8	3in1Sub VetM	3in1	29	
35	4	14		00:32:19	2964T	Marais	Wicus	M	8	3in1Sub VetM	3in1	32	
36	4	15		00:32:19	2523T	Cawood	Ebert	M	8	3in1Sub VetM	3in1	32	
37	4	8		00:32:20	238T	Kruger	Hannes	M	8	3in1SeniorM	3in1	21	
38	4	9		00:32:25	2204T	Du Plessis	Gerhard	M	8	3in1VeteranM	3in1	44	
39	4	9		00:32:26	2152T	Prinsloo	Alwyn	M	8	3in1SeniorM	3in1	24	
40	4	16		00:32:30	2678T	Marshall	Steven John	M	8	3in1Sub VetM	3in1	37	
41	4	10		00:32:31	893T	English	Raiken Nelson	M	8	3in1SeniorM	3in1	25	
42	4	17		00:32:52	3090T	Vlad	Razvan	M	8	3in1Sub VetM	3in1	33	
43	4	18		00:33:35	800T	De Villiers	Juan - Pierre	M	8	3in1Sub VetM	3in1	34	
44	4	19		00:33:38	2760T	Krige	Rehan	M	8	3in1Sub VetM	3in1	32	
45	4	20		00:33:41	455T	Brummer	Ronnie	M	8	3in1Sub VetM	3in1	38	
46	4	2		00:33:49	671T	De Swardt	Marius	M	8	3in1BuffaloM	3in1	48	
47	4	3		00:33:54	2403T	Greyling	Jean	M	8	3in1BuffaloM	3in1	34	
48	4	4		00:33:57	2676T	Van Heerden	Pieter Hein	M	8	3in1BuffaloM	3in1	29	
49	4	1		00:33:58	209T	Booyesen	Stefanus Johannes	M	8	3in1Open 50+M	3in1	57	
50	4	21		00:33:59	2763T	Jensen	H A	M	8	3in1Sub VetM	3in1	38	
51	4	6		00:34:04	2887T	Engelbrecht	Reynardt	M	8	3in1JuniorM	3in1	17	
52	4	22		00:34:13	2553T	Watson	Garry	M	8	3in1Sub VetM	3in1	36	
53	4	11		00:34:13	2395T	Victor	Herman	M	8	3in1SeniorM	3in1	26	
54	4	23		00:34:14	2772T	Opperman	Tertius	M	8	3in1Sub VetM	3in1	36	
55	4	10		00:34:21	2969T	Van Schalkwyk	Johan	M	8	3in1VeteranM	3in1	48	
56	4	5		00:34:22	1424T	Koekemoer	Gerhard	M	8	3in1BuffaloM	3in1	28	
57	4	11		00:34:24	750T	Visser	Tobie	M	8	3in1VeteranM	3in1	42	
58	4	24		00:35:00	1053T	Hoffman	Aleck John Godfrey	M	8	3in1Sub VetM	3in1	33	
59	4	12		00:35:04	2679T	Strydom	Matthys Johannes	M	8	3in1SeniorM	3in1	28	
60	4	12		00:35:09	905T	Fourie	Charl	M	8	3in1VeteranM	3in1	44	
61	4	25		00:35:28	591T	Coetzer	Andries Johannes	M	8	3in1Sub VetM	3in1	38	
62	4	13		00:35:38	2655T	Van Der Merwe	Jaco	M	8	3in1VeteranM	3in1	40	
63	4	26		00:35:39	295T	Breed	Wicus	M	8	3in1Sub VetM	3in1	32	
64	4	1		00:35:43	1083T	Jonck	Nicholas C S	M	8	OpenM	3in1	28	
65	4	2		00:35:45	2824T	Meyer	Martin	M	8	3in1Open 50+M	3in1	51	
66	4	7		00:36:06	2758T	Smith	Ruben Armand	M	8	3in1JuniorM	3in1	17	
67	4	13		00:36:11	2029T	Pistorius	Pieter	M	8	3in1SeniorM	3in1	27	
68	4	27		00:36:16	2754T	Moore	Adriaan	M	8	3in1Sub VetM	3in1	30	
69	4	28		00:36:46	3069T	Van Heerden	Leon	M	8	3in1Sub VetM	3in1	35	
70	4	29		00:36:52	2529T	Marais	Johan	M	8	3in1Sub VetM	3in1	39	
71	4	30		00:37:14	2777T	Van Zyl	Morne	M	8	3in1Sub VetM	3in1	33	
72	4	14		00:37:24	317T	Breytenbach	Jaco	M	8	3in1SeniorM	3in1	28	
73	4	3		00:37:36	2468T	Coetzee	Johann	M	8	3in1Open 50+M	3in1	59	
74	4	4		00:37:36	2708T	Kleymans	Andre	M	8	3in1Open 50+M	3in1	50	
75	4	15		00:37:40	936T	Goodwin	Nicolaas	M	8	3in1SeniorM	3in1	23	
76	4	6		00:37:42	2954T	Stevens	Terance	M	8	3in1BuffaloM	3in1	55	
77	4	14		00:37:44	3089T	Venter	Johan	M	8	3in1VeteranM	3in1	40	
78	4	31		00:37:44	3049T	Venter	Paul	M	8	3in1Sub VetM	3in1	39	
79	4	15		00:38:10	2572T	Wilkins	Sarel Johannes	M	8	3in1VeteranM	3in1	42	
80	4	16		00:38:11	1170T	Joubert	Benjamin	M	8	3in1SeniorM	3in1	20	
81	4	5		00:38:13	2568T	Muller	Steven	M	8	3in1Open 50+M	3in1	51	
82	4	6		00:38:17	2436T	Pretorius	Loekie	M	8	3in1Open 50+M	3in1	58	
83	4	7		00:38:36	2997T	Petzer	Christiaan	M	8	3in1BuffaloM	3in1	29	
84	4	32		00:38:37	2239T	Brits	Henk	M	8	3in1Sub VetM	3in1	30	
85	4	33		00:38:38	2802T	Olivier	Verner	M	8	3in1Sub VetM	3in1	33	
86	4	7		00:38:41	1141T	Jordaan	Johan Dreyer	M	8	3in1Open 50+M	3in1	59	
87	4	8		00:38:45	3072T	Pieterse	Riaan	M	8	3in1Open 50+M	3in1	53	
88	4	34		00:38:46	1073T	Jansen Van Vuuren	Renier	M	8	3in1Sub VetM	3in1	29	
89	4	17		00:38:48	2804T	Lapacz	Adam	M	8	3in1SeniorM	3in1	23	
90	4	9		00:38:57	565T	Clarke	Stephen	M	8	3in1Open 50+M	3in1	52	
91	4	2		00:39:11	5783T	Viljoen	Ruben Barend	M	8	OpenM		15	
92	4	10		00:39:14	2942T	Swanepoel	Johan	M	8	3in1Open 50+M	3in1	51	
93	4	35		00:39:25	2709T	Vermaak	Henk	M	8	3in1Sub VetM	3in1	34	
94	4	11		00:39:29	696T	Prinsloo	Piet	M	8	3in1Open 50+M	3in1	60	
95	4	8		00:39:42	2423T	Lategan	Dries	M	8	3in1BuffaloM	3in1	46	
96	4	12		00:39:52	2837T	Owens	James	M	8	3in1Open 50+M	3in1	58	
97	4	36		00:39:57	2907T	Rousseau	Francois	M	8	3in1Sub VetM	3in1	34	
98	4	13		00:40:02	2334T	Van Der Meer	Peter	M	8	3in1Open 50+M	3in1	66	
99	4	37		00:40:06	2155T	Van Rooyen	Gert	M	8	3in1Sub VetM	3in1	0	
100	4	16		00:40:07	2769T	Jansen Van Vuuren	Frik	M	8	3in1VeteranM	3in1	46	
101	4	3		00:40:24	7425T	Van Der Merwe	Werner	M	8	OpenM		32	
102	4	38		00:40:35	2643T	Vilakazi	Martin	M	8	3in1Sub VetM	3in1	30	
103	4	17		00:41:17	2870T	Strydom	Johan	M	8	3in1VeteranM	3in1	47	
104	4	14		00:41:34	1319T	Koegelenberg	Riaan	M	8	3in1Open 50+M	3in1	59	
				DNF	2084T	Swanepoel	Dirk Jacobus	M	8	3in1BuffaloM	3in1	46	
				DNF	2945T	Larkman	David	M	8	3in1Open 50+M	3in1	58	
				DNF	2806T	Storui	Ian	M	8	3in1Sub VetM	3in1	34	
				DNF	2713T	Venter	Hennie	M	8	3in1Sub VetM	3in1	35	
				DNF	717T	De Swardt	Diederik Jacobus	M	8	3in1VeteranM	3in1	44	
				DNF	6846T	Du Plooy	Christoffel Johannes	M	8	OpenM		46	

P_Dist	P_Cat1	P_Cat2	P_Sex	Time	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
<b>Women Lap Race</b>													
P_Lap Race	# of Laps	P_Cat1	.	Lap Race	Race#	Surname	Name	Sex	Dist	Cat1	Cat2	Age	Avg
1	3	1		00:19:15	191T	Bell	Vanessa	F	6	3in1Sub VetF	3in1	34	
2	3	2		00:20:20	815T	Du Plessis	Wilmarie	F	6	3in1Sub VetF	3in1	33	
3	3	1		00:20:56	2698T	Van Der Westhuizen	Santie	F	6	3in1VeteranF	3in1	42	
4	3	1		00:20:56	662T	De Swardt	Marnique	F	6	3in1JuniorF	3in1	16	
5	3	3		00:21:10	7T	Ackerman	Loussanne	F	6	3in1Sub VetF	3in1	35	
6	3	4		00:21:28	2443T	Jones	Lynette	F	6	3in1Sub VetF	3in1	31	
7	3	1		00:21:51	2803T	Erasmus	Linda	F	6	3in1SeniorF	3in1	27	
8	3	1		00:22:46	2031T	Pretorius	Susan	F	6	3in1Open 50+F	3in1	56	
9	3	2		00:22:59	2622T	Smit	Janika	F	6	3in1SeniorF	3in1	27	
10	3	3		00:23:03	1244T	Knoetze	Marika	F	6	3in1SeniorF	3in1	26	
11	3	5		00:23:30	2741T	Steyn	Yolandi	F	6	3in1Sub VetF	3in1	34	
12	3	4		00:23:52	2351T	Moraal	Christina	F	6	3in1SeniorF	3in1	28	
13	3	2		00:24:07	129T	Bell	Sharon	F	6	3in1Open 50+F	3in1	54	
14	3	1		00:24:41	5580T	Prinsloo	Adri	F	6	OpenF		51	
15	3	6		00:24:57	291T	Breed	Susara CH	F	6	3in1Sub VetF	3in1	32	
16	3	3		00:25:37	722T	De Villiers	Janita Salome	F	6	3in1Open 50+F	3in1	52	
17	3	4		00:25:37	3092T	Weilbach	Elizabeth Maria	F	6	3in1Open 50+F	3in1	50	
18	3	5		00:25:39	1318T	Koegelenberg	Bets	F	6	3in1Open 50+F	3in1	57	
19	3	7		00:26:48	578T	Coetzer	Melanie	F	6	3in1Sub VetF	3in1	37	
20	3	2		00:26:50	7250T	Hoffman	Riana	F	6	OpenF		33	
21	3	6		00:27:11	2962T	Reyneke	Lunell	F	6	3in1Open 50+F	3in1	55	
22	3	8		00:31:25	3088T	Venter	Carina	F	6	3in1Sub VetF	3in1	38	
23	3	9		00:31:25	2718T	Stolz	Vicky	F	6	3in1Sub VetF	3in1	38	
24	3	10		00:31:25	2941T	Wasilewski	Roschalle	F	6	3in1Sub VetF	3in1	37	
	1			DNF	911T	Goodwin	Beatrix Maria	F	6	3in1SeniorF	3in1	28	