



# RMB Grace to Grace Trail Run

## 08-Oct-16



P_All	P_Cat	P_Sex	Time	Chip#	Surname	Name	Sex	Dist	Category	Start	Avg Speed
<b>18km Extreme Run</b>											
P_All	P_Cat	P_Sex	Time	Chip#	Surname	Name	Sex	Dist	Category	Start	Avg Speed
1	1	1	01:27:31	16	James	Formby	M	18	Men	1	12.34
2	2	2	01:35:46	7	Andrew	Johnson	M	18	Men	1	11.28
3	3	3	01:36:42	14	Burger	van der Merwe	M	18	Men	1	11.17
4	1	1	01:36:53	10	Melanie	Nijland	F	18	Ladies	1	11.15
5	4	4	01:37:13	30	Garth	Willis	M	18	Men	1	11.11
6	5	5	01:37:45	23	Stephen	Meijers	M	18	Men	1	11.05
7	2	2	01:40:25	2	Yolande	Speedy	F	18	Ladies	1	10.76
8	6	6	01:41:07	25	Chris	Patricios	M	18	Men	1	10.68
9	7	7	01:44:34	31	Fezi	Mdaba	M	18	Men	1	10.33
10	8	8	01:44:35	3	Shaun	Frankish	M	18	Men	1	10.33
11	3	3	01:46:42	19	Liezl	Grosskopf	F	18	Ladies	1	10.12
12	9	9	01:46:46	12	Robert	Tout	M	18	Men	1	10.12
13	10	10	01:46:46	13	Enzio	Quartero	M	18	Men	1	10.12
14	11	11	01:47:01	20	Rob	Hamer	M	18	Men	1	10.09
15	12	12	01:51:05	24	Chris	Nicholson	M	18	Men	1	9.72
16	4	4	01:51:27	17	Michelle	Wohlberg	F	18	Ladies	1	9.69
17	5	5	01:52:59	4	Tanya	Gibbs	F	18	Ladies	1	9.56
18	13	13	01:54:50	28	Iaan	van Heerden	M	18	Men	1	9.40
19	14	14	02:05:56	9	Grant	Morris	M	18	Men	1	8.58
20	15	15	02:12:34	15	Kent	Ellis	M	18	Men	1	8.15
21	16	16	02:12:35	22	Ahmad	Mazhar	M	18	Men	1	8.15
22	6	6	02:19:47	35	Aspasia	Karras	F	18	Ladies	1	7.73
23	7	7	02:41:46	6	Julia	Kerr	F	18	Ladies	1	6.68
			DNF	8	Paul	Kennedy	M	18	Men	1	
			DNF	18	Justin	Froneman	M	18	Men	1	
			DNF	26	Alphonso	Raats	M	18	Men	1	
			DNF	32	Lorraine	Mdaba	F	18	Ladies	1	

<b>12km Trail Run</b>											
P_All	P_Cat	P_Sex	Time	Chip#	Surname	Name	Sex	Dist	Category	Start	Avg Speed
1	1	1	01:06:45	153	Jade	Hamburger	M	12	Men	2	10.79
2	2	2	01:11:59	319	Mark	Philips	M	12	Men	2	10.00
3	3	3	01:12:15	156	Craig	van der Linde	M	12	Men	2	9.97
4	4	4	01:16:13	112	Paul	Cordes	M	12	Men	2	9.45
6	6	6	01:20:02	123	Xolani	Jawuza	M	12	Men	2	9.00
5	5	5	01:20:02	29	Wayne	Viljoen	M	12	Men	2	9.00
7	7	7	01:20:03	139	Sello	Mosito	M	12	Men	2	8.99
8	1	1	01:20:49	124	Marie	Scholtz	F	12	Ladies	2	8.91
9	8	8	01:22:39	227	Stephan	Engelbrecht	M	12	Men	2	8.71
10	9	9	01:22:41	27	Matthew	Rattray	M	12	Men	2	8.71
11	2	2	01:23:20	135	Gaylin	Matthews	F	12	Ladies	2	8.64
12	10	10	01:24:52	142	Gift	Palati	M	12	Men	2	8.48
13	3	3	01:25:39	229	Jada	Kruger	F	12	Ladies	2	8.41
14	11	11	01:27:54	208	Marthinus	Stander	M	12	Men	2	8.19
15	12	12	01:28:45	144	Werner	Potgieter	M	12	Men	2	8.11
16	13	13	01:28:55	212	Riaan	van den Berg	M	12	Men	2	8.10
17	14	14	01:31:00	165	Marshall	Brown	M	12	Men	2	7.91
18	15	15	01:31:09	168	Geraint	Crys-Williams	M	12	Men	2	7.90
19	4	4	01:31:32	184	Alna	Kotzee	F	12	Ladies	2	7.87
20	5	5	01:31:50	126	Shannon	Knight	F	12	Ladies	2	7.84
21	16	16	01:31:53	191	Karuna	Nayager	M	12	Men	2	7.84
22	17	17	01:31:54	186	Rob	Leon	M	12	Men	2	7.83
23	6	6	01:31:56	215	Jacques	van Heerden	F	12	Ladies	2	7.83

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P_All	P_Cat	P_Sex	Time	Chip#	Surname	Name	Sex	Dist	Category	Start	Avg Speed
24	18	18	01:32:37	214	Jacques	van Heerden	M	12	Men	2	7.77
25	19	19	01:32:42	196	John	Robinson	M	12	Men	2	7.77
26	20	20	01:34:34	155	Michael	Fritz	M	12	Men	2	7.61
27	21	21	01:34:35	162	Herman	Bosman	M	12	Men	2	7.61
28	7	7	01:34:38	114	Zelda	Denny	F	12	Ladies	2	7.61
29	24	24	01:34:40	115	Simon	Denny	M	12	Men	2	7.61
31	22	22	01:34:40	160	Bruce	Baisley	M	12	Men	2	7.61
30	23	23	01:34:40	149	Themba	Sibeko	M	12	Men	2	7.61
32	25	25	01:35:42	172	Sean	Dougherty	M	12	Men	2	7.52
33	26	26	01:37:35	33	Paul	Roelofse	M	12	Men	1	7.38
34	8	8	01:38:32	228	Ria	Sanz	F	12	Ladies	2	7.31
35	10	10	01:38:37	171	Rosheen	de Kock	F	12	Ladies	2	7.30
36	9	9	01:38:37	154	Pranuksha	Surjoo	F	12	Ladies	2	7.30
37	27	27	01:38:38	170	Chris	De Kock	M	12	Men	2	7.30
38	11	11	01:38:40	218	Flof	Yates	F	12	Ladies	2	7.30
39	12	12	01:40:19	226	Megan	Roos	F	12	Ladies	2	7.18
40	13	13	01:40:44	199	Caroline	Henry	F	12	Ladies	2	7.15
41	28	28	01:41:27	222	Hermann	Kostens	M	12	Men	2	7.10
42	14	14	01:41:49	232	Licia	Hamer	F	12	Ladies	2	7.07
43	29	29	01:41:54	125	Mark	Smith	M	12	Men	2	7.07
44	30	30	01:41:55	204	Duncan	Smith	M	12	Men	2	7.06
45	31	31	01:42:03	106	Fareed	Chotia	M	12	Men	2	7.06
46	32	32	01:43:02	318	Zachary	Pitsillis	M	12	Men	2	6.99
47	33	33	01:44:08	213	Matthew	van der Horn	M	12	Men	2	6.91
48	34	34	01:44:09	225	John	Ehlers	M	12	Men	2	6.91
49	35	35	01:45:16	117	Mark	Diogenidis	M	12	Men	2	6.84
50	15	15	01:45:23	179	Daniella	Keet	F	12	Ladies	2	6.83
51	16	16	01:45:26	141	Hanneri	Neser	F	12	Ladies	2	6.83
52	17	17	01:45:35	113	Melissa	Armstrong	F	12	Ladies	2	6.82
53	18	18	01:46:35	224	Debra	Wescott	F	12	Ladies	2	6.76
54	36	36	01:48:44	207	Wessel	Stadtlander	M	12	Men	2	6.62
55	37	37	01:48:47	140	Lizwi	Mothoosele	M	12	Men	2	6.62
56	19	19	01:50:28	206	Eva	Snyders	F	12	Ladies	2	6.52
57	20	20	01:51:07	173	Liezl	Els	F	12	Ladies	2	6.48
58	21	21	01:51:08	187	Carina	Louw	F	12	Ladies	2	6.48
59	22	22	01:52:20	178	GrÅjanne	Formby	F	12	Ladies	2	6.41
60	38	38	01:52:21	166	Shaun	Bruyns	M	12	Men	2	6.41
61	23	23	01:54:54	120	Anna-Maree	Erasmus	F	12	Ladies	2	6.27
62	24	24	01:54:54	121	Marleine	Gatinho	F	12	Ladies	2	6.27
63	25	25	01:55:51	105	Dirkje	Bouma	F	12	Ladies	2	6.21
64	26	26	01:58:13	192	Kalay	Nayager	F	12	Ladies	2	6.09
65	39	39	01:59:18	145	Peter	Rowse	M	12	Men	2	6.04
66	27	27	01:59:20	146	Christen	Bennett	F	12	Ladies	2	6.03
67	28	28	01:59:22	116	Praxia	Diogenidis	F	12	Ladies	2	6.03
68	40	40	01:59:45	176	Mark	Fontbin	M	12	Men	2	6.01
69	29	29	01:59:46	175	Bella	Ferreira	F	12	Ladies	2	6.01
70	41	41	02:03:32	143	Nico	Pillay	M	12	Men	2	5.83
71	30	30	02:07:24	223	Donna	Ramaisa	F	12	Ladies	2	5.65
72	31	31	02:07:26	131	Simone	Buhrer	F	12	Ladies	2	5.65
73	32	32	02:08:39	107	Laura	Coda	F	12	Ladies	2	5.60
74	33	33	02:29:28	108	Sandra	Contreira	F	12	Ladies	2	4.82
75	34	34	02:29:28	110	Dominique	Contreiras	F	12	Ladies	2	4.82
76	42	42	02:29:29	111	Ayrton	Contreiras	M	12	Men	2	4.82
			DNF	122	Richard	Hardy	M	12	Men	2	
			DNF	127	Petro	Labuschagne	F	12	Ladies	2	

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P_All	P_Cat	P_Sex	Time	Chip#	Surname	Name	Sex	Dist	Category	Start	Avg Speed
			DNF	128	Hugo	le Roux	M	12	Men	2	
			DNF	129	Basia	Abkarian	F	12	Ladies	2	
			DNF	130	Marina	Loubser	F	12	Ladies	2	
			DNF	132	Gina	Mackay	F	12	Ladies	2	
			DNF	133	Bruce	MacRobert	M	12	Men	2	
			DNF	134	Lesley	MacRobert	F	12	Ladies	2	
			DNF	136	Tebogo	Mekgwe	M	12	Men	2	
			DNF	137	Kene	Mekgwe	F	12	Ladies	2	
			DNF	147	Madeleine	Schubert	F	12	Ladies	2	
			DNF	148	Thuto	Shomang	M	12	Men	2	
			DNF	109	Paul	Contreiras	M	12	Men	2	
			DNF	101	Ingrid	Beekhuizen	F	12	Ladies	2	
			DNF	102	Karel	Botes	M	12	Men	2	
			DNF	103	Theo	Botha	M	12	Men	2	
			DNF	104	Elmarie	Jansen Van Rensburg	F	12	Ladies	2	
			DNF	219	Sune	Brugman	F	12	Ladies	2	
			DNF	220	Monique	Otto	F	12	Ladies	2	
			DNF	221	Philip	Otto	M	12	Men	2	
			DNF	216	MinÃ©	van Zyl	F	12	Ladies	2	
			DNF	217	Tessa	Vosloo	F	12	Ladies	2	
			DNF	209	Bruce	Steen	M	12	Men	2	
			DNF	193	James	Newman	M	12	Men	2	
			DNF	194	Sol	Brizido	F	12	Ladies	2	
			DNF	195	Nicola	Bird	F	12	Ladies	2	
			DNF	197	Susan	Robinson	F	12	Ladies	2	
			DNF	198	Spencer	Robus	M	12	Men	2	
			DNF	185	Lesley	Buchanan	F	12	Ladies	2	
			DNF	205	Debbie	Smith	F	12	Ladies	2	
			DNF	200	Lara	Kantor	F	12	Ladies	2	
			DNF	201	Kudu	Sithole	M	12	Men	2	
			DNF	202	Sam	Sithole	M	12	Men	2	
			DNF	203	Gester	Sithole	F	12	Ladies	2	
			DNF	177	Bev	Forbes	F	12	Ladies	2	
			DNF	169	Elda	Crwys-Williams	F	12	Ladies	2	
			DNF	188	Dudu	Nhlabathi	F	12	Ladies	2	
			DNF	189	Sinenhlanhla	Dlamini	M	12	Men	2	
			DNF	190	Benka	Nakos	F	12	Ladies	2	
			DNF	180	Craig	Hallowes	M	12	Men	2	
			DNF	181	Helene	Hallowes	F	12	Ladies	2	
			DNF	182	Marion	Hannie	F	12	Ladies	2	
			DNF	183	Charl	Keyter	M	12	Men	2	
			DNF	167	Claudia	Bruyns	F	12	Ladies	2	
			DNF	163	Beth	Mandel	F	12	Ladies	2	
			DNF	161	Sarah	Baisley	M	12	Men	2	
			DNF	152	Jessica	Spira	F	12	Ladies	2	
			DNF	157	Lisa	van der linde	F	12	Ladies	2	
			DNF	158	Yvette	van Driel	F	12	Ladies	2	
			DNF	159	Michelle	Roberts	F	12	Ladies	2	