



PTA Uplands Duathlon 13 October 2018



P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
4km Run/35km MTB/4km													
P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
1	1	1	01:40:25	00:17:07	01:06:58	00:16:20	3051	Ryan Terry	Kevin Patten	T	35	Team of 2	Team Terry Patten
2	1	1	01:44:54	00:15:52	01:13:40	00:15:22	427	Oosthuizen	Pietie	M	35	Open M	
3	2	2	01:45:15	00:16:09	-	01:29:06	1761	Mortlock	Roger	M	35	Open M	
4	2	2	01:49:10	00:12:26	01:21:37	00:15:07	230	Zandri Strydom	Thulani Lukheni	T	35	Team of 2	Team Zandri/Thulani
5	3	3	01:50:51	00:18:10	01:12:52	00:19:49	30919	Pelser	Franco	M	35	Open M	
6	4	4	01:53:53	00:16:45	01:18:10	00:18:58	1067	Nieuwoudt	Zegert	M	35	Open M	
7	3	3	01:59:05	00:18:06	01:23:20	00:17:39	3836	Steyn Prinsloo	Naomi Nel	T	35	Team of 2	Team Prinsloo Nel
8	4	4	01:59:15	00:18:44	01:22:57	00:17:34	2839	Bruce Mc Queen	Delouise Alberts	T	35	Team of 2	Team Mc Queen Alberts
9	5	5	01:59:52	00:17:48	-	01:42:04	1797	Kuhn	Damien	M	35	Open M	
10	5	5	02:00:01	00:18:53	01:22:50	00:18:18	462	Wian Venter	Johan Eksteen	T	35	Team of 2	Team Wian Venter
11	6	6	02:02:40	00:20:44	01:21:22	00:20:34	1990	Labuschagne	Adriaan	M	35	Open M	
12	6	6	02:03:25	00:12:50	01:35:08	00:15:27	1760	Johan Erasmus	Derick Hlako	T	35	Team of 2	Team Erasmus
13	7	7	02:04:20	00:18:38	01:25:59	00:19:43	2149	Badendorst	Jos	M	35	Open M	
14	8	8	02:07:13	00:21:19	-	01:45:54	3073	Rhalbich		M	35	Open M	
15	9	9	02:07:34	00:20:57	01:24:55	00:21:42	30352	van der Walt	Johannes	M	35	Open M	
16	10	10	02:07:52	00:20:00	01:23:36	00:24:16	3918	Matthee	Arno	M	35	Open M	
17	11	11	02:08:00	00:21:11	01:25:37	00:21:12	3292	Hamman	Sieg	M	35	Open M	
18	12	12	02:10:51	00:20:59	01:27:32	00:22:20	30826	Liston	Keith	M	35	Open M	
19	13	13	02:11:08	00:20:54	01:28:09	00:22:05	2594	Taylor	Donavan	M	35	Open M	
20	14	14	02:12:30	-	01:49:26	00:23:04	3627	Rademeyer	Ivan	M	35	Open M	
21	15	15	02:12:30	00:20:27	01:28:59	00:23:04	3103	Henning	Shaun	M	35	Open M	
22	7	7	02:14:55	00:26:09	01:21:33	00:27:13	3886	Francois Mc Gill	Hermien Mc Gill	T	35	Team of 2	Team Mc Gill
23	16	16	02:16:37	00:20:53	01:33:01	00:22:43	1846	Prettyjohn	Chas	M	35	Open M	
24	17	17	02:16:58	00:19:45	01:35:01	00:22:12	1414	Baird	Anthony	M	35	Open M	
25	8	8	02:17:23	00:21:44	01:33:42	00:21:57	30341	Sean Van Wyk	Luke Krause	T	35	Team of 2	
26	9	9	02:18:01	00:19:37	01:39:40	00:18:44	1257	Trinity Pulvenis	Dominique Nel	T	35	Team of 2	Team THE PANTHERS
27	10	10	02:19:04	00:21:54	01:32:01	00:25:09	30280	Hendrik Alberts	Andre Bam	T	35	Team of 2	Team Alberts Bam
28	18	18	02:20:29	00:23:02	01:33:38	00:23:49	882	Brugman	Albert	M	35	Open M	
29	11	11	02:22:21	00:22:14	-	02:00:07	1266	Jacques Muller	Allison Emery	T	35	Team of 2	
30	19	19	02:22:51	00:20:14	-	02:02:37	1229	Estrerhuizen	Sarel	M	35	Open M	

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
31	12	12	02:25:15	00:27:13	01:29:39	00:28:23	3541	Sharon Van Renen	Marinus VD Ende	T	35	Team of 2	Team V Renen Vd Ende
32	20	20	02:26:04	00:22:32	01:37:58	00:25:34	995	Minnaar	Jean Pierre	M	35	Open M	
33	1	1	02:27:17	00:20:17	01:45:50	00:21:10	446	De Beer	Elsa	F	35	Open F	
34	13	13	02:29:17	00:19:24	01:50:01	00:19:52	2271	Ashley Betteridge	Gert Pretorius	T	35	Team of 2	Team Gert Pretorius
35	21	21	02:31:18	00:20:45	01:45:22	00:25:10	657	BERRY	edward	M	35	Open M	
36	22	22	02:32:29	00:22:33	01:46:20	00:23:36	2177	Sill	Michael	M	35	Open M	
37	23	23	02:33:34	00:23:36	01:44:10	00:25:48	445	Botha	Jean	M	35	Open M	
38	24	24	02:35:46	00:26:09	01:44:24	00:25:12	2568	Brotherton	Jack	M	35	Open M	
39	2	2	02:36:59	00:22:50	01:47:49	00:26:20	3975	Pretorius	Lara	F	35	Open F	
40	14	14	02:38:26	00:25:36	01:46:45	00:26:05	522	Angela McQueen	Warren Barthenon	T	35	Team of 2	
41	15	15	02:40:14	00:25:56	01:49:29	00:24:49	2857	Bourdin	Tanya Edwards Smith	T	35	Team of 2	Team Bourdin Edwards
42	1	16	02:42:32	00:21:50	01:50:00	00:30:42	3646	Hick Roche	Mel	T	35	Team of 3	
43	3	3	02:47:33	00:25:55	01:55:25	00:26:13	3948	Trumpelmann	Karlien	F	35	Open F	
44	25	25	02:50:01	00:23:10	02:00:14	00:26:37	30666	Weitsz	Jacobus	M	35	Open M	
45	16	17	02:51:16	-	-	02:51:16	30049	Braam Smit	Ryan Mc Carthy	T	35	Team of 2	Team Smit Mc Carthy
46	26	26	03:14:58	00:25:42	02:25:07	00:24:09	2001	Alexander	Adriet	M	35	Open M	
47	4	4	03:23:40	00:26:17	02:26:01	00:31:22	30144	Laesecke	Hendrikje	F	35	Open F	
			DNF	-	-	-	30429	Brugman	Leonard	M	35	Open M	
			DNF	00:22:05	-	-	3255	Jacques Woudberg	Alwyn Van der Merwe	T	35	Team of 2	Team vd merwe
			DNF	-	-	-	2835	Brown	Clive	M	35	Open M	
			DNF	-	-	-	3098	De Bruyn	Egbert	M	35	Open M	
			DNF	-	-	-	1027	Minnaar	Martha	F	35	Open F	
			DNF	-	-	-	2762	Bell	Adriaan	M	35	Open M	

2km Run/15km MTB/2km

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
1	1	1	00:53:40	00:11:29	00:31:15	00:10:56	30458	Sarah Archdeacon	Martin Oosthuizen	T	15	Team of 2	Team 78
2	1	1	00:54:27	00:09:20	00:36:15	00:08:52	30596	NEL	JACQUES	M	15	Open M	
3	2	2	00:54:41	00:10:25	-	00:44:16	30062	Mashego Bongani	Mahego Gavin	T	15	Team of 2	
4	2	2	00:58:54	00:10:49	00:36:09	00:11:56	3111	Botha	Dylon	M	15	Open M	
5	3	3	00:59:13	-	00:48:55	00:10:18	1010	Mattew Easton	Josh Hulley muller	T	15	Team of 2	
6	4	4	01:00:12	00:11:29	00:38:02	00:10:40	1800	Megan Wiehman	Nina Venter	T	15	Team of 2	
7	3	3	01:00:16	00:11:01	-	00:49:15	1281	Taylor	Roger	M	15	Open M	
8	1	1	01:00:34	00:11:03	00:39:13	00:10:18	1651	Cope	Natasha	F	15	Open F	
9	5	5	01:01:21	00:11:33	00:38:24	00:11:24	1592	Alex Gitlin	Joe Gitlin	T	15	Team of 2	Team Git Boys
10	4	4	01:01:55	00:11:35	00:38:02	00:12:18	30291	Botha	Rudi	M	15	Open M	

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
11	6	6	01:02:09	00:11:44	-	00:50:25	1211	Beulah Alberts	Kiara Wales	T	15	Team of 2	
12	5	5	01:02:36	00:11:29	00:38:56	00:12:10	570	Pelser	Lohan	M	15	Open M	
13	7	7	01:05:02	00:12:05	00:42:02	00:10:55	30609	James Tyson	Rowena Tyson	T	15	Team of 2	
14	8	8	01:05:17	00:13:20	-	00:51:57	2320	Dieter Klesse	Claudia Klesse	T	15	Team of 2	Team Klesse
15	6	6	01:05:28	00:09:50	00:45:35	00:10:03	30518	Dlamini	Siphele	M	15	Open M	
16	7	7	01:05:40	00:12:23	00:39:59	00:13:18	2982	Watt	Jamie	M	15	Open M	
17	9	9	01:06:00	00:13:21	00:41:57	00:10:42	1320	Jade Tinker	Jamie Tinker	T	15	Team of 2	
18	1	10	01:06:03	00:12:30	00:42:39	00:10:54	1228	Didi Britz	Miguel Frade Nadia	T	15	Team of 3	
19	2	2	01:06:17	00:14:26	-	00:51:50	30288	Cerisier	Johanna	F	15	Open F	
20	8	8	01:06:54	00:11:54	-	00:55:00	3565	Buys	Byron	M	15	Open M	Team BUYS
21	9	9	01:06:59	00:12:20	-	00:54:39	2002	Triegaardt	Chris	M	15	Open M	
22	10	10	01:07:12	00:14:06	-	00:53:06	1458	Wiehman	Reghart	M	15	Open M	
23	11	11	01:08:19	-	-	01:08:19	2728	Van der Leek	Le Roux	M	15	Open M	
24	12	12	01:08:35	00:11:00	-	00:57:35	1887	Antunes	Jose marco	M	15	Open M	
25	10	11	01:09:03	00:11:39	00:46:37	00:10:47	1780	Ethan Heyns	Adrian Bullen	T	15	Team of 2	Tema Heyns Bullen
26	3	3	01:09:25	00:12:29	00:45:13	00:11:43	1698	Alberts	Melissa	F	15	Open F	
27	2	12	01:09:47	00:11:02	-	00:58:45	3360	Ryan Tilly	Emile & Bruce Nel	T	15	Team of 3	
28	11	13	01:10:21	-	00:57:04	00:13:17	3338	Andrew Hine	Keegan Drewes	T	15	Team of 2	Team Keegan Drewes
29	13	13	01:10:53	00:13:07	-	00:57:46	2907	Buys	Gabriel	M	15	Open M	
30	14	14	01:11:12	-	00:59:50	00:11:22	1237	Antunes	Lian willie albert	M	15	Open M	
31	4	4	01:11:25	00:12:28	-	00:58:57	460	De Jager	Johanri	F	15	Open F	
32	15	15	01:11:29	00:14:56	-	00:56:32	470	Hemus	Phil	M	15	Open M	
33	5	5	01:11:30	00:14:55	00:43:04	00:13:31	1568	Rea	Heidi	F	15	Open F	
34	16	16	01:11:39	00:13:00	00:41:08	00:17:31	667	Herbst	Bartel	M	15	Open M	
35	17	17	01:11:58	00:12:22	-	00:59:35	30894	Fulton	Zantonio	M	15	Open M	
36	18	18	01:12:18	00:14:23	00:44:10	00:13:45	3618	Lister	Jannie	M	15	Open M	
37	19	19	01:12:19	00:12:37	-	00:59:42	226	De Jager	Christiaan	M	15	Open M	
38	20	20	01:12:20	00:13:52	00:43:43	00:14:45	30363	Kruger	Jakes	M	15	Open M	
39	21	21	01:12:25	00:12:24	00:44:36	00:15:25	3486	Du Pont	Guy	M	15	Open M	
40	22	22	01:13:13	00:16:00	00:40:43	00:16:30	2183	Kruger	Kruase	M	15	Open M	
41	6	6	01:13:24	00:13:56	00:45:28	00:14:00	3582	McEwan	Karen	F	15	Open F	
42	7	7	01:13:45	00:14:06	00:45:33	00:14:05	30270	Badenhorst	Delouise	F	15	Open F	
43	23	23	01:13:47	00:14:56	00:44:32	00:14:19	2337	Rea	Greg	M	15	Open M	
44	3	14	01:13:52	00:14:09	-	00:59:43	439	Nicole Cooper	Hayley Billingham Megan	T	15	Team of 3	Team Hayley
45	24	24	01:13:53	00:16:15	00:43:46	00:13:52	30776	De Lange	Stephan	M	15	Open M	
46	12	15	01:13:55	00:20:40	-	00:53:15	67	Nick Potgieter	Janice Potgieter	T	15	Team of 2	

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
47	25	25	01:15:13	00:12:29	-	01:02:43	3547	Palm	Martin	M	15	Open M	
48	4	16	01:15:35	00:12:04	00:49:30	00:14:01	132	Gerhard Williamson	Cavin Van Schoor Debbie	T	15	Team of 3	
49	26	26	01:15:51	00:14:13	00:45:58	00:15:40	3056	Antunes	Juan	M	15	Open M	
50	27	27	01:16:20	00:14:35	00:45:03	00:16:42	30292	Du Toit	Ferdi	M	15	Open M	
51	8	8	01:16:55	00:13:09	00:50:06	00:13:40	2365	Mitchell	Tamia	F	15	Open F	
52	13	17	01:18:22	00:14:58	00:49:10	00:14:14	1570	Jeanne Gitlin	Sue Hardman	T	15	Team of 2	Team ABFAB
53	28	28	01:18:38	00:13:53	00:47:13	00:17:32	30646	Pienaar	Carel	M	15	Open M	
54	29	29	01:19:06	00:12:54	00:52:14	00:13:58	2764	Van der Merwe	Joshua-Kyle	M	15	Open M	
55	30	30	01:19:08	00:15:03	00:47:25	00:16:40	30243	Herbst	Barry	M	15	Open M	
56	9	9	01:19:11	00:14:26	-	01:04:45	2273	Notten	Matilde	F	15	Open F	
57	31	31	01:19:12	00:14:38	00:50:59	00:13:35	30311	Notten	Rex	M	15	Open M	
58	32	32	01:19:40	00:11:54	00:55:39	00:12:06	2472	Meyer	Nico	M	15	Open M	
59	33	33	01:19:51	00:15:20	00:50:04	00:14:26	30605	mcarthur	andrew	M	15	Open M	
60	10	10	01:20:03	00:14:21	00:51:01	00:14:41	3926	De Bruyn	Linda	F	15	Open F	
61	11	11	01:20:35	00:13:29	00:52:35	00:14:30	30825	Pool	Julie	F	15	Open F	
62	14	18	01:20:43	00:17:51	00:43:37	00:19:15	2802	Konrad Wiehman	Divan Wiehman	T	15	Team of 2	
63	12	12	01:20:59	00:14:33	00:49:19	00:17:07	30101	De Kock	Estelle	F	15	Open F	
64	34	34	01:21:00	00:14:34	00:49:18	00:17:07	3248	Van Der Merwe	Hendrik	M	15	Open M	
65	13	13	01:21:23	00:14:11	00:50:53	00:16:19	397	Burrough	Sheila	F	15	Open F	
66	15	19	01:21:47	-	01:08:37	00:13:10	2452	Devin Moller	Evan Velhanos	T	15	Team of 2	
67	35	35	01:21:50	00:17:05	00:48:53	00:15:52	1206	Vianello	Andre	M	15	Open M	
68	36	36	01:23:29	00:15:19	00:51:46	00:16:24	754	Karantonis	Mike	M	15	Open M	
69	37	37	01:23:29	00:15:17	00:51:47	00:16:25	30575	Karantonis	Aris	M	15	Open M	
70	14	14	01:23:46	00:14:43	00:55:17	00:13:46	877	Floris	Cathy	F	15	Open F	
71	38	38	01:24:22	00:17:50	00:48:07	00:18:25	1259	Knipschild	Pieter	M	15	Open M	
72	5	20	01:24:54	00:12:47	00:56:41	00:15:26	30856	Chris Bruwer	Robin Floris Carissa	T	15	Team of 3	
73	6	21	01:25:31	00:16:55	00:53:23	00:15:13	30927	Mia Jackaman	Jake and Ellen Holland	T	15	Team of 3	
74	16	22	01:25:41	00:13:12	-	01:12:29	2167	David Greathead	Matthew Greathead	T	15	Team of 2	
75	15	15	01:27:06	00:14:04	00:55:53	00:17:09	3976	Pieterse	Leana	F	15	Open F	
76	16	16	01:27:07	00:14:05	00:55:53	00:17:09	2230	Meyer	Theuns	F	15	Open F	
77	17	17	01:27:39	00:15:09	00:54:54	00:17:36	30800	Bezuidenhout	Elaine	F	15	Open F	
78	39	39	01:28:04	00:19:11	00:48:43	00:20:10	30914	Victor	Neville	M	15	Open M	
79	40	40	01:28:14	00:17:48	-	01:10:26	30108	Barnard	Adam	M	15	Open M	
80	41	41	01:28:15	00:16:34	00:51:37	00:20:03	2094	Van der Merwe	Micheal	M	15	Open M	
81	42	42	01:28:17	00:16:34	00:54:11	00:17:32	30535	Botha	Fanie	M	15	Open M	
82	43	43	01:28:18	00:16:35	00:54:19	00:17:24	30931	Meyer	Deon	M	15	Open M	

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
83	44	44	01:29:31	00:13:29	01:02:52	00:13:10	1247	Loon	Benjamin	M	15	Open M	
84	18	18	01:31:58	00:18:11	00:53:19	00:20:28	3850	Knipschild	Annelize	F	15	Open F	
85	19	19	01:31:59	00:15:15	-	01:16:43	3696	De Lira	Bronwyn	F	15	Open F	
86	20	20	01:32:57	00:15:05	01:03:15	00:14:37	30331	Butowsky	Suzannah	F	15	Open F	
87	21	21	01:33:01	00:15:09	01:03:11	00:14:40	30414	Urmson	Cristel	F	15	Open F	
88	22	22	01:33:29	00:14:40	01:03:38	00:15:11	2849	Venter	Genevieve	F	15	Open F	
89	23	23	01:34:43	00:14:48	01:05:05	00:14:49	2533	Jordaan	Marilyn	F	15	Open F	
90	24	24	01:34:44	00:14:49	-	01:19:55	2517	Barnard	Cesile	F	15	Open F	
91	45	45	01:36:12	00:19:39	00:57:37	00:18:56	3183	Janse van Rensburg	Theo	M	15	Open M	
92	46	46	01:37:22	00:21:52	00:53:19	00:22:11	2100	Hattingh	Jaco	M	15	Open M	
93	25	25	01:37:25	00:21:13	00:58:40	00:17:32	30743	Hatting	Felicia	F	15	Open F	
94	47	47	01:39:46	00:18:21	-	01:21:25	2514	Dias	Dedre	M	15	Open M	
95	26	26	01:40:44	00:14:48	01:11:33	00:14:23	30433	Gagiano	Cindy	F	15	Open F	
96	27	27	01:41:40	00:17:53	01:05:49	00:17:58	2550	Lister	Ciske	F	15	Open F	
97	48	48	01:42:18	00:16:28	01:08:26	00:17:23	1508	Lindveldt	Sam	M	15	Open M	
98	49	49	01:42:18	00:16:44	01:08:10	00:17:24	30191	Lindveldt	Erras	M	15	Open M	
99	17	23	01:46:23	00:22:07	01:00:15	00:24:01	3150	Lizelle De Lange	JO Ann Human	T	15	Team of 2	
100	28	28	01:50:13	00:14:29	-	01:35:44	1881	Botha	Elani	F	15	Open F	
101	18	24	01:52:22	00:24:14	01:11:48	00:16:20	1682	Joey Lascelles	Henry Lascelles	T	15	Team of 2	
102	29	29	01:53:22	00:18:47	01:13:04	00:21:31	1703	Kruger	Mariska	F	15	Open F	
103	30	30	01:55:12	00:03:57	01:36:47	00:22:23	30619	Lombard	Hannelie	F	15	Open F	
104	31	31	01:56:36	00:22:45	01:10:04	00:23:46	2649	Leonard	Antoinette	F	15	Open F	
105	32	32	01:59:27	00:19:40	01:19:27	00:20:20	30559	Meyer	Susanna	F	15	Open F	
106	33	33	01:59:28	00:19:30	01:19:34	00:20:24	1292	Botha	Tersia	F	15	Open F	
107	19	25	02:00:31	00:15:29	01:28:53	00:16:09	2184	Mankge Mankge	Mandisa Singwane	T	15	Team of 2	Team besties
			DNF	00:16:29	-	-	1002	Barnard	Ruan	M	15	Open M	
			DNF	-	-	-	30798	De winnaar	Daniel	M	15	Open M	
			DNF	-	-	-	3138	Janse Van Rensburg	Theo	M	15	Open M	
			DNF	-	-	-	2899	Scorgie	Ben	M	15	Open M	
			DNF	-	-	-	2403	Dreyer	Cooper	M	15	Open M	
			DNF	-	-	-	2775	Van Niekerk	Jace	M	15	Open M	
			DNF	-	-	-	30640	Mallan	Lisa	F	15	Open F	
750m Run/5km MTB/750m													
P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
1	1	1	00:22:45				2681	Notten	David	M	5	Open M	
2	1	1	00:23:02				3024	Matthew Ernstein	Ross Maude	T	5	Team of 2	
3	2	2	00:23:57				2267	Rea	Daniel	M	5	Open M	
4	3	3	00:24:32				327	Middel	Julian	M	5	Open M	
5	2	2	00:24:45				3543	Chloe Turner	Caela Baard	T	5	Team of 2	
6	4	4	00:24:48				868	Hartnell	Oliver	M	5	Open M	
7	5	5	00:25:38				3756	Coetzee	Paul	M	5	Open M	
8	3	3	00:26:04				223	Tristan Spenser	Tyler Spenser	T	5	Team of 2	
9	6	6	00:26:44				3599	Veldsman	James	M	5	Open M	
10	4	4	00:26:55				30441	Jeanne Badenhorst	Jeff Badenhorst	T	5	Team of 2	
11	7	7	00:27:22				183	Middel	Pascal	M	5	Open M	
12	5	5	00:27:24				262	Ruben De Wet	Simone Fourie	T	5	Team of 2	
13	1	1	00:28:19				259	Mitana	Isabella	F	5	Open F	
14	8	8	00:30:10				30313	Meyer	Mark	M	5	Open M	
15	9	9	00:30:32				30881	Waspe	s	M	5	Open M	
16	10	10	00:30:36				1317	Greathead	Dylan	M	5	Open M	
17	6	6	00:30:43				3963	Jake Prinsloo	Emanuel Shabangu	T	5	Team of 2	
18	2	2	00:30:47				1628	Haasbroek	Dune	F	5	Open F	
19	3	3	00:31:28				30669	Van Zyl	Liane	F	5	Open F	
20	4	4	00:31:31				2797	Haasbroek	Mariska	F	5	Open F	
21	11	11	00:32:40				3395	Coetzee	Louis	M	5	Open M	
22	12	12	00:32:42				30250	Baird	Callum	M	5	Open M	
23	5	5	00:32:44				58	Ponting	Kirsten	F	5	Open F	
24	6	6	00:33:05				30249	Gardiner	Caitlin	F	5	Open F	
25	7	7	00:33:28				30294	Van Der Leek	Gita	F	5	Open F	
26	13	13	00:33:45				1209	Field	William	M	5	Open M	
27	8	8	00:34:09				3198	Maree	Leney	F	5	Open F	
28	9	9	00:34:26				878	Gitlin	Sally	F	5	Open F	
29	7	7	00:34:43				30911	James Ernstzen	Keuyaan Choonara	T	5	Team of 2	
30	8	8	00:34:44				1261	Phebe Tyson	Kate Rankin	T	5	Team of 2	
31	14	14	00:35:15				30598	Matthyson	Reuben	M	5	Open M	
32	15	15	00:35:15				1841	Mattyson	John	M	5	Open M	
33	9	9	00:35:42				2457	Kerri Dunshea	Travis Dunshae	T	5	Team of 2	
34	16	16	00:37:41				1184	Watt	Tryston	M	5	Open M	
35	17	17	00:38:39				2448	Botha	Ruben	M	5	Open M	
36	18	18	00:39:40				1640	Braye	Jishua	M	5	Open M	

P_Dist	P_Cat1	P_Sex	FinishTime	Run 1	Cycle	Run 2	Chip	Surname	Name	Sex	Dist	Cat1	TeamName
37	10	10	00:39:43				1212	Maree	Mia	F	5	Open F	
38	10	10	00:40:07				377	Bradley Rottcher	Ethan Rottcher	T	5	Team of 2	
39	11	11	00:40:46				1168	Fouche Tyler	Denis Fouche	T	5	Team of 2	
40	19	19	00:40:55				30164	Fletcher		M	5	Open M	
41	11	11	00:43:16				30656	Leroy	Rebekka	F	5	Open F	
42	20	20	00:43:48				2546	Slabbert	Tristan	M	5	Open M	
43	21	21	00:46:20				30991	De Sousa Gomes	Keano	M	5	Open M	
44	22	22	00:52:56				175	Shaw	Johard	M	5	Open M	